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City Hall

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Physician and Surgeon,
Dallas, Oregon.

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Will practice in all courts.

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MOTOR TIME TABLE.

Leaves Independence for Monmouth and Airlie—
7:30 a m 3:30 p m
Leaves Independence for Monmouth and Dallas—
11:10 a m 7:15 p m
Leaves Monmouth for Airlie—
7:50 a m 3:50 p m
Leaves Monmouth for Dallas—
11:20 a m 7:30 p m
Leaves Airlie for Monmouth and Independence—
9:00 a m 5 p m
Leaves Dallas for Monmouth and Independence—
1:00 p m 8:30 p m.

R. C. CRAVEN, President. R. E. WILLIAMS, Cashier.
DALLAS CITY BANK
OF DALLAS, OREGON,
Transacts a general banking business in all its branches; buys and sells exchange on principal points in the United States; makes collections on all points in the Pacific Northwest; loans money and discounts paper at the best rates; allow interest on time deposits.

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The Largest Anatomical Museum in the World. Weaknesses or any contracted disease positively cured by the oldest Specialist on the Coast. Est. 26 years.
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SYPHILIS thoroughly eradicated from system without the use of Mercury. Trusses fitted by an Expert. Radical cure for Rupture. A quick and radical cure for Piles, Fissure and Fistulas, by Dr. Jordan's special painless methods.
Consultation free and strictly private. Treatment personally or by letter. A Positive Cure in every case undertaken. Write for Book PHILOSOPHY of MARRIAGE, MAILED FREE. (A valuable book for men.) Call or write
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A fair share of patronage solicited and all orders promptly filled.

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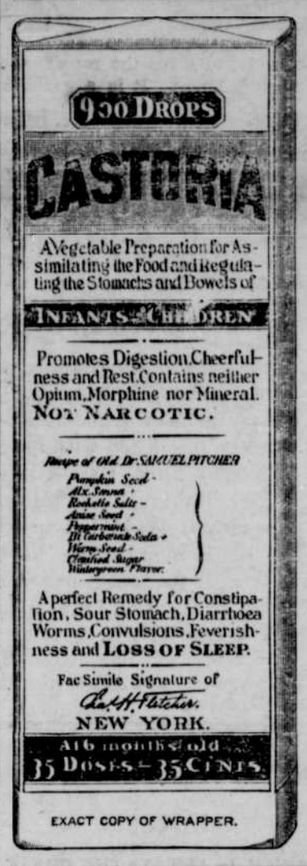
—ALL KINDS OF—
IRON WORK TO ORDER.
Repairing Promptly Done.
ED. BIDDLE, - PROP.

Splash of Boston Courtesy.

The gracious urbanity that is revealed in the sessions of the common council of Boston must fill the inhabitants of ruder cities with humility. Thus one councilman refers to "the clairvoyant from ward 10" and to "the Aguinaldo haddock render of ward 7." The publication of these sweet decencies of expression cannot but elevate the tone of public manners.—New York Sun.



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For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher.
In Use For Over Thirty Years
CASTORIA
THE CENTAUR COMPANY, NEW YORK CITY.

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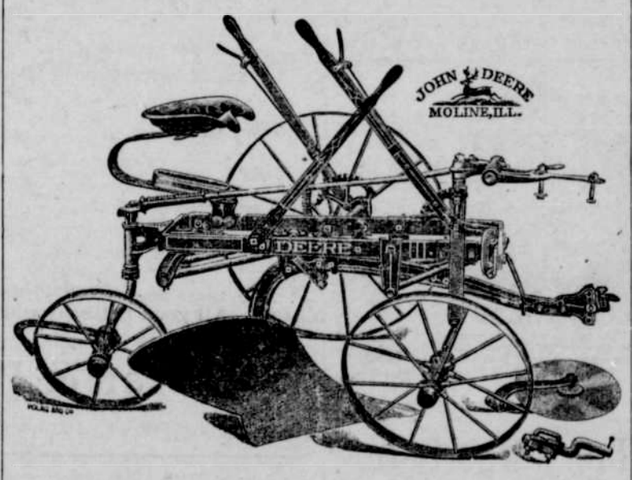
DALLAS, OREGON.



