

POPULAR WEEKLY

VOL. XXVIII

DALLAS OREGON JANUARY 24 1902.

NO 6.

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Dallas, Oregon.
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House, sign and ornamental, graining, kalsoming and paper hanging.
DALLAS, - OREGON

MOTOR TIME TABLE.

Leaves Independence for Monmouth and Astoria	7:30 a.m.	3:30 p.m.
Leaves Independence for Monmouth and Dallas	12:15 p.m.	7:15 p.m.
Leaves Monmouth for Astoria	8:00 a.m.	2:50 p.m.
Leaves Monmouth for Dallas	1:00 p.m.	7:50 p.m.
Leaves Dallas for Monmouth and Independence	9:00 a.m.	5:00 p.m.
Leaves Dallas for Monmouth and Independence	1:00 p.m.	8:50 p.m.

R. C. CRAVEN, R. E. WILLIAMS,
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DALLAS CITY BANK

OF DALLAS, OREGON.
Transacts a general banking business in all its branches; buys and sells exchange on principal points in the United States; makes collections on all points in the Pacific Northwest; loans money and discounts paper at the best rates; allows interest on time deposits.

VISIT DR. JORDAN'S GREAT MUSEUM OF ANATOMY
1051 MARKET ST., SAN FRANCISCO, CAL.
The Largest Anatomical Museum in the World. Wonderful and complete collection of human skeletons, bones, teeth, and all the organs of the human body. Also a complete set of the human system from an infant to an old man. See the "Giant Skeleton" and the "Giant Skull." Admission free. Open daily from 10 a.m. to 5 p.m. Call or write for circulars. DR. JORDAN & CO., 1051 Market St., S. F.

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TRUCKMAN.
Dallas: Oregon

A fair share of patronage solicited and all orders promptly filled.

Dallas Foundry!

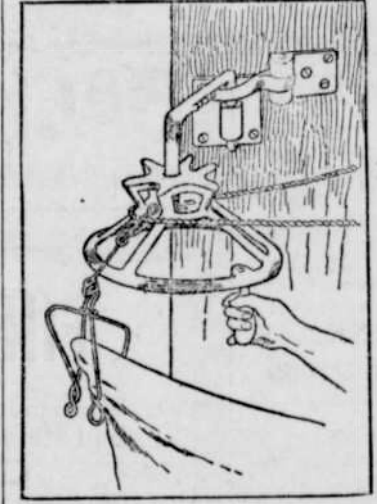
—ALL KINDS OF—
IRON WORK TO ORDER.
Repairing Promptly Done.
ED. BIDDLE, PROP.

FOR THE HOUSEWIFE

State and New Bread.
New bread is well known to be less digestible than stale bread, although it is not so. There can be no question, however, of the vast superiority of the former, and hence the preference of many people for hot rolls for breakfast, says the Baltimore Daily News. So far the palate would appear not to be a safe guide to digestion. Hot rolls, however, when masticated properly, should not offer any difficulty to the digestive organs. A slice of stale bread, on being broken with the teeth, resolves into more or less hard, gritty particles, which, unless they were softened by the saliva, would be almost impossible to swallow. The particles would irritate the throat and the gullet. The fact is, therefore, that man is compelled thoroughly to masticate and to impregnate stale bread with saliva before he swallows it. This act, of course, partially digests the bread and thus makes it in a fit state for digestion and absorption further on in the alimentary tract. This is why stale bread appears to be more digestible than new bread.

New bread, on the contrary, is soft, doughy or plastic, and there appears to be no necessity to soften it with saliva; hence it escapes the preliminary digestive action of the ptyalin of the saliva. New bread, in other words, is in reality "bolted," and "bolted" accounts for many of the ills arising from dyspepsia. Accordingly hot rolls should be enjoyed for breakfast without any fear of dyspepsia so long as the bread is good and so long as pains are taken to masticate it thoroughly.

