"I've Lost Ten Pounds"

A man says. "Look at this," And he over-laps his coat to show how loose it is. There are some people who can lose jat to advantage, but the loss of fiesh is litealth. As flesh-making processes begin



Tke a new woman. Has no more trouble with stomach and bowels, and has no pain nor bloat-ing. Has gained fifteen pounds in weight."

PATROL OF FORESTS.

Mangers Are Building Bridges and

Opening Roads.

berg, forest supervisor for the north half

of the Cascade forest reserve, has begun

at active campaign for a good summer's

work. His head rangers and assistant

mow in the field blazing trails, building

Bridges and opening roads into the heart

trolwork, and to make the fighting of

Hood River, Or., June 25-M. P. Iser-

stipation and bihousness.

Dr. Pierce's Pleasant Pellets cure con-

routes sent to the supervisor. Warren Cooper, on the east side of one of the accepted evidences of failing the Cascades, is posting boundary noin the stomach, so tices designating the line of the reserve. naturally when In connection with this work he is flesh we look first making reports on agricultural lands as he comes across them. Grants for the rights of way of ditches are also being

> posted in conspicuous places. Some 40 grazing permits for cattle Independence Prairie, and out to Belkhave been issued, granting the right of 3500 head of cattle to enter the reserve

nap Springs, on the McKenzie River.

Most of this work has been completed,

and detailed reports and maps of the

on the east side. Sheep permits to the number of 90,000 have been issued.

By a recent order from the Secretary curing diseases of the stomach and of the Interior, sheep have been excludother organs of digestion and nued entirely from the east half of towntrition and enaship 3 south, range 7 east, and the west bling the perfect digestion and ashalf of township 4 south, range 7 east; similation of food north half of township 5 south, ranges 5 from which flesh and strength are and 6 east. This prevents the flocks from entering upon the headwaters of "My wife was for five years troubled with indigestion of stomach and bowels, Roaring Creek, the Salmon and Sandy Rivers, and thus shuts off all danger of

of Portland.

Twenty Fateful Days.

pollution of the water supply of the City

In the history of this country no previous 20 days, we believe, afford a parallel to those between May 25 and June 15 for combined destruction of life and property.

Beginning with the tornado at St. El mo, Mo., on May 26, in which 20 persons were killed, the list continues as follows May 29 to June 6, Kansas River floods; S0 killed.

killed. June 6, Glendale, S. C., cloudburst; rangers have been commissioned and are 58 killed.

June 7 to 15, St. Louis flood ; 30 killed. June 14, Heppner, Or., cloudburst; of the reserve, so as to facilitate the pa 200 killed.

tal of 488 lives and \$30,500,000 worth of

The Foundation of Health.

health-life-strength. Kodol Dyspep-

sia Cure is the one great medicine that

enables the stomsch and digestive or-

gans to digest, assimilate and transform

all foods into the kind of blood that nour-

ishes the nerves and feeds the tissues.

Kodol lays the foundation for health.

and digestive organs are cured by the

use of Kodol. Sold by Slocum Drug Co.

The two largest flour mills in

Tacoma have been forced to close

down temporarily on account of a

shortage of orders in the export

The "Greyhound," a famous In-

dian canoe, 45 feet in length, has

been given to the Ferry Museum

at Tacoma. It is over 100 years

Just About Bed Time.

take a little early riser-it will cure con-

stipation, biliousness and liver troubles.

DeWitt's Little Early Risers are d ffer

ent from other pills. They do not gripe

and break down the mucous men -

branes of the stomach, liver and bowels,

tions and giving strength to these or-

For Infants and Children.

The Kind You Have Always Bought

Bears the

Signature of Cha!

and Ione Drug Co.

trade.

old.

Nourishment is the foundation of





BUSINESS LOCALS

and want ads of all descriptions will hereafter be published in a column by themselves.

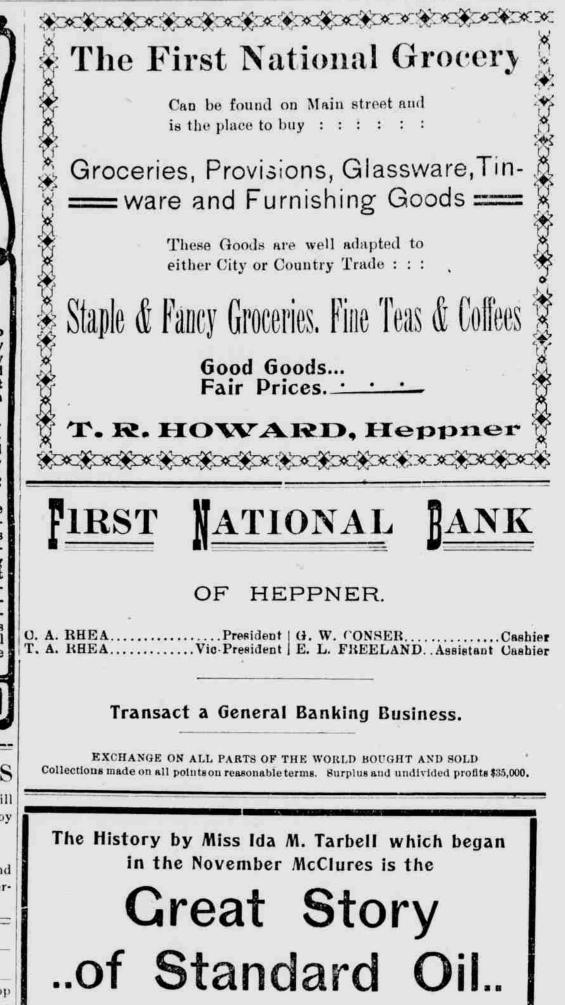
Rates for Local Ads.

