

Historical Society City Hall PUBLISHED WEEKLY

VOL. XXX.

DALLAS OREGON OCTOBER 21, 1904

NO. 45.

HEALTHY GRAIN

Potash

is as necessary to the healthy growth of grain as grain is to the health of man.

Our valuable books on "Fertilization," sent free to farmers upon request.

GERMAN KALI WORKS
93 Nassau Street
New York

J. L. COLLINS,
attorney and Counselor at Law.
Solicitor in Chancery.
Has been a practitioner of his profession in this place about thirty years, and will attend to all business entrusted to his care. Office, corner Main and Court streets, P. O. box, 10.

J. N. HART
ATTORNEY-AT-LAW.
Room 1, Osfield building.
DALLAS, - - OREGON.

OSCAR HAYTER,
Attorney-at-Law.
Office up stairs in Campbell's building.
DALLAS - OREGON.

N. L. BUTLER
Attorney-at-Law
DALLAS, OREGON.
Will practice in all courts. Office, over bank.

W. F. MUSCOTT,
TRUCKMAN.
Dallas: Oregon
A fair share of patronage solicited and all orders promptly filled.

MOTOR TIME TABLE.

Leaves Independence for Monmouth and Astoria	7:30 a. m.
Leaves Independence for Monmouth and Dallas	1:30 p. m.
Leaves Monmouth for Astoria	5:30 p. m.
Leaves Monmouth for Dallas	5:30 p. m.
Leaves Astoria for Monmouth and Independence	7:30 a. m.
Leaves Dallas for Monmouth and Independence	7:30 a. m.

R. C. GRAVEN, B. E. WILLIAMS,
W. C. VASSALL, assistant Cashier
DALLAS CITY BANK
OF DALLAS, OREGON.

Transacts a general banking business in all its branches; buys and sells exchange on principal points in the United States; makes collections on all points in the Pacific Northwest; loans money and discounts paper at the best rate; allows interest on time deposits.

SALEM, FALLS CITY & WESTERN RAILWAY

TIME TABLE

7:30 p. m. Lv. Dallas	Ar. 9:30 p. m. Salem
1:30 p. m. Lv. Dallas	Ar. 3:30 p. m. Salem
7:30 a. m. Lv. Dallas	Ar. 9:30 a. m. Salem
1:30 p. m. Lv. Dallas	Ar. 3:30 p. m. Salem
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1:30 p. m. Lv. Dallas	Ar. 3:30 p. m. Salem

SOUTHERN PACIFIC TIME TABLE

COVALLIS MAIL-DAILY

7:30 a. m. Lv. Dallas	Ar. 9:30 a. m. Covallis
1:30 p. m. Lv. Dallas	Ar. 3:30 p. m. Covallis
7:30 a. m. Lv. Dallas	Ar. 9:30 a. m. Covallis
1:30 p. m. Lv. Dallas	Ar. 3:30 p. m. Covallis

A. J. MARTIN,
PAINTER,
house, sign and ornamental, grain g, kalsomine and paper hanging.

R-I-P-A-N-S Tablets
Doctors find
A good prescription
For mankind.

THE STOOPING HABIT.

It is One of the Things That Make Men Grow Old Quickly.

Dr. Madison J. Taylor, giving general advice to the aged in the Popular Science Monthly, says in effect that old people do not stoop because they are old, but they get old because they stoop.

The stiffening of the tissues, which is the sign and accompaniment of age, is retarded by exercise. Soft indolence in eating and drinking and in lazy ways is the sure road to senility. "I have often been surprised and gratified," writes the doctor, "to find that regulated movements of the neck and upper trunk muscles, employed for the purpose of accomplishing something else, resulted in a conspicuous improvement in hearing, in vision, in circulation and, as a consequence, in a betterment in cerebral circulation, also in sleep.

"Persons who habitually maintain an erect position in standing or sitting are stronger than those who stoop. A person who stoops and allows the shoulders to sag down and forward and the ribs to fall back toward the spine shortens the anteroposterior diameter of the thorax anywhere from two to five inches. The lungs, heart, great vessels and other important structures in the thorax cannot live, move and have their proper being under such circumstances."