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THURSTON BROS., PROPRIETORS, DALLAS, OREGON.
—DEALERS IN ALL KINDS OF—
LUMBER
Both rough and dressed material on hand and orders of any size promptly filled.

UPPER SALT CREEK SAW MILL
MARTIN BROS., PROPRIETORS.
All kinds of rough and dressed lumber on hands or cut to order.
200,000 Feet in Stock.
Slab wood for cook stoves or harvest engines at 50 cents a load.

CONTAINS NO NUTRIMENT.

Reasons Why Alcohol Cannot Have Food Properties.

Let me repeat and emphasize the fact that physiological science has demonstrated to a verity that neither animals nor humans can use inorganic matter in any form whatsoever. To them it is always a nonusable or injurious substance. In the formative process carried on by animal vitality all the building material must be taken from the organic plane of matter. There is no exception whatever to this predetermined law of nature. All the exact sciences prove indisputably that there are no exceptions to any of nature's laws.

It is now so well established that alcohol belongs entirely to the inorganic plane of matter that it is recognized not only by scientists, but also by every well informed individual. Alcohol is the product of decomposition—decomposition of organic matter—vegetable substance. Through decomposition organic matter is returned to the original form of matter—the inorganic. In the process of decomposition the organic cell structure becomes broken, vitality then relinquishes all claim upon it, the chemical or inorganic forces assert their primordial claim; consequently organized matter is brought back to the inorganic plane.

Alcohol being an inorganic substance, it follows by an indefinible law of nature that it cannot be used in the human system nor anywhere in the domain of animal vitality. Belonging to the inorganic plane of matter, it does not, cannot, sustain any constitutional relation to the human system, consequently cannot possess any food properties whatever.

In view of the scientific facts given, of the fixed, irrevocable limitations set by nature upon animal vitality, any declaration that human vital force can leap the chasm and secure nutriment from this form of inorganic matter (alcohol) simply demonstrates that the mental vision of the experimenter was deflected through the media of prejudice and ingrained opinion or that the method of experimentation was defective.—Dr. Margaret S. Organ.

DON'T TOUCH LIQUOR.

Reasons Why Total Abstinence Is the Only Safe Course.

While the disease of alcoholism is found among all classes of men, yet those possessed of the strongest intellect and finest nervous systems seem to be more susceptible than others to this disease, says The Union Signal. These well known facts which have so thoroughly demoralized the argument for total abstinence in the past furnish a secure foundation for the total abstinence position if interpreted in the light of modern science.

The reason for total abstinence is not that all men who drink are drunkards, for that is not true, nor that mental or moral weakness is a cause of intemperance, for this is so far from the truth that the very brightest and best are among those afflicted. Here, then, is the unassailable argument for total abstinence based on the scientific fact of the pathological character of alcoholism.

Addressing the young man who stands at the parting of the ways I should say: "You may or may not be physically so susceptible to the poisonous action of alcohol that if you drink at all you will become a drunkard. There is no way of finding out but by trial. Similarly there is no way to determine whether you are susceptible to smallpox or not without subjecting yourself to the test. The question is purely a physical one. Do not get your thought muddled by these theories regarding will and strength of mind and the like. If you have the right nervous organization and drink at all, you will become a drunkard as certainly as the law of gravitation swings the earth about the sun. As it would be irrational to experiment with smallpox, so it would be irrational to experiment with alcohol, for if you happen to belong to the class that is physically susceptible to the malady you will find it out too late to prevent serious consequences; hence total abstinence is the only safe and rational course of action."

The Man With the Wine Cup.