Ten cents a line for first insertion and June 1, Gainsville, Ga, tornado; 100 5 cents a line for each subsequent insertion. All notices set in brevier type.

Groceries.

T. R. Howard for fine groceries*

Howard's grocery store is a very pop ular place for the purchase of supplies The total value of the property lost in for farmers and outlits for outing in the



"Miss Tarbell's work is of unequalled importance as a 'document' of the day. Her story has live men in it; they suffer an

there is loss of to the stomach for the cause. And the cause is generally found to be disease of the stomach and digestive and nutritive tracts, resulting in loss of nutrition and conse quent physical weakness.

looked after, and fire notices are being

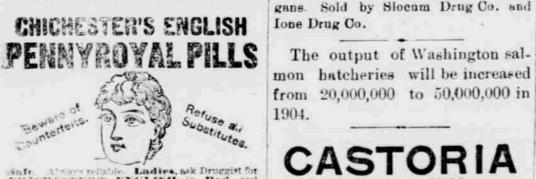
Morest fires an easier matter.

Mr. Isenberg is in constant communi- at \$27,500,000, and \$3,000,000 more is scation with his rangers in all parts of the | computed to have been lost in the forest reserve, and the large volume of reports fires that raged from June 3 to 8 in New and correspondence which comes in dai- | York, New Jersey, New England and By, keeps hum very busy in his office at | Pennsylvania. This makes a grand to-Mood River.

It is a new system put into operation property wiped out by flood and fire in for the first time this Summer by the In- | these 20 days of destruction .- New York terior Department, under which Mr. World, Isenberg is working. Under the direct supervision of Mr. Isenberg, as forest supervisor for the north half of the Cascade forest reserve, are one first-class ranger, three second-class rangers, and 15 third class rangers or guards. Adolph Aschoff has been made first-class forest ranger, while the second-class rangers are: M. J. Anderson, of Dufur; Joseph | Nature does the rest. Indigestion, Dys-H. Pront, of Wamic; and A. B. Lacey, pepsis, and all disorders of the stomach of Parkers. The third-class rangers, or guards, so far appointed are: W. C. Walker, Dufur; John B. Seniscal, Dufur; W. D. Munger, Dufur; Simeon E. Browler, Antelope; Warren M. Cooper, Mount Hood; W. C. Ward, Niola; Jay Bleakney, Hullt; M. D. Markham, Forest Grove; W. H. Hesseman, Minto; Ephram Henness, Gates; J. A. W. Heilecke, Detroit. Two other guards are wet unassigned.

Mr. Aschoff, the head ranger, has al ready turned in a number of reports of work done in Eastern Marion County, of which Mr. Iseuberg speaks in very "attering terms.

Head Ranger Aschoff has a force of men at the headwaters of the Santiam River engaged in repairing bridges and - mening the trail out from Detroit to Elk Lake, and along the north fork above but cure by gently arousing the secre-



CHICHESTER'S ENGLISH in Red and no other. Refuse dangerous substitations and imitations. Bayof your lituratist, return Mail. 10,000 Testmonials. Sold by Alter the set of the

CHICHENTER CHEMICAL CO. SETTIO 32 - ------ Neversine. PHILA., PA. Mention this paper.

way of extra fine groceries. Almost the above named disasters is estimated everything imaginable kept in stock. It's handy where you can get anything you want*

> Strength and vigor come of good food, duly digested. "Force," a ready-to serve wheat and barley food, adds no burden, but sustains, nourshes, invigorates.

Wanted.

Wanted - Hides, pelts, and furs. Highest cash prices paid for coyote skins and other furs. 14 ff.

Patterson & Goit at The Dalles, Ore., have a lot of fine timber claims. Good location and marketable.

I have some stock sheep to lease to C. D. LORD. responsible parties. 42-11

Notice to Teamsters.

All parties are warned not to camp inside of the Perland Livestock Co's. enclosure; as we will bilow no camping without permission.

PENLAND LIVESTOCK AND LAND Co.

Does Your Food Distress You? Are you nervous?..... Do you feel older than you used to?..... Is your appetite poor?.... Is your tongue costed with a slimy, yellowish fur? ... Do you have dizzy spells?..... Heve you a bad taste in the month? ... Does your food come up after esting, with a sour taste?... ... Have you a sensation of fullness after esting?..... Do you have heartburn?.D) you belch gas or wind?..... Do you have excessive thirst?..... Do you notice black specks before the eyes? Do you have pain or oppression around the heart? Dues your heart palpitate, or beat irregularly ?..... Do you have unpleasant dreams?..... Are you con-... Do your limbs tremble stipated? Aro you restless at or vibrate?. ight?.....Name... .. Age Occu-....Town ... pation Street number.State. any or all of the above symptoms you probably have Dyspepsis. Fill in the above blank, send to us, and we will mail you a free trial of PEPSIKOLA TABLETS-upquestionably the anrest and safest Dyspepsia care k owr-together with our little book-"Advice To Dyspepties" Regular size Pepsikola tablets 25 cents, by mail, or of your druggist. The Laxskola Company, 45 Vesey street, New York.

and win and lose their battles with the verisimilitude that removes the tale from the dry statement and clothes it with the color of humhn intorest and the vivid rainbow garment of human sympathy. * The results of her work are likely to be far reaching; she is writing unfinished history "-Boston G obe.

"An absorbing and illuminating contribution to the trust question."-Chicago Inter-Ocean.

"The most important announcement made by any magazine."-N. Y. Journal.



