



Colds. Their Proper Treatment and Cure.

Commonly, the first symptom of a "cold" is a chilly feeling, accompanied by sneezing, or a tickling in the throat. The most frequent of external causes are draughts, wet or cold feet, or going from hot rooms suddenly into cold ones. More frequently there is an inner cause—namely the stagnation of the blood caused by constipation or biliousness. Almost the first symptom is the feeling of cold in the feet and increased discharge from the nose.

No one ever takes cold unless constipated, or exhausted, and having what we call mal-nutrition, which is attended with impoverished blood and exhaustion of nerve force. Tonics consisting of large portions of alcohol, iron or cod liver oil do not bring the desired changes in the blood, because they do not enter the system and are not absorbed into the blood, with the exception of the alcohol, which shrivels up the red blood corpuscles when it does come in contact with them. We recommend the botanical extract of Dr. Pierce's because it contains no alcohol, and offers a reasonable and scientific method of treating the blood, by improving the nutritive functions of the patient. The "Golden Medical Discovery" accomplishes this, by first restoring the enfeebled digestive organs, so that food, the natural tissue builder, will be digested and assimilated.

It is no substitute for Dr. Pierce's Golden Medical Discovery. There is nothing "just as good" for diseases of the stomach.

SCREEN OF POSTAGE STAMPS.

Philadelphia Man Makes Queer Use of 40,000 of Canceled Government Tokens.

A most interesting screen composed of about 40,000 postage stamps, is on the point of completion by a Philadelphian, says the Philadelphia Record. It is of four panels. The handsome frame, with ledge on top shelf, is of quartered oak, the dark, English weathered variety. This is in rich contrast with the panels, which are completed entirely of canceled postage stamps of every denomination from \$50 to something like a tenth of a cent. Not only is every nation represented, but there is a good variety for each nation, and odd as well as new issues are arranged in wonderful variety. The peculiar colors used in postage stamps lend themselves admirably and grow still more mellow in a few years.

C. E. Schermerhorn, who is having it made, says the stamps are stuck on compo board, which is both light and strong. It is alike on both sides, seven feet in height, each of the inserted panels measuring six feet by two feet and a half. In spite of the fact that very many of the stamps were collected by friends, the screen has cost about \$100. And \$500 wouldn't buy it.

The animal par excellence, which the hunter, the amateur Arctic traveler and the young explorer hopes and dreams of killing, is the polar bear, writes Com. Robert E. Peary, in Leslie's Monthly. The reason for this is the magnificent trophy which the great white skin makes. This feeling was no less strong centuries ago than it is now, for we read that one of the early Icelandic sea rovers to Greenland quarreled with and killed his bosom companion because he had slain a large bear, instead of leaving that honor to his chief. With the modern repeating rifle the bear stands no chance against the hunter, no matter under what conditions they may meet, and if he is hunted in the native way, with the assistance of dogs, there is hardly more excitement than in killing musk-oxen, except for the wild, helter-skelter dash over the ice to overtake the animal after the dogs strike the hot scent.

Ayer's

Why is it that Ayer's Hair Vigor does so many remarkable things? Because it is a hair food. It feeds the hair, puts new life into it. The hair

Hair Vigor

cannot keep from growing. And gradually all the dark, rich color of early life comes back to gray hair.

"When I first used Ayer's Hair Vigor my hair was about all gray. But now it is a nice rich black, and as thick as I could wish."
—MRS. SUSAN KLOPFENSTEIN, Tusculum, Ala.

Get a bottle. J. C. AYER CO., Lowell, Mass. for Gray Hair

DISCOVER NEW SHAD

Inhabits the Ohio River and First Caught by Accident.

Given a Scientific Name by the Government Fish Commission and May Become Valuable as an Article of Food.

A new species of shad has been discovered in this country. It inhabits the Ohio river, and has been named by the authorities of the United States fish commission at Washington "Alosa Ohnensis."

From time to time the fish commission had heard of the catching of shad in the Mississippi basin, and as long ago as 1872 Prof Baird called attention to the occurrence of shad in the Ouachita river in Arkansas. But it was not until recently that the members of the fish commission procured specimens of the fish, which when examined was found to be a new species of shad, differing in many important particulars from shad as taken from the North river and from other waters on the Atlantic seaboard, says a Washington report.

These new shad have been caught by means of seines light-lead so that they would fish the upper few feet of water rather than the bottom. This method of fishing was first adopted in order to get the "spoonbill cat," which, when running, swims close to the surface. When the nets were hauled in it was found that the shad had been captured at the same time. The two species of fish appear to run together. The principal seining ground has been near Louisville, below the falls of the Ohio and between Rock island and the Indiana shore.

All the known facts regarding the distribution and habits of the Ohio shad indicate that it has regular runs, like the common shad.

It appears in the Mississippi on the borders of Coahoma County, Miss., about the middle of March; in the lower Ohio about a month later (April 20), at Louisville still a little later (April 28 to May 20), and in the Kanawha river at Montgomery, West Va., in the latter part of May.

