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Dallas, Oregon.
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Leaves Independence for Monmouth and Astoria - 7:30 a.m.
Leaves Independence for Monmouth and Dallas - 1:10 a.m.
Leaves Monmouth for Astoria - 7:15 a.m.
Leaves Monmouth for Dallas - 2:50 p.m.
Leaves Dallas for Monmouth and Independence - 1:20 a.m.
Leaves Dallas for Monmouth and Independence - 9:30 a.m.
Leaves Dallas for Monmouth and Independence - 8:30 p.m.

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DALLAS CITY BANK
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Transacts a general banking business in all its branches; buys and sells exchange on principal points in the United States; makes collections on all points in the Pacific Northwest; loans money and discounts paper at the best rates; allow interest on time deposits.

VISIT DR. JORDAN'S GREAT MUSEUM OF ANATOMY
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The Largest Anatomical Museum in the World. Exhibitions of all the organs of the human body, and of all the animals, and of the various stages of development of the human body. Dr. Jordan's special pathology. Consultation free and strictly private. Treatment guaranteed. Write for Book "DISEASES OF MEN" and "DISEASES OF WOMEN" (A complete book for men.) Call or write.
DR. JORDAN & CO., 1051 Market St., S. F.

F. H. MUSCOTT,
TRUCKMAN,
Dallas, Oregon
A fair share of patronage solicited and all orders promptly filled.

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—ALL KINDS OF—
IRON WORK TO ORDER.
Repairing Promptly Done.
ED. BIDDLE, - PROP.

A Washington man complained bitterly to the District Commissioners of the pasting of advertising labels on boxes of bread and wanted them to stop the practice, but the commission was assured that the official chemist's opinion was that the use of these labels on bread is in no way detrimental to health.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

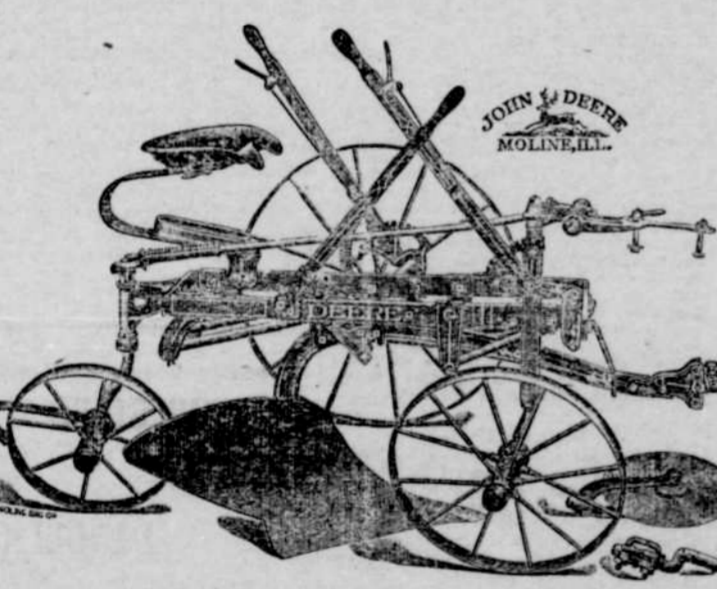
Chas. H. Fletcher

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
Bears the Signature of
Chas. H. Fletcher
The Kind You Have Always Bought
In Use For Over 30 Years.

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—DEALER IN—
VEHICLES AND AGRICULTURAL IMPLEMENTS.
DALLAS, OREGON.



Upper Salt Creek Lumbering Co
MARTIN BROS., PROPRIETORS.
All kinds of rough and dressed lumber on hands or cut to order. We can fill any order for lumber of any length promptly.
Slab wood for cook stoves or harvest engines at 50 cents a load.

SAMPLES FREE
Our Immense Stock of
Wall paper is all in. It is by far the finest line we have ever offered to the public.

Send for samples of paper from 5 cents to 60 cents a double roll. We pay the freight on \$10 orders.

