Probably one of the most injurous babits of the time is the wearing of close shoes of india rubber. When a rubber is needed, a slip rubber, which covers only the ball of the foot, is much more g of the porce or mouths of the seba-

What Cures Pimples?

### Cuticura Soap.

ins a mild proportion of CUTICURA, Skin Cure, which enables it to dissolve

Fut Away the Skipping Rope.

A skipping rope sounds very tripping and childlike and calls up visions of happy little girls bounding along the highway or down a country lane in a pretty and health giving exercise. But it is another case of William Tell. There wasn't any apple, and there isn't any health to these future mothers in these circling ropes, graceful and charming as it all is. Physicians who know say that the incessant jar of the jumping girl is very serious, though slower in effect than the occasional violent result from a "jumping" up to 500. So careful mothers must put away the skipping rope.

The Kanawha and Michigan will make Point Pleasant, W. Va., the headquarters of its main division. About \$5,000 per mile will be expended in putting down heavier ralls and improving the track. nen full of pains, aches nd weaknesses find comfort, strength and renewed vitality in Cuticura Plaster, the first and only ain-killing, nerve-strengthening laster when all else falls.

A newspaper has just been started in London which is printed on a postal card. The first number has four illustrations, a comic tragedy, a few ing from one place or posture to anothokes and puzzler and some advertise- er, usually mental annoyance at unex-

There is more Catarrh in this secti n seem triffing, but the health of men ref the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has pronounced it incurable. Science has sleeping at night, be raised to a health-proven catarrh to be a constitutional ful standard. A guarantee of this i disease, and therefore requires consti tutional treatment. Hall's Gatarrh establishes digestion, bile secretion and Cure, manufactured by F. J. Cheney the habit of body on a permanently re-Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is token internally in doses from 10 drops a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollers for any case it fails to cure. Send for circulars and testimonials. Address, F. J. Cheney & Co., Toledo, O.

Sold by druggists, 75c.

The habit of body on a permanently regular basis, thus renewing that bodily surface is preparated by the habit of body on a permanently regular basis, thus renewing that bodily a few publications, which is followed by a gain of strength and nerve tranquillity. For kidney complaint, rheumatism, neutralization of subsequent return of malarial disorders, this medicine is without a peer. Thrice daily take a wineglass tul.

Alabama boasts a woman who was

Notwithstanding that every year from 5,000 to 6,000 ships go up and down the River Seine, carrying 2,500. 000 tons of goods, it is said that there is no map of this important French stream in existence.

Offered by Liggett & Myers Tobacco
Co. of St. Louis, Mo. The one guessing nearest the number of people who will attend the World's Fair gets \$5., 000, the second \$1,000 etc. Ask your dealer for particulars o send for circular. Ten Star tobacco tags entitle. cular. Ten Star tobacco tags entitle Cuba is furnished by little horses hitch-you to a guess. Cuba is furnished by little horses hitch-

Seven hundred tons of butter arriv- horse care line. ed in London in one shipment from Australia two weeks ago. Its total value was about \$340,000. last ten years. I am entirely cured by

Shiloh's Vitalizer is what you need the use of Ely's Cream Balm. It for dyspepsia, torpid liver, yellow skin or kidney trouble. It is guaranteed to give you satisfaction. Price, 75 cents. Billings, U. S. Pension Att'y, Washington, D. C.

Australia has just comsleted the first locomotive ever built on the island continent. It was constructed at Melstations—Charing Cross, Cannon street and London Bridge—as many as 32,-969 movements for signal and point

An ounce of pure gold is worth \$20.64; therefore, a ton of pure gold, which contains 24,000 ounces, is worth \$495.-

Shiloh's Cure, the great cough and croup cure, is for sale by all druggists. Pocket size contains twenty-five doses, That to have perfect health you must have pure blood, and the best way to have pure blood is to take Hood's Sarsaparilla, the best blood purifier and only 25 cents. Children love it.

Twenty-six murders were committek strength builder. It expels all taint of in Elbert county, Georgia, during the scrofula, salt rheum and all other hum-last two years without a single convic-

Chamberlain's Colle, Cholers and Diarrhoes

Remedy.

Every family should be provided with a bottle of this remedy during the summer months. It can always be dedrilling an artesian well at Centerville, pended upon and is pleasant and safe to take. In many cases, by having it at hand, life may be saved before a physician could be summoned or medi cine procured. No other remedy is so reliable or successful. No other so certain to cure bloody flux, dysentery, diarrhees and cholera morbus in their blood and a healthy liver, to secure worst forms. It is equally valuable for which Ayer's Sarsaparilla is the Su children and adults. 25 and 50 cent bottles for sale by all druggists. which Ayer's Sarsaparilla is the Su perior Medicine. Ladies who rely upon cosmetics to beautify their complexions.

should make a note of this, bearing in Baron Liebig, the German chemist, mind that they can't improve upon na says that as much flour as will lie on the point of a table knife contains as In old times it seemed to be thought ch nutritive constituents as eight pints of the best beer made.

that a medicine must be nauseating to be effective. Now, all this is changed Simmon's Liver Regulator is invalu able in the nursery. It is a gentle Ayer's Sarsaparilla, one of the most powerful alteratives, is agreeable to most palates, the flavor being by no

The ro al crown of Roumania is means medicinal made of bronze, the metal having once done service in the shape of cannons. Samples from 62 war tested guns, each of which was captured from some enemy, are included in the make up of the fall harvest from our multitude of vines.



"Now good digestion wait on appetite.

And health on both."

