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MOTOR TIME TABLE.

Leaves Independence Leaves Monmouth. 7:30 a, m. S:15 a. m.

R. E. WILLIAMS. M. M. ELLIS. DALLAS CITY BANK

OF DALLAS, OREGON, Transacts a general banking busi ness in all its branches; buys and sell-exchange on principal points in the United States; makes collections on all points in the Pacific Northwest; loanmoney and discounts paper at the best rates; allow interest on time deposits

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THE CURSE OF DRINK

ENTAILS GREAT ANNUAL LOSS TO THE COUNTRY.

Money Now Spent For Rum, if Used to Buy Necessaries, Would Add Enormously to the Demand For Articles of Daily Use.

that it is a wealth producing industry; that the money expended at the saloon for dials is not lost; that it simply changes ownership, continuing to circulate with the same debt paying energy as if it had been expended for food and raiment instead of whisky; that the toper's money helps to pay for the material and labor represented by the bar counter against which he leans when unable to stand alone, for the tumblers and decanters that adorn the sideboard and the mirrors and other elaborate furnishings usually found in drinking resorts, the cost of which represents crude material and the wages paid to labor for its manipula-

ply to the finished product.

They do not state that the so called equivalent they deliver in liquid form has only a fictitious value and that it decreases the productive ability of the consumer without adding an lota of even temporary benefit to the man or his family, who may go supperless to bed for the want of food which the drink squandered money would buy. They do not state that if the money annually spent for drink glus the mon-

tion all the way from source of sup-

ey the subject would earn each year through not having his earning capac-ity destroyed thereby were expended for food, clothing, furniture, homes and other legitimate comforts of life, such as are manufactured by the real wealth producing industries, there need not be an idle man in America or a comfortless home, an ignorant child or a pocket void of ready cash with which to defend against a "rainy With a great display of justification.

lefenders of the liquor traffic claim for Most carefully compiled statistics estimate the present annual expenditure for strong drink at \$12,000,000,000. Think of the labor and material this vast sum of money would pay for the manufacture of staple goods of merit!

Add to it the value of earning capaci ty restored to the tippler, the lessened cost of enforcing law and order and of maintaining asylums, penal institutions and associated charities, and we obtain only a faint suggestion of what we might be as a nation were the blighting curse of rum removed.

Official figures from government reports and the census bulletin show that in 1800 the amount annually expended in the United States for liquor was \$10,000,000,000, which was \$630,-000,000 more than the annual expenditure for flour. \$470,000,000 more than for sawed lumber. \$400,000,000 more than for all iron and steel products, \$825,000,000 more than for public edu-cation and \$845,000,000 more than for all church expenses, including foreign

Statistics are of little value as object lessons except to students or investigators unless they are so tersely presented as to exhibit at a glance some

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Window Shades

As we can save you money on all of these lines.

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Buggies, wagons, binders, mowers, rakes, garden cultivators, disc and spring harrows.

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We are in the-

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And want every man and boy in Polk county to wear one of the Salem

WOOLEN! ILLSUITS.

They are all wool. They are home-made goods. They are cheaper and better than eastern.

Come and see for Yourself. Salem Woolen Mills

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Both rough and dressed material on hand and orders of ARMSTRONG & CO. any size promptly filled.

astounding facts—such, for Instance, as the penalties voluntarily assumed by men for the privilege of self degradation and the inheritance of disease and poverty, certain to follow in the wake of depraved habits.

In a more comprehensive manner perhaps than could be done by statistics Mr. Fernald, an authority on tem-

tics Mr. Fernald, an authority on temfinancial advantages of divorce from the miserable habits which now handcap the most such led accomplished of every leg in the calling.

