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Send for "How to Preserve, Purify, and Beautify the Skin, Scalp, Hair, and Hands."

CHURCH DIRECTORY.

Preaching hours at 11 and 7:30.

M. E. CHURCH.

Preaching Sunday morning and evening. Sunday school at 9:45. Epworth league at 6:30. Prayer meeting Thursday evening.—Jas. Moore, pastor.

BAPTIST CHURCH.

Preaching Sunday morning and evening. Sunday school at 10. B. Y. P. U. at 6:30. Prayer meeting Wednesday evening.—J. M. Green, pastor.

PRESBYTERIAN CHURCH.

Preaching Sunday morning and evening. Sunday school at 10. Christian Endeavor at 6:30. Prayer meeting Thursday evening.—W. T. Wardle, pastor.

CHRISTIAN CHURCH.

Preaching Sunday morning and evening. Bible school at 10. Senior Christian Endeavor at 6:30. Bible class and prayer meeting Thursday evening.

EVANGELICAL CHURCH.

Preaching Sunday morning and evening at the Dallas college chapel. Sunday school at 10. Christian Endeavor at 6:30. Prayer meeting Thursday evening.—A. A. Winter, pastor.

From Turin comes now the latest device in street paving, which substitutes for asphalt a kind of parquet of tiles that are made of sand worked up with coal tar pitch. The tiles are laid on a basis of broken limestone and the joints filled in with asphalt. The result, which is cheaper than stone, asphalt or wood and about the same price as macadam, is very durable. It is said to be very elastic and quiet. It has been tested to resist a pressure of 7,500 pounds to the square inch.—London Post.

Administrator's Notice.

NOTICE IS HEREBY GIVEN THAT THE UNdersigned was on the 28th day of May, 1904, by the county court of Polk county, Oregon, appointed administrator of the estate of F. E. Weider, late of Polk county, Oregon, deceased. All persons holding claims against the said estate are notified to present the same, duly verified as required by law, to the undersigned in Salem, Oregon within six months from the date of this notice.

Dated this 1st day of June, 1904.

Z. J. RIGGS,
Administrator of the estate of F. R. Wetzler, deceased.

Corvallis and Eastern Railroad.

TIME CARD NO. 24.

No. 2 for Yaquina:
Leaves Albany ..... 12:45 p m
Leaves Corvallis ..... 1:45 p m
Arrives Yaquina ..... 5:40 p m
No. 1 returning:
Leaves Yaquina ..... 7:15 a m
Leaves Corvallis ..... 11:30 a m
Arrives Albany ..... 12:15 p m
No. 3 for Detroit:
Leaves Albany ..... 1:00 a m
Arrives Detroit ..... 6 00 p m
No. 4 from Detroit
Leaves Detroit ..... 6:30 p m
Arrives Albany ..... 11 25 p m

Train No. 1 arrives in Albany in time to connect with the S. P. southbound train, as well as giving two or three hours in Albany before departure of S. P. Northbound train.

Train No. 2 connects with the S. P. trains at Corvallis and Albany giving direct service to Newport and adjacent beaches.

Train No. 3 for Detroit, Breitenbush and other mountain resorts leaves Albany at 1 p m, reaching Detroit at about 6 p. m

For further information apply to,

EDWIN STONE,
Manager.

T. Cockrell, agent, Albany.
H. H. Cronise, agent, Corvallis.

AUTUMN COLT OR CALF.

It Has a Decided Advantage Over One Born in the Spring.

In my opinion, the autumn colt or calf has a decided advantage over one born in the spring of the year, says E. E. Rockwood in the Breeder's Gazette. It is almost certain to excel in size and thriftiness at six months, and this for several reasons. The summer is very trying to any young animal unless it has more than ordinary care. Pastures are often not of the best, flies torment, and the heat is debilitating.

Take the case of a colt foaled in the fall. October is a good month for this. The dam has finished her summer's work and can be kept in a loose stall with a small yard or paddock for exercise after winter sets in. If turned on pasture with her spring foal, she will not get as good nourishing food as she will in winter, and without that in abundance no foal will attain best growth and development. Then, too the young things soon learn to eat grain where the dam is regularly fed and should have their own ration of ground oats as soon as they are old enough to nibble it.

