

BABY'S ECZEMA

Top of Head Covered with Scales
Which Pealed off Taking
Hair with Them.

CURED BY CUTICURA

New Six Years Old with Thick
Hair and Clean Scalp.
Cure Permanent.

"My baby was about six weeks old when the top of her head became covered with thick scales, which would peel and come off, taking the hair with it. It would soon form again and be as bad as before. I tried several things and then went to the doctor. He said it was Eczema, and prescribed an ointment, which did not do any good. A friend spoke of Cuticura Soap. I tried it and read on the wrapper about Cuticura Ointment as a remedy for Eczema. I bought a box and washed her head in warm water and Cuticura Soap and gently combed the scales off. They did not come back and her hair grew out fine and thick. She is now a year and a half old and has no trace of Eczema."

MRS. C. W. BURGESS, Irwin Ave., Bridgeport, Conn., Feb. 21, 1908.

"My baby, who had Eczema very badly on her head, as I told you before, after using the Cuticura Remedies was cured. She is now six years old and has thick hair and a clean scalp."

Instant relief and refreshing sleep for skin-tormented babies and rest for tired, worried mothers in warm baths with Cuticura Soap, and gentle anointing with Cuticura Ointment, purest of emollients and greatest of skin cures, to be followed in severe cases by mild doses of Cuticura Resolvent. This is the purest, sweetest, most speedy, permanent and economical treatment for torturing, disfiguring, itching, burning, bleeding, scaly, crusted and pimply skin and scalp humors, with loss of hair, of infants and children, as well as adults, and is sure to succeed when all other remedies and the best physicians fail.

Sold throughout the world. Cuticura Resolvent, the only form of Cuticura in liquid form, is sold in bottles of 1/2, 1, 2, 3, 4, 6, 12, 24, 36, 48, 60, 72, 84, 96, 108, 120, 144, 168, 192, 216, 240, 264, 288, 312, 336, 360, 384, 408, 432, 456, 480, 504, 528, 552, 576, 600, 624, 648, 672, 696, 720, 744, 768, 792, 816, 840, 864, 888, 912, 936, 960, 984, 1008, 1032, 1056, 1080, 1104, 1128, 1152, 1176, 1200, 1224, 1248, 1272, 1296, 1320, 1344, 1368, 1392, 1416, 1440, 1464, 1488, 1512, 1536, 1560, 1584, 1608, 1632, 1656, 1680, 1704, 1728, 1752, 1776, 1800, 1824, 1848, 1872, 1896, 1920, 1944, 1968, 1992, 2016, 2040, 2064, 2088, 2112, 2136, 2160, 2184, 2208, 2232, 2256, 2280, 2304, 2328, 2352, 2376, 2400, 2424, 2448, 2472, 2496, 2520, 2544, 2568, 2592, 2616, 2640, 2664, 2688, 2712, 2736, 2760, 2784, 2808, 2832, 2856, 2880, 2904, 2928, 2952, 2976, 3000, 3024, 3048, 3072, 3096, 3120, 3144, 3168, 3192, 3216, 3240, 3264, 3288, 3312, 3336, 3360, 3384, 3408, 3432, 3456, 3480, 3504, 3528, 3552, 3576, 3600, 3624, 3648, 3672, 3696, 3720, 3744, 3768, 3792, 3816, 3840, 3864, 3888, 3912, 3936, 3960, 3984, 4008, 4032, 4056, 4080, 4104, 4128, 4152, 4176, 4200, 4224, 4248, 4272, 4296, 4320, 4344, 4368, 4392, 4416, 4440, 4464, 4488, 4512, 4536, 4560, 4584, 4608, 4632, 4656, 4680, 4704, 4728, 4752, 4776, 4800, 4824, 4848, 4872, 4896, 4920, 4944, 4968, 4992, 5016, 5040, 5064, 5088, 5112, 5136, 5160, 5184, 5208, 5232, 5256, 5280, 5304, 5328, 5352, 5376, 5400, 5424, 5448, 5472, 5496, 5520, 5544, 5568, 5592, 5616, 5640, 5664, 5688, 5712, 5736, 5760, 5784, 5808, 5832, 5856, 5880, 5904, 5928, 5952, 5976, 6000, 6024, 6048, 6072, 6096, 6120, 6144, 6168, 6192, 6216, 6240, 6264, 6288, 6312, 6336, 6360, 6384, 6408, 6432, 6456, 6480, 6504, 6528, 6552, 6576, 6600, 6624, 6648, 6672, 6696, 6720, 6744, 6768, 6792, 6816, 6840, 6864, 6888, 6912, 6936, 6960, 6984, 7008, 7032, 7056, 7080, 7104, 7128, 7152, 7176, 7200, 7224, 7248, 7272, 7296, 7320, 7344, 7368, 7392, 7416, 7440, 7464, 7488, 7512, 7536, 7560, 7584, 7608, 7632, 7656, 7680, 7704, 7728, 7752, 7776, 7800, 7824, 7848, 7872, 7896, 7920, 7944, 7968, 7992, 8016, 8040, 8064, 8088, 8112, 8136, 8160, 8184, 8208, 8232, 8256, 8280, 8304, 8328, 8352, 8376, 8400, 8424, 8448, 8472, 8496, 8520, 8544, 8568, 8592, 8616, 8640, 8664, 8688, 8712, 8736, 8760, 8784, 8808, 8832, 8856, 8880, 8904, 8928, 8952, 8976, 9000, 9024, 9048, 9072, 9096, 9120, 9144, 9168, 9192, 9216, 9240, 9264, 9288, 9312, 9336, 9360, 9384, 9408, 9432, 9456, 9480, 9504, 9528, 9552, 9576, 9600, 9624, 9648, 9672, 9696, 9720, 9744, 9768, 9792, 9816, 9840, 9864, 9888, 9912, 9936, 9960, 9984, 10000.

