



Miss Alice M. Smith, of Minneapolis, Minn., tells how woman's monthly suffering may be quickly and permanently relieved by Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I have never before given my endorsement for any medicine, but Lydia E. Pinkham's Vegetable Compound has added so much to my life and happiness that I feel like making an exception in this case. For two years every month I would have two days of severe pain and could find no relief, but one day when visiting a friend I ran across Lydia E. Pinkham's Vegetable Compound,—she had used it with the best results and advised me to try it. I found that it worked wonders with me; I now experience no pain and only had to use a few bottles to bring about this wonderful change. I use it occasionally now when I am exceptionally tired or worn out."—Miss ALICE M. SMITH, 804 Third Ave., South Minneapolis, Minn., Chairman Executive Committee Minneapolis Study Club.

Beauty and strength in women vanish early in life because of monthly pain or some menstrual irregularity. Many suffer silently and see their best gifts fade away. Lydia E. Pinkham's Vegetable Compound helps women preserve roundness of form and freshness of face because it makes their entire female organism healthy. It carries women safely through the various natural crises and is the safeguard of woman's health.

The truth about this great medicine is told in the letters from women being published in this paper constantly.

Mrs. C. Kleinschrodt, Morrison, Ill., says:—



"DEAR MRS. PINKHAM:—I have suffered ever since I was thirteen years of age with my menses. They were irregular and very painful. I doctored a great deal but received no benefit. A friend advised me to try Lydia E. Pinkham's Vegetable Compound, which I did, and after taking a few bottles of it, I found great relief.

"Menstruation is now regular and without pain. I am enjoying better health than I have for sometime."

How is it possible for us to make it plainer that Lydia E. Pinkham's Vegetable Compound will positively help all sick women?

All women are constituted alike, rich and poor, high and low,—all suffer from the same organic troubles. Surely, no one can wish to remain weak

and sickly, discouraged with life and no hope for the future, when proof is so unmistakable that Lydia E. Pinkham's Vegetable Compound will cure monthly suffering—all womb and ovarian troubles, and all the ills peculiar to women.

\$5000 REWARD If we cannot forthwith produce the original letters and signatures of the above individuals, which will prove their absolute genuineness, we will pay \$5000 to any person who can do so. Lydia E. Pinkham Medicine Co., Lynn, Mass.

THE GREAT ROCK ISLAND ROUTE



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Through standard sleeping cars daily between Ogden and Chicago via the Scenic Line. Through standard sleeping cars daily between Colorado Springs and St. Louis. Through standard and tourist sleeping cars daily between San Francisco and Chicago via Los Angeles and El Paso. Through standard sleeping cars and chair cars daily between St. Paul and Chicago. Be sure to see that your ticket reads via the

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PHOSPHORUS BARRED

Germany Forbids Its Use in the Making of Matches.

Bill Passed by the Reichstag Which Will Become Operative as Law After the First of January in 1908.

The bill forbidding the use of white or yellow phosphorus in match making after January 1, 1908, has been passed by the German reichstag.

Interior Secretary von Posadowsky-Wehner, during the discussion of the bill, said that to reject the scientific proof of the ruinous effect of phosphorus vapors on the human bone system was "to refuse to see the sun on a bright day." Phosphorus, he claimed, not only caused necrosis sometimes three or four years after a workman had left the match factory, but it was hereditarily transmitted, so that whole families were affected, and again transmitted necrosis to their descendants. So subtle were the effects of the vapors that bones were fractured without the person being aware of the fracture at first.

Herr Wurm, socialist, moved that the law become operative January 4, 1905.

The opponents of the measure sought delay, expressing doubts regarding the value of the patent process acquired by the government, and offered to the match manufacturers, and which was tested during the reichstag recess by a commission, which reported favorably on it.

"FIRST WOMAN STUDENT."

Mrs. Clementina M. Leroy, Who Opened the Doors to Harvard to Co-Education, Is Dead.

Harvard's "first woman student," whose determination to enter the examinations of Harvard university on terms of equality with men students resulted in the founding of Radcliffe college, has just died. Her name was Mrs. Clementina M. Leroy. She was the wife of Herman Stewart Leroy, a member of one of the well-known families of the city.

She was Miss Clementina Morgan. In her girlhood her parents wished to have her go to Vassar or to some woman's seminary, but she declined to do so, saying that she would have a degree from Harvard. She applied for matriculation in Harvard in 1880 to the great astonishment of the faculty. The president finally agreed to let her pass examination, although no arrangements could be made actually to admit her to the institution. She received a certificate saying that she had passed in all the studies with distinction, and several annual examinations, which she passed later, gave her a standing almost equal to a degree if it had been possible for a woman in those days to be an A. B. Mrs. Leroy was one of the organizing trustees of Barnard college and for several years was actively interested in its affairs.

SMELTS NEW ORE CHEAPLY.

A Discovery Said to Have Been Made by Which Inferior Iron Makes the Best Steel.