"As wild as a hawk" is usually the condition of the weanling colt if it has been at pasture all summer. When it is in the barn and has a chance to become acquainted with the family, it will be tame and easily handled from the very first.

The advantages of the autumn calf are not less evident. The average calf pasture is a delusion—a place grown up to burdocks and mayweed, often with nothing to break the heat of the sun, where the poor creatures are doomed to stay and fight flies all summer. The winter calf escapes all this. In a box stall, which need not be large, it can eat clover hay or silage and have its grain regularly, only a little, to be sure, but just as essential to growth and development as if the quantity were measured by quarts instead of handfuls. It is not wearing itself out fighting flies, and the chances are that the milk it receives will be in better condition than it would be in summer.

To be sure, it means a little extra work. The stables must be cleaned and kept well littered with straw, but there is usually plenty of time for this in winter. It does a man good to get acquainted with his stock, and the greater the amount of care bestowed on it the better the results. The way those winter calves grow will be very gratifying, and when the time comes to turn them on pasture they will be sleek and fat, far ahead of calves at the same age dropped in the spring and kept on grass. If only all farmers realized the importance of keeping young stock growing there would be fewer stunted colts, calves and pigs.

Sheriff's Sale.

Notice is hereby given that by virtue of an execution and order of sale duly issued out of the circuit court of the state of Oregon for the county of Polk, on the 10th day of June, 1904, to me directed, upon a judgment rendered on the 9th day of May, 1904, which judgment is in favor of John I. Montgomery, plaintiff, and against E. H. Watkins and Arthur H. Watkins, defendants, and by which execution I am commanded to sell the following real property of said defendants, as described in said execution, to-wit: Beginning at the southwest corner of the donation land claim of T. C. Thorp, Not. No. 6,743, claim No. 55, and running thence south 10 chains, thence west 15.20 chains, thence north 40 chains, thence east 15.20 chains, thence south 30 chains to the place of beginning. Also beginning at the quarter section corner between sections 19 and 20, thence south 20 chains, thence east 14.50 chains, thence north 19.50 chains, thence east 8.03 chains, thence north 50-100 chains, thence west 22.53 chains to the place of beginning, all of said lands being in section 20, township 8 south, range 6 west, of the Willamette meridian in Polk county, Oregon, together with the tenements, hereditaments and appurtenances thereunto belonging, or in any wise appertaining. Also lot one in block 1 in the town of Falls City (South side), in the county of Polk and state of Oregon, as the same is platted and of record, together with the tenements, hereditaments and appurtenances thereunto belonging, or in any wise appertaining. Therefore, I will on

Saturday, July 23, 1904,

at the hour of 2 o'clock, p. m., of said day, at the front door of the court house in Dallas, in said Polk county, State of Oregon, sell at public auction to the highest bidder for cash in hand, all of the right, title and interest of the said defendants, or either of them, of, in and to said real property, or so much thereof as may be necessary to satisfy said judgment, viz: Three hundred, twenty and 25-100 ($320.25) dollars, with interest at the rate of 6 per cent per annum from the 9th day of May, 1904; also thirty-five ($35) dollars as attorney's fee, and the further sum of eleven and 60-100 ($11.60) dollars for costs and disbursements, and the accruing costs upon said writ.

Dated this 24th day of June, 1904.

J. T. FORD,
Sheriff of Polk county, Oregon.

Sheriff's Sale.

NOTICE IS HEREBY GIVEN THAT by virtue of an execution and order of sale duly issued out of the circuit court of the state of Oregon for the county of Polk, bearing date the 10th day of June 1904, to me directed, upon a judgment duly rendered on the 9th day of May, 1904, which judgment is in favor of Mrs. John I. Montgomery, plaintiff, and against E. H. Watkins and Arthur H. Watkins, defendants, and by which execution I am commanded to sell the following real property of said defendant, as described in said execution, to-wit: Beginning at the southwest corner of the donation land claim of T. C. Thorp, Not. No. 6743, claim No. 55; and running thence south 10 chains; thence west 15.20 chains; thence north 40 chains; thence east 15.20 chains; thence south 30 chains to place of beginning. Also beginning at the ¼ section corner between sections 19 and 20; thence south 20 chains; thence east 14.50; thence north 19.50 chains; thence east 8.03 chains; thence north 50-100 chains; thence west 22.53 chains to the place of beginning, all of said lands being in section 20, township 8 south, range 6 west of the Willamette meridian, in Polk county, Oregon, together with the tenements, hereditaments and appurtenances thereunto belonging, or in any wise appertaining. Also lot 1, in block 1, in the town of Falls City (south side), in the county of Polk in the state of Oregon, as the same is platted and of record, together with the tenements, hereditaments and appurtenances thereunto belonging, or in any wise appertaining, therefore I will on

