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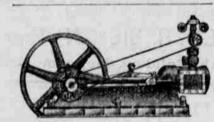
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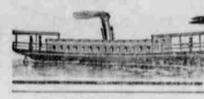
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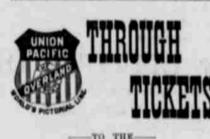
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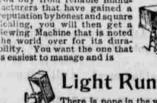
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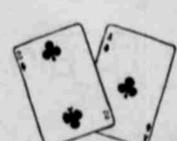
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HE HAS HIS TROUBLES.

graph Company. A telegrhaph messenger probably sees as much of the other side of human nature as a doctor. One told an Atchison Globe writer recently that a woman never opened a telegram without turning pale, and, when the message was not alarming, they looked disappointed. He delivered about two death messages a day, four birth messeges, a great many business messages, and once in a great while a love message that makes him tired to carry it. He carried one recently to a young man in town that

"How are you to-day darling?" The answer went promptly back by the boy and was to this effect: "I am better, love." He once carried a message of death to a colored woman, and after reading it her emotion overcome her to such an extent that she caught the messenger in her arms and soundly boxed his ears. Another colored woman refused to open or sign for a message, but walked the floor and beat her breast, and screamed, supposing it announced a death. When all the neighbors had come in, one more venturesome than the rest read the message. It was simply a notice that the woman's sister would come up from Leavenworth that evening to see her.

A "CLEAN" SHAVE.

Precautions Which Might Be Adopted for the Safety of Customers

Nothing is easier than for contagion to be conveyed from a diseased to a healthy skin during the act of shaving, and many cases have now been recorded, says the Medical Press, proving that diseased processes have in this manner been propagated. Probably the readiest manner available to the barber for preventing such untoward occurrences would be by sterilizing his 'instruments" by means of heat, either by steam or boiling water. Razors should be made so that their handles would not suffer from the exposure to high degrees of heat, and the rule should beenforced that in no case should any of the "instruments" be used consecutively without having first been submitted to the sterilizing process. Under this rule, then, each customer would be sure of having a "clean" shave in more senses than one. Of course, also, on the principle of a "fresh pot of tea for each customer," a freshly scalded-out lather pot should be included with each shave. Unless these or similar precautions be carried out in barbers' shops, cases of the conveyance of infectious skin diseases from customer to customer cannot fail to occur.

IN THE STREET CAR. Some Observing Individual Notes a Wom

anly Eccentricity. "Have you ever noticed," sad a manabout-town to a reporter for the Philadelphia Record, "that nine women out of ten when they enter a street car invariably take a seat on the right hand side of the car? I have frequently wondered at it, and a solution of the mystery did not occur to me until a few nights ago. I boarded a Girard avenue car which was entirely empty, and sat down in the forward left-hand corner. At the next crossing a woman got aboard and sat down opposite me. At the next street two more women got in and took seats alongside of the first. After a time there were seven women in the car, all sitting in a row, leaving me to enjoy alone the comforts of the left-hand seats. Then three men jumped aboard and sat down on my side. Finally another woman joined us, and instead of taking a vacant seat rear the door on the 'ladies' side' she walked the entire length of the car and sat down alongside of me. This eccentricity on her part impelled me to watch her more closely than good manners possibly warranted, but I solved the mystery to my satisfaction. She paid the conductor with her left band! She was left-handed; see? And all the women on the other side were right-handed, of course. Fact!"

Fron U.S.Journal of Medicin Prof. W. H. Pecke, who makes a specialty o Epilepsy, has without doubt treated and cur-

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Experiments to Produce a Concentrated Food.

Nothing Found to Take the Place of the Old-Fashioned Ration of Bacon and Hardtack in Sultaable Bulk.

The recent experiments of the United States government to test the value of a concentrated army ration have quite naturally proved a failure. They were instituted by the secretary of war with a view to reducing the bulk and weight of food without impairing its nutritive functions. This appeared to be necessitated by the fact that the American army is more in need of possible improvements in this line, in view of the heavy, tedious and long transportation affording the proper amount and quality of food in times of emergencies.

The German army, for example, when moving in small bodies always purchases supplies on the march as wanted. The same is true of the French, Russian, Austrian and other European armies, but at the same time the solanese army in the late war with China their knapsacks.

ucts generally and on the physiologi- others." cal questions involved in the digestive and nutritive processes more particularly. Theoretically speaking, it a loss. Witness the following incident would appear that the problem had from an exchange: A young English been solved regarding the amount of man was negotiating with a dealer for food necessary to sustain life and the a horse. The horseman expatiated on varieties of sustenance that gave in the many good points of the animal minimum compass the greatest amount under discussion. of nourishment.

All the observers agree, however, that the old-fashioned ration of bacon has rather a big head." and hard-tack in suitable bulk is the most practical that has ever been suggested. The quantity of food neces- Gladstone; what a 'ead 'e's got!" sary to keep a soldier in good condition is fixed at 22 ounces. The latter amount is increased for obvious reasons to 26 ounces.

When the theories were put to a prac-

consumption in two minutes. The week. was brought to an abrupt end after is put upon writin four days of 15-mile marches. The under the surgeon's care. At the end may be-history, classics or sciencethe company were ill, and on the fourth | word for word. day the whole command went into camp, and couriers were sent to town for hard-tack and ordinary coffee and bacon. Some of the soldiers were seriously ill with a stomach complaint, and were confined to the hospital for several days."

