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L. N. WOODS, M. D.

Physician and Surgeon.

T. V. B. EMBREE, M. D. DALLAS, - OREGON

Dallas, Oregon.

HINTS FOR FARMERS

The Farmer and the Future.

A very cheerful view of New Eug-

land agriculture was expressed by J.

W. Stockwell of the state board in an

address before the Massachusetts Hor-

"Looking forward in the present cen-

tury," said Secretary Stockwell, "we

rown in January in our own green-

endent population supplied with ev-

ry hurney by New England enterprise

ill good enterprises; we see his sons,

ucated and strong, taking their right

'il place and exerting their old time

own and from village to village, carry-

ng the child to the larger and better

chools and giving free mail delivery

o the city; we see count taxation rest-

to the homes of the country as well as to the lime contained.

makes one chummy

Wouldn't Believe at First. ouldn't believe it till I tried it, bu ' is a cure for incomnia. I need i ake night after night. Now I eat tiful of 'Force' inst before scient

with good sleep.

r taking his old stand as a leader in day.

ere a wonderful change. Let me pie and contentment that dwell therein;

ture it. We see the frtdts of summer we see the wealth of character and

houses more profinably than in their ored than gold and honest industry

proper season; we see our own de more prized than the indolence of

in New England soil; we see the farm- | so repidly to its accomplishment as to-

iduence-the strength of the hills, the carry some plant food, soluble potash

ackhone of the eitles; we see the elec- from 10 to 12 per cent, insoluble 11/2

rie car speeding its way from town to per cent. Much lime is also found.

ticultural society.

Office over bank. DR. E. J. HOWARD

Physician and Srge on DALLAS. ORECON

Office in Uglaw build ng.

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SIBLEY & EAKIN,

Attorneys-at-Law. We have the only set of abstract books in Polk anny, iteliable abstracts furnished, and money to on. No commission charged on loass, kooms 2 ui 3 Wilson's block, Dallas

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torney and Counselor at Law.

solicitor in Chancery. has been a practice of his profession in this place to be not thirty years, and will attend to all outliess structed to his care. Office, corner Main and Cours s Outlas, Poik Co, Or

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DALLAS OREGON MAY 29, 1903

or made to subserve righteous ends for

the benefit of all; we see the bright

day when arbitration shall settle the

differences of nations and war's costly

ribute shall cease; we see the home in

which all comforts are found and all

graces abound. Its approaches lines of

beauty, its crown of blessing the love

bonesty of purpose and life more hon

wealth; we see all this not as a mirage

or a far distant view, but growing

searcr and searcr and sever fastening

Action of Wood Ashes.

The beneficent action of ashes is not

due to potash alone, but to the soluble

uitrogen and soluble phosphoric acid

they contain. Much effect is due also

One hundred pounds ashes contain

Jim Dumps had scarcely slept a

All night he'd toss about and

endure

But that's all past-he'll ne'er

Insomnia. He's found a cure!

Tis "Force." At night, when lights are dim,

It soothes the nerves of " Sunny

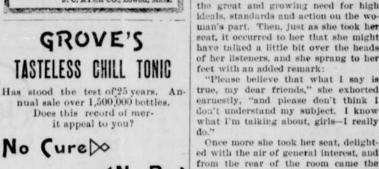
Ashes differ from lime in that they

ing 'like the atmosphere' on rich and poor alike-every man according to his Bronchitis ability; we see the trusts that hold the farmers in their iron grasp destroyed

"I have kept Ayer's Cherry Pec-toral in my house for a great many years. It is the best medicine in the world for coughs and colds." J. C. Williams, Atuca, N. Y.

All serious lung troubles begin with a tickling in the toroat. You can stop this at first in a single night with Ayer's Cherry Pectoral. Use it also for bronchitis, consumption, hard colds, and for coughs of all kinds. Three sizes : 25c., 50c., \$1. All druggists.

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CURES A COLD IN ONE DAY

CURES GRIP IN TWO DAYS

LAXATIVE

readily upward through the land and not so firm but what the roots of plants can easily penetrate lt .- Professor S B. Green, Minnesota. Extra Early Potatoes.

to permit of the subsoll water passing

Two quarts of seed potatoes were kept by one of our Minnesota readers on a shelf in the kitchen where they could get the light from an end window and the heat and moisture of the room from April 1 to May 8, when they had sprouts four to six inches, stocky and green, and roots one or two inches long. They were cut to two eyes and careful ly set eighteen inches apart in rows. Commenced using July 7 and had four quarts per day until October, all large, smooth and mealy .- American Agriculturist.

Embarrassing.

