

How to Get Rid of Catarrh

A Simple, Safe, Reliable Way, and It Costs Nothing to Try

Those who suffer from catarrh know its miseries. There is no need of this suffering. You can get rid of it by a simple, safe, inexpensive, home treatment discovered by Dr. Blosser, who, for over thirty-four years, has been treating catarrh successfully.

His treatment is unlike any other. It is not a spray, douche, salve, cream, or inhaler, but is a more direct and thorough treatment than any of them. It cleans out the head, nose, throat and lungs so that you can again breathe freely and sleep without that stopped-up feeling that all catarrh sufferers have. It heals the diseased membranes and makes a radical cure, so that you will not be constantly blowing your nose and spitting, and at the same time it does not poison the system and ruin the stomach, as internal medicines do.

If you want to test this treatment without cost, send your address to Dr. J. W. Blosser, 239 Walton street, Atlanta, Ga., and he will send you by return mail enough of the medicine to satisfy you that it is all he claims for it as a remedy for catarrh, catarrhal headaches, catarrhal deafness, asthma, bronchitis, colds and all catarrhal complications. He will also send you free an illustrated booklet. Write him immediately.

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Marble Stains

Can you tell me how to remove grease stains from marble? READER. Make a paste of equal parts of pulverized pumice stone and chalk and as much washing soda as there is of the chalk and pumice stone together. Add water enough to make a paste and spread over the stains. Let it stand a few hours and then wash off with hot soapsuds.

Ink Spots on Leather

There has been spilled on a brown leather pocketbook of mine some ink. Now I value this pocketbook greatly and would like to know if there is any simple remedy to remove the stain? M. E.

To remove the ink make a saturated solution of oxalic acid and water and apply it with a cloth to the spot. As soon as the ink stain disappears apply a cloth wet in clear water. If the color is taken from the leather, as it may be, for the acid is a powerful bleacher, you can restore it with one of the dyes, so common in the market. Match the color of the leather, dilute the dye and touch the spot until the right color is restored.

A Red Sweater

I washed a soiled red sweater for my boy and seemingly ruined it. The greasy, woolly smell and greasy feeling of the garment makes it unfit for use. As it is perfectly good I wish you would tell me what to do for it? A READER.

You evidently did not wash it properly, probably used hard water and ordinary laundry soap. White soap is the best to use with any woolen goods, and a soap is made especially for just such laundering. Try again, using borax and white soap in the hot water, making a good suds. Do not rub soap on the sweater. Let it lie in the hot soapsuds until thoroughly soaked and then press gently with the hands until free from dirt. Rinse in more hot water, in which a little borax has been dissolved, and then press the moisture out of the sweater with your hands and hang in the shade to dry.

White Spots on Table

Will you kindly tell me through the columns of your paper what is good to take out white spots from my dining-room table? MRS. M.

The immediate application of raw linseed oil will usually restore the color. The oil should be left on the spot for several hours, or over night. If the oil does not restore the color, the spot should be repolished with a piece of cheese cloth moistened with turpentine.

What will clean willow furniture? What will remove iron stains from marble? HOUSEKEEPER.

Use salt and water. Apply with a brush and then rub dry.

Wet the marks with oil of vitriol, let it remain fifteen or twenty minutes, then wash off and rub dry with a soft cloth.

Kindly explain in your column the way to enamel a plain zinc bath tub and the necessary articles. Also how to dry rose leaves. How can I take paint spots out of a white dress? Kindly give your candid opinion of my writing. A READER.

Enameling a zinc bath tub would be labor thrown away. I have seen these tubs painted with an enamel paint, but even then they are far from clean and not sanitary. This enamel paint is best used on a foundation of iron, when, with great care, it may be kept presentable.

I put rose leaves in paper bags, where they dry and retain a delicious perfume. Some people use salt. In making a rose jar salt is always added to the accumulating leaves.

Soften and remove the paint with turpentine, then cleanse the spot with soft, warm water and a pure soap.

Keep Fruit from Spoiling

Many housekeepers are not successful in canning fruit, and frequently find their jars running over or "working" a few weeks after being sealed and put away. This may be due to several causes, viz., imperfect fruit, unsterilized cans, or tops that are imperfect and not air-tight. When caused by the latter, it is easily remedied by melting paraffin or sealing-wax and dipping the top of each jar, after it is tightly screwed down, in the melted wax. After allowing it to cool and harden, if any air-holes show dip again. L. L. D.

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- Do you have numb spells?
- Do you have dizzy spells?
- Do you have weak, sinking spells?
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