All this goes to show that not only very much is to be learned regarding laboratory feeding, but that we are also far from the proper appreciation of nature's complex requirements in food taking. Thus far the human laboratory, with its multiple, interdependent, and complementary methods, has a monopoly of its own in fixing the proper standards for digestion, assimilation and subsequent growth. There is a natural law pervading the whole that must not be violated by too radical attempts at modification or improve-

ment. The stomach must earn its living in its own way, as by such purely physiological effort in bringing each and all of its mechanical, vital and chemical functions into play, it can best maintain its health, activity and usefulness. No prepared or concentrated food can relieve it of any or all of its activities in that gradual conversion of a legitimate quantity and quality of food that constitutes a natural and perfect di-

In such an aspect a moderately full stomach is something more than a feciing. Its work must be distributive rather than restrictive. It must be healthfully distended with food bulky enough to occupy spare places; otherwise, its most important function is hampered, while for lack of mechanical stimulus the intestines become stagnated into almost helpless inactiv-

Hence it is easy to see how the experiments failed and the victims paid the penalty of outraged physiological laws. So far, at least, there is not suffiient reason, because a man becomes a oldier that his stomach should be suckered around a desiccated soup tablet or that it should wrestle alone in some dark corner of an accommodating fold with some soggy and glazed albumineid.—Medical Record.

-The floods of the Tiber in winter carry everything before them. The most substancial wherves and docks have been carried away by the mere-

subernatorial chair of the state of low York and had under consideration the appointment of a judge a friend of Judge Peckham, who was a candidate for the place, was arging the judge's claim, and beaught the assistance of a lady, who at that time happened to be a isitor at the gubernatorial mansion. Although at that time everything seemed reasonably to indicate the appointment of Judge Peckham, the lady

enough, another man was appointed, and in the course of time it came about that Gov. Tilden learned of the surprising prescience of his fair guest. He asked her how she was able to divine his intentions so clearly in regard to this particular man. "Why," she said, "that was not difficult. You brought him Keeps the Finest Wines, Liquors and Cigars. home to dinner one day and that of itself made me suspect. Then at the table you set before him your choice Johan nisberg wine, and I knew from that mo ment that he had no chance of appointment. The man who has your Johannisberg is to be let down easy."

KNEW ALL BUT ONE. A Whole English Regiment Made Up of

Qustionable Characters.

The story is told of an English milit is regiment whose reputation was none of the best that on one occasion a detecof supplies across the plains and tive from Scotland asked to be allowed through districts that are incapable of to inspect the regiment to discover if the ranks. Permission being given, the detective, accompanied by the adjutant of the regiment, made a tour of the various companies, front rank and rear rank. When the official had got to the last man of the rear rank of the rear company he stopped suddenly and gazed diers usually have in their knapsacks earnestly at the rather embarrassed what is called an "emergency" ration, warrior. "Why, you surely have made generally sausage or preserved meat a mistake," exclaimed the adjutant, inof some kind. The soldiers of the Jap- dignantly; "why, you have pitched on the best man in the battalion. He has carried an emergency ration of rice in been with us for more than 20 years, and a little tin case strapped to the top of he is our pattern soldier. His arms are a mass of good conduct badges, and he The reports made by the different is the example of all that is best in the military departments to which the life of a soldier. You surely do not questions were referred are interesting know him?" "No," replied the detecas bearing upon the value of food prod- tive, "I do not-but I know all the

Statesmanlike Horse.

The successful horse-dealer is never at

"It seems to me, Mr. Muggins," re marked the young man, "that the horse The retort came at once: "Big 'ead, big 'ead, do you call it? Why, look at

SCHOOLBOYS IN CHINA. The Lot of the Celestial Youth Is Not a

Desirable One. While modern educators are making tical test the result was as might have the claim that the youths of to-day are been anticipated. Various concen- held too close to their tasks and overtrated food tablets were employed in fond mammas find in the confinement Colorado, but more than half the men of the schoolroom the solution for the who were victims to the experiment pallor on their children's cheeks, a became candidates for hospital treat- knowledge of the course of study purment. The following extract from the sued by children in China might be of report speaks very significantly on some value. At the age of five a Chinese some very essential and striking facts: boy begins his schooling. At daylight "A company of the Seventh infantry, he rises, and after dressing as quickly at Fort Logan, near Denver, was de- as possible he starts breakfastless to tailed and furnished with condensed school. He is given a task and after it rations, consisting of coffee, soup, is completed he is allowed an hour for bread and bacon. The coffee and soup breakfast. Again, later, he has an hour were in small tablets, which, when for luncheon, but he is at his study placed in boiling water, were ready for nearly 12 hours a day, seven days in the

bread was in small, flat cakes, the All this time, when he is not reciting weight and hardness of a brick, but his lessons, he is studying aloud at the when moistened swelled out like a top of his voice. He is under the eye sponge. The bacon was compressed of his master both in school and on his and only needed to be warmed in a fry- way to and from school. The lad is ing-pan. The soldiers started out with taught rudimentary astronomy, physics ten days' rations, but the campaign and natural history, but greater stress

"A Thousand Letters," a poem, is the food not only did not satisfy the hunger study that forms the backbone of his or give strength, but seemed to irritate the stomuch. After the first meal, two the duties of children to parents, and of the enlisted men had to be placed all such matters. Whatever the study of the second day 30 of the 70 men in every lesson is learned and repeated

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