A settlement worker, having been requested by anxious mothers to address the younger women of the settlement elubs on "heart interest" topics, decided to do so. She talked with the girls earnesily, urging upon them the deep and intrinsic sacredness of all love and marriage relations, the coarseness and vulgarity of indiscriminate flirtations, the great and growing need for high ideals, standards and action on the woman's part. Then, just as she took her seat, it occurred to her that she might have talked a little bit over the heads of her listeners, and she sprang to her feet with an added remark:

"Please believe that what I say is true, my dear friends," she exhorted earnestly, "and please don't think I don't understand my subject. I know what I'm talking about, girls-I really

ed with the air of general interest, and from the rear of the room came the question: "Please, Mrs. S., how many times

The Word "Jolly." On the adoption of the word "jolly" into the English it had the meaning of beautiful, as it has among the French today. The English dramatist Beau-mont of the sixteenth century speaks of our first mother as "the jolly Eve." In time, however, it came to mean hilarious, regardless of physical beauty. But this latter meaning is probably the right one after all, as the word doubtiess comes from Yule (Yu-le), the by knees crossed offensively, lack of pagan Christmas, so to speak, for be it ease by stiff and constrained position known that what we now observe as of the shoulders, a general carelessness Christmas day was a heathen holiday and indifference by the very common called Yule, and the Yule festival was fault of "sitting in the shoulders"e of noisy demonstration.

Yule indeed means noise or outery, the upper part rather than the lower part of it rests against the back of the ng, making outery in honor of their chair, says the New York Herald. god. From vule, then, to folly the step is short and easy, both meaning revelry, rejoicing. Ours is a risen Lord, it may be. The feet should rest on the theirs the same. The words are identian floor, one somewhat in front of the othcal. So, too, in large degree the Christ- er, because it is easier to rise from that



would then have to be braced by three slats of wood nalled across the back behind the buckram .- Harper's.

Things to Be Avoided.

Don't make a narrow door narrower by a heavy portiere. A small house is made stuffy by too many hangings. Don't put chandeliers in a room with a low ceiling. Side brackets are to be had in artistic shapes.

Don't have too much of any one kind of devoration in the house. Grill work and stained glass repeated in more than two rooms become monotonous. Don't buy a bright colored carpet to put in rooms where the furniture is not to be correspondingly toned up. Don't have the floor, wall and furniture in a room covered with material which has a decided pattern.

Don't put into a room unsteady little tables loaded with meaningless bric-a-

Star Sofa Pillow

From any lining material cut a regular star the desired size. First cut a paper pattern, then cut another pattern of a regular peutagon. This should be about the size of the star. Cut a star from pale blue wash silk. Cut the pentagon from deep blue silk. Adjust the points of the star to the points of the pentagon, and around the five sides dispose of a full puff of light blue silk. Around the edge place a ruffle of the deep blue silk and finish the star with several rows of embroidery silk couched down.

Apples.

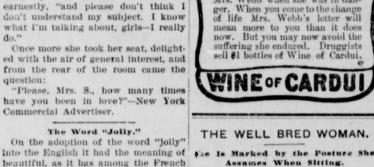
The housekeeper who wishes to keep her family healthy will use apples freely, not eternally in apple sauce and apple pies, but in ways that vary and banish monotony. Apples, raw and cooked, even stewed dried apples, are better for constipation than liver pills.

Matching In Furnishings Too much matching is not considered desirable in house furnishing, as it is apt to result in a tiresome lack of variety. One authority says, "Anybody can match, but it takes a master hand Nothing points out the well bred woto introduce the proper color touches man more quickly than the position and produce harmony."

she takes when she sits down. The FOR THE HOUSEWIFE stamp of vulgarity is marked upon the woman who sits with her knees spread

Flower Bedrooms. far apart, lack of refinement is shown The new fad for "flower bedrooms" is, fortunately, within the reach of people of moderate means and hence at the start has something to commend It aside from its novelty. As the keythat is, of doubling the spine so that note of a bedroom should be simplicity and restfuiness, what is more approprinte than the flower idea? There is s wide field for the exercise of one's The body should be placed well back individual taste, and even a flat pocketupon the seat, chair, sofa or whatever book may be trusted to achieve pleasing results, says the House Beautiful.

In planning for a flower bedroom one must bear in mind not only the favor-



AND TRUS

Mrs. Laura S. Webb,

Vice-President Woman's Demo cratic Circles of Northern Ohio.

"I decaded the change of life which was last approaching. I noticed Wine of Cardui, and decided to try a hot-tle. I experienced some relief the first month, so I kept on taking it for three months and now I menstruate with no pain and I shall take it off and an executive background the source of the source o

on now until I have passed the climax.

On now inful 1 have passed the climax." Female weakness, disordered menses, falling of the womb and ovarian troubles do not wear off. They follow a woman to the change of life. Do not wait but take Wine of Cardui now and avoid the trouble. Wine of Cardui never fails to benefit a suffering woman of the trouble.

to benefit a suffering woman of any age. Wine of Cardui relieved Mrs. Webb when she was in dan-

"I dreaded the change of life which