Rotary Clothesline Hanger.
Our illustration shows a new form of pulley for use with endless clotheslines, the invention of Fred Wright of Coldwater, Mich. With the ordinary pulley it is only possible to use half the line, and in taking in the clothes no discrimination can be made in favor of those garments which dry more rapidly than others, but each must be removed in its turn. With the new pulley any number of garments may be passed over and only the drier ones selected, and that, too, without fear of soiling the clothes in their passage around the pulleys, as with the aid of the new hanger and pin



CAN USE ENTIRE LINE.
which form part of the invention of the clothes line pulley, are coming down the "home stretch," ready for the ironing. Another feature is that the line tightener, which is also shown in the picture, consists of a pivoted tongue meshing in notches in the side of the swinging arm which supports the pulley.

LUTHER & CO.
REAL ESTATE
Timber and Ranch Lands a Specialty.

We are prepared to locate you upon some of the finest timber claims in Oregon, or if you want an improved ranch or fruit farm, we can show you just what you are looking for. Call and see us. All correspondence promptly attended to. LUTHER & CO., Dallas, Or.

CLYCLONE AT FALLS CITY

Since the Luckiamute Mill Company Have received their fall and winter stock of Dry Goods, Boots, Shoes, Etc.

We defy competition. We buy everything. We sell everything. We keep nothing. Cumtux. Bring on your produce, 50 dressed hogs wanted. Remember we have 500,000 feet of No. 10 fencing at \$5 a M, also a full stock of all kinds of rough and dressed lumber, shingles, etc.

LUCKIAMUTE MILL COMPANY
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TABLE ETIQUETTE.

How to Eat Without Transgressing the Rules of Good Manners.

On seating oneself at table gloves, if worn, should be removed and the table napkin opened out and placed on the lap.

Bread may be placed either at the right or left side, according to convenience. Soup—Only small helpings of soup are given—half a ladleful is generally considered quite enough—and it is eaten as noisily as possible from the side of the table. It is allowable to tilt the plate slightly away from one while taking the last spoonful, but never toward one.

Fish—This is now eaten with silver knives and forks specially prepared for the purpose. A few years ago fish was eaten off a fork, and a crust of bread took the place of a knife in removing it from the bones. Then this fashion was dropped in favor of two forks, but at the present day fish knives and forks are so general that one seldom has to fall back on such makeshift arrangements.

Only the fork is used for eating rissoles, omelets and dishes made of minced or small cut meat. The knife is reserved for those viands which require cutting.

When eating sweet dishes, the fork is held in the right hand and is used exclusively, as far as possible. It is only for stewed fruits, milky puddings and other semiliquid dishes that the spoon is called into service. Asparagus is still eaten by some people in the old style of holding the stalk in the fingers, but the younger generation generally prefers the neater way of cutting off the points with the knife and conveying them on the fork to the mouth.

Salad is generally eaten from a separate plate placed at the left hand side of the guest. At dessert apples, pears, etc., are peeled and are then cut up to the right side for eating off a fork. Grapes are conveyed to the mouth by the fingers, and the stones and skins are passed from the mouth to the hand and then laid on the table.

Refinement in eating and drinking cannot be too strongly insisted upon. Even little children should be taught to place quite small portions of food in their mouths, to keep the lips closed during the process of mastication and never to drink while they have food in their mouths. Drinking while eating often leads to a choking both alarming and unpleasant to witness.

Crumbling one's bread, fidgeting with spoon and fork, digging in the salt cellar and other nervous tricks in which some people indulge while talking are all bad habits to be overcome.

How to Keep Preserves.
Keep the jars and cans in a cool, dark closet where you can have ventilation from door and window. This will keep the jars clean and free from the sticky moisture which makes them so unpleasant to handle. If you have no dark pantry or closet, use paper bags or tack newspapers on the edge of the shelves to exclude the light.

How to Make Graham Muffins.
One quart graham flour, one tablespoonful sugar, one teaspoonful salt, one teaspoonful soda, two teaspoonfuls cream of tartar, one egg, one pint milk. Sift together flour, sugar, salt, cream of tartar and soda, add beaten egg and milk. Bake in muffin pan in a hot oven 15 minutes.

How to Keep Woolens White.
Among the things that are worth remembering is the fact that beewax, broken in pieces and put within the folds of white woollens and white silks, will overcome the tendency toward yellowness that white fabrics have when laid away for any length of time.

PEOPLE OF THE DAY

The Fuller Incident.

