

CASTORIA
For Infants and Children.

The Kind You Have Always Bought Bears the Signature of *Dr. J. C. Hathorn* In Use For Over Thirty Years **CASTORIA**

ALCOHOL 3 PER CENT.
Vegetable Preparation for Regulating the Bowels and Discharging the Stomach and Bile.

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

THE CENTAUR COMPANY, NEW YORK.

Exact Copy of Wrapper.

DR. TOEL.

Four Years Study at Carman and Swiss Universities and the Large Hospitals of London, England. Over Thirty Years Experience in His Specialties.

Office, 619 Washington St., Dallas, Oregon, one-half block east of the S. P. depot, from 9 a. m. to 12 noon, 2 to 5 p. m., 7 to 8 p. m., Sunday, 10 to 1 p. m., telephone 1303.

Specialties:
Cancer and Tumors. No knife and no loss of blood. No plasters and pain for hours and days.
Polypus, Gout, Piles, Fistula, tism, Liver, Stomach, Kidneys, Bladder, Prostate, Asthma, Diseases of Women, Skin and Nervous Diseases, Neuralgia, Neurasthenia, Gout, Rheumatism, Catarrh, Dyspepsia, Constipation.

Patients from out of the city wishing to consult him must inform him before hand by letter or telephone of the time of arrival of their trains to make sure that they can be seen the same day. adv

REFUSE NOT THE VOICE FROM HEAVEN
Only Those in Harmony Can the Head of Church Use.

Man's Rebellion Against God—To Israel Alone God Spoke—Through the Law and the Prophets—God Now Speaks Through His Son—To the Church Alone—Only the Spirit-Begotten Can Discern Spiritual Things—Proper Attitude of Heart, Consecration a Reasonable Step.

July 12.—The PHOTODUPLICATION OF GIBSON'S "THE VOICE FROM HEAVEN" is now published daily in more than eighty cities, both here and abroad, illustrating the Bible's teaching on the subject of the church's relation to the world.

The discourse began with a comment upon the opening verses of the Epistle to the Hebrews. There the apostle contrasts God's message through the prophets with the message through Jesus Christ, who was sent through Moses and the prophets. Elsewhere he tells us that God speaks peace into us through His Son. This statement reminds us that the apostle had in mind the disobedience of our father Adam, in whom they were condemned to death.

The pastor then traced the history of mankind, cut off from Divine fellowship, falling deeper and deeper into sin and death conditions. About two thousand years after man's fall, God gave the Israelites opportunity to come into harmony with Him, speaking to them through Moses. St. Paul reminds us that whoever speaks the law did without mercy. Let God speak to Israel through the prophets, but had no communication with the remainder of the race.

The apostle's argument, the speaker declared, is this: If the world's disasters are the result of the disobedience of our father Adam, and if the message of Divine messages sent through Moses and the prophets, reflect, then, on what should be the penalty inflicted upon those who refuse to hear Him who speaks from Heaven. If those who rejected Moses' Law did without mercy, of how much severer punishment should those be counted worthy who count the blood of the Covenant whereby they were sanctified a common thing, and who do despite to God's spirit of favor?

The pastor inclined to the thought that the apostle's words have a deeper significance than appears on the surface. The Israelites were a typical people, and when he recalls how many of them died in the wilderness because they rejected the Divine word given through Moses, he wonders how many who now refuse to hear God's Son may perish in the Second Advent.

Three Classes in the Church.
Next it was demonstrated that God's redeemed people will finally be found in one of three classes. The Little Flock, to whom it is the Father's good pleasure to give the Kingdom, is limited in number to only 144,000. The Great Company, whose number is not revealed, are unworthy of a place in the Little Flock, yet at heart are loyal to God and the principles of righteousness. Lastly is the class that die the second death, and are cast into the Lake of Fire. Judged by Israel's wilderness experiences, which were typical, this class will be much larger than was once supposed; for many Israelites died because of having rejected the testimony of the Holy Spirit. The pastor then showed that only those who have escaped from the Adamic condemnation. Only those who have a standing with God who have turned from sin and have fully committed themselves to God. Throughout this Gospel Age all consecrated believers have received the Holy Spirit just as soon as the Father has accepted them through the great Advocate. These alone have been on trial for life or death eternal.