"Tell the lumbermen of Michigan how many themsan is of drinking farmers will then shingle their homes and barns or build new ones, how many thousands of houses will be built in all our suburbs for the workingmen when none of them drink away the money that might pay the rent er buy the cottage. Show the shoe masufacturers of Massachusetts what it means to take all the bare feet of drunkards' children off the ground. Let the iron men of Pennsylvania know that new stoves will at once be needed in 100,000 homes when the saloon keeper ceases to get

"Tell the miners they will have work all the winter through, getting coal enough to put into these stoves. Tell the cotton planters of the south that there will be about 10,000,000 new callco dresses and aprons wanted as soon as the 2,000,000 tipplers cease to tipple and go home with some spare change. Let the ranchmen of Dakota and New Mexico and Armour's men in Chicago know that there is going to be beef on thousands of tables where now are a few cold potatoes.

"Tell the woolgrowers of Ohlo that everybody in this country is going to be wrapped in woolen and sleep under blankets when the blizzards blow and the thermometer ranges about zero and men no longer heat up with liquid fire in order to exterminate their families with atmospheric cold. Tell the grocer he can sell for cash and say goodby to bad debts when the dimes no longer go into the saloon till. Tell the farmer there is going to be an unheard of demand for flour and meal and butter and cheese and eggs as soon as the bloated beer holders cease fostering that industry and begin fill-ing out the hollow cheels of wives and children with wholesowe food."

There is not one who has not know positively that the constitution are treater than the process of more treater than the process of more treater than the constitution of the constitution guage, yet the Juggernaut rolls on, shedding innocent blood while we seek some interposition from Divine Providence that will open the eyes of the blind to the dangers of the volcano over which slumbers our national and domestic life.—Banner of Gold.

What One Frenchman Drank.



Scientific American. MUNN & Co. 361 Truckers, New York

A FREE PATTERN Mº CALL'S 60



might let it cling.

But it is a cough. One cold no sooner passes off before another comes. But it's the same old cough all the time.

And it's the same old story, too. There is first the cold, then the cough, then pneumonia or consumption with the long sickness, and life trembling in the balance.

loosens the grasp of your cough.
The congestion of the throat
and lungs is removed; all inflammation is subdued; the
parts are put perfectly at rest
and the cough drops away. It
has no diseased tissues on
which to hang.

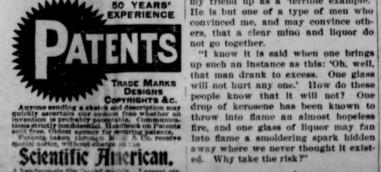
Dr. Ayer's Cherry Pectoral Plaster draws out inflammation of the

Advice Free

WHY TAKE THE RISK? One Glass of Liquor May Cause Downtall and Ruin. "One thing that led me to make up my mind never to touch liquor was the

ruin which I saw it bring to some of the finest minds with which I have ever come in contact," says Edward W.

A French alcoholic patient the keep Bok. "I have seen, even in my few er of a Paris wineshop, gave the doc years of professional life, some of the ment about smartest literary men dethre his drinking habits: "At 6:30 a. m. ! splendid positions, owing to nothing rise. At 7 I take coffee and brandy. else but their indulgence in wine. I About 9 I drink three or four glasses have known men with salaries of thouof white wine and perhaps cat a little sands of dollars a year come to begga-therewith. Between 9 and dejeuner ry from drink. I usually take three or four aperitives
—bitters, vermuth or absinth. For my
second breakfast I have one liter of wine and then coffee and rum. Dur- in the newspaper profession - a man ing the afternoon I take various con- who two years ago easily commanded sommations. Between 5 and 8 p. m. \$100 for a single editorial in his spe-l take some more aperitives and claifield. That man became so unreli-average about three or four. At 6 able from drink that editors are now afraid of his articles, and, although o'clock I have my dinner, or supper, be can today write as forcible editowith which I drink one liter of red rials as at any time during his life, he wine. Between that and bedtime I consume a few glasses of brandy or writing newspaper wrappers for \$1 per