After several months of quiet life, following his removal as commander of the British forces in South Africa, General Buller has reached the middle of the stage in one jump. For certain utterances he made in a recent speech, in which he discussed the South African war and especially the siege of Ladysmith, he was dismissed from the command of the First army corps and retired on half pay.

It seems that the dismissal of Buller by Secretary of War Brodrick has



GENERAL SIR REDVERS BULLER.

brought to the front a great many persons who were not hitherto classed as the general's friends, but who are now vociferously defending him and attacking the secretary of war. The friends of Buller include people of every class, and meetings and demonstrations in favor of the dismissed general have been held in all parts of England. In the language of Sir Lucius O'Trigger, "It's a pretty quarrel as it stands."

A Hardworking Young Man.

Few young men of the opportunities of Anson Phelps Stokes, Jr., would be willing to substitute a life of arduous duties in connection with a great modern university for the existence possible to him. Mr. Stokes, who has not yet turned thirty, is the wonder of all New Haveners of neither and plays a first class game, going through several rounds of match play at the last Connecticut state golf tournament with honors. In his leisure moments Mr. Stokes has invented a parlor golf game, which he has patented and put on the market. At the last commencement he managed to secure enough subscriptions at the last moment to fill out the new memorial hall and vestibule building. Constant calls are made by the undergraduates on Mr. Stokes, and his influence is tremendous among the students. Besides these activities Mr. Stokes finds time to become interested in the city and has served on the committee for the protection of the elm trees.

Dr. Thomas Resigns.
The Rev. Dr. Hiram W. Thomas has resigned as pastor of the People's church of Chicago, an institution with which he has been connected since he withdrew from the Methodist Episcopal church twenty-one years ago.

Impaired health is assigned as the cause for Dr. Thomas' resignation. He is directing a movement for a national people's church, and finds that he is unequal to this effort and the performance of the duties attending on his Chicago pastorate. Dr. Thomas will retain a passive connection with the Chicago church and will draw a life salary as pastor emeritus. Together with his wife he will devote his remaining years of activity to the national organization.

Mme. Grand in America.
Mme. Sarah Grand, author of "The Heavenly Twins" and "Babs," is in this country at present on a lecturing tour. The themes of her lectures are "Mere Man" and "The Art of Happiness."

Mme. Grand is what might be called a

Queer Creature.
There are microscopic creatures which live in roof gutters and on the bark of trees and are known as water bears and wheel animals. If allowed to dry up under the microscope, they can be seen to shrivel into shapeless masses, which may be kept for years unharmed in the dried state.

On being placed after this long interval in water they gradually plump up, resume their proper shape and move about in search of food just as if nothing had happened. Much the same is true for the minute worms which from the substances in which they live are known as paste and vinegar worms. Well known is the famous case of the desert snail, which, retracted into its shell, was fastened to a tablet in the British museum and showed no sign of life for seven years, when one morning it was found crawling hungrily about the glass case that formed its prison.

Ep His Sleeve.
At the battle of Omdurman a soldier belonging to a Scotch regiment was nearly killed by a bullet which struck the ground just in front of him while he was firing in a reeling position. On rising to move a few feet forward, something came down his sleeve. It was the bullet. How it got up his sleeve without inflicting damage can only be accounted for by the fact that it must have been spent by the time it struck the ground in front of him and the course of its flight up his sleeve was its last bid.

The Color of Wood.
A simple way to restore color to wood is to mix the color with oil and turpentine, applying with a soft cloth and

MME. SARAH GRAND.

"Story" writer, and many of the critics and authors in England and this country handle her rather roughly. But she also has in both countries many admirers and staunch supporters, and her books have had large sales. Of the "problem novel," the story that attempts to teach a theory or lesson, Mme. Grand says, "Well written, it will always be a success."

Hair Splits

"I have used Ayer's Hair Vigor for thirty years. It is elegant for hair dressing and for keeping the hair from splitting at the ends."

J. A. Gruenfelder, Grantford, Ill.

Hair-splitting splits friendships. If the hair-splitting is done on your own head, it loses friends for you, for every hair of your head is a friend.

Ayer's Hair Vigor in advance will prevent the splitting. If the splitting has begun, it will stop it.