WOMAN'S WORLD

MISS CAROLINE PURDY.

A Chicago Woman Who Makes a Good Living Baking Cookies.

"There isn't a woman in the world who can't find something to do to make money if she is willing to work hard enough," said Miss Caroline Purdy of Chicago, who, after giving up schoolteaching as being too hard on the nerves, found her vocation in making cookies.

A willingness to work had certainly something to do with it in her case, as the sum total of the cookies she has made in the last eight years reaches a million and a half. Starting the first day by baking three dozen, she soon had a patronage that called for 300 dozen a week. This kept up for each of the fifty-two weeks during eight years, amounting to 1,577,600. As this number is only lessened by failing to "bake" less than a half dozen times, Miss Purdy probably holds the record in unassisted cookie making. Over a route which extends for several blocks



MISS CAROLINE PURDY.

north of the "limits" and east of Clark street and which she travels regularly every other day she is quite as well known and almost as welcome as the postman. Probably in three-fourths of the houses which she visits she is the only person besides the letter carrier who delivers her wares at the front door. The good reputation of her cookies makes this arrangement satisfactory to purchasers and leaves her untroubled by janitors. She comes with a dainty and attractive basket and house mistress does not allow her cakes to get to the kitchen. In many cases the transaction has developed into a friendly feeling which results in the "cookie woman" being invited to rest, and the few minutes' chat with her friendly customers she considers one of the best assets in her business.

"When I began I tried to go where nobody knew me, but now the best friends I have have been made through my cookies. And I never was so well in my life as I've been working in this way, baking all one day and going out the next. You can't make cookies over gas, though. They are sure to be pale and dried up. They are the expert opinion given by Miss Purdy in conclusion.—Chicago Tribune.