An experiment that may revolutionize the iron and steel industry of the country was successfully made at St. Paul, Minn., the other afternoon. Titanic iron ore, of which there are billions of tons in northern Minnesota, was smelted in an ordinary cupola and turned out pig iron which polished up like steel and which, according to those interested in the experiment, is better than the finest Bessemer steel, since with one-third the weight has equal tensile strength.

While the hard and soft iron ore mines of St. Louis county have been turning out millions of tons annually for years, farther north there are gigantic beds of iron which, because of the presence of titanium, have received little attention.

Frank Johnson, of St. Paul, claims to have discovered a process to utilize this ore and in the presence of a delegation of Duluth men demonstrated his discovery. A prominent chemist and assayer who was present stated that in his opinion this ore could now be smelted as cheaply as hematite.

WOULD TEACH COOKING.

Right Rev. Sheepshanks, Bishop of Norwich, Offers to Instruct His Women Auditors.

Right Rev. John Sheepshanks, bishop of Norwich, startled a women's meeting at London by announcing: "If any ladies here want lessons in simple cooking—how to make flapjacks or cook bacon, let them come to me and I will teach them."

"It has been said of a certain king that he was fit to be a king because he had blacked his own boots. Taking that reasoning, I am more fit to be a bishop than anyone here because I have cobbed my own boots and mended my own breeches."

These remarks were made in the course of an address, the theme of which was that maintaining of happiness depends upon the inward feeling. Bishop Sheepshanks' experiences referred to were gained while he was chaplain to the bishop of Columbia, from 1859 to 1867.

His training as a cook he may have acquired in bringing up a large family of ten sons and seven daughters, 12 of whom, six boys and as many girls, are still living, the eldest a son being 32 years old, and the youngest, also a son, being seven. The bishop is 69 years old.

PAYING LEPER IS A PUZZLE.

War Department in a Quandary Over a Soldier Who Contracted the Disease in the Philippines.

A curious case involving a leper soldier in the Philippines is before the war department, having been referred to the judge advocate general to determine in what manner the afflicted soldier shall receive his pay. The leper is an enlisted man in the artillery and at present is isolated in South Carolina. Pay officers do not care to have him handle the rolls to sign the receipt for his pay, so an arrangement probably will be made whereby the soldier can be paid through a power of attorney executed in the presence of the physician and nurse in attendance.

War on Sweatshops.

The Consumers' league, formed in New York city to make war upon the unsanitary and inhumane "sweatshops," now has 49 branches in 18 states. Fifty-two stores in New York alone handle no clothing that has not the Consumers' league label on it, as that is a guarantee that it is made in sanitary surroundings by fairly paid workers. Forty manufacturers are now on the "white list" of "fair houses."

BETTER MARKSMEN

Army Officials to Offer a National Trophy and Medals to Soldiers.

Arrangements Made to Have the First National Match Held Next September—Militiamen to Be Invited to Participate.

Unusual opportunities for the attainment of skill in marksmanship by the militiamen and others, as well as soldiers in the regular army, are offered in the rules governing the award of a national trophy and medals which were approved to-day by Secretary Root. The first national match is to be shot September 8 and 9 at Sengert, N. J., and the contest of next year will be held in the middle west. Among the regulations approved by the secretary are the following:

That the national guard and militia be invited to shoot in department competitions with the regular troops each year for the same prizes for which the regular army shoots, and that the national guard of the several states be permitted to use United States government rifle ranges for target practice at such dates as may not interfere with their use by the army and marine corps. That every facility be offered citizens outside of the army and organized militia to become proficient in rifle shooting, and that this purpose can best be accomplished by means of rifle clubs.

The national shoot will be between teams of 12 men, representing each department of the army, the navy, the marine corps and the militia of each state. The prizes are:

1. The team making the highest aggregate total in two days' contest. "The National Trophy" (authorized by congress), to be competed for annually. \$1,000, and cash \$500.

2. The team making the second highest total, "The Holton Trophy" and cash \$300.

3. The team making the third highest total, "The Bronze Soldier of Marathon," presented by the commander in chief of the state of New York, and cash \$200.

4. The team making the fourth highest, cash \$150; the fifth highest, \$100; the sixth highest, \$50. Also medal to each member of each winning team.

AN ASTRONOMICAL TRUST.

Prof. Pickering, of Harvard, Proposes a Combine Which Will Advance Cause of Science.

Prof. Pickering, of the Harvard observatory, is said to be projecting a combination of all the astronomical observatories in the world, so that their combined capital or endowments can be used by all.

The aggregate working capital is close to \$10,000,000, and there are enormous incomes. Prof. Pickering thinks there is too much money wasted in making observations, and too much needless competition. His plan is to distribute more equitably the working funds and the staffs, as some stations have too many men at work and others too few.

Harvard would be custodian of the funds, including Carnegie institute and the National academy, distributing them to the best advantage for the science.

TO BE GIVEN ANOTHER TRIAL.

