

Polk County Advertiser

Historical Society, City Hall

L. N. WOODS, M. D.
Physician and Surgeon.
Dallas, Oregon.

T. V. B. EMBREE, M. D.
DALLAS, - OREGON
Office over bank.

J. E. BAKER, H. C. EAKIN,
SIBLEY & EAKIN,
Attorneys-at-Law.
We have the only set of abstract books in Polk county. Real estate abstracts, furnished, and money to loan. No commission charged on loans. Rooms 2 and 3 Wilson's block, Dallas.

J. L. COLLINS,
Attorney and Counselor at Law.
Solicitor in Chancery.
Has been in practice of his profession in this place about thirty years, and will attend to all business entrusted to his care. Office, corner Main and Court in Dallas, Polk Co., Or

J. H. TOWNSEND J. N. HART
TOWNSEND & HART,
ATTORNEYS-AT-LAW.
Office upstairs in Odd Fellows' new block.
DALLAS, - OREGON.

OSCAR HAYTER,
Attorney-at-Law.
Office up stairs in Campbell's building.
DALLAS - OREGON.

N. L. BUTLER E. F. COAD
BUTLER & COAD
Attorneys-at-Law
DALLAS, OREGON.
Will practice in all courts. Office, over bank.

Robert A. Miller,
ATTORNEY-AT-LAW
Oregon City & Oregon
Room 3, Weinhard building
Opposite Courthouse.

Land titles and land office business a specialty.
Ex-Register Oregon City land office.

A. J. MARTIN,
PAINTER,
House, sign and ornamental, graining, kalsoming and paper hanging.
DALLAS, OREGON

MOTOR TIME TABLE.

Leaves Independence for Monmouth and Airlie—
1:30 a. m. 3:30 p. m.
Leaves Independence for Monmouth and Dallas—
1:10 a. m. 7:10 p. m.
Leaves Monmouth for Airlie—
6:00 a. m. 2:00 p. m.
Leaves Monmouth for Dallas—
10:15 a. m. 7:30 p. m.
Leaves Airlie for Monmouth and Independence—
8:20 a. m. 5:15 p. m.
Leaves Dallas for Monmouth and Independence—
1:00 p. m. 8:30 p. m.

R. C. GRAVEN R. E. WILLIAMS,
Cashier.
W. C. VASSALL, Assistant Cashier
DALLAS CITY BANK
OF DALLAS, OREGON.
Transacts a general banking business in all its branches; buys and sells exchange on principal points in the United States; makes collections on all points in the Pacific Northwest; loans money and discounts paper at the best rates; allow interest on time deposits.

VISIT DR. JORDAN'S GREAT MUSEUM OF ANATOMY
1801 BIBLE ST., ASTORIA, OREGON.
The Largest Anatomical Museum in the World. Collections of any country's history, including the skeletons of the extinct animals, and the skeletons of the extinct man.
Specialties: Dr. Jordan's special pathology, Dr. Jordan's special pathology, Dr. Jordan's special pathology.
Consultation free and all operations. Transient patients, 50 cents. Permanent, \$1.00. (A visit is a life.)
JORDAN & CO., 1051 Market St., S. F.

F. H. MUSCOTT,
TRUCKMAN.
Dallas: Oregon
A fair share of patronage solicited and all orders promptly filled.

Dallas Foundry!
—ALL KINDS OF—
IRON WORK TO ORDER.
Repairing Promptly Done.
ED. BIDDLE, PROP.

CULINARY CONCEITS.

Do not put salt into soup until you are done skimming it, as salt will stop the rising of the foam.

Always put onions on to cook in plenty of cold water. This prevents them from turning dark.

Always heat the frying basket before putting in the fat. When cold, it takes too much heat from the fat.

It is better to boil eggs twenty minutes than ten, as in the former case they are evenly and dry and more readily digested.

When making sauce, melt the butter in the saucepan first and when bubbling hot add the flour. Blend thoroughly and smoothly before adding milk or stock.

When pan broiling chops, always stand them for a minute on their ends, that the fat edge may be cooked crisp and brown instead of remaining pale and unsightly.

When boiling fish, always add a slice of onion, a bouquet of herbs and half a dozen peppercorns to the water, not forgetting some vinegar. This is a French recipe and is most excellent.

When you make light biscuit, roll out the dough and cut out the biscuit with the cutter just as you do your short biscuit. They will rise quicker, bake fresher and be perfectly uniform in size.

Children and Servants.