Saturday, July 23, 1904

at the hour of 1 o'clock, p. m. of said day at the west door of the county court house in Dallas, Polk county, Or. sell at public auction to the highest bidder for cash in hand all of the right, title and interest of said defendant, or either of them, of, in and to said real property, or so much thereof as may be necessary to satisfy said judgement, viz: Six hundred, ninety one and ninety-two one hundredths ($691.92) dollars, with interest at the rate of 6 per cent per annum from the 9th day of May 1904, also seventy-five ($75) dollars as attorney's fees, and the further sum of ten ($10) dollars for costs and disbursments, and the accruing costs upon said writ.

Dated this 24th day of June, 1904

J. T. FORD,
Sheriff of Polk county.

Sheriff's Sale.

NOTICE IS HEREBY GIVEN THAT by virtue of an execution and order of sale duly issued out of the circuit court of the State of Oregon, for Polk county, on the 11th day of June, 1904, to me directed, upon a judgment rendered on the first day of June, 1904, which judgment is in favor of the Washington National Building, Loan and Investment association, a corporation, plaintiff, and against Mary C. Martin, defendant, and by which execution I am commanded to sell the following real property of said defendant, as described in said execution, to-wit: Lot No. two (2) in block No. eleven (11) in Leven's La Creole Home-stead addition to the town of Dallas, in Polk county, Oregon. Therefore, I will on

Saturday, July 23, 1904,

at the hour of 3 o'clock, p. m. of said day, at the front door of the Court House in Dallas, in said Polk County, state of Oregon, sell at public auction to the highest bidder for cash in hand, all the right, title and interest of said defendant, of, in and to said real property, or so much thereof as may be necessary to satisfy said judgment, viz: Six hundred, fifty-three and 50-100 ($653.50) dollars, with interest at the rate of 6 per cent per annum from the first day of June, 1904, also one hundred ($100) dollars as attorney's fee, and sixteen ($16) dollars for costs and disbursements, and the accruing costs upon said writ.

Dated at Dallas, Oregon, June 24, 1904.

J. T. FORD,
Sheriff of Polk County, Oregon.

The Story of Toledo Cathedral.

The cathedral of Toledo is perhaps the finest architectural glory that Spain can boast. The site was occupied by at least three churches before the erection of the present building, the first one, according to popular legend, having been erected during the lifetime of the Virgin Mary and visited by her. Of this church we know nothing. The second was pulled down in 1032. The third was finished in 1085 and was occupied by the Moors for many years as a mosque. Afterward it was the cathedral of Spain, until in the early part of the thirteenth century Alfonso IX. had it pulled down and the present one erected in its stead. It is 404 feet long and 204 feet wide, is built from material quarried in the neighborhood and is of the purest Gothic. It was designed by Pedro Perez Diaz, who supervised its erection for nearly fifty years and consecrated his life to it. During the five centuries after his death more than 150 architects were employed upon it, and for 266 years the work was uninterrupted.—St. James Gazette.

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CIRCULATION DEPARTMENT

THE GOAT HERD

A prominent goat breeder of Arizona in a letter to Secretary Fulton importunes the American Angora Goat Breeders' association to exert its influence in behalf of fair and equitable recognition of the rights of Angora owners in his section.

The writer states: "A forest reservation has been laid off in this part of Arizona, and, although as yet not legally declared as such, the goat men are being compelled to move their flocks, while horses and cattle are allowed to remain, notwithstanding the time and time again well proved fact that the Angora does not do the injury that is too frequently claimed."

The writer declares that "one-twentieth part of the proposed reservation does not show timber enough to be called timber, and one-tenth of it has oak brush, while the balance is locally known as desert country. The report is being circulated that settlers within the 'reserve' must not only abandon their homes, but must also forfeit the improvements on their ranches, and that it seems harsh discriminating treatment toward the Angora men when in reality the country here is fit for no other kind of stock."