Wherefore the proper thing for persons who are not so young as once they were is to brace up, dress young and feet young, sitting "hunched up" over a fire won't do.

Who It Was.

A well known New York clergyman was telling his Bible class the story of the prodigal son at a recent session, and in telling to emphasize the disagreeable attitude of the elder brother on that occasion, he laid especial stress on this phase of the parable. After describing the rejoicing of the household over the return of the wayward son, he spoke of one who, in the midst of the festivities, failed to share in the jubilation of the occasion.

"Can anybody be the class," he asked, "tell me who this was?"

A small boy, who had been listening sympathetically to the story, put up his hand.

"I know," he said beamingly; "it was the fattest cat!" - Harper's Weekly.

WORLD'S FAIR CONTEST.

Rose Bronkin	9,556
Nora Robertsen	9,166
Halle Reynolds	1,012
Bessie Muscott	81
Lillie Baxter	351
Rena Hope	10
Augusta Miller	8
Pauline Nesmith	7
Mrs. Dennis	1
Mrs. Dunkleberger	1
Mrs. Hopkins	1

Chamberlain's Cough Remedy.

No one who is acquainted with its good qualities can be surprised at the great popularity of Chamberlain's Cough Remedy. It not only cures colds and grip effectually and permanently, but prevents these diseases from resulting in pneumonia. It is also a certain cure for croup. Whooping cough is not dangerous when this remedy is given. It contains no opium or other harmful substance and may be given as confidently to a baby as to an adult. It is also pleasant to take. When all of these facts are taken into consideration it is not surprising that people in foreign lands, as well as at home, esteem this remedy very highly and very few are willing to take any other after having once used it. For sale by Wilson Drug company.

RIGS THAT RUN

We are showing the best assortment of buggies, driving wagons and vehicles of every sort that has ever graced the floor of this old reliable implement house. There are the very popular cushion tired runabouts in all grades, the hard rubber tired rigs, the hacks, surreys, and delivery wagons. Call and see them.

F. A. Wiggins IMPLEMENT HOUSE
252-257 Liberty street, Salem. Farm machinery, vehicles, automobiles, bicycles, sewing machines and supplies.

L. N. WOODS, M. D.
Physician and Surgeon,
Dallas, Oregon.

J. E. SIBLEY, H. C. EAKIN,
SIBLEY & EAKIN,
Attorneys-at-Law.
We have the only set of abstract books in Polk county. Reliable abstract furnished, and money paid. No commission charged on loans. Rooms 2 and 3 Wilson's block, Dallas.

Ayer's

Do you like your thin, rough, short hair? Of course you don't. Do you like thick, heavy, smooth hair? Of course you do. Then why

Hair Vigor

not be pleased? Ayer's Hair Vigor makes beautiful heads of hair, that's the whole story. Sold for 60 years.

"I have used Ayer's Hair Vigor for a long time. It is indeed a wonderful hair tonic, restoring the hair to its natural condition, and, at the same time, proving a splendid dressing." - Dr. J. W. Taylor, Med. D., Ind. T.

Weak Hair

TRIPLE FLOWERS

HARDY RHODODENDRONS.

Collected and Shipped From their Natural Habitat - The Hybrids.

While the hybrid rhododendrons must produce the varied coloring that is sought for from this class of plants there has been a revolution of feeling as to the use of these plants within the last few years, due to the extensive production and successful cultivation of collected plants of Rhododendron maximum. The collecting and shipping of this plant, together with that



RHODODENDRON HYBRID MINNIE

of *Kalmia latifolia*, have become an industry of considerable importance where these plants grow naturally.

Rhododendron maximum will stand shade with less injury than any other species, though, on the other hand, it will thrive in sunny exposed situations where few other plants will succeed.