\$1.00 a bottle. All druggists.

If your druggist cannot supply you, send us one dollar and we will express you a bottle. Be sure and give the name of your nearest first-class druggist. Address, J. C. AYER CO., Lowell, Mass.

The Life of a Coal Miner.

First, of the eight or ten is sent to the breaker to pick the slate and other impurities from the coal which has been brought up from the mine. From there he is promoted and becomes a door boy, working in the mine. As he grows older and stronger he is advanced to the position and given the pay of a laborer. There he gains the experience which secures him a place as a miner's helper, and as he acquires skill and strength he becomes when in the height of his manhood and vigor, a full fledged miner.

If he is fortunate enough to escape the falls of rock and coal, he may reach this position as a miner for a number of years. But as age creeps on and he is attacked by some of the many diseases incident to work in the mines he makes way for those younger and more vigorous following him up the ladder whose summit he has reached.

He then starts on the descent, going back to become a miner's helper, then a mine laborer, now a door boy, and when old and decrepit he finally returns to the breaker where he started as a child, carrying the same wages as are received by the little urchins who work at his side. There is no incentive for ambition in the average miner's life. He cannot rise to places of eminence and wealth. Only 1 in 500 can even be given place as a foreman or superintendent, and these are positions which few miners care to hold.—John Mitchell in Cosmopolitan.

For His Reputation, \$500.

The proprietor of a large dry goods store had decided to tear down the old building and erect a new one in its stead. In furtherance of this plan he was removing his goods to temporary quarters in another building.

The goods were nearly all out of the old structure when from some unknown cause it caught fire. The department was promptly on hand and soon had a stream playing on the flames, but the merchant was wild with excitement. Running up to the fire, he urged him to greater haste. "Never mind the goods!" he shouted. "Save the building! I'll give the boys a check for \$500 for their pension fund if they don't let the fire spread beyond that floor!"

"Why, you're going to tear the old building down anyway, aren't you?" asked the chief.

"Yes," he said, "but do you suppose I want the insurance companies or anybody on earth to think that the reason why it caught fire?"

By great exertion the fire was extinguished with little loss so far as the building was concerned, and the merchant was as good as his word.—Youth's Companion.

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RELIGIOUS THOUGHT.

Gems Gleaned From the Teachings of All Denominations.

Surrender to God is liberty and life.—Rev. Charles H. Watson, United Presbyterian, St. Louis.

We Live in the Future.
A man really lives in his future more than he knows.—Rev. George H. Heworth, Congregationalist, New York.

God's Claim.
In mapping out life's career, you can't afford to leave God out of account.—Rev. S. I. Lindsay, St. Louis.

Man's Inability.
All the men and women in the world can't make one sinner to be free from sin.—Rev. J. H. Holtzclaw, Baptist, Atlanta.

Danger Point.
When we come to a place in our life when we consider the material of more value than the spiritual prosperity, we are in great danger.—Rev. R. F. Eakes, Atlanta.

If You Will.
The mind of Christ may be yours. The spirit of God may be your abiding guest if you will, if you will—Rev. Herbert Yocell, Christian Church, Pittsburg.

A Lost Soul.
What does it mean for a soul to be lost? To lose the soul is to lose the God quality, the divinity, out of it.—E. Benjamin Andrews, D. D., Chancellor University of Nebraska.

Gospel Power.
Whatever makes character, whatever works brotherliness, whatever develops strength is a gospel force, conscious or unconscious.—Rev. C. B. McAfee, Presbyterian, Chicago.

Respect Christ.
Christianity presents to humanity not a system of truth to be indorsed and accepted, but a person to be received and trusted.—Rev. John W. Hoffman, Methodist, Allegheny, Pa.

Admit Your Sin.
If there is one thing in our day worse than our reckless tramping up and down God's laws it is our determined lying about our conduct and saying we are not doing wrong.—Rev. J. T. Davis, Baptist, McKeesport, Pa.

Sin Will Always Out.
So do many lives fall when they seem to be at their strongest, because some sin or fault of youth has left its wound and its consequent weakness at the heart.—Rev. Dr. James R. Miller, Presbyterian, Philadelphia.