He bends his head, he lowers the brow,
Crouching on earth, from whence he came,
'Tis not because he guides the plow,
Nor need his working tools have blame.
The windows of his soul are closed,
The clay upon him heavy lies,
And wherefore has it interposed
This heavy vail with blinding plies?

Why does he stand no more erect
Godward and mankind face to face?
Can God be blamed for this defect,
That he, God's type, doth thus displace?
Is it his work that makes him so,
Tilling and sowing the rich brown soil,
Seeing the green blade swell and grow,
The harvest that repays his toil?

He hardly marks the outward thing;
The inward sense is overlaid.
His thoughts ne'er soar on joyous wings
To heaven, for which his soul was made.
He lives with nature—gentle nurse,
That nurtures many a soul to God;
Why is his stunted, dwarfed, traverse,
Companioned and akin the clod?

As "heir" what have the "ages" brought
To him who stands in streaming light?
Dupe of "inventions," they "sought,"
Beguile the hour to rob their might.
He, too, beguiled in youth's fair morn
(True to the germ of heritage)
Gives way to promptings oft inborn
With poison drafts his thirst t' assuage.

Is there no remedy at hand
For this degeneracy we see?
None who can wield a magic wand
From this snake demon, man to free?
That he the superscription wear
Once more of God instead its coil?
Ah, who can help the burden bear
And, bearing, wash away the soil?

Blest be the man whose pity warm
Is plea enough that he should give
The stricken ones a counter charm
That they again true life should live.
Thrice blest are they combined who fight
And hunt the demon from his lair,
And like St. George, with God robed might,
They'll free these victims from despair!
—Union Signal.

His Record.

This is a world of sad changes. Listen to this:

This life it is "Up and go it!"
This was his bright career:
Fifteen years as a poet,
Balance—an auctioneer.
—Atlanta Constitution.

ON GUARD

The warning cough is the faithful sentinel. It tells of the approach of consumption, which has killed more people than war and pestilence combined. It tells of painful chests, sore lungs, weak throats, bronchitis, and pneumonia. Do not suffer another day. It's useless, for there's a prompt and safe cure. It is
Ayer's Cherry Pectoral
which cures fresh colds and coughs in a single night and masters chronic coughs and bronchitis in a short time. Consumption is surely and certainly prevented, and cured, too, if taken in time.
A 25c. bottle for a fresh cold; 50c. size for older colds; $1 size for chronic coughs and consumption.
"I always keep a bottle of Ayer's Cherry Pectoral on hand. Then every time I get cold I take a little of it and I am better at once."
JAMES O. BUQUOR,
Oct. 19, 1898. El Paso, Texas.
Write the Doctor. If you have any complaint whatever and desire the best medical advice, write the Doctor freely. Address
Dr. J. C. AYER, Lowell, Mass.

WOMAN AND FASHION.

Toilet of Light Tan Cloth—The Old Fashioned Sleeve—Pretty Dress For a Girl.

The toilet is of light tan cloth, with the long, gracefully trailing skirt adorned at either side of the front and in the middle of the back with a cluster of tiny short tucks. The blouse bodice is

TAN CLOTH TOILET.

tucked on the shoulders and cut out in the middle of the front from the bust to the waist, the upper part in the center being adorned with applications of white lace, while the lower part is bordered at either side with round buttonholes, encircled with white lace and threaded with a black taffeta scarf, with the ends knotted and enriched with gold tags. Underneath this lace scarf is a full plastron of white mousseline de soie. The lower part of the sleeve is cut out, filled in with the mousseline and then laced with black taffeta.—Philadelphia Ledger.

In the Interest of Accuracy.

At a meeting of the Mansfield House settlement Mr. Percy Alden, the warden, told a story of the mother of Robert Louis Stevenson. The widow of the novelist was telling how, in the island of Samoa, the old lady had taken walks with a native chieftain "who had killed thousands and eaten hundreds." "Oh, Fanny!" exclaimed the novelist's mother in horror, "you know it was only 11!"—London Chron-

RELIGIOUS THOUGHT.