Mother.
A father, talking to his careless daughter, said: "I want to speak to you of your mother. It may be that you have noticed a careworn look upon her face lately. Of course it has not been brought there by any action of yours. Still it is your duty to chase it away. I want you to get up tomorrow morning and get the breakfast and when your mother comes and begins to express her surprise go right up to her and kiss her. You let her know how it will brighten her dear face. Besides, you owe her a kiss or two. Away back when you were a little girl she kissed you when no one else was tempted by your fever-tainted breath and swollen face. You were not as attractive then as you are now. And through those years of childhood sunshine and shadow she was always ready to cure by the magic of a mother's kiss the little, dirty, chubby hands whenever they were injured in those first skirmishes with the rough world."

"And then the midnight kisses with which she rocked so many bad dreams as she leaned over your restless pillow have all been on interest these long, long years. Of course she is not so pretty and kissable as you are, but if you had done your share of work during the last ten years the contrast would not be so marked. Her face has more wrinkles than yours, far more, and yet if you were sick that face would appear more beautiful than an angel's as it hovered over you, watching every opportunity to minister to your comfort and all of these wrinkles would seem to be bright wreaths of sunshine chasing each other over the dear face."

"She will leave you one of these days. These burdens if not lifted from her shoulders will break her down. Those rough, hard hands that have done so many necessary things for you will be crossed upon her lifeless breast. Those neglected lips that gave you your first baby kiss will be forever closed, and those sad, tired eyes will have opened in eternity, and then you will appreciate your mother, but it will be too late."—New York News.

Old Love Letters.
There is nothing that makes a man feel so sore and aggrieved as a wife's old love affairs, when in reality he should be proud of her popularity and consider it a compliment to his own good taste that she should have been admired, and yet the fact is that not one man in a thousand can stand the notion of a wife's old sweethearts with any degree of amiability, to say nothing of equanimity. On the contrary, it generally has about the same soothing effect on his temper that the flaming red flag has on the gentleman with horns who makes things lively in the Spanish arena. An old faded photograph, a bundle of old letters and suspicious of tears have created a panic in many an otherwise happy home. A

man always wants to feel that the woman of his choice has never loved and will never love any one but his own precious self, and that is the reason that he asks about five thousand and eighty-nine times during a three weeks' courtship, "Did you never really love any other man?" And if you be wise and want him very badly you will never make any incriminating admissions. Never—no, never—become confidential and show a husband old love letters.

Chafing Dish Hints.
Some chafing dish hints culled from the pages of What to Eat: The first time the chafing dish lamp is used pour a little alcohol into it, let it stand for a few minutes and fill up. If the lamp gives out before the cooking is finished let the lamp cool a little before refilling, as the igniting point of alcohol is low. Always have a metal tray under the chafing dish. Never leave the alcohol bottle uncorked, as the fumes ignite very easily. If you have been careless in this regard and the contents of the bottle ignite, don't scream or faint or throw water on the flame. Simply clap your hand over the mouth of the bottle. This will extinguish the flame at once. Use sherry sparingly in making lobster or crab Newburg, since alcohol has a toughening effect on fish.

When to Clean the Teeth.
If the teeth are to get but one thorough cleaning during the day, just before retiring is the best time to give it to them, as there are six or eight hours during sleep that the salivary glands are inactive, and fatty and starchy foods may be lodged between and around the teeth and, bathed in saliva, a partial digestive fluid, undergo decomposition, forming acids which act more or less readily on the tooth structure at the time of its formation. The salivary glands not being active during sleep, acids are not diluted as during the day. A free flow of saliva prevents the bad effects of acids thus formed.

The Pantry Shelves.
The old fashion of covering pantry shelves with paper has fallen into disfavor. In fact, the custom was questionable from a sanitary point of view, as any one may know who has ever changed the paper coverings and observed the amount of dirt they managed to accumulate in a short time. Pantry shelves should be painted with several coats of white paint or covered with white enamel. Either plan is good, and the shelves may be scrubbed as often as necessary.

Washing Sleevelets.
To save your dressers provide your self with sleevelets to slip over your dress sleeves when you are dusting or doing other household work. The easiest pattern is just a straight piece of stuff run together and hemmed at the top and bottom. Into the hem run elastic. When you find how quickly the sleevelets become soiled you will realize how much they save your gowns.