Bible Strength.
Show me a man who resists the world, the flesh, sin and the devil, and I will show you a man who on bended knee, with the open Bible before him, makes a prayerful, diligent, thoughtful study of the world.—Rev. H. P. Aston, Baptist, Atlanta.

Decay.
There are decay and decline all around us—decay in church attendance, decay in Sabbath observance, indifference to the old sanctions. Worship is counting for less and less; fun for more and more.—Rev. George Eaves, Congregationalist, Silverton, Colo.

Do You Really Love God?
If a man asks me does he love God, in return comes the question which he must answer for himself—Does he love righteousness, purity, truth, goodness and beauty? If he does, then he loves God, for these are the characteristics of God.—Rev. A. J. Wilder, Episcopalian, Cincinnati, O.

Blinded by Sin.
No man can expect to see who puts a bandage over his eyes, so no man can expect to see God clearly who is constantly committing some sin which, although he may hide it from his fellows, is known to the Author of all things.—Rev. Dr. J. B. Hawthorne, Baptist, Richmond, Va.

Don't Worry.
When I built this house, I got a deed for the land and recorded it. I don't run down to the registry office every week to see that the title is good. If we have taken Jesus Christ at his word and committed our souls to his keeping and our lives to his ordering and our powers to his service, let us not worry about our title deeds to heaven. Go about your life work, brother, and do it thoroughly and conscientiously.—Rev. Dr. Theodore L. Cuyler, Presbyterian, Brooklyn.

Character a Growth.
The great decisions of our lives are not made in the exigencies of critical moments. There is no time in such exigencies to recast or change the character which has been formed and molded in the growth of former months and former years. Our action in these exigencies is in almost every case the result of these desires, thoughts and forces which have been paramount in heart and mind in the past.—Rev. Dr. Stanley A. McKay, President Shurtleff (Baptist) College.

The Greatest Good.
The greatest good is the spiritual good. There is no restriction to this. The man who is deprived of health can see very little of material good. The enjoyment of the intellectual good is confined to a comparatively small number. But no matter how helpless an invalid a man may be, no matter how ignorant he is, if he will appeal to his Creator he may find in the everlasting mercy of the Father a balm for all his ills.—Rev. Dr. Charles E. Dowman, President Emory College, Methodist.

How to Grill Ham.
Cut cold boiled ham in uniform slices a trifle thicker than if to be served cold. Season them highly with cayenne and mushroom catchup and broil one minute on each side, just enough to warm through, and serve immediately.

Keeping Flowers Fresh.
With the chrysanthemum season at hand lovers of the flower will be glad to know that the Japanese have a way of keeping them fresh for a long time. They burn the ends of the stems with a bit of flaming wood—not a match, as the fumes of the sulphur would injure the flowers.

IT SCARES PEOPLE
Who come of a consumptive family when they begin to cough and the lungs are painful. But it is a fact beyond dispute that consumption is not passed on by inheritance. The microbe which breeds disease must also be received by the individual before consumption can be developed.

Men and women who have been afflicted with obstinate coughs, bronchitis, bleeding of the lungs, emaciation and weakness, have been perfectly and permanently cured by the use of Dr. Pierce's Golden Medical Discovery. It cures the cough, heals the lungs, and builds up the body with solid flesh.

"When I commenced taking your medicine, eighteen months ago, my health was completely broken down," writes Mrs. Cora L. Sturtevant of Chautauque, Calvert Co., Md. "At times I could not even walk across the room without gasping for breath. The doctor who attended me said I had lung trouble, and that I would never be well again. At last I concluded to try Dr. Pierce's medicine. I bought a bottle of 'Golden Medical Discovery,' took it, and soon commenced to feel a little better, then you directed me to take both the 'Golden Medical Discovery' and the 'Favorite Prescription,' which I did. Altogether I have taken eighteen bottles of 'Golden Medical Discovery,' twelve of the 'Favorite Prescription,' and now I feel like a new man. I am now almost entirely well, and do all my work without any pain whatever, and can run with my usual ease than I could formerly walk."

Dr. Pierce's Common Sense Medical Adviser, in paper covers, is sent free on receipt of 21 one-cent stamps to cover expense of mailing only. Address Dr. R. V. Pierce, Buffalo, N. Y.