



Mrs. Elizabeth H. Thompson, of Lillydale, N. Y., Grand Worthy Wise Templar, and Member of W. C. T. U., tells how she recovered from a serious illness by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I am one of the many of your grateful friends who have been cured through the use of Lydia E. Pinkham's Vegetable Compound, and who can to-day thank you for the fine health I enjoy. When I was thirty-five years old, I suffered severe backache and frequent bearing-down pains; in fact I had womb trouble. I was very anxious to get well, and reading of the cures your Compound had made, I decided to try it. I took only six bottles, but it built me up and cured me entirely of all my troubles. My family and relatives were naturally as gratified as I was. My niece had heart trouble and nervous prostration, and was considered incurable. She took your Vegetable Compound and it cured her in a short time, and she became well and strong, and her home to her great joy and her husband's delight was blessed with a baby. I know of a number of others who have been cured of different kinds of female trouble, and am satisfied that your Compound is the best medicine for sick women."—MRS. ELIZABETH H. THOMPSON, Box 105, Lillydale, N. Y.

Thousands upon thousands of women throughout this country are not only expressing such sentiments as the above to their friends, but are continually writing letters of gratitude to Mrs. Pinkham, until she has hundreds of thousands of letters from women in all classes of society who have been restored to health by her advice and medicine after all other means had failed.

Here is another letter which proves conclusively that there is no other medicine to equal Lydia E. Pinkham's Vegetable Compound.



"DEAR MRS. PINKHAM:—I suffered with poor health for over seven years, not sick enough to stay in bed, and not well enough to enjoy life and attend to my daily duties properly. I was growing thin, my complexion was sallow, and I was easily upset and irritable. One of my neighbors advised me to try Lydia E. Pinkham's Vegetable Compound, and I procured a bottle. A great change for the better took place within a week, and I decided to keep up the treatment. Within two months I was like a changed woman, my health good, my step light, my eyes bright, my complexion vastly improved, and I felt once more like a young girl. I wonder now how I ever endured the misery. I would not spend another year like it for a fortune.

"I appreciate my good health, and give all the praise to Lydia E. Pinkham's Vegetable Compound."—MRS. M. TILLA, 407 Haberstein St., Savannah, Ga.

Mrs. Pinkham has on file thousands of such letters. \$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Med. Co., Lynn, Mass.

LIVE STATE NEWS

What Oregon Editors Are Saying on a Variety of Subjects.

Monument Enterprise.

A party of tourists among whom were Dr. Tucker of Portland, and Dr. Kistner and Mr. Garrigues, of Heppner, were in our town Saturday night on their way from the warm springs at Ritter at Canyon City. They report a good time and being favorably impressed with our beautiful country.

Calvin Sweek departed for Heppner Tuesday, where he will seek medical aid. Mr. Sweek has been ailing for some time, and his friends all look forward for his speedy recovery and hope that he will soon be with us again.

H. A. Murphy will be at home this evening from a trip to Heppner, where he drove a bunch of cows and calves. After arriving at Heppner the government stock inspector found two cows that were affected with the mange, as he pronounced it, and they were compelled to drive to Echo to dip.

Some of our local sheepmen are complaining of being crowded out of their summer range, which they had leased from parties who had taken up the

land, by outside sheepmen, which are reported very numerous in the low hills. They are even getting so tame that they visit the farmers' camps and carry away anything in sight.

Pendleton Tribune.

Guy Matlock arrived in Pendleton yesterday after an absence of almost five years. His home is in Heppner, but he has been in Portland for the last month at St. Vincent's hospital, where he underwent a successful operation for appendicitis. As soon as he sufficiently recovers to return to work he will go back to Heppner.

Enterprise Chieftain.

After bringing action for divorce against her husband and charging him with threatening her life, assaulting her with his fists and with sticks of wood, driving her from home, and snatching a nursing babe from her breast, Mrs. Eiza J. Sams of Weston has returned to her spouse, though the case is still pending, and they rode home together. With tears he begged her to return, and like a woman—some women—she yielded.

A. D. Courter, of Gooseberry, brought a load of new wheat to town Monday, which is the first hauled to Ione this

season. Mr. Courter was the first to bring in wheat last season. His 1904 crop made an average of 20 bushels to the acre and has been pronounced first class in quality, each full sack weighing 140 pounds. Mr. Courter has sold his grain to A. Walker at 60 cents.—Ione Post.