It was then explained that only those can reject Christ and go into the Second who have come fully into discipleship with the Redeemer. While many have been drawn toward Christ, yet only those who have been begotten of the Holy Spirit have really heard Him who speaks from Heaven. According to Scripture, only those begotten of the Spirit can discern spiritual things. Those who have never heard of the goodness of God have comparatively little responsibility, said the pastor. The heathen millions, he asserted, could not present themselves to God in sacrifice; for they have not known Him. Our Lord was died as having said that those who knew not would receive few stripes than those who know, but did not. Whoever therefore knows the Divine will and the difference between right and wrong has a responsibility, and will receive stripes for disobedience, even if he does not come into a full trial for life eternal.

The proper attitude of heart is that of appreciation of God's mercies. It is only reasonable that those who come to a knowledge of God's goodness should consecrate themselves to Him. Today the Lord's voice sounds through-out the earth. Whoever hears it should heed the Message.

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"Penitential—Board going up, room going up, fee going up. Is there anything in this blooming university that's not going up? Optimist—Sure, my grades—Wisconsin Sphinx.

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"You should launch out on the ocean of matrimony, my boy."
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How to Win.
This is an age of specialization, my boy, and the only men who succeed in a big way are those who pick out some particular line of work and live with it until they get to know more about it than most other fellows. Concentration, consistent and persistent effort in one direction is the surest road to success. You'll never win in a big way—except accidentally—if you scatter your energies. The best steam engine in the world would race itself to ruin without its governor. Keep your mind on your job, specialize in your particular business and try to know more about it than the man who created it, and, barring invention, you'll make more out of that knowledge than you will out of any chance success outside of your business.—Maurice Switzer in Leslie's.

Personal Property.
A Cleveland attorney took the Mediterranean trip a month ago. It was his first time across the water, and he stated on his return that he would make personal property his motto for the silly questions asked him by customs officials.

It was on the pier at New York that his woe came to a climax. "Open your trunk, please," commanded the official. "Have you any thing in there but personal property?" he continued.

"What do you mean by personal property?" countered the lawyer.

"For heaven's sake! Don't you know what personal property is? The officer looked up in amazement.

"I thought I did," answered the attorney, "and I can assure you that there is no real estate in my trunk."—Cleveland Plain Dealer.

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Peppy's library since 1724 has been in the possession of Magdalene college, Cambridge. Peppy directed in his will that his collection of books and manuscripts should be transferred on the death of his nephew, John Jackson, to either Trinity college or Magdalene college, Cambridge, and required that the college which received the books should submit to an annual visitation from the other, to inspect the books. It should be ascertained whether the trust was being worthily fulfilled. "Could I be sure," Peppy wrote, "of a constant succession of heirs from my said nephew I thought of myself for the use of such a library, I should not entertain a thought of its ever being alienated from them."

Potato Juice Cure.
Potato juice is a remedy for sprains, lumbago, gonorrhoea and rheumatism, is recommended by Dr. Heaton C. Howard of London in an article in the London Lancet. He cites numerous cases in his own practice in which the pain has been relieved quickly, sometimes in a few minutes, and the fluid that has exuded into the joint or the membranes has been absorbed within a few days.

Potato juice is used as an ointment, a liniment or a plaster. The raw potatoes are sliced in a hydraulic press. The starch and uterous matter are removed and the juice boiled down until it is made five times as strong as when fresh. Glycerin is added to preserve it.