Gems Gleaned From the Teachings of All Denominations.

The keynote of the wondrous harmonies is love to God and love to man.—Rev. Dr. W. E. Loucks, Presbyterian, Kansas City.

Temptation.

One of the greatest temptations of men is the desire to get rich either dishonestly or too fast.—Rev. C. M. Sheldon, Baptist, Topeka.

The Best.

Every human being should earnestly extract from life out of his environment that which is best.—R. B. Gruelle, Spiritualist, Indianapolis.

Future State.

Thanks be to God that our future state is altogether independent of our present prominence or obscurity.—Rev. Robert Talbot, Episcopalian, Kansas City.

Words.

"The words," whether written or spoken, are the manifestation of the inner, invisible spirit of the writer or speaker.—Rev. Dr. W. P. George, Presbyterian, Kansas City.

Counting Time.

We count time not by the dates of the calendar, but by the experiences that make and mark new epochs in our lives.—Rev. Dr. J. S. Kirtley, Baptist, Westport, Kan.

Christianity.

Christianity is not an occupation that can be followed or laid aside at one's pleasure. It is a life that must be continuous or lost.—Rev. I. F. Roach, Methodist, Kansas City.

Doing Our Duty.

While it is sometimes perilous to do one's duty, yet there is greater danger in forsaking duty and follow a way to further our own ends.—Rev. Richard E. Sykes, Universalist, Denver.

Glorious Visions.

We gain visions of unending glory not when we gaze on visible things, but when we look at the things which are unseen and eternal.—Rev. Dr. William M. Jones, Congregationalist, St. Louis.

Food of Spiritual Life.

Good deeds are the food upon which the spiritual life is sustained. This is what Jesus meant when he said, "My meat is to do the will of him that sent me."—E. A. P. Haynes, Congregationalist, St. Louis.

Value of a Golden Wedding.

Go to a golden wedding if you can. It will throw a glory over your heart like that over the face of Moses when he communed in the mount.—Rev. A. W. Kodendoffer, Christian Church, Kansas City.

Man's True Way.

A man's true way should be one leading right forward into ever new fields of learning. "Do your level best by the light that you have each day, but from youth to age keep an open mind," is the motto that makes great men and great nations.—Rev. David Utter, Unitarian, Denver.

Ultimate Reverence.

The ultimate reverence is the reverence for your fellow man. The ultimate relation is that which binds you to your fellows, and the saving and final grace that comes to the religious soul is that which gives him a love for humanity.—Rev. J. L. Jones, Independent, Chicago.

A Nation's Greatness.

The greatness of a nation depends on its interior life; not on the size of its territory, but on the number of its people; not on its great highways, binding the people together in one great nation; not on the plenitude of its arts; not on the largeness of its wealth.—Rev. Lyman Abbott, Congregationalist, Brooklyn.

Individual Manhood.

Individual manhood uses its privileges and shares them freely with others. The wheat which gains the prize is the wheat which rides the wind to the furrow to grow a hundredfold. The men who become Washingtons, Miltons, Pauls, Luthers, Wesleys, gave their lives to the service of God and humanity.—Rev. Dr. J. O'B. Lowry, Baptist, Kansas City.

Need of Christian Heroism and Sacrifice.

What the world needs is a sublime example of Christian heroism and sacrifice, and this would be given by Christian business men earning their support and giving of their time and means for the salvation of men and by refined women of Christian homes ministering with their own hands to their poor, unfortunate and suffering sisters.—Rev. J. Clayton Youker, Methodist, Chicago.

Winning of Souls.