Texas Cattle Estimates. As against 250,000 head of cattle fed for the market in Texas last year, says the St. Louis Globe-Democrat, not more than 85,000 will be fed this season. This is the top notch estimate of the railroads live stock agents, stock raisers and feeders. Some estimates rule as low as 25,000, but these are generally from feeders. The live stock agents are perhaps the best posted, and they calculate that the number of steers will be between 60,000 and 75,000 Probably, with small bunches fed on corn and sorghum by farmers, the figures given The principal trouble is the scarcity

and high price of cotton seed. This sent the price of meal, cake and hulls above point of profit to the feeder The Texas corn crop now being gathered is large one, but most of it will go into hoes and not entile

The Texans who asnally feed in the Indian Territory are in sad plight. The drowth there has prevented the steers from getting fat, and the feed being short many of them will have to be carried over to musther season About 12.000 head are bring brought back to Texas to be fed The Indian Territory has a big corn crop but the plight of the stockmen has sent the price up nearly 100 per cent, and it will hardly fall in time to save the feeders.

DEMOCATIC STATE CONVENION.

The democratic state convention is hereby called to meet at Porcland oregon, on Thursday, April 12, 1900, at 10 o'clock, A. M. for the purp see of electing delegates to the Democratic National Convention, and nominat-National Convention, and nominating candidates for presidential electers, justice of the supreme court, congressmen, dairy and food commissioner, circuit judges and district attorneys and the various joint senatora
and representatives, and for such oth-

The representation to which the various counties are entitled, being one delegate at large for each county and one delegate for every 150 votes or fraction of 75 or over cast for Hon. W. M. Ramsey for supreme judge in 1898, is as follows: County

Malhenr Marion . Multnomah Tillamook Umatilla . Wallowa Wasco .. Wheeler Yambill

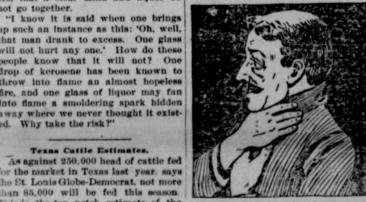
The Democratic County Central Committee, of each county, is requested to fix the time for holding their primaries and county convention to suit their own convenience, and it is carnestly urged that all those selected

By only of the W. J. D'ARCY, R. S. SHERIDAN.

Chairman. Secretary Of Interest to School Clerks.

The following decision has been ren-fered by the department of Public Instruction relative to the salaries of chool district clerks: The directors of any school district may pay their clerk any compensation as is in their common school fund. The law specifically mentions the purposes to which the common school fund may be applied, and the salary of the school clerk is not mentioned therein. The only reference to the clerk's salary is in connection with the collection of taxes, and it is evident that the intent of the law was to pay the clerk for his services from the money derived from the district tax and not from the co nmon school fund.

Drunkards Must Pay. sits in a cellar in one of our cities land, have given notice that any person who becomes chargeable to the ratepayers in that district through sufthousand. That is only one instance of several I could recite. I do not hold my friend up as a 'terrible example.' ratepayers in that district through suffering from delirium tremens will in future be prosecuted on his recovery under the vagrants acts.-Exchange.



If the man does not stop the cough the cough stops the man; stops his appetite, his sleep, his pleasure and his work. So cailed "cough remedies" petite, his sleep, his pleasure and his work. So called "cough remedies" sometimes relieve but they don't go deep enough to cure. Dr. Pierce's Golden Medical Discovery cures coughs and diseases of the respiratory organs perfectly and permanently. It stops the cough. It heals the lungs, stops the hemorrhage, if the lungs are bleeding, and by purifying the blood and increasing the action of the blood-making glands enriches every organ with the good blood which alone will make a good body.

"My husband had been coughing for years

Dr. Pierce's Pletsant Pellets cure bili-ousness. They produce permanent bene-fit and do not re-act on the system. One is a gentle laxative, two a cathartic dosc.

SCIENCE ON WHISKY.