Perhaps there is no greater source of friction in a household with servants than the habit of allowing the children of the family to be impertinent and tyrannical. This should never be permitted. Nothing is more ill bred and more disastrous to both. Servants must do a great deal of extra work where there are children in the house. It is impossible to arrange matters so that this will not be true, and the least that can be done is to have the children courteous in manner and speech. If children see their parents polite, it will be second nature for them to be polite also, and their rare lapses will be forgiven quickly. Every one agrees that servants should not be permitted to punish children or be unkind to them, but children should not be permitted to torment a servant, and parents who excuse it are responsible for their own discomfort. Neither should children be allowed to bring disorder into a kitchen or to dirty it willfully.—Agnes Bailey Ormsbee in Woman's Home Companion.

Spanish-American Women.

As wife and mother the Spanish-American woman is admirable. It is her duty to look carefully after the house and to practice thrift and economy. She receives from her husband at the beginning of each month the funds necessary to the proper maintenance of the home and has full charge of the household stores, which are given out to the servants each morning. A woman who does not fulfill these housekeeping duties does not enjoy the respect of the community. The Spanish-American woman is loyal and faithful, and when her husband has met with reverses it is not uncommon for a lady of this class to contribute to the support of the family by doing needlework, teaching music or opening a small store.

The women of the middle class are the backbone of the country. They are industrious and form the retail trading class of the republics.

Art of Piano Drapery.

An excellent way for screening the unsightliness of the back of an upright piano when turned away from the wall, as all pianos of that design should be so improved the tone and prevent a single ray of light from striking it.

Useful in the Kitchen.

Porcelain spoons with long wooden handles are extremely useful in the kitchen. They come in various sizes and do not easily become heated when in use about the range. Another point in their favor is that they are more easily cleaned and more agreeable to handle than the ordinary kitchen spoon of tin or other metal.

For a Headache.

If you suffer from headache, lie down in a darkened room and lay a small handkerchief dipped in eau de cologne and water across your forehead. As the handkerchief dries or becomes warm dip it again and again in the eau de cologne and water, which should be ready mixed in a saucer by your couch. You will find this remedy really good.

HINTS FOR DYSPEPTICS.

How to Aid Nature in the Cure of This Distressing Malady.

Eat slowly, masticating the food very thoroughly, even more so if possible than is required in health, says Public Health Journal. The more time the food spends in the mouth the less it will spend in the stomach. Avoid drinking at meals; at most take a few sips of warm drink at the close of the meal if the food is very dry in character.

In general, dyspeptic stomachs manage dry food better than that containing much fluid. Eat neither very hot nor cold food. The best temperature is about that of the body. Avoid exposure to cold after eating. Be careful to avoid excess in eating. Eat no more than the wants of the system require. Sometimes less than is really needed must be taken when digestion is very weak. Strength depends not on what is eaten, but on what is digested. Never take violent exercise of any sort, other mental or physical, either just before or just after a meal. It is not good to sleep immediately after eating nor within four hours of a meal. Never eat more than three times a day, and make the last meal very light. For many dyspeptic two meals are better than more. Never eat a morsel of any sort between meals. Never eat when very tired, whether exhausted from mental or physical labor. Never eat when the mind is worried or the temper ruffled if possible to avoid doing so.

Eat only food that is easy of digestion, avoiding complicated and indigestible dishes and taking but one or three kinds at a meal. Most persons will be benefited by the use of oatmeal, wheat meal, cracked wheat and other whole grain preparations, though many will find it necessary to avoid vegetables, especially when fruits are taken.

How to Make Cold Cream.

Put in a double boiler six ounces of sweet almond oil, and having put as much water in the outer vessel as for

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of *Wm. D. Hooper*

MOWERS & AND BINDERS
RAKES AND TEDDERS
WAGONS, BUGGIES CARRIAGES
All kinds of harvesting machinery and vehicles and a great variety of extras. Plows and cultivators.
WAGNER - BROS., - DALLAS

Lost Hair

"My hair came out by the handful, and the gray hairs began to creep in. I tried Ayer's Hair Vigor, and it stopped the hair from coming out and restored the color."
—Mrs. M. D. Gray, No. 535, Salem, Mass.

There's a pleasure in offering such a preparation as Ayer's Hair Vigor. It gives to all who use it such satisfaction. The hair becomes thicker, longer, softer, and more glossy. And you feel so secure in using such an old and reliable preparation.

25 Cts. a bottle. All druggists.

If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest express office. Address: J. C. Ayer & Co., Lowell, Mass.

A Famous Parliamentarian.