To win a soul is to enter the inner sanctuary of conscious selfhood—into the very citadel of life—from whence motives spring, where affections dwell and the will reigns, there to shatter every idol erected in the temple of the soul, upon whose altars is offered sacrifice to pride, to lust and to all things that rival God, and instead so woo that soul that it shall erect an altar to God and offer the sacrifice of a willing service before the image of Jesus Christ which has been formed in the heart.—Rev. Dr. Quillian, Methodist, Atlanta.

Right Living.

To simply eat and sleep, that is not life—i. e., not human life. To be the slave of work—of work that takes the joy and serenity out of life—that is not to truly live. To have no time to think, to have no days to ourselves, to never let our minds expand under the influence of great thoughts, that is not to live. To be self centered, that is not to live. Even to be centered in our families is not to fully live. Nor is it living never to enter the atmosphere of principles and feel their compelling and transfiguring power. Yes; real living is in interpenetrating all common human experience with the power of a good will, irradiating sorrow and defeat and loss with the glow of a mind that will not be disheartened by them.—William M. Salter, Ethical Culturist, Chicago.

The Old Fashioned Sleeve.

The old fashioned flowing sleeve is becoming very fashionable. The "flow" may be as deep as the floor and is so seen upon some of the newly imported gowns. Others have only a sweep of a few inches, but the cuff, far from being a bell, is cut decidedly on the slanting lines of the flowing sleeve. It is flat to the wrist, but suddenly flares under the hand and widens in a way to trail upon the gown.

Fur sleeves, too, are very popular. You see the sleeve of sealskin cut off far above the wrist, below it the puff of black satin, with the straight cuff of sealskin. Fur sleeves are made finished with sleeve puffs of green satin and dark red, all colors being worn with the different varieties of fur.

The plain everyday sleeve of the winter is a modified leg o' mutton. It is plain at the top, with the slightest suggestion of the tailor made effect. It is set into the waist squarely, with a square shoulder effect. Below the shoulder it gets larger at once, and, while it never becomes baggy, it is very full. Suddenly at the wrist it is gathered in and sewed to a broad band which answers the purpose of a cuff. It is not properly a leg o' mutton, but it is so called this year.

Dress For a Girl.

This dress is composed of a tartan velvet body and corselet of bright drab

THIS IS FROM PARIS.

cloth, with fancy braces of the same cloth. The scarf is of bright drab liberty silk.—Paris Herald.

A great many women are subject to spells of dizziness, spots before the eyes, and a ringing noise in the head. These symptoms are commonly associated with liver "trouble" as the result of a diseased condition of the stomach and other organs of digestion and nutrition.

Dr. Pierce's Golden Medical Discovery cures diseases of the stomach and the allied organs of digestion and nutrition. It cures through the stomach diseases seemingly remote from that organ, but which have their origin in a diseased condition of the stomach and digestive and nutritive system. Hence, cures of heart, lungs, liver, kidneys, and other organs are constantly effected by the use of Dr. Pierce's Golden Medical Discovery.

There is no alcohol in the "Discovery" and it is free from opium, cocaine, and all other narcotics.

Some dealers may offer a substitute as "just as good" as Dr. Pierce's Golden Medical Discovery. There's more profit in substitutes for the dealer. There's more health in the "Discovery" for you. Don't be imposed on.

"It is with the greatest pleasure I write you the benefit my mother has received from your 'Golden Medical Discovery,'" says Miss Carrie Johnson, of Lowesville, Amherst Co., Virginia. She suffered untold misery with uterine disease and nervousness, and had a constant roaring and ringing noise in her head. After taking six bottles of Dr. Pierce's Golden Medical Discovery she was entirely cured."

When a laxative is required use Dr. Pierce's Pleasant Pellets.

The Point of View.

The squire (sympathetically)—I'm very sorry to hear that your husband is at the point of death, Mrs. Hodge, but you must try and be cheerful, as you know it will be all for the best.

Mrs. Hodge—Ah, yes, indeed, sir; it'll be a blessing when 'e's gone. I'll be able to live in comfort then, as I 'ave 'im in four different clubs.—Judy.