Government Still Undecided as to the Real Value of the Women Immigration Inspectors.

The commissioner of immigration has sent to the treasury department a report covering the second 30 days' work of the female inspectors appointed for the purpose of boarding incoming vessels to prevent the landing of persons of improper character in the United States. This report is similar to that covering the first 30 days of the female inspectors' work, and makes it evident to the officials that the ends sought to be attained cannot be accomplished successfully by the detailing of women inspectors on the ships. The women will be given another 30 days' trial, after which the president and the secretary of the treasury will decide whether or not their services shall be continued.

SELL WIVES TO BUY FOOD.

Famine Prevailing in China Drives Husbands to Desperate Measures.

The famine in the province of Kwang-Si, China, shows no sign of improvement. In numerous cases the people have been reduced to such straits that husbands are selling their wives and children to prevent their starving to death, as their purchasers will supply them with food to save their own lives with the money obtained for them. Sir Henry A. Blake, governor of Hong-Kong, is organizing relief for the sufferers.

Municipal Ownership.

Municipal ownership of water, gas, electricity, street railways, markets, baths and cemeteries in Nottingham, England, has shown an average annual net profit of \$15,000 for the last four years. The money is applied to the reduction of taxes.

The limestone caves, situated on Grayback mountain, near Grant's Pass, are being visited by more people this year than ever before. The caves are the most wonderful in the West, having an endless number of labyrinths and side passages, winding paths and beautiful stalactites.



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W. C. McBRIDE, GENERAL AGENT

142 Third St. PORTLAND, ORE

Timber Land, Act June 3, 1878

NOTICE FOR PUBLICATION

UNITED STATES LAND OFFICE, LA

Grande, Oregon, July 6, 1903. Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the states of California, Oregon, Nevada and Washington Territory," as extended to all the Public Land States by act of August 4, 1892,

Peter Hung, of Heppner, county of Morrow, state of Oregon, has this day filed in this office his sworn statement No. 2677, for the purchase of the lot 3, and sold sw¹/₄ of sec 31, Tp 38, R. 29 E, W. 3 M, and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before Vawter Crawford, County Clerk at Heppner, Oregon, on Friday, the 18th day of September, 1903.

He names as witnesses: Paul Hilder, Ed Day, Andy Cook and John Busick, all of Heppner, Oregon. Any and all persons claiming adversely the above described lands are requested to file their claims in this office on or before said 18th day of September, 1903.

E. W. BARTLETT, Register.

Timber Land, Act June 3, 1878. NOTICE FOR PUBLICATION

United States Land Office, La Grande, Oregon, June 1, 1903.

Notice is hereby given that in compliance with the provisions of the act of Congress of June 3, 1878, entitled "An act for the sale of timber lands in the States of California, Oregon, Nevada, and Washington Territory," as extended to all the Public Land States by act of August 4, 1892,

WILLIAM O. PRESCOTT, of Plymouth, county of Cerro Gordo, State of Iowa, has this day filed in this office his sworn statement No. 2551, for the purchase of the n¹/₂ sw¹/₄ sec 17, sec 34 and sw¹/₄ sec 34, Tp 48, R 48, W 29 E, W. 4 M, and will offer proof to show that the land sought is more valuable for its timber or stone than for agricultural purposes, and to establish his claim to said land before Vawter Crawford, County Clerk, at his office at Heppner, Oregon, on Monday, the 17th day of August, 1903.

He names as witnesses: Winford S. Harris, and Charles W. Sanderson, of Palouse, Washington, and George A. Hill, of Plymouth, Iowa, A. W. Bascom, of Terrell, Iowa.

Any and all persons claiming adversely the above described lands are requested to file their claims in this office on or before said 17th day of August, 1903.

E. W. BARTLETT, Register.

Administrator's Notice.

In the County Court of Morrow County, State of Oregon.

In the matter of the estate of Mary A. Krug, deceased. Notice is hereby given that the undersigned has been duly appointed by the County Court of Morrow County, Oregon, administrator of the estate of Mary A. Krug, deceased. All persons having claims against said estate will present them to the undersigned, at the office of Redfield & Van Vactor in Heppner, Morrow County, Oregon, with proper vouchers attached within six months from the date of the first publication of this notice.

First publication July 9, 1903. HENRY BLAUM, Administrator of the estate of Mary A. Krug, deceased.

Administrator's Notice.

In the County Court of Morrow County, State of Oregon.

In the matter of the estate of Frederick Krug, deceased. Notice is hereby given that the undersigned has been duly appointed by the County Court of Morrow County, Oregon, administrator of the estate of Frederick Krug, deceased. All persons having claims against said estate will present them to the undersigned, at the office of Redfield & Van Vactor in Heppner, Morrow County, Oregon, with proper vouchers attached within six months from the date of the first publication of this notice.

First publication July 9, 1903. HENRY BLAUM, Administrator of the estate of Frederick Krug, deceased.