Sargent and His Pictures.
When Sargent has finished a picture he is hourly glad to see the last of it. The story goes that a royal visitor to his studio said, after looking over the pictures, "I wonder you can bear to part with them." "Sir," answered Sargent, "having finished a picture, I am like a hen which has laid an egg. 'Come and take it away, come and take it away!' I exclaim. Its removal enables me to start another."—Starfield, (England) Telegraph.

His Role.
Magistrate—I understand that you overheard the quarrel between the defendant and his wife. Witness—Yes, sir, Magistrate—Tell me if you can what he seemed to be doing. Witness—He seemed to be doing the listening.—Exchange.

Not to Be Denied.
Crawford—What did your husband know about money, anyhow? Crabshaw—Well, he evidently knew enough about them never to marry one of them.—New York Times.

Everything Lacking.
"Personally we have met some men who if weighed in the balance would be found wanting everything, including the balance."—Galveston News.

Escaping Misch.
"I dictate my novels to a stenographer," stated the eminent novelist. "She types 'em and sends 'em to the publisher. I'm a getting thing for me." "So you mean labor, eh?" "It isn't that. I don't have to read the books; that's what tickles me."—Seattle Post-Intelligencer.

All Light.
"What is light?" queried the teacher of the juvenile class. "Nearly everything we buy from our grocer, papa says," replied the small boy at the foot.—(Chicago) News.

Cookery Points

Independence Day Dainties.
For the creature's entire for the Fourth of July dinner or any other bonnie occasion appropriate for serving in a paper case, cover the ordinary paper case or even small pastebord boxes with grape paper napkins in flag or firecracker design.

An attractive dessert is ice cream foras, made by pressing white cream of any flavor into small cone shapes or small individual bricks, using candied cherries to represent the gun sights and inserting a tiny flag in the top of each. Flag cakes can be purchased in most places at this time of year, and where they are not obtainable through the baker they can be made. Bake a plain cake batter in a large square pan and when cold cut it in squares. Each square is leed with white, and a flag is added in pink icing, with tiny blue candies forming the starry field.

A morning punch, a temperance drink, is delicious if served very cold. It is nothing more or less than strong lemonade with a little pineapple juice added and enough strawberry juice to give it a pink tinge. Small stars, cut from pressed, dried, fruit in the punch, which is served in tall glasses, the stems of which are decorated with tiny flags tied on with ribbon.

Salads for Summer.
Salads should be an important feature of the summer menu. They tempt the appetite and if they are carefully made, are easily digested. They may be nourishing and dainty. They need not be heavy and rich. They can be made to utilize in a palatable way various leftovers. And, most important of all, they suggest a way to utilize almost every one of the wholesome fruits and vegetables of the summer.

A combination salad is a good sort to serve when there are odds and ends of vegetables in the refrigerator. A succession of vegetables—cold boiled peas, string beans, diced beets, diced tomatoes and other leftover vegetables mixed with pressed, dried, fruit and served on lettuce—is an economical salad, for it can be made of whatever vegetables the refrigerator holds.

Strawberry Mousse.
Take for one quart of rich cream one pound of fresh fruit mashed through a fine strainer. Mix with four table-spoonsful of sugar, set the pan over the fire and stir until the sugar is dissolved thoroughly. Remove from the fire and add one-half cup of gelatin which has been dissolved in a little cold water. Stand on ice until thoroughly chilled. Mix two table-spoonsful of powdered sugar and one tea-spoonful of vanilla extract with the cream and whip through a wire whisk by the little chilled strawberry juice sweetened to taste. Pour into a mold, cover very tightly and pack in ice and salt for three hours.

Cherry Salads.
Cherries add a delicious flavor to salads and combine with almost any fruit. To use both red and white cherries adds to the appearance. A delicious salad to be eaten with either French dressing or one made of sugar and fruit juices flavored with either sherry or maraschino is made by combining shredded pineapple, either fresh or canned cherries and sections of oranges. Serve on white lettuce hearts with a dressing of oil, vinegar and lemon juice used no dessert will be needed, especially if chopped or ground nuts are added to the cream cheese of which the balls are made.