BUREN & HAMILTON
The Low Price Furniture House

SIGNAL OF DISTRESS.
APPETITE FOR ALCOHOL INDICATES DEGENERATION.
Denotes a Condition of Mental and Physical Disease That is Rarely Realized by the Victim Until it is Too Late.
The delusive theory that the appetite for alcohol is rational and should be gratified within certain limits dates back to the old Grecian philosophers, says Dr. T. Crothers, M. D. Its fallacy has been shown over and over again, and its restraint and defense at this time by Judge Woodbridge Strong of New Brunswick, N. J., in his ruling on protests recently made before him against the issuance of saloon licenses indicates a sad belation and want of knowledge regarding the conclusions of science and has the farrow sound of one who is lost in the march of events.
Upon issuing the licenses asked for Judge Strong announced it as his conviction that the appetite for alcoholic liquor is as natural as that for food and that this appetite should be satisfied as a God given desire, claiming that its existence in all races of men, ancient and modern, proves it as such.
That the appetite for alcohol is never natural, but always unnatural and abnormal, is evidenced beyond dispute. It is a certain sign of defects of both brain and nervous system. It is also an expression of physical and psychical distress, of imperfect and deranged activity of the brain centers and vital forces, and it may be literally called a cry for relief and rest. Alcohol, when taken, opens up a new world of feeling, covering up the old sense of unrest, discomfort and pain. This is done by temporary palsy of the sensory centers, followed by a delusive feeling of comfort. This palsy is temporary and recedes in a certain intensification of every condition which has created the desire for it. The savage and civilized man the use of alcohol reveals new feelings, new experiences. To the degenerate and the exhausted brain and body and the faulty nervous energies it covers up a consciousness of their presence and brings a new sense of change and rest. In all this the alcoholic appetite is disease, degeneration and death, always masked and rarely realized by the victim until recovery is impossible. The alcoholic appetite is literally dissolution and a short, lurid march to old age and death. It is the opposite of evolution and can never be natural, God given or trained in certain limits.
The presence of alcohol in almost every clime and race and the facility of procuring it, together with its delusive action, are not the products of nature for the evolution of the race, but the means for dissolution and destruction. If the poppy could be grown in all parts of the world, opium would very largely take the place of alcohol, and the same appetite which finds relief from alcohol would turn to this drug. The alcoholic appetite is inherited or acquired and may be actually grown and cultivated like a plant, coming from soils of exhaustion, starvation, self poisoning and increased by brain and body flaws and perversions of cell and nerve activity. The favoring conditions may all be present when a single glass of spirits will fertilize and cause them to spring into activity. The alcoholic appetite is a signal flag of distress pointing out injuries which have come down from the past and grow up in the present. Its control means removal of the causes and favorable conditions for its growth and restoring the lost vigor and energy which it signals. The alcoholic appetite leads to mental and physical suicide. Science indicates the possibility of its final extinction and the Hesperus breaking up of all use of alcohol as a beverage.

FALLACIOUS ARGUMENTS.
Untenable Position of Those Who Claim Alcohol is a Food.
It is claimed that alcohol is a food because it is oxidized in the body. The fallacy in this argument will be clearly seen if it is stated in the form of a syllogism.
All foods are oxidized in the body. Alcohol is oxidized in the body, therefore alcohol is a food. Let us take some other substances that are known to be oxidized in the body. Phosphorus is oxidized in the body, therefore phosphorus is a food. Iron filings are oxidized in the body, therefore iron filings are a food. In the decay of meat and other proteins certain compounds are formed known as ptomaines. Some of these are deadly poisons and are oxidized in the body, therefore ptomaines are a food.

Wheelwomen in Europe.
Wheelwomen in Europe meet with many difficulties. In Russia everything is managed "by order of the czar," and cycling is no exception to the rule. Before a woman can possess a wheel she must obtain royal consent, and as this is granted quite sparingly there are but few wheelwomen in Russia.
France recognizes the right of the husband to be home, and before marriage can join the touring club she must first obtain a signed declaration from her spouse granting her the privilege.
In Florence women cyclists must carry two bells to warn pedestrians of the machine's approach. Men are required to have only one bell.

On Jellies
preserves and pickles, spread a thin coating of refined
PARAFFINE WAX
Will keep them absolutely moisture and acid proof. Paraffine Wax is also used in a dozen other ways about the house. Full directions in each jar.
STANDARD OIL CO.

Fashionable Use For Photographs.
Now that every one in society possesses one or two cameras, the latest thing is to find a new way of disposing of the photographs that have been taken. Scrap albums are just a little out of date, and it is far smarter to have your photographs mounted in a long green frame that runs round your room above the dials and so arranged that from time to time the sets may be changed. Another favorite way is to arrange them as stereoscopic views and family groups. Interiors and pastoral scenery are quite charming when used in this way.

LANGUID
Many a school-girl is said to be lazy and shiftless when she doesn't deserve the least bit of it. She can't study, easily falls asleep, is nervous and tired all the time. And what can you expect? Her brain is being fed with impure blood and her whole system is suffering from poisoning. Such girls are wonderfully helped and greatly changed, by taking
Ayer's Sarsaparilla

Hundreds of thousands of schoolgirls have taken it during the past 50 years. Many of these girls now have homes of their own. They remember what cured them, and now they give the same medicine to their own children. You can afford to trust a Sarsaparilla that has been tested for half a century.
If your bowels are constipated, take Ayer's Pills. You can't have good health without a regular action of the bowels. 25 cts a box.
"One box of Ayer's Pills cured my dyspepsia."—E. D. CARDWELL, Jan. 12, 1890. Bath, N. Y.
If you have any complaint whatever and desire the best medical advice you can possibly receive, write the doctor freely. You will receive a prompt reply.
Dr. J. C. AYER, Lowell, Mass.