The writer trusts the department is advised of the true situation and, if so, that such action will be taken as to assure justice to the Angora breeders.

Spanish Maltese Goats.

The Spanish Maltese goats are very hardy and prolific and are considered the most perfectly healthy of domestic animals, says American Agriculturist. As brush destroyers they are equal to the Angoras, some considering them superior because they are larger and stronger. While there is no established system of registration, great care is constantly exercised to keep the breed up to a high standard of perfection.

The goats are especially valuable for their milk. Apart from its medicinal qualities, it is excellent for coffee and gives satisfaction for table use, while a few drops in a cup of tea are equal to a teaspoonful of cream.

The Industry Not Collapsing.

When a single mohair manufacturing plant down in Maine, with buildings equal to a good sized village, equipped with the most perfect of up to date machinery and employing nearly 3,000 skilled men and women in the manufacture of more than a score of different fabrics, absorbing over 70 per cent of the 2,000,000 pounds of American grown mohair, is compelled to import around 500,000 pounds of Turkish hair to keep its machinery in motion and fill pressing orders for its goods, is no time for croaking over the "collapse" of the Angora and mohair industry in the United States.—American Sheep Breeder.

Encouraging the Angora.

The Inner Chetwode island, New Zealand, of about 600 acres in extent, and a nearby island of about 200 acres have been set aside as a reserve for the breeding of Angora goats.

Sewing Machine Fans.

Among the new patents is a fan attachment for the sewing machine that will aid the seamstress to do her work in more comfort than is otherwise possible for her to do it. The new fan is fitted to the top of the arm of the machine and about on a level with the face of the operator. When the machine is running the fan revolves with tremendous rapidity and cools the fevered brow of the seamstress. As an assistance its value could hardly be overrated, as any one who has had a hard day's work on a machine could testify. A lever arrangement allows the fan to be thrown out of gear when desired, so that it does not necessarily run all the time if its services are not wanted. A commendable feature of the attachment is that it does not impose additional work on the seamstress, and no extra energy has to be put forth to run the machine on its account.—Washington Post.

Exercise For Women.

A physician remarks apropos of the question of exercise for women that exercise may be taken under conditions that will defeat its best effects, as, for instance, just after a hearty meal or when one is in a tremendous hurry. To rush about in the open air from one appointment to another, while it certainly is exercise in the sense that it uses some of the muscles, does not produce the beneficent results that a brisk walk devoid of any sense of haste or nervous pressure would have. To rise from the table and skurry for a train may technically come under the head of exercise in the open air, but it is not such properly. It is impossible to digest food, exercise and attend to business all at the same time, and the nervous waste entailed in trying to do it quite destroys the good that should have been derived from the exercise.

Expects to Return.

"So she has started on a life journey into matrimony, has she?"

"Well, I guess it is only an excursion trip."—Brooklyn Life.

Through Women's Eyes.

As a finely dressed woman entered the "L" train every other woman in the car eyed her clothes closely. "There," said a man to his wife, who was making a close inventory of the new arrival's dress, "that is what I don't like about women. They display such interest in other women's clothes. You see it everywhere—in parlors, at receptions and balls and in public conveyances. You never see men acting that way. I am inclined to believe this is owing to men's finer judgment as to what is proper. They know that to take note of another's dress is the height of bad manners, and they abstain from doing it."

"It is very nice of you, of course, to praise your own sex so," said his wife, "but your explanation is utterly wrong. The reason women notice one another's clothes is that every woman is practically a dressmaker, and when she sees a dress she views it with the interest of a professional."—New York Press.

Confederate Coinage.

It is a matter of history that the entire coinage of the Confederate states consisted of four half dollar pieces. The obverse side had a goddess of liberty (same as United States coins) in an arc of thirteen stars, in her right hand a shield of conventional design with "Liberty" thereon and below the date, 1861. On the reverse side was an American shield beneath a Liberty cap, the union containing seven stars—representing the seven seceding states—the whole surrounded by a wreath; at the left cotton in bloom, at the right sugar cane. The legend was "Confederate States of America." In the exergue, "Half Dol." The borders were milled and the edge was serrated.—New York Tribune.