Fruit Butter.
The easiest way to make fruit butter is to cook fruit, press through colander, add sugar, pour in a large crock or jar and place in a hot oven. At first put on bottom of oven and when it commences to boil place a slide under it. It requires no stirring and does not splatter stove or burn the hands and makes richer, better butter. When canning peaches use peelings for butter. Peelings from one bushel will make four quarts of butter.

Cantaloupe Split.
Chill cantaloupes, cut in halves, lengthwise, scrape seeds away, fill hollow with vanilla ice cream. Place slices firmly together and lay on ice to freeze. When ready to serve run silver knife between the halves, which separates the fruit, also slicing the cream evenly over each half. Sprinkle with chopped nuts, preserved berries, minced pineapple or any fruit or tutti-frutti preserves.

Sautéed Cucumbers.
Any one who is fond of fried oysters will like these. The largest green cucumbers must be used. As soon as they turn the least bit yellow they become tough and will not do. Pare and slice lengthwise, having the slices an eighth of an inch thick. Dust with pepper and salt, then dip in beaten egg yolk diluted with a tablespoon of milk; cover with flour and fry until tender, and brown.

Pineapple Dainty.
Peel and cut a medium sized pineapple into cubes, add the juice of one-half a lemon, sweeten to taste, then add one-half pound of marshmallows, cut into quarters. Chill thoroughly, fill sherbet cups with the mixture and garnish with a large spoon of whipped and sweetened cream.

Correct For the Dance.
"Dancing has made a trained evening gown almost impossible. Women have got about this difficulty by wearing evening gowns that are really short. These are quite comfortable, for, although they are tight at the lower edge, they are so short that they do not interfere with the ankles in dancing. One of the new devices for the woman who likes to wear a train and likes, also, to dance, is the separate sack train, which is quite distinct from the skirt, and attached at the waist. It can be easily picked up and tucked up out of the dancer's way.

Indian Motor Cycles, Bicycles and Accessories.
Baseball and Athletic Supplies.
We have a very complete line. When looking for a motor cycle, bicycle or in need of repairs or supplies, call in and let us fit you out.
L. B. HIXON, Jr., 315 Main St., Phone 1072

The Largest Industry in Polk County is the

WILLAMETTE VALLEY LUMBER COMPANY

Buy your Lumber of them and help the Community Grow.

TWENTY-SIX YEARS AGO.
Taken From the Files of the Itemizer of Saturday, July 21, 1889.

On the preceding Tuesday the thermometer registered 98 in the shade in Dallas.

Born, July 15th, a daughter, to Mr. and Mrs. Wm. Buncie.

A daughter was born to Mr. and Mrs. Harvey Guthrie July 10th.

Rev. Richardson had resigned as pastor of the Christian church at Independence.

The telephone line was being Dallas.

Miss Alice E. McLench and Frank P. Caldwell were married by Rev. W. J. Crawford on July 1th.

The county commissioners were figuring on remodeling the county jail.

County Clerk C. G. Coad and wife had just moved into their new residence on Levens street.

H. J. Glandon and his hired man were struck by a train near McCoy, but were not seriously injured. Their team was killed.

The Eola Warehouse Co. had just been incorporated with \$3000 capital.

County Surveyor Frank Butler was seriously injured by being thrown from a load of bridge timbers which he was hauling.

Nathan Conner, aged 60, dropped dead in his barn near Sheridan.

The small son of Frank Blanchard was drowned in the slough at Independence.

Baking Powder Biscuits
Light as a Feather
By Mrs. Janet McKenzie Hill, Editor of the Boston Cooking School Magazine.

Taking Powder Biscuits makes them so far ahead of ordinary baking powder biscuits that, if once tried, you will never use any other recipe. Try it the next time you run short of bread. Save this recipe.