Waist Exercise.
A woman who has succeeded in reducing the flesh about her waist to artistic proportions recommends this as an exercise: Lie flat on the back upon the floor. Fold the arms and rise to a sitting posture. Then lie down again and raise one leg as high as possible, then the other. Repeat each movement morning and evening until tired.

Stewed Bananas.
Peel and cut into quarters two or three firm bananas, put in a chafing dish one teaspoonful butter; when melted throw in six almonds and six pistachio nuts, finely chopped. Stir for one minute. Add half a cup of cream and the juice of one orange. Boil bananas in this mixture for two minutes.

Sanitary Inspectors.
There are nineteen women holding the position of sanitary inspector under the London government board, and it is probable that every local authority will in the future require at least one woman inspector. The working hours are from 9 a. m. to 5 p. m. and from 9 a. m. to 1 p. m. on Saturdays.

The Clothes Hamper.
The clothes hamper is often a neglected piece of furniture. It should be scrubbed once in awhile with salt water and rinsed with clear. Air it frequently, taking advantage of wash day, when the hamper is empty.

When doing drawn thread work frequently the threads are rather difficult to draw. This can be overcome by rubbing hard, dry, yellow soap on the threads to be drawn.

Scatter salt on a carpet when sweeping, and you will not only find it has cleansing effect, but that it also keeps away moths.

Women would do well to remember that smartness is one of the greatest aids to those who do not possess actual beauty.

When mixing mustard for the table it is a great improvement to gradually add a little salad oil.

How to Avoid Colds.
Hygienic clothing should be warm and at the same time light. Weight only induces fatigue. Both men and women must strenuously avoid anything tight in the shape of collars, ties and wristbands. Armbands should be loose likewise. All who are subject to internal chills or are exposed much to the elements or sudden changes of temperature should wear a flannel waistcoat. Stockings and socks should be changed daily, and, indeed, it is well to have two complete changes of underclothing in use at once and to wear them on alternate days, airing the set in use in meantime. In this way endless colds will be avoided.

How to Bleach Linen.
For pillowcases, sheets, etc., which have become a bad color wash thoroughly with soap and hot water, then put into cold water and soak all night, allowing a tablespoonful of ammonia to each half of water. Boil and blue the linen the next day. Treated in this way linen becomes snowy white.

Potash

is removed in large quantities from the soil by the growing of crops and selling them from the farm.

Unless the Potash be restored to the soil, good crops can not continue.



GERMAN KALI WORKS, 93 Nassau St., New York.

Maver, Wilson & Co., San Francisco, California, are sole agents for the Pacific coast.

The SPORTING WORLD

Jenkins Our Greatest Wrestler.
Tom Jenkins of Cleveland has again demonstrated that he is the ablest wrestler in the United States. His recent defeat of his old time rival, Dan McLeod, leaves him practically unchallenged in his class, and Jenkins will



TOM JENKINS, CHAMPION WRESTLER.

probably be forced to take on some foreign mat performer if he desires to continue activity. Jenkins will meet George Hackenschmidt, the Russian Lion, the latter fulfills his present intention of invading the United States in the spring.

Bosse, Promising Golfer.
One of the most promising of the home bred professional golf players is young George J. Bosse, who made his first appearance upon the links as a caddy boy at the Oakland Golf club at Bay Side, N. Y., under George Strath, who took a great interest in him and taught him how to play the game. Bosse is now only twelve years old, and while he has never had confidence enough in him self to compete in any of the open championships he is spoken of very highly by veteran golfers. During the season he has just closed Bosse was promoted to instructor at the Lawrenceville school, Lawrenceville, N. J., and he is now in California to fill an engagement as professional in one of the clubs near Los Angeles.