Plants are collected in sizes varying from two feet to twelve feet in height and as great in diameter, and the result is that, whereas a few years ago it was necessary to wait an indefinite period for the hybrid rhododendrons to reach a satisfactory height, it is now possible to produce an immediate effect with Rhododendron maximum and supplement the plantations with the more expensive hybrid varieties in much lessened quantities and for the purpose of adding to the earliness and length of bloom and for coloring effects.

THOMAS A. EDISON, the inventor, in mapping out the problem of the necessity of fighting the bacteria which cause malaria, yellow fever, and other fevers, discovered that the invisible germs of disease are the most dangerous enemies of man. The mosquito which bites injects into our veins malaria, yellow fever, and other fevers. The fly, with its sticky feet, carries them over our food and poisons us with typhoid, cholera and other plagues of the human race.

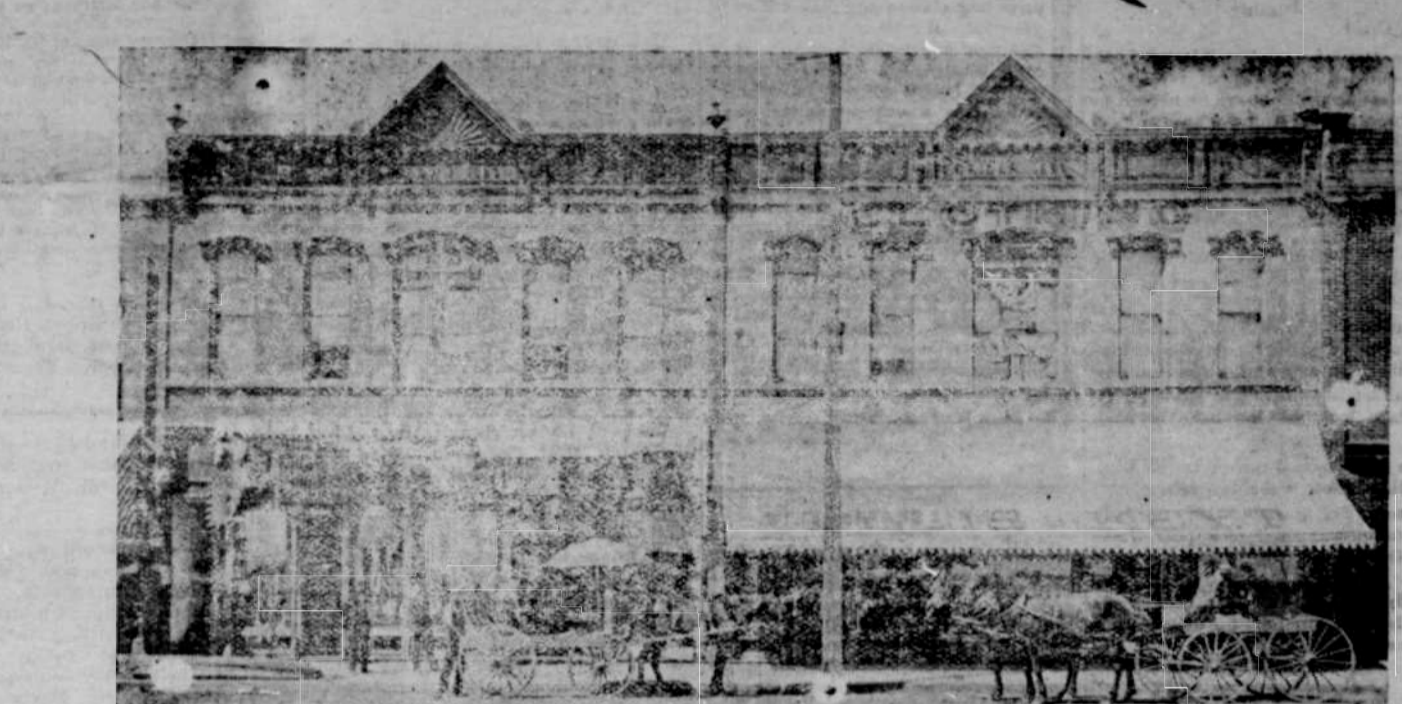
Dr. Pierce, the eminent physician of Buffalo, N. Y., says, "If each person will consider his system as an army of men who he controls as a general, and will see to its proper provisioning and that it has plenty of ammunition in the shape of good red blood, he will be able to overcome the enemy in these forms of disease." Every healthy man has five million red blood corpuscles to every square millimeter of blood. The best tonic for increasing the red blood corpuscles and building up healthy tissue is no doubt Dr. Pierce's Golden Medical Discovery. This medicine has been on the market for over a third of a century and numbers its cures by the thousand.