Three cups flour; 1/2 to 3/4 cup shortening; 3 level teaspoonsful K. C. Baking Powder; about 1 cup milk or water; 1 teaspoonful salt.

Sift three times, the flour, salt and baking powder. Work into the flour the shortening, using lard or butter for shortening. Then mix to a very soft dough with the milk. The better the flour enters the oven, the lighter it comes out. Never knead baking powder biscuits; press the dough into shape and roll lightly. Cut in small shapes and bake on a sheet or very shallow pan in a hot oven. In placing biscuits in the pans place well apart, not allowing edges to touch. Small biscuits are better than large ones. Large biscuits do not have the proper amount of time to raise and bake.

Have you seen the new K. C. Baking Powder? It is the only one that simply must be succeeded every time! The four simple directions are carefully followed. You would gladly pay 20 cents for this wonderful bake, yet we send it absolutely free upon receipt of the colored certificate packed in every 25-cent tin of K. C. Baking Powder. JAGGIN, MEYER, CO., Chicago. Small cans do not have Cook's trade certificate.

Notary public at the Itemizer office.

Real Estate Transfers.
Arthur G. Harol to Ella K. Dearborn, 701 acres in 9-8, \$1,000.
Ella K. Dearborn to F. H. Deering, 160 acres in 9-8, \$10,000.
United States to James Deering, 160 acres in 9-7.
James Deering to Charles W. McClure, 160 acres in 9-7, \$10.
Helen A. McClum et al to Chas. W. McClum, 160 acres in 9-7, \$1,000.

La Creole Academic Institute to Polk County, lots in Dallas.
W. E. Gilbert to Graham & Son, lot in College View Homes, 5-5.
A. L. Sperling to W. E. Gilbert, lot in College View Homes, 8-5, \$10,000.
United States to Frank E. Huston, 160 acres 7-8.
Effie E. Jolly et al to D. A. Wright, 80 acres in 8-6, \$10,000.
Wallis Nash et ux to Mary E. Wright, 484 acres in 10-8, \$800.
United States to Frank L. Huston, 160 acres in 7-8.
Frank D. Farnham et ux to John H. and Martha Fitzpatrick, 10 acres in 6-7, \$600.
Samuel Orr et ux to Glen A. Orr, 20 acres in 7-6, \$10,000.
Gideon Stalz, trustee in bankruptcy, to John Atwater, 1 acre in 9-5, \$75,000.
Clarence P. Irvine et al to Standard Oil Co., lot at Independence, \$10,000.
Charles Rheude to John St. Mary Ediger, 23,98 acres, 7-5.
Charles D. Tice to Hattie I. Tice, lot in Falls City, \$10,000.
James A. Taylor to J. H. Truax, 4,75 acres in 9-6, \$1,000.
Lola Nichols et al to Lillie M. Johnson, 5,48 acres in 9-6, \$1,000.
Candance A. Robinson to Frances Fitzgerald, lots in Independence.
Albert Meier to Louise Meier, 7 acres in 7-5, \$1,000.

King Grasshoppers.
The champion aeromast is the king grasshopper, which has the ability to jump 100 times its length. It can also sail for 1,000 miles before the wind. These grasshoppers sometimes go in such numbers that they make a cloud 2,000 miles in extent. Its great front lip bites a pair of jaws as effective as a hay chopper, and it has an appetite as voracious as that of a hippopotamus. A young chick finds itself shut inside the egg-shell and must work its way out alone, but the young grasshoppers did themselves—the whole nestful—shut in a hardened case in the ground made by their mother, and it takes a half dozen of them working together to dissolve the lid which shuts them in.—National Geographical Society Bulletin.

