Polk County Itemizer

DALLAS, OREGON

Home and Farm Magazine Section

THURSDAY, JUNE 18, 1914



North Beach Fishing Rocks, Near Ilwaco,-Courtesy of A. B. Slauson, Portland, Oregon,

Summer is here. Simultaneously arrives the vacation season. By train and boat and stage the exodus from the country to the various resorts has begun. The farmer and the countryman are the world's greatest holidaymakers. They seek change. And find it. Travel from the country to vacation centers and bye-spots, is far, far in excess of that from the cities. Your farmer knows the value of a holiday. So does his family. We try to take one day's rest in seven. How much more important is it to take one or more weeks in the fifty-two and devote them exclusively to change and rest. The vacation—its exact location is not so important—restores the wasted tissues, adds years to one's life, reinvigorates and gives life an altogether new and altogether pleasant aspect. If you have never vacationed, begin this year.