Mrs. Lillian M. Hollister of Philadelphia is considered one of the best parliamentarians among women in the United States, and her textbook, "Pocket Manual of Parliamentary Terms" and her "Parliamentary Chart" are unique. Another book of hers, "Convention How" has never been excelled by any publication in giving directions for arranging for conventions. Her book entitled "Model Union" has become almost a classic as a model for conducting Women's Christian Temperance unions.

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English Etchings.

Liverpool, England, has 1,400 policemen.

London county council is to build 10,000 workers' homes to relieve overcrowding.

Accidents due to the increasing use of wire fences have done much to cause a decline in the popularity of fox hunting in England.

Bombay ranks third in the British empire in the value of its annual export and import trade. London and Liverpool being first and second respectively.

Tommy Atkins of the British guards is no longer permitted to wear the jaunty cap cocked over his ear as of old, but he is doing his best to appear as rakish as possible in his new pan-cake cap by cocking it up in front and giving it a drop behind.

How to Soften Shoes.

To soften boots and shoes wash over with warm water and then rub castor oil into them. This makes the boots soft and elastic.

A Capable Student.

In one of the Philadelphia colleges a professor of chemistry asked a student the other day, "Now, suppose you were called to a patient who had swallowed a heavy dose of oxalic acid, what would you administer?"

"I would administer the sacrament," replied the student, who, by the way, is said to be studying for the ministry and takes chemistry because it is obligatory.—Argonaut.

Reason For the Hit.

"Was Mrs. Gallobot's 'conversations' a success?"

"Decidedly. Everybody chatted at a great rate."

"How did she ever manage it?"

"Oh, she had a musical programme, you know, that lasted all through."—Philadelphia Bulletin.

The Reason.

Judge—Your statement doesn't agree with that of the last witness.

Witness—That is easily accounted for, your honor. He's a bigger liar than I am.—Chicago News.

The man who leaves church just as the collection plate starts around may have been taken suddenly ill, but he rarely gets credit for it.

Had Looked Out For Number One.

"Have you ever done anything to better the condition of any part of the human race?" said the very serious man.

"Of course I have," answered the person with the cold gray eye. "Am I not a part of the human race?"—Exchange.

A Cruel on Marriage.

Sardines are a delicacy fit for any epicure, but the other fish was thus summed up by an epigrammatic Cornishman: "Pillcards," he said "are like wives. When they're bad, they're awful, and when they're good, they're only middling."—Pall Mall Gazette.

Persons of different temperaments require different methods and degrees of physical exercise. Nervous girls should take light exercise, while those of phlegmatic temperament require vigorous exercise.

The conviction is gaining ground among writers on hygiene that children should not be sent to school before they are eight or nine years old.

Equal parts of vinegar and paraffin oil make a better polish for a piano than any furniture cream.

BALFOUR, GUTHRIE & CO.
Buyers and Shippers of
GRAIN
Warehouse in Polk
County at **DERRY**
Sacks and storage on usual terms

OUR NEW ARRIVALS ARE

More table linen, towels and toweling. The nicest line of white bed spreads and quilts, sheets and pillow cases that you will find anywhere. We have some already in the house and others soon to arrive of as nice a line of ladies' jackets as anyone could desire and at less prices than you can go to the city and buy them for. Our fall and winter wraps will be along in a few days. In these we bought the nicest that will be shown this season.

BROWN & ELLIS

German Army Methods.

At Oldenburg the corporals recently were ordered by their officer to throw themselves upon the ground and to eat grass like cattle. Moreover, the men obeyed. This extraordinary fact was disclosed in the German Reichstag, together with others equally remarkable, which show the methods adopted by our German friends who are so horrified at "our methods of barbarism."

Another officer, at Breslau this time, tore the buttons off a private's coat on a Sunday morning not long ago. Next the officer made the man stand nearly naked while he was beaten over the head with his trousers. His clothes were then ripped into pieces so that he could have the opportunity of resewing them. When this latter was done, the clothes were again cut, and the man had to sew them up a second time.

A private in one of the rifle battalions who appeared unshaven was taught a courteous lesson by his officer. This gentleman exclaimed, "You pig, I'll shave you," and proceeded to tear out the hair with a penknife. Another officer who came up at the time thought the lesson too mild, so he lighted a match and held it flaming under the man's chin and cheeks.—Pearson's Weekly.

Pingpong Punch.

Pingpong punch, says the Philadelphia Record, is the very newest thing in soda water fountain concoctions. It has been introduced in one of Chestnut street's big soft drink emporiums and is already popular. Speaking of this alternative beverage the other day, the white coated young man behind the counter said: "The pingpong punch was bound to come sooner or later, so we took time by the forelock and stole a march on our rivals. It's the name that counts, you know. The ingredients? Well, they consist of the juice of a lemon, a dash of bitters, a glass of apple cider, a fresh egg and a spoonful of powdered sugar. That is well shaken, poured into a tall glass and filled up with sparkling soda from the fountain. It has caught on immediately, but anything with a name like that would."