Again, it is claimed that alcohol is a food because it decreases tissue waste. Apply the syllogism and see how this will bear the test of logic. Morphine, when taken into the body, reduces tissue waste, therefore morphine is a food. Arsenic diminishes tissue waste, therefore arsenic is a food. And so we might multiply by going through the whole list of narcotic poisons.
What can be said in defense of such sophistry? Is it an insult to the common intelligence of school children? To say nothing of the audacity of attempting by such argument to overthrow the combined testimony of the highest authorities on physiology—John A. Kirkpatrick, M. D., Professor of Pathology, Hering Medical College.

Vegetable Salts Lost.
The cookery of the present day, says a prominent physician, is conducted so as to eliminate nearly all the vegetable salts. The water in which they have been cooked is thrown away, and when the food is ready for the table it has been deprived of many of its natural properties. Vegetable salts are especially serviceable when given in the form of food, and if we would mitigate the misery caused by rheumatism and various skin diseases we must begin by reform in the kitchen. The vegetables should be prepared, he says, so as to retain all salts and should become a part of the daily food. The salts were intended for use in the animal economy, and when not supplied the system is robbed of an essential ingredient of food and will thus more readily respond to discomfort and disease. Vegetable salts help to render certain substances soluble and stimulate the cells of certain glands to a more active secretion.

Shelter From the Weather.
In all flocks, especially those fed in the open, as on the range, where complete protection is costly and economy leads one to submit to moderate losses rather than to avoid those at much greater cost, there will be need to provide some shelter in some way, says The Sheep Breeder. English and Scotch shepherds do this by greasing the fleece, so that cold rain is easily shed before it can reach the skin and chill the sheep. This may be done with small trees, but on a large scale will cost more than it will come to, but still the subject may be worth attention and made amicable whenever it may

FOOD FOR HOGS.
Experiments Showing the Value of Various Roots.
Messrs. C. S. Plumb and H. E. Van Norman of the Indiana experiment station have published details of valuable tests of roots as food for pigs. In 1898 as high as 24.25 tons of mangel wurzels per acre were produced at the station at a cost of about 85 cents per ton when tested. Their feeding value was tested with 12 pigs of ordinary breeds. The pigs were weaned only two days before the beginning of the test, when they were about 3 months old. They were divided into lots, each lot containing three males and three females. The test began Feb. 1 and closed April 19, 1899. The pigs were confined in small lots 15 by 30 feet in size, with a comfortable shelter house in each. Lot 1 was fed on slop consisting of corn and shorts, one to two, and cut mangel wurzels and litters. Lot 2 was fed on cornmeal and shorts only. The pigs were supplied with water, ashes and salt. Weighings were made at the end of each week. At the beginning of the test the average weight of the pigs in the two lots was 44 pounds and 46 pounds respectively. Each lot consumed 377 pounds of meal and shorts per pound gain. In addition to the grain ration lot 1 ate 514 pounds of mangel wurzels during the test. The authors compute the amount of digestible nutrients in the ration eaten: "The mangels were fed only as eaten up clean, and the pigs did not eat them with the relish that might have been anticipated. The cut roots were mixed with the grain slop, and the pigs would clean up the slop in preference to the roots as a general rule, eating the latter quite leisurely. It required exactly the same amount of cornmeal and shorts to make a pound of gain with each lot."
The authors continued the experiment from April 19 to June 7 in order to determine whether a succulent ration had any beneficial after effects, each lot being fed on a ration of cornmeal and shorts. The average weight of the pigs in lot 1 at the beginning of this test was 113.3 pounds and of those in lot 2 120.3 pounds. The average daily gains were 8.39 and 8.55 pounds respectively. The pigs in lot 1 required 4.44 pounds of grain to make a pound of gain; those in lot 2 4.36 pounds. If the mangels were of value in the feeding, the figures show it to be only a small way. The mangel fed pigs were no more healthy at any time than were those not fed, while the cost of producing flesh with them was slightly more than with the others. The difference, however, was so slight that a redistribution of the pigs or a substitution of another lot 1 might have reversed the results. The writers feel that roots in some form are a desirable food for pigs in winter as an addition to the grain ration in promoting healthy activity of the digestive organs and acting as an appetizer. Sugar beets, artichokes or carrots would no doubt serve this purpose better than mangels. They are more expensive in view of greater cost of production, but this difference is not important.