EVIL EFFECTS OF ALCOHOL DE-SCRIBED BY DOCTORS

comeliness of person. The face is greatly disfigured by it in regard to form, feature and complexion. It makes the features coarse, the skin unduly red, unsteadiness in facial feature and in time undue size and form

of the body at large.—Sir B. W. Rich ardson, M. D., F. R. S. ardson, M. D., F. R. S.
Sore throat, so called colds, passive pneumonia, glandular disturbances and ulcerative lesions are ever present menaces which belong to the servant of the alcohol habit. Moreover, it may be claimed that chronic bronchitis is an almost invariable accompaniment to the vanities of the drunkard's cup.—

Dr. F. G. Hope.

Dr. E. G. Hope.

The effects of drink show themselves in the respiratory organs, the heart, the kidneys or the nervous sys-

tem .- M. Joffrey, M. D. The use of alcohol is found to be followed by a diminution of the carbon dioxide and all waste elimination.—T.

Alcohol in any dose capable of producing an appreciable effect diminishes the function of the lungs in direct proportion to the quantity taken.—N. S. Davis, M. D., F. R. S.

During the presence of alcohol in the system there is an actual reduction of temperature, a diminution of the amount of carbonic acid gas exhaled from the lungs. Instead of the bodily forces being exhibitanted, they show a corresponding depression and this in direct proportion to the amount of al-

cohol taken.—C. H. Newman, M. D.
Under the influence of alcohol there is a diminished output of carbonic acid gas, and this is due, certainly in part, to the action of the drug on the red corpuscles. Spectroscopic experiments by Dr. Kales have shown that the affinity of haemoglobin for oxygen is reduced by alcohol, and this must af-fect vital action throughout the body.-

preparation of nitrogen wastes, which are brought to the kidneys in an unfit state for removal. When more than a small quantity of alcohol is taken, some of it passes cut of the body unchanged through the kidneys and injures their substance.—H. Newell Mar-

Tissue waste is necessary to the well being of the living organism. Constant judgment necessary provided such molecular change must occur in living compensation is not paid out of the tissue, the dead, effete matter being removed to make room for the new llv ing tissue which rebuilds and strengthens the system. Therefore alcohol as

> Willard, M. D. The mistaken idea that small quanti-ties of alcohol are harmless permits men to drink beer and stronger without question, yet a scientific study and measurement of the senses and functional activity of the body show that 20 drops of alcohol interfere with the normal activity and are manifest in the diminution of the sense acuteness and brain activity. Alcohol also ob-scures the color sense.—T. D. Crothers,

his sidewalk with rotten plank .- M.

It is now generally recognized that children should never take alcohol, which, according to the highest authorities, exerts an exceedingly deleterious action on rapidly growing tissues, in-terfering with their nutrition and preventing the development of their proper function.—G. Skins Woodhead, M. D. Alcohol, even when diluted, as in wine, beer and elder, is a poison which changes pathologically the tissues of the body and leads to fatty degenera-

Better Without Stimulants.

The late Sir Benjamin W. Richardson, one of the greatest of English physicians, said:

tion.-August Forel, M. D.

"I have worked actively while indulg-ing in a moderate measure of alcohol daily. I have worked actively while abstaining altogether. In a word, I have made direct personal experiment on the subject, and I am bound to state that work that can be done during entire abstinence is superior in every respect-in respect to amount, quality readiness of effort, endurance and mental case and happiness-to that which can be done during times of even moderate indulgence.

No Virtue In Alcohol.

The medicinal value of alcohol is now settled beyond all shadow of doubt. It is worthless, and in lowered vital conditions alcohol in every instance lessens a patient's chance of recovery. Social wine or liquor drink ing is going out of custom among self respecting people. They no longer ques-tion, "Am I my brother's keeper?" They realize that to a certain extent they are.—Banner of Gold.

Cause of Sinrder and Suicide.

During the past year there have been 43 murders in San Francisco and 158 suicides. This is a fearful record and can largely be traced to the liquor curse. When a man contemplates mur-der, he fortifies himself with liquor. Banish liquor, and murder and suicides will be reduced to the m'nimum.—Callfornia Voice.