Judging Distance.
Most people are unaware that the apparent distance of an object depends upon the use of both eyes. This fact, however, can be strikingly shown. Place a pencil so that two or three inches project over the edge of a table. Then stand alongside the table, close one eye and attempt to knock the pencil off by quickly hitting the projecting end with the tip of the forefinger. Most invariably the person making the attempt underestimates the distance by an inch or more and, much to his surprise, misses the pencil entirely. One eyed people, accustomed to estimating distances with only one eye, of course have no trouble in hitting the pencil at the first trial.—St. Nicholas.

Story of a Picture.
A picture which attracts everybody's attention at the Tate gallery by its position, its size and its striking beauty is that of a lady riding on a white horse through an archway into a courtyard. She is dressed in a green velvet riding habit of the time of Charles II, with a long red feather in her gray hat. On her left stands a page in an old gold velvet suit, with a dog by his side. This picture has a remarkable history, as well as numerous titles. The catalogue calls it "Equestrian Portrait," but it is also known as "Nell Gwynne," the name given it by Mil-lis, and also sometimes as "Diana Vernon." The fact is that Sir Edwin Landseer left this picture unfinished. He painted the horse and its trappings, intending it for an equestrian portrait of Queen Victoria. But he died and left the picture unfinished, and it was sent to Sir John Millais, who painted his own daughter in this old riding costume, together with the page, the dog and the background. The picture was begun in 1870 and finished twelve years later—London Citizen.

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Magistrate—I understand that you overheard the quarrel between the defendant and his wife. Witness—Yes, sir, Magistrate—Tell me if you can what he seemed to be doing. Witness—He seemed to be doing the listening.—Exchange.

Not to Be Denied.
Crawford—What did your husband know about money, anyhow? Crabshaw—Well, he evidently knew enough about them never to marry one of them.—New York Times.

Everything Lacking.
"Personally we have met some men who if weighed in the balance would be found wanting everything, including the balance."—Galveston News.

Escaping Misch.
"I dictate my novels to a stenographer," stated the eminent novelist. "She types 'em and sends 'em to the publisher. I'm a getting thing for me." "So you mean labor, eh?" "It isn't that. I don't have to read the books; that's what tickles me."—Seattle Post-Intelligencer.

All Light.
"What is light?" queried the teacher of the juvenile class. "Nearly everything we buy from our grocer, papa says," replied the small boy at the foot.—(Chicago) News.

Cookery Points

Independence Day Dainties.
For the creature's entire for the Fourth of July dinner or any other bonnie occasion appropriate for serving in a paper case, cover the ordinary paper case or even small pastebord boxes with grape paper napkins in flag or firecracker design.

An attractive dessert is ice cream foras, made by pressing white cream of any flavor into small cone shapes or small individual bricks, using candied cherries to represent the gun sights and inserting a tiny flag in the top of each. Flag cakes can be purchased in most places at this time of year, and where they are not obtainable through the baker they can be made. Bake a plain cake batter in a large square pan and when cold cut it in squares. Each square is leed with white, and a flag is added in pink icing, with tiny blue candies forming the starry field.

A morning punch, a temperance drink, is delicious if served very cold. It is nothing more or less than strong lemonade with a little pineapple juice added and enough strawberry juice to give it a pink tinge. Small stars, cut from pressed, dried, fruit in the punch, which is served in tall glasses, the stems of which are decorated with tiny flags tied on with ribbon.

Salads for Summer.
Salads should be an important feature of the summer menu. They tempt the appetite and if they are carefully made, are easily digested. They may be nourishing and dainty. They need not be heavy and rich. They can be made to utilize in a palatable way various leftovers. And, most important of all, they suggest a way to utilize almost every one of the wholesome fruits and vegetables of the summer.

A combination salad is a good sort to serve when there are odds and ends of vegetables in the refrigerator. A succession of vegetables—cold boiled peas, string beans, diced beets, diced tomatoes and other leftover vegetables mixed with pressed, dried, fruit and served on lettuce—is an economical salad, for it can be made of whatever vegetables the refrigerator holds.