Many popular patent medicines or tonics are made up largely of alcohol and will shrink the corpuscles of the blood and make them weaker for resistance. What is needed is an alternative extract, like Dr. Pierce's Golden Medical Discovery, made of roots and herbs, without one drop of alcohol, that will assist the stomach in assimilating or taking from the food such elements as are required for the blood, when an alternative that will assist the activity of the liver and cause it to throw off the poisons in the blood. When we have accomplished this we have put the system in a fortified condition so strong that it can repel the germs of disease, which we find everywhere - in the street-cars, the shops, the factories, the bedrooms, wherever many people congregate, or where sunlight and good air do not penetrate.

Accept no substitute for "Golden Medical Discovery." There is nothing "just as good" for diseases of the stomach, blood and lungs.

Neglected constipation means headache, heart-burn, sour stomach, foul taste in the mouth, biliousness, pimples, and palpitation of the heart. Constipation is promptly cured by Dr. Pierce's Pleasant Pellets. One for mild cases, otherwise two.

THE BIG STORE



OUR FALL WRAPS ARE NOW IN PLEASE CALL AND SEE THEM

DRESS MATERIAL IS NICER THAN EVER THIS FALL WE HAVE ALL THE NICEST THINGS

REMEMBER, YOU GET 55 CENTS FOR YOUR HOP CHECKS

ELLIS & KEY

DALLAS, OREG.

HYGIENE OF TEMPERANCE.

British Doctors Want Evil Effects of Alcohol Taught in Public Schools.

The enormous response to the medical petition in favor of compulsory teaching of hygiene and the principles of temperance in the schools of Great Britain speaks well for the profession. Fourteen thousand two hundred and fifty signatures have been received, a greater number accompanied with expressions of hearty approval and earnest wishes to help forward the movement locally or in any other way by bringing the subject before the attention of the local education authorities, chairmen of county councils, etc. Some of the letters were very pathetic, as the writers saw clearly that such teaching would mean so much less illness and consequently less need for medical care and treatment that incomes would be seriously cut down. As regards this point the British Medical Temperance Review says:

"This argument, cogent as it appears at first sight, does not seem sound economics. Doctors will share in any general increase of welfare and prosperity. But these very letters are perhaps the most striking testimony to the fact that the condition of thousands in this country is due to preventable causes. We of the British Medical Temperance association know well the place that is taken by opium, but inevitably, when the petition is being dealt with. We know the enormous amount of degeneration and disease due to the consumption of alcohol, and also that there is still very widespread ignorance as to the harm it produces, slowly perhaps, but inevitably, when taken in excess moderation, as the customary beverage."

Leaf Spots of the Currant.

The fungi causing leaf spot of currant and gooseberry are common and destructive to the foliage. Affected leaves at first show small brownish spots during June or July, and by August the foliage begins to drop. It is not unusual to see the leaves entirely defoliated by this disease long before frost. Thus the plants are prevented from making a complete growth or of properly perfecting the fruit buds. The spores of these diseases are produced on the dead portions of the diseased leaves, on which the fungi also hibernates.

It has been found possible to reduce the attacks of these fungi to a great extent by the use of fungicides, applied at intervals of two or three weeks during the growing season, the first application to be made early in June. Even two or three applications will materially reduce this trouble. The spray used early in the season, while the fruit is on, should be of the clear mixture, so as to avoid staining the berries. After harvest Bordeaux mixture may be substituted.

Pinet, Imprisonment or cure.