Old Time Grave Robbers.

Under the laws of Draco, the most severe code ever drawn up, all grave robbers were put to death without trial. The old Athenian laws put a slave to death for disturbing a body after interment, but in the case of a freeman a "confiscation of a moiety of his possessions" was the penalty. Constantine decreed that a woman might obtain a divorce if she could prove that her husband had disturbed the remains of the dead. At one time (in the time of the seventh and eighth Henrys) the English law held that "it is deemed unlawful to open a grave for a second person, except for a husband or wife."

Vegetables of Liberia.

The most common vegetables of Liberia are the sweet potato, cassada, yam and tania. The cassada is a root varying in size from three to eight inches in length and from three to eight inches in circumference. When it is cooked it tastes very much like a fresh chestnut. This root is the vegetable most extensively cultivated by the natives and forms, with the rice, their chief diet. The fecula of the cassada is made from tapioca.

Stage Managers.

Stage managers still consider it necessary to keep the actors bustling about the stage in a meaningless, unnatural and distracting manner. In life I do not speak three or four sentences to my friend at one side of the room and then with him elaborately cross the room before I continue my discourse. Why should I do so on the stage?—London

New Year's In Japan.

Most of the people you meet on the Japanese New Year's day are carrying a squashed salmon with a piece of paper tied round its waist by a paper string which holds a little gold paper kite. That kite means that the thing is a present and has not to be paid for. Those who are not carrying crushed salmon or taking up the street in giving correct New Year's salutations are playing battledoor and shuttlecock.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Chas. H. Fletcher and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhœa and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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Chas. H. Fletcher.

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THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Practical Temperance Work.

Orders have been issued by President Corrigan of the Metropolitan Street railway of Kansas City, Mo., that coffee urns be installed at all cable line terminals and hot coffee served to gripmen on demand without charge. The movement is to keep the men from drinking whisky during the cold weather to keep them warm. "We will save the cost of a year's coffee by escaping the slightest personal accident. It will be better for the men and their families and cheaper for the company," said Mr. Corrigan. The coffee is to be sweetened, but it is not to have milk in it.

BRIGHT'S DISEASE.

The largest sum ever paid for a prescription changed hands in San Francisco, August 30, 1901. The transfer involved in coin and stock $112,500, and was paid by a party of business men for a specific for Bright's disease and diabetes, hitherto incurable diseases.

They commenced the serious investigation of the specific November 15, 1900. They interviewed scores of the cured and tried it out on its merits by putting over three dozen cases on the treatment and watching them. They also got physicians to name chronic, incurable cases, and administered it with the physicians for judges. Up to August 25th 87 per cent of the test cases were either well or progressing favorably.

There being but thirteen per cent of failures, the parties were satisfied and closed the transaction. The proceedings of the investigating committee and the clinical reports of the test cases were published and will be mailed free on application. Address John J. Fulton company, 409 Washington street, San Francisco, California.

Countries as Presents.

Cleopatra received Egypt as a present from Julius Cæsar. Lucullus, Sulla and Pompey each gave away half a dozen kingdoms. Antony gave the little kingdom of Judæa to Herod. One of the excellent stories of the past is that the Emperor Constantine gave Rome and all Italy to Pope Sylvester, who cured him of leprosy. King John, called Lackland, being excommunicated by Pope Innocent III., gave to that pope and his successors the kingdom of Ireland and England. The deed reads, "Not constrained with fear, but with my full consent and the advice of my barons, for the remission of my sins against God and the church, I resign England and Ireland to God, St. Peter, St. Paul and our lord the Pope Innocent, and to his successors in the apostolic chair." Julius II. gave the estates of King Louis XII. to the Emperor Maximilian. Sixtus V., Gregory XIV. and Clement VIII. were ready to make a present of France to whomsoever Philip II. would have chosen for the husband of his daughter Clara Eugenia. Alexander VI. presented the East and West Indies to Spain and Portugal, which was like giving almost all the earth.

The Birch.