Skating as a Winter Sport.
During the last ten years skating has grown to be almost as much of a winter sport in the northern and northwestern states as tobogganing in Canada. Where the snowfall, as in Oregon, Nevada, Michigan and Wisconsin, lies on the ground for weeks, to the depth of several feet, skating becomes the life preservers of the inhabitants. They furnish the only means by which the mail carriers can reach the inaccessible and outlying mountain districts of the Rockies. Skies differ radically from the Canadian or Irish snowdrifts. They are about eleven feet long, four inches broad and taper from an inch thick at the center to three-quarters.

Counter Golf.
London, from which the plague of pinpong came to us, has gone crazy over another game. This new affliction, which is called counter golf, is a cross between tiddly winks and the Scotch pastime. It is played on a large parlor table with small disks which are made to skip in the manner of the old familiar tiddly winks. A course of six holes is laid out, and each player makes the circuit three times, the players alternating and the one having the least jumps to his score winning. Rings con-

stitute the holes, and various obstacles and bunkers are laid on the course.

The Great De Witt.
John A. De Witt, the Princeton football hero, has won laurels on other fields than that gridiron and checked by the white marks. He has lowered the colors of Pliniana, the great hammer thrower; he has beaten Plave of the University of California at the shot putting game, and he holds the intercollegiate championship in that field of activity.

Basket Ball Very Popular.
Increasing interest is manifested in basket ball, long accepted as a pastime worthy of the greatest athletes. League play is always more successful in arousing interest and holding it than indiscriminate competition. The Amateur Athletic union promises to devote more attention to basket ball this year than heretofore.

Jimmy Michael to Race Here.
Jimmy Michael will not again race in Europe, but will remain in America next season, racing himself and developing his brother Willie, who promises to be as great a sensation as was Jimmy years ago. Willie is just about the same size as Jimmy and four years younger.

Champion to Race Auto.
Albert Champion, the former pace follower, has decided that he will not return to the cycle track. In spite of his recent serious accident in an auto mobile he will follow that plan of racing for the future, continuing to drive the auto in which he met with his accident.

New York Schoolboy Athletics.
The organization of the schoolboy athletes of Greater New York into an athletic league is a worthy movement. It will instill into the boy athletes the ethic of athletics, purity and amusements in sport and all the most desirable features of modern athletics.

How to Make Peanut Croquettes.
Mix a half pint of bread crumbs with half a cupful of cold milk and a cupful of minced peanuts. Stir until smooth in a double boiler over the fire, then add the well beaten yolks of two eggs. Remove from the fire and when cool mold into croquettes of the customary cone shape. Dip these in egg and bread crumbs and fry a golden brown in plenty of hot fat. Allow these to drain on brown paper and serve.

How to Care For Books.
Books last and look new when carefully treated, but soon become shabby and worn when neglected. They should never be piled one on the top of the other or be allowed to stand leaning diagonally or the binding will become weakened and the edges of the book worn and discolored. When cleaning them remove them from the shelf and dust each one with a soft cloth. Clean the shelves carefully and wash with carbolic soap. Moths, spiders and other insects infect bookshelves, but a thorough cleaning soon gets rid of them. Do not put the books back until the shelves are thoroughly dry. If having home for a long period, it is well to cover each book with brown paper.

How to Beat a Carpet.
Carpet should be beaten on the wrong side first and afterward more gently on the right. Never put down a carpet on a damp floor, for this often the result of hurry and impatience on the part of weary house cleaners is a frequent cause of carpets becoming moth eaten.

How to Make Apple Vinegar.
Place in a stone crock all the parings from apples as they accumulate and keep covered with water. When soft squeeze the pulp through a jelly bag, put the liquid in jars, adding any sweets that may have been saved and a very little brown sugar, not more than half a pound to one gallon of liquid. Tie a thin cloth over the mouth of the jar and set in a warm place to sour. If a little vinegar is put in the liquid, it will sour more quickly.

How to Cure Chapped Lips.
For chapped lips writing a soft linen cloth out of hot water in which a little borax has been dissolved and press to the mouth, repeating this operation several times daily.



REGULATOR LINE.

SCROFULA A DISEASE WE INHERIT.