Habitual drunkards after conviction in Montreal are now given the option of paying a fine, imprisonment or taking a cure.

MARKET REPORT.

REPORTED WEEKLY BY LOUGHARY & ELLIS

Wheat, per bushel, 80c.
Barley, per ton, \$20
Shorts, per ton, \$23.
Oats, per bushel, 40 cts.
Flour, per barrel, \$4 20.
Flour, per sack, \$1 10.
Corn meal, \$2 50 per cwt.
Potatoes, per bushel, 75 cts.
Butter, per pound, 25 cts.
Lard, per pound, 12 1/2 cts.
Bacon, sides, per pound, 15 cts.
Hams, per pound, 16 cts.
Shoulders, per pound, 9@11 cts.
Eggs, per dozen, 25 cts.
Chickens, per dozen \$3@45
Dried fruits, per pound, 3@10 cts.
Beets, per pound, 1 1/2 cts.
Turnips, per pound, 1 1/2 cts.
Cabbage, per pound, 2 1/2 cts.
Onions, per pound, 3 cts.
Beans, per pound, 4@5 cts.
Corn meal, per pound, 3 cts
Hay, per ton, \$8@12.

THE Aims of All Men.

One thing ought to be aimed at by all men: That the interest of each individually and of all collectively should be the same, for if each should grasp at his individual interest all human society will be dissolved. - Cicero.

LABOR NOTES.

The International Brotherhood of Teamsters now has over 100,000 members and 500 local unions. The annual convention meets in Cincinnati in August.

Portsmouth (N. H.) musicians are planning the organization of a union in that city, and nearly all are favorable.

TOILERS OF SIBERIA.

Work Under Conditions That Labor Unions Make Impossible.

They do not have labor unions in Siberia, and conditions there as a consequence are much the same as would prevail in this country if the trusts were successful in the war they are constantly waging for the extermination of the unions.

Of course in Siberia the workmen are prisoners, but they nevertheless enjoy as full a measure of liberty as the men who control the great aggregations of capital in this country would grant to their employees if the unions did not stand in their way.

Whisky a Cause of Typhoid.

Whisky drinking as one of the causes of typhoid fever was given by Dr. George W. Webster, president of the state board of health of Illinois, in an address before the Young Men's Christian association in Chicago. The only safe prevention, Dr. Webster averred, was pure drinking water, the keeping of the digestive system in perfect condition and the maintenance of a high state of vitality. "Do not drink whisky if you wish to avoid typhoid fever," said Dr. Webster. "It lowers the vitality and prevents perfect digestion. There is nothing more conducive to stomach troubles than whisky. A low vitality and imperfect digestive organs invite typhoid fever."

Effect of Drink on Work.

Arthur Chamberlain, an English manufacturer and brother of Joseph Chamberlain, M. P., in a recent speech said the only competitor he was afraid of was the United States, and he feared it only because of its superior education and the fact that the people of that country drink only half as much intoxicating liquor as Englishmen.

No Saloons on College Property.

The University of Chicago has ruled that "property owned by the university must not be used for saloon purposes." Under this ruling a saloon keeper in the Security building has been ordered to vacate.

Skin Protection When Spraying.

Gasoline is now strongly recommended for the protection of the skin when spraying. Applied thoroughly upon the hands and face, well rubbed over the eyes so that the eyelids and eyebrows are covered, it will throw off the off a duck's back. The operator should, however, wear gloves.

Horticultural Notes.

A ginseng plantation near the southeast corner of the Horticultural building is one of the up to date features of a simple occurrence, discriminating between colors, and so forth. And the singular result, well established and confirmed, is that alcohol delays the rapidity and impairs the accuracy of these processes while producing the most convincing illusion of ease and rapidity. The calculator has a subjective impression of facility which the cold clock entirely fails to confirm."

Wife Can't Go to Drunkard.

The estate of the Rev. Willis F. Odell, until recently pastor of Calvary Methodist Episcopal church, Seventh avenue and One Hundred and Twenty-ninth

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