Old writers in mentioning birch trees seldom failed to say solemnly that they were useful to grow branches with which to give boys thrashings. Turner regards the supply of "flexible, pendent branches" for purposes of punishment as the chief merit of the tree. Coles also based his estimate of the birch chiefly on its use in the supply of rods as instruments of punishment, for he writes: "The civil uses whereunto the birch serveth are many, as for the punishment of children, both at home and at school; for it hath an admirable influence upon them to quiet them when they are out of order, and therefore some call it makepeace." In ancient Rome the fasces of the lictors, with which they cleared the way for magistrates, were formed with rods of birch, and their influence was sufficient to insure a rapid dispersion of men assembled where they would impede the passage of the administrators of the law. From that time to within a comparatively recent period the birchen rod was regarded as one of the most important deterrents of juvenile depravity.

A Japanese Mimic.

A jolly little story is told by a contributor to an English paper about a curious faculty the Japanese have of imitating animals. "I remember some years ago," she says, "being at a Christmas juvenile party when a nephew of the mikado was present. The young prince got himself up by means of a muff, a sable mantle and a boa for a tail to look like some extraordinary feline and then crawled into the room where the Felis domestica was enjoying the hearth rug before the fire. There was something so sinuous and lifelike in his movements that the wretched grimalkin almost flew up the chimney with terror."

The Retort Disdainful.

Ellen Terry, the famous English actress, in the kindness of her heart once took a girl out of the poorhouse to train as a servant. But she was altogether hopeless and was continually breaking plates, dishes and everything she laid hands on, until Miss Terry thought that in time she might break her, so she dismissed her. But, not wishing the girl to come to any harm, when she was going away she asked her what she was going to do for a living. "Oh," she said disdainfully, "if the wust come to the wust, I can go on the stage."

One Sense Keen.

Rob—Say, Bob, loan me $100, will you? Bob—Why, man, have you lost your senses? Rob—Nope; at least not my sense of touch.—Yale Record.

Attractiveness of New Friends.

Edmonia—How you do love to make new friends! Eustacia—Yes, they are so much more polite than old ones.—Detroit Free Press.

Of all the evil spirits abroad in the world insincerity is the most dangerous. —Froude.

SUMMER RHEUMATISM

The idea that Rheumatism is strictly a winter disease, that comes from exposure or cold, is wrong; a spell of indigestion, torpidity of the liver, inactive state of the kidneys, or sudden cooling of the body when over-heated, being frequent causes of an attack. Rheumatism is due to an over-acid condition of the blood and bad circulation. As it flows through the body the blood deposits an acrid corrosive sediment in the joints and muscles, and the circulation grows sluggish because of the constant accumulation of acid impurities, and when the system is in such condition Rheumatism is liable to come out at any time, winter or summer. It is hastened and provoked by exposure to cold, damp air, sudden cooling of the body when overheated, a bad spell of indigestion, or anything that is calculated to further derange and depress the system; but these are only exciting and not the real cause of Rheumatism. It is in the blood, and when this vital fluid becomes overcharged with the acid impurities and is running riot in the veins, an attack is sure to come, whether in summer time or the cold, bleak days of winter. You are a slave to pain as long as the blood is tainted with acid. Liniments and plasters are helpful and useful, but it takes something more than rubbing and blistering to drive away this demon of pain. S. S. S. goes to the seat of the trouble, enters the circulation, neutralizes and filters out of the blood the acid poisons. It enriches and strengthens the weak, diseased blood; the general health improves under its tonic effect, and when rich, pure blood begins to circulate through the stiff joints and sore, tender muscles, pains and aches vanish, and the longed-for relief comes to the nervous, pain-tortured sufferers. S. S. S. contains no minerals, but is guaranteed purely vegetable. Write us if in need of medical advice, which is given without charge. Our book on Rheumatism, telling of the different forms and varieties of this pain-racking disease, is mailed free.

NO USE FOR CRUTCHES.

I had an attack of Sciatic Rheumatism in its worst form. The pain was so intense I became completely prostrated. Having heard S. S. S. recommended for Rheumatism, I decided to give it a trial, and after I had taken a few bottles I was able to hobble around on crutches, and very soon had no use for them at all., S. S. S. having cured me sound and well. All the distressing pains have left me, my appetite has returned, and I am happy to be again restored to perfect health.

MRS. JAMES KELL,
901 U. St., N. W., Washington, D. C.

SSS

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Makes the hair grow long and heavy, and keeps it soft and glossy. Stops falling hair and cures dandruff. And it always restores the color to gray hair. Sold for fifty years.

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