Too Great a Sacrifice.

Impassioned Lover—Tell me, my angel, what to do to prove my love. Oh, that I might, like some knight of old, battle for you, suffer for you, die for you!

Sweet Girl—I wish you would give up smoking.

Impassioned Lover—Oh, come, now; that's asking too much!—Chicago Tribune.

Names in Ireland.

A contributor to The Pilot finds that in every thousand of the population in Ireland 13.8 bear the name Murphy, 11.8 the name of Kelly and 9.2 the name of Sullivan. These three names lead all others by a long gap. The somewhat popular notion that the Mc's and the O's stand at the head of the list of Irish surnames is thus disposed of.

Silence Is Golden.

"What do you think we had better do about this man who keeps saying things against you?"

"Let him alone," answered the practical politician. "When the people get tired of hearing him, they'll say that he's a bore and that I'm probably a much misrepresented man."—Washington.

WINE OF CARDUI

Mrs. Laura S. Webb, Vice-President Woman's Democratic Club of Northern Ohio.

"I dreaded the change of life which was fast approaching. I noticed Wine of Cardui, and decided to try a bottle. I experienced some relief the first month, so I kept on taking it for three months and now I menstruate with no pain and I shall take it off and on now until I have passed the climax."

Female weakness, disordered menses, falling of the womb and ovarian troubles do not wear off. They follow a woman to the change of life. Do not wait but take Wine of Cardui now and avoid the trouble. Wine of Cardui never fails to benefit a suffering woman of any age. Wine of Cardui relieved Mrs. Webb when she was in danger. When you come to the change of life Mrs. Webb's letter will mean more to you than it does now. But you may now avoid the suffering she endured. Druggists sell \$1 bottles of Wine of Cardui.

CHOICE MISCELLANY

Some Remarkable Soldiers.

The most remarkable body of soldiers in the world is Company C, Third regiment, the national guards of Minnesota, stationed at Duluth. Every member of this fine company is thoroughly familiar with the military drills of every nation and could fall into the ranks and fill all the requirements of a well drilled and disciplined soldier of any land.

When the company was stationed at Chattanooga during the Spanish-American war, it gained the well earned reputation of being the best drilled company of all the 70,000 troops in camp. Since then the company has taken up the drills of other nations, both ancient and modern, and has become marvelously expert. All the various drills of the company are held in the uniforms of the soldiers of the country which the troops are supposed to represent, and to make these costumes historically correct the company has expended over \$3,000. Lieutenant C. Josten is the originator of the scheme, and he deserves great credit for the admirable manner in which he has disciplined his men.

Each military number is preceded by a bugler and a standard bearer carrying the flag or standard of the nation represented and blowing the bugle call of the different nations as they fall in line. The costumes—they can hardly be called uniforms—of many are rich silk and satin handsomely embroidered.

WINE OF CARDUI

It is a great affliction for a woman to have her face disfigured by pimples or any form of eruptive disease. It makes her morbid and sensitive, and robs her of social enjoyment. Enlarging eruptions are caused by impure blood, and are entirely cured by the great blood-purifying medicine—Dr. Pierce's Golden Medical Discovery. It removes from the blood the poisonous impurities which cause disease. It perfectly and permanently cures scrofulous sores, eczema, tetter, boils, pimples and other eruptive diseases which are caused by the blood's impurity. It increases the action of the blood-making glands and thus increases the supply of pure rich blood.

"For about one year and a half my face was very badly broken out," writes Miss Carrie Adams, of 125 West Main Street, Baltimore, Md. "I spent a great deal of money with doctors and for different kinds of medicine, but received no benefit. I read one of your advertisements in a paper, and obtained a bottle of Dr. Pierce's Golden Medical Discovery. Before I had taken one bottle of this medicine I noticed a change and after taking three bottles I was entirely cured. I can well recommend Dr. Pierce's Golden Medical Discovery to any one similarly afflicted."

The sole motive for substitution is to permit the dealer to make the little more profit paid by the sale of less meritorious medicines. He gains; you lose. Therefore accept no substitute for "Golden Medical Discovery."

The People's Common Sense Medical Adviser, a book containing 1008 pages, is given away. Send 21 one-cent stamps for expense of mailing only, for the book in paper covers, or 31 stamps for the volume bound in cloth. Address Dr. R. V. Pierce, Buffalo, N. Y.

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