GEMS IN VERSE.
OLD FAVORITES.
The Breath of God.
What comes to us on speedy wing,
Like lightning from the sky,
And flashes through the human brain?
Whence? Whither? How and why?
Unseen, unbidden and unknown
It wells each passing hour,
It makes and unmake men and minds
A weird, mysterious power.
Pray solve the riddle, ye who may—
The mystery of Thought,
Whence comes it? Whither dost it tend?
Where is it and where not?
Is it a germ of boundless power,
Of infinite abode,
That links us to Omnipotence?
Is it the breath of God?
—John Wentworth.

Gratitude
Always seeks to find some expression for itself, and womanly gratitude will not keep silence. Cynical people sometimes say: Why do women write these testimonials to the value of Dr. Pierce's Favorite Prescription? The answer can be put in one word, Gratitude. When, after years of agony a woman is freed from pain, when the weak woman is made strong and the sick woman well, the natural impulse is to write a word of grateful thanks for the medicine which caused the cure.
Dr. Pierce's Favorite Prescription cures diseases peculiar to women. It establishes regularity, stops weakening drains, heals inflammation and ulceration and cures female weakness.
"Having used Dr. Pierce's Favorite Prescription and Golden Discovery during the past year," writes Mrs. Mattie Long, of Florida Valley, Perry Co., Pa. "I can truthfully recommend the medicine for all female weaknesses. I have used several bottles of 'Favorite Prescription' and consider a great blessing to weak women. I was so nervous and discouraged that I hardly knew what to do. Your kind advice for home treatment helped me wonderfully. Thanks to Dr. Pierce."
Dr. Pierce's Pleasant Pellets cure biliousness, and sick headache. They should be used in connection with "Favorite Prescription," whenever the use of a laxative is indicated.

The Last Leaf.
I saw him once before,
As he passed by the door,
And again
The pavement stones rebound
As he totters o'er the ground
With his cane.
They say that in his prime,
Ere the graying knife of time
Cut him down,
Not a better man was found
By the crier on his round
Through the town.
But now he walks the streets,
And he looks at all he meets,
Sad and wan,
And he shakes his feeble head,
That it seems as if he said,
"They are gone."
The money marches rest
On the lips that he has lost
In their bloom,
And the names he loved to hear
Have been carved for many a year
On the tomb.
My grandmother has said—
Poor old lady, she is dead
Long ago,
That he had a Roman nose,
And his cheek was like a rose
In the snow.
But now his nose is thin,
And it rests upon his chin
Like a staff,
And a crook is in his back,
And a wretchedly crack
In his laugh.
I know it is a sin
For one to sit and grin
At him here,
But the old three cornered hat
And the breeches and all that
Are so queer!
And if I should live to be
The last leaf upon the tree
In the spring
Let them smile, as I do now,
At the old fashioned laugh
Where I cling,
—Oliver Wendell Holmes.

Tribune Bicycles.
"THE EASY RUNNING NOISELESS WHEEL"
Roadsters, \$35 and \$40. Light roadsters and racers \$50. Chainless \$60 and \$75. Tribune cushion frames \$50 and upward. Tribune coaster brake models \$5 extra. I am having the best Tribune made I have ever known, due to the fact that the wheels have proven themselves to be all that was claimed for them. Come and see the line.
F. A. WIGGINS,
Opposite postoffice, Salem

be possible. "Prodi is the main object, and necessarily it is not possible to wholly avoid losses from unavoidable accidents. But it should be considered that the condition of the sheep has much to do with its ability to resist unwholesome conditions, and thus it should be the serious object of all concerned to maintain to the highest possible degree the condition and stamina of the flock as the winter approaches. But in regard to the matter of profit it may be considered that it is not only the saving of a few sheep, but the preservation of the health and condition of the whole band, upon which the final return must come, that is at stake. It is scarcely possible to be minute in detail, but the principal involved is to be made a matter of careful study, as it may be controlled by circumstances.

Small Barnyards Are Best.
From an economic standpoint most barnyards are too large, says L. N. Snook in The American Agriculturist. The loss of fertility is far greater in a large than in a small one. This loss is not so noticeable in newly settled fertile sections of the country as in states east of the Mississippi river, where the once fertile land has been robbed of its organic matter. Thousands of farmers lose every year in keeping the stock in large yards during the feeding season enough fertility to equal in value a ton or more of the most expensive commercial fertilizer. If the yard is large, with a high, dry place at one side, the stock will congregate there, and the richest droppings are lost by being trampled in and mixed with the soil, unless the surface soil is all hauled to the field, which it would often pay to do. Many yards extend to the creek or are located on a hillside. From these the loss is also heavy, unless the washings extend over a pasture or cultivated field. The better plan is to make the yard as small as possible consistent with convenience; also have it protected by roof to a great extent. The saving of fertility and comfort to stock will pay a big annual interest on the investment.