Strawberry Mousse.
Take for one quart of rich cream one pound of fresh fruit mashed through a fine strainer. Mix with four table-spoonsful of sugar, set the pan over the fire and stir until the sugar is dissolved thoroughly. Remove from the fire and add one-half cup of gelatin which has been dissolved in a little cold water. Stand on ice until thoroughly chilled. Mix two table-spoonsful of powdered sugar and one tea-spoonful of vanilla extract with the cream and whip through a wire whisk by the little chilled strawberry juice sweetened to taste. Pour into a mold, cover very tightly and pack in ice and salt for three hours.

Cherry Salads.
Cherries add a delicious flavor to salads and combine with almost any fruit. To use both red and white cherries adds to the appearance. A delicious salad to be eaten with either French dressing or one made of sugar and fruit juices flavored with either sherry or maraschino is made by combining shredded pineapple, either fresh or canned cherries and sections of oranges. Serve on white lettuce hearts with a dressing of oil, vinegar and lemon juice used no dessert will be needed, especially if chopped or ground nuts are added to the cream cheese of which the balls are made.

Fruit Butter.
The easiest way to make fruit butter is to cook fruit, press through colander, add sugar, pour in a large crock or jar and place in a hot oven. At first put on bottom of oven and when it commences to boil place a slide under it. It requires no stirring and does not splatter stove or burn the hands and makes richer, better butter. When canning peaches use peelings for butter. Peelings from one bushel will make four quarts of butter.

Cantaloupe Split.
Chill cantaloupes, cut in halves, lengthwise, scrape seeds away, fill hollow with vanilla ice cream. Place slices firmly together and lay on ice to freeze. When ready to serve run silver knife between the halves, which separates the fruit, also slicing the cream evenly over each half. Sprinkle with chopped nuts, preserved berries, minced pineapple or any fruit or tutti-frutti preserves.

Sautéed Cucumbers.
Any one who is fond of fried oysters will like these. The largest green cucumbers must be used. As soon as they turn the least bit yellow they become tough and will not do. Pare and slice lengthwise, having the slices an eighth of an inch thick. Dust with pepper and salt, then dip in beaten egg yolk diluted with a tablespoon of milk; cover with flour and fry until tender, and brown.

Pineapple Dainty.
Peel and cut a medium sized pineapple into cubes, add the juice of one-half a lemon, sweeten to taste, then add one-half pound of marshmallows, cut into quarters. Chill thoroughly, fill sherbet cups with the mixture and garnish with a large spoon of whipped and sweetened cream.

Correct For the Dance.
"Dancing has made a trained evening gown almost impossible. Women have got about this difficulty by wearing evening gowns that are really short. These are quite comfortable, for, although they are tight at the lower edge, they are so short that they do not interfere with the ankles in dancing. One of the new devices for the woman who likes to wear a train and likes, also, to dance, is the separate sack train, which is quite distinct from the skirt, and attached at the waist. It can be easily picked up and tucked up out of the dancer's way.

MRS. WALTER L. TOOZE
Suddenly Taken Sick With Muscular Rheumatism.

Mrs. Walter L. Tooze, Jr., of 619 Washington Street, the wife of the well known Dallas attorney, was on Sunday morning early suddenly taken sick with a very severe attack of muscular rheumatism on the right side of the neck. Hard lumps formed in the muscles and the contractions caused so much pain that she could not move her head to the slightest degree. Dr. Toel, who has his office in the same building, was called out of bed and when finding that his patient could not be moved from her bed on account of the excruciating pain the slightest movement caused her, took one of the many electrical machines he has into Mrs. Tooze's room and applied the current to her there.

In 20 minutes Mrs. Tooze was almost entirely free from pain and could move her head around without inconvenience. A few hours later she was up and could cook the family dinner as usual.

This shows best what electricity will do if applied by a physician who has had many years of experience in its use, for Mrs. Tooze had, while Dr. Toel was away during the winter, three different attacks of the same disease. The first time she was in bed four days with the most horrible pain; the second and third times she was bedfast for two days each attack.

