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WEEKLY GAZETTE Subscription Price, $\$ 1.50$ papor is publutaod strictyy in ine

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Does Your Baking Powder Contain Alum?

Prof. Geo. F. Barker, M.D., University of Penn.: "All the constituents of alum remain (from alum baking powders) in the bread, and he alum itself is reproduced to all intents and purposes when the bread is dissolved by the gastric juice in the process of digestion. I re-
ard the use of alum as highly injurious."
Dr. Alonzo Clark: "A substance (alum) which can derange the stomach should not be lerated in baking powder."
Prof. W. G. Tucker, New York State Chemist : "I believe it (alum) to be decidedly injurious, when used as a constituent of food ticles."

Prof. S. W. Johnson, Yale College: "I egard their (alum and soluble alumina salts) introduction into baking powders as most dangerous to health.

In view of such testimony as this, every care must be exercised by the housewife to exclude the over and over condemned cheap, alum baking powders from the food.

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