The Ouachita, river, Arkansas, from which shad have been reported, has its mouth in the Red river, near the confluence of the latter with the Mississippi, more than 200 miles below Coahoma, and only about 200 miles from the Gulf of Mexico. Although it has not been proved that these shad come up from the Gulf of Mexico, it is regarded as certain that they do, and that they are as truly anadromous as is the Atlantic shad.

Whether important fisheries for the Ohio shad can be established remains to be determined. In the first place, it is not yet known whether the fish is commercially abundant. It is considered not at all improbable that its apparent scarcity may be due merely to the fact that the methods of fishing in vogue in the Mississippi basin have not been such as would prove effective in the capture of shad. Gill nets and trap nets are scarcely known, and where seines are used they are usually leaved so as to fish the bottom, and are hauled mostly during the daytime. Shad might very well be present in abundance and remain forever unknown so long as the present fishing methods are continued.

Many plants of Atlantic shad have been made by the United States fish commission in the waters of the Mississippi basin—the first in 1874 and the last in 1893—and although none of the planted shad has since been received by the fish commission for identification, and the capture of none has been fully authenticated, it does not follow by any means that none has survived. It is regarded as by no means improbable that the Atlantic shad may now be abundant in the gulf and its tributary streams, and that a thorough investigation may establish the fact.

The spawning time of the shad in the Ohio river is not earlier than the 16th of June. The numerous examples seen at Louisville May 16 to 19 were far from ripe, and it is regarded as doubtful if any of them would have spawned much before the middle of June.

As an article of food the Ohio shad does not yet seem to have appealed to the citizens of the Mississippi valley. At Louisville they sold at a low price, the price received by the fisherman being but two cents a pound, the same that was paid for carp, "buffalo," and toothed herring. Those who are familiar with the delicious Atlantic shad and who know how to prepare it find the Ohio species not at all inferior.

If the shad should be found to be present in the Mississippi and its tributaries in sufficient numbers to justify the establishment of permanent fisheries each spring, there is, it is believed, little doubt but that it would soon become quite as highly prized as its near relative in the Atlantic coastal streams.

Faith.

"I don't believe in paying fancy prices for custom-made clothes," said Kloseman. "Now, here's a suit I bought ready-made for \$7. If I were to tell you I paid \$20 for it wouldn't you believe it?"

"I might if you told me over the telephone."—Philadelphia Press.

WAS A COLLEGE ATHLETE.

Battered, But Educated, Derelict Wanders Into Philadelphia Saloon—Interests Crowd There.

A seedy individual, attired in what had once been a stylish outfit, crowned with a silk hat of ancient vintage, strolled into the rear room of an eleventh street thirteenth emporium a few nights ago and announced his presence in such a manner that he soon had an interested crowd of listeners, says the Philadelphia Press.

"See that hand?" he said, displaying a grimy member, with three broken and twisted fingers; and then adding: "I got them when I pitched in the Berkeley (Cal.) baseball team." Then the wrist was displayed, which showed signs of the poor setting of a fracture. "That broke when I played baseball for Princeton in '93," he explained. Growing enthusiastic over his injuries, he removed a shoe to display a once-broken ankle, explaining briefly that pole vaulting at the University of Wisconsin was responsible for it. Then a broken knee cap, which could do strange contortions, was exhibited, followed by a fractured collarbone and rib, each injury being connected with the name of a well-known educational institute. Warming up under the influence of several free drinks, the fellow recited snatches from one of Cicero's orations, and followed this up with other linguistic stunts, to the great admiration of his auditors, whom he left wondering who the battered, but educated, derelict might be.

WHEN THE FUSE BLOWS.

No Occasion for Alarm—In Fact It Proves Motor's Safety—The Device Explained.

The "blowing" of a fuse in an electric street car, which fills the average passenger with alarm, simply indicates that a safety device has proved reliable and that a danger of injury to the motor has been averted by it, says the New York Herald. The current which will flow through a motor when it is standing still is in almost all cases far in excess of that which the motor is designed to carry; and, indeed, in a well designed motor a current dangerous for the motor will be reached before the motor has been stalled. The effect of this heavy current on the motor, if allowed to continue, is to heat the windings to a dangerous degree and destroy the insulation, possibly setting it on fire; and it is to prevent this occurrence, whether due to careless handling of the car or to unexpected causes, that the fuses are used. A fuse is simply a short piece of wire of such size that it will be melted by a current which, if allowed to flow through the motor for any time, will damage it. The melting of the fuse opens the circuit and cuts off the current from the motor. To protect the car the fuse is inclosed in a fireproof box.

When the fuse blows there is generally a volatilization of the metal of the fuse and a slight explosion. These explosions usually cause a report and some smoke.

The earliest instance known of penalizing smoking in the streets is in the court books of the mayor of Methwold in England. There is the following entry on the record of the court held October 14, 1595: "We agree that any person that is taken smoking tobacco in the street shall forfeit one shilling for every time so taken, and it shall be lawful for the petty constables to distrain for the same, for to be put to the uses above said. We present Nicholas Barber for smoking in the street, and do amerce him one shilling."

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