Notwithstanding all the treatment she was obliged to suffer for such a long time, while this time she was free of pain after twenty minutes of Dr. Toel's treatment.

But electricity has shown its great value in her family in another way.

On June 12th her little son, 20 months old, underwent an extremely difficult surgical operation at the hands of Dr. Toel.

Dr. Toel performed the operation without shedding a single drop of blood, by means of electricity, and the child was never compelled to stay in bed a single day.

The wounds have long ago been healed perfectly and the child is free of all its nervous trouble now, while Mrs. Tooze claims that her son eats more than twice as much now than before Dr. Toel performed the operation.

Dr. Toel does not confine himself to the use of a single electric machine. He has many different ones and consequently is able to use that particular current which is of most value in treating each particular patient. adv

COULD NOT STAND ON FEET
Mrs. Baker So Weak—Could Not Do Her Work—Found Relief In Novel Way.

Adrian, Mich.—"I suffered terribly with female weakness and backache and got so weak that I could hardly do my work. When I washed my dishes I had to sit down and when I would sweep the floor I would get so weak that I would have to get a drink every few minutes, and before I had my dusting I would have to lie down. I got so poorly that my folks thought I was going into consumption. One day I found a piece of paper blowing around the yard and I picked it up and read it. It said 'Saved From the Grave,' and told what Lydia E. Pinkham's Vegetable Compound has done for women. I showed it to my husband and he said, 'Why don't you try it?' So I did, and after I had taken two bottles I felt better and I said to my husband, 'I don't need any more,' and he said 'You had better take it a little longer anyway.' So I took it for three months and got well and strong."—Mrs. ALONZO E. BAKER, 9 Tecumseh St., Adrian, Mich.

Not Well Enough to Work.
In these words is hidden the tragedy of many a woman, housekeeper or wage earner who supports herself and is often helping to support a family, on meagre wages. Whether in house, office, factory, shop, store or kitchen, woman should remember that there is one tried and true remedy for ills to which all women are prone, and that is Lydia E. Pinkham's Vegetable Compound. It promotes that vigor which makes work easy. The Lydia E. Pinkham Medicine Co., Lynn, Mass.

Now is the time to have your hop checks printed. Leave your order at the Itemizer office.

Quaint Old Welsh Custom.
One of the quaintest of all Welsh customs is the unsheathing of the sword of Taliesin that takes place every year on the shores of Llyn Gwynnydd, near Treiwr, north Wales. A short distance from the lake is a large, flat topped bowlder, supposed to have been Taliesin's pulpit. On this rock the old bard is said to have flourished about 540 A. D. performed his weird religious rites, and ever since the rock has been known as the "Coif of Taliesin." Once a year, in August, a group of bardic assemblers at the "court"—the chief bard standing on the rock and singing verses on a circle of white stones surrounding it. Here the rites are performed solemnly and quietly in the presence of a large crowd. The naked sword is returned to its sheath when the chief bard has ascertained from the people that there is peace in the land. The sword remained unsheathed during the three years of the Boer war. The ancient ceremony is followed by witty and humorous bardic addresses, recitations and songs.

How Manner Counts.
A gracious manner, the expression of that kindly spirit which can reach out unerringly to the careful wisdom, is the quality above all others we should seek to bring out in our characters, for only by so doing can we find the best in life. And it makes the everyday happenings so much more enjoyable, for dullness is frustrated away, and duty gets lost in pleasure.

Afternoon Toilet.
The appropriate costume for the hostess at an afternoon at home is a handsome high necked long sleeved dress of any rich fabric. It may be elaborately trimmed and jeweled with—

All Depends.
"Should a man really go down on his knees before a woman these days?" "It all depends. Seems to be considerable the current thing in show store circles."—Kansas City Journal.

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Not the cheapest but THE BEST
SIMONTON & SCOTT
South of the Court House, Dallas
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