Scrofula manifests itself in many ways. Swelling of the glands of the neck and throat, Catarrh, weak eyes, white swelling, offensive sores and abscesses, skin eruptions, loss of strength and weakness in muscles and joints.

It is a miserable disease and traceable in almost every instance to some family blood taint. Scrofula is bred in the bone, is transmitted from parent to child, the seeds are planted in infancy and unless the blood is purged and purified and every atom of the taint removed Scrofula is sure to develop at some period in life.

Not merely equals S. S. S. as a cure for Scrofula. It cleanses and builds up the blood, makes it rich and pure, and under the tonic effects of this great Blood Remedy, the general health improves, the digestive organs are strengthened, and there is a gradual but sure return to health. The deposit of tubercular matter in the joints and glands is carried off as soon as the blood is restored to a normal condition, and the sores, eruptions, and other symptoms of Scrofula disappear.

S. S. S. is guaranteed purely vegetable and harmless; an ideal blood purifier and tonic that removes all blood taint and builds up weak constitutions. Our physicians will advise without charge, all who write us about their case. Book mailed free.

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The Kind You Have Always Bought

Bears the Signature of

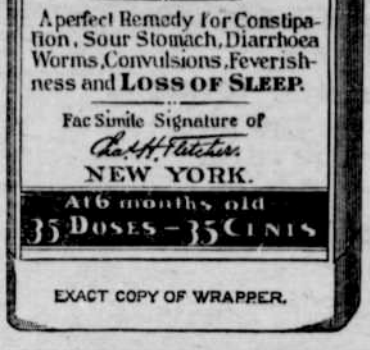
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THE CERTAIN COMPANY, NEW YORK CITY.



900 DROPS.

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN.

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Image of Old Dr. SAMUEL PITCHER.

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac-Simile Signature of Dr. H. H. Pitcher, NEW YORK.

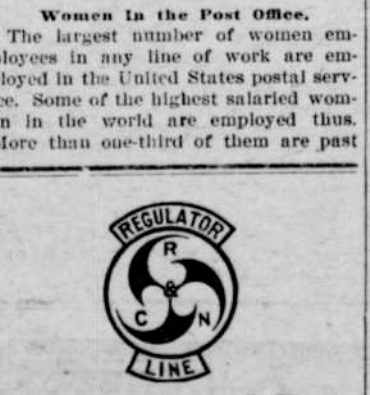
AT 6 MONTHS OLD 35 DROPS—35 CENTS.

EXACT COPY OF WRAPPER.

A DISUSED WINDOW.

Artistically Treating and Converted into a Bookcase.

The accompanying illustration from Good Housekeeping presents the artistic treatment of a window whose original purpose was abandoned on account of the erection of a brick wall outside which shut off the view and light. An opening was left at the top of the wall, and a half deep at the top of the old window casing. In this was fitted a sash



WINDOW CONVERTED INTO A BOOKCASE.

divided in three sections and set with frosted glass, red, yellow and green. Each section was covered with a slight framework in imitation of diamond panes. The transom was not quite so wide as the original opening, making it necessary to board in the sides diagonally from the front to meet it, which arrangement helped to effect the outline of the old window. The small window was furnished with hinges at the top and opened outward, thereby making a most useful ventilator. On the highest shelf were placed two or three decorative pieces and ornaments. Below it a brass rod for the curtains of crimson wool, which shield the remaining shelves and their books. Beneath the original window still stands a long, narrow box upholstered with the same warm color. This carries the bookcase effect to the floor, making a convenient reading place and receptacle for papers and magazines.

Women in the Post Office.
The largest number of women employees in any line of work are employed in the United States postal service. Some of the highest salaried women in the world are employed there. More than one-third of them are post

Regulator Line.

Portland-The Dalles Route.

Steamers: Bailey Gatzert, Regulator, Dalles City, Metlako.

Connecting at Lyle with the Columbia River and Northern Railway Company for Wahkaiusa, Dalles, Centerville, Goldendale and all other Willamette valley points.