The Dalles Chronicle.

The funeral of the late John T. Lucas was conducted from the Congregational church at 2 o'clock this afternoon, the remains having been brought here for interment. Mr. Lucas died in Portland Wednesday from the effects of a cancer with which he had been afflicted for years. Mr. Lucas was well known throughout Eastern Oregon and Washington, he having lived in various parts of the two states for the past 27 years. Two years ago he located in Wallula, and was doing a good business, but the cancerous troubles became more severe of late, and two weeks since he went to Portland for treatment, but the disease had gained such a hold that it could not be eradicated, and he gave way under its ravages at the age of 65. Besides his wife Mr. Lucas leaves eight children—Fred of Heppner, Frank of Arizona, Robert of Wallula, Linden of Wasco, Mrs. Addie Knight of Pendleton, Mrs. J. C. Crawford of Grand Dalles, Misses Anna and Lily of Wallula.

EVILS OF EATING ALONE.

The Digestion of a Solitary Diner Is Always at a Disadvantage.

There are some few happily disposed individuals, says the London Lancet, who can dine alone, and not eat too fast, nor too much, or too little. With the majority it is different.

The average man puts his novel or his paper before him and thinks that he will lengthen out the meal with due deliberation by reading a little with, and more between, the courses. He will just employ his mind enough to help, and too little to interfere with indigestion. In fact, he will provide that gentle mental accomplishment which with happier people conversation gives to a meal. This is your solitary's excellent idea. In reality he becomes engrossed in what he is reading till, suddenly, finding his food cold, he demolishes it in a few mouthfuls; or else he finds that he is hungry, and paying no attention to the book, which he flings aside, he rushes through his food as fast as possible, to plunge into his arm chair and literature afterward. In either case the lonely man must digest at a disadvantage. For due and easy nutrition, food should be slowly taken and the mind should not be intensely excited during the process.

Every one knows that violent bodily exercise is bad just after a meal, and mental exertion is equally so. Wise people do not even argue during or just after dinner, and observation of after-dinner speakers neither endure themselves nor excite in their hearers any severe intellectual effort. In fact, the experience of countless generations, from the red Indian of the woods to the white-shirted diners of a modern party, has perpetuated the lesson that a man should not eat alone, nor think much at this time, but should talk and be talked to while he feeds. Most people do not think much when they talk, and talking is a natural accompaniment of eating and drinking. How does it fare with the many solitary women of to-day? No better we know than with the men, but differently. Alone or not, a man may generally be trusted at any time to take food enough.

Puts an End to It All.

A grievous wail oftentimes comes as a result of unbearable pain from over-taxed organs. Dizziness, backache, liver complaint and constipation. But thanks to Dr. King's New Life Pills they put an end to it all. They are gentle, but thorough. Try them. Only 25c. Guaranteed by Slocum Drug Co.

A recognized authority—The Weekly Oregonian.

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640 acres, good houses and barns, finely watered, 200 acres meadow land, timber on the land will more than half pay for it, adjacent to outside range, fine ranch for some one at a reasonable price. Five miles from Lone Rock.

200 acres 1 1/2 miles from Lexington. A snap for a short time.

1120 acres 3 1/2 miles from Lexington, fine wheat ranch, nearly all under cultivation, some improvements. Will be sold on reasonable terms.

640 acres 2 miles from Heppner, fine wheat ranch, plenty of good spring water, all under good 3 wire fence and cross fences. Will be sold at a bargain.

1240 acres, 300 acres plow land, 3 dwelling houses, large barn just completed, all of 300 acres can be irrigated, all under good 3 wire fence, adjacent to government range, fine stock ranch. Snap.

320 acres, wheat land, 260 acres under cultivation, all under good two wire fence. Price \$2000. This is a bargain.

We have a number of good houses and lots in Heppner for sale very cheap.

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Notice of Dissolution.

Notice is hereby given that the partnership heretofore existing between Fred Warnock and E. P. Michell, under the firm name of Warnock & Michell, has been dissolved by mutual consent, E. P. Michell retiring. All bills of the former firm will be paid by Fred Warnock, who will also collect all outstanding accounts.

FRED WARNOCK, E. P. MICHELL. Heppner, Ore., July 12, 1904.

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