Steamers leave Portland daily, except Sunday, at 7 a. m., connecting at Lyle with C. R. & N. train for Goldendale at 2:30 p. m., train arriving at Goldendale at 7:30 p. m. Steamers arrive The Dalles at 8 a. m. Steamer leaves The Dalles daily, except Sunday, at 7:30 a. m. C. R. & N. train leaving Goldendale at 6:15 a. m. connects with this steamer for Portland, arriving at Portland at 8 p. m. The post-hal steamer Bailey Gatzert leaves Portland 7 a. m. for The Dalles Tuesdays, Thursdays and Saturdays, returning arrives Portland Mondays, Wednesdays and Fridays. Round trip tickets to any point between Portland and The Dalles on this steamer, Dalles City and Bailey Gatzert, only 50 cents.

For detailed information of tickets, berth reservations, etc., call or write to Alder street wharf, Portland, Or. H. G. CAMPBELL, Manager.

more age, and many are past seventy years. Many of the women are mail wagon drivers, having long and lone some trips in unhabited parts of the country. In great numbers they are employed in the rural free delivery. Nearly all the experts in the dead letter office are women. They have to perform tasks which to the average person would seem impossible. It is their duty to take charge of the pieces of mail which go astray every year, and they must see that these waifs get to their proper destinations if possible, and if not they are returned to the senders. Many of the rural post offices are entrusted to women. The work is usually light, and it is the general opinion that women in such positions have performed the best work for the department.

Stories For the Little Ones.
Every mother should put aside one hour a day in which to read or tell stories to her children. It is best to have the same time every day. In many homes where this has been the rule from babyhood the story hour is looked forward to by the children as the best one of the day. Often neighbors' children are gathered in, and a valuable missionary work may be done in this way for those whose mothers do not or cannot take time to read to them. In families where the children are of different ages and sexes it is sometimes a difficult problem to find books which will interest all, but by a little judicious selection this can usually be managed, and the mother can direct the child's own reading along the individual lines which have special interest for him.—Chicago Tribune.

For the Nursery.
A source of great amusement in a nursery is an improvised drawing board made of a width of unbleached muslin. This is tacked as firmly as possible to the wall with brass-headed tacks. To go with this a box of colored chalks with which to draw the pictures will give much pleasure to a little embryo artist. The drawings may be rubbed out with the same kind of sheep's wool eraser as is used on the blackboard in the schoolroom. This contrivance is so simple and inexpensive and yet gives so much pleasure that it is well worth considering.

Ribbons.
Soft ribbons, such as liberty satin, taffeta and pean de soie, may be washed to look about as good as new. Prepare a basin of warm water and castile soap and soak the ribbons, without mixing colors, of course, for fifteen minutes. Spread them one at a time on a smooth surface and scrub gently with a soft nailbrush. Rinse in clear water and press the water out between folds of cloth. Iron between two towels with a moderately hot iron. A few drops of vinegar in the rinsing water will keep the ribbons stiff.

The Baby's Nerves.
One cannot be too careful about shielding infants from all excitement. At their tender age the brain is most susceptible, and dangerous impressions may be made which time will not erase. One should avoid telling young children such stories as "Jack, the Giant Killer." Bring them up to entertain no unreasonable fears, for it is not an uncommon thing that children are frightened into nervous affections, convulsions or St. Vitus' dance.

How to Cook Beef.
Select a ten pound piece of beef, flank or rib steak; mix one-half pound of salt, three teaspoonfuls of sugar, a piece of salted butter the size of a half a teaspoonful of molasses; boil with water enough to cover the meat and add a little vinegar to the brine while boiling. Just before removing from the stove add a saltspoonful of saleratus and a scant half teaspoonful of black pepper or a dash of red pepper. Be sure the brine is boiling hot before pouring over the meat. Sprinkle the bottom of a stone jar with a little salt and lay in the beef; pour the hot brine over it and weight it down with a stone for three or four days. When cooking freshen the meat a little, then pour boiling water over it and cook with vegetables.