To assure both the above ends; one good, wholesome, palatable food is demanded. It is next to impossible to present a sufficient variety of appeting bills of fare for our meals without a liberal allowance of pastry and other food in which shortening is required. How to make crisp, end healthful, digestible pastry has puzzied the cooks, A difficulty in all good cooking in the past has been lard. Always fickle, never uniform, end most unwholesome—lard has always been the bane of the cook and the obstacle to "good digestion." To assure both the above ends

is the most wholesome foot covering for walking and will be found impervious to water if frequently oiled. These shoes should be kept for damp weather. In the country, when the snow is thick upon the ground, arctics seem to be a neces

sity, as the snow water is more penetrat-ing than any ordinary dampness, but they should not be worn a moment lon-ger than necessary.

away the skipping rope.

How to Keep Jellies.

To keep jellies from molding cover with pulverised sugar to a depth of a quarter of an inch and they will keep for

Dot and Tom are the names of nev

those rigs in that city, and but or

I am an old man and have been

constant sufferer with catarrh for the

At three of the large London railway

Don't You Knew

whole system and gives nerve strength.

Hood's Pills may be had by mail for

25c. of C. I. Hood & Co., Lowell, Mass.

comes now into popular favor as the new shorten ing-better than even the best of lard with none of lard's objectionable qualities. And

## COTTOLENE

comes attended by both "APPETITE AND HEALTH." Grocers sell it all about.

N. K. FAIRBANK & CO., ST. LOUIS and

## LADIES' TEA

pected noises, are among the indica tions of extreme nervousness. These seem triffing, but the health of men tion, produces the sallow, muddy complexion, and women in this condition is "decid" liar to the constipated state. Sold by all drug



## A SPECIAL OFFER!

The above is a correct picture of THE ORE-GONIAN'S NEW BUILDING, located at the GONTAN'S NEW BUILDING, located at the corner of Sixth and Aller streets. For many years THE OREGONIAN has felt the need of a new and commodious building embracing all the modern improvements, with the latest improved machinery for turning out a metropolitan paper. It now has it, and one that the whole Pacific Coast may justly feel proud the whole Pacific Coast may justly feel proud of, as it is certainly the finest on the coast. Now that THE OREGONIAN is settled in this new home it feels like giving its many friends a benefit. It makes this special offer to those who renew their subscription, or to those who subscribe prior to September 1st.

# Weekly Oregonian

# 18 Months for \$2.00

DREGONIAN PUBLISHING CO. PORTLAND, OR.



Miss Carhart—Our acquaintance has been so short that I feel I ought to know more about you before I can consent to become your wife. Pelham Parker (stiffly)-Very well, I can refer you to any of the girls I have



plaster I left in that desk?"
"Porous plaster! Why. I thought it
was one of those new postage stamps,
and I put it on a letter to ma."—Life.

Sponge morning and evening with a preparation made of one tablespoonful of carbonate of soda and a half pint of

If you want to see the difference beween good and poor farming, take a trip through the country and closely observe the difference between farm lying side by side. A good farmer has no time for idleness or idlers around him. No loafer is fit to run a ranch.

For Over Fifty Years. An old and well-tried remedy.—Mrs. Winslow's Soothing Syrup has been used for over lifty years by millions of mothers for their children white testhing with perfect success. It snothes the child, softens the gume, allays all pain, curse wind colle, and is the best remedy for Diarrhoss. Is pieceant to the taste sold by druggists in every part of the world. Two, by-five cents a bottle. Its value is incalculable. He sure and ask for Mrs. Winslow's Soothing Syrup, are take no other kind.

The bank panic is subsiding and general confidence being restored in most parts of the country. Sherman's silver bill is held responsible for much of the present fluancial trouble, and there seems to be a general desire for its repeal.

A Pointer for Bicycle Riders. Irvin W. Larimore, physical director of Y. M. C. A., Des Moines, Ia., says he an conscientiously recommend Champerlain's Pain Balm to athletes, gym nasts, bievelists, foot ball players and the profession in general for sprains and dislocations; also for sore less and stiffness of the muscles. Mi Larimore has used two bottles of Pain Balm and is enthusiastic in his praise of the remedy. When applied before the parts become swollen it will effect a cure in one-half the time usually re-

ourself and family against any bad plaint during the summer. Chamber-luiu's Colic, Cholera and Diarrhoes Remedy is a certain cure for these distances. It costs but 25 cents. For sale ases. It costs but 25 cents. For sale ases.

The whister business does no good In all derangements of the liver a

Liver Regulator. Much Polk county stock suffered last of peach and green, and peach satin strings.

naving to e t too much dry feed. Now

Those who rhua dissipations and live longest. Midnight dancing feasting and drinking cost in ever sense ten times more than the fleetin pleasure they bring.

A certain cure for malarial fevers is found in Simmon's Liver Regulator.

Never take your personal troubles to newspaper. Their publication would do no good, but might make matters worse. Editors should invariably refuse to publish such things.

To prevent fevers, keep the liver scand bowels regular with Simmon's Liver Regulator.

The only fresh water fish in the Canary Islands is the eel.

Belvidere, Ill., Dec. 3, 1891. NORMAN LICHTY, Des Moines, Iowa. Dear Sir :- Having suffered a creat deal from headache for years and being unable to get relief until it would wear away of itself. I saw Krause's Head ache Capsules advertised. I tried ther and now am never without them, find ing it the only remedy that will give me relief. When I now find a headche coming on me I take a capsule and find the relief instantaneous. Respectfully yours, G. H. WRIGHT.

Boston, Mass. For a quarter of a century not



CHILON'S CATARRH REMEDY, Have you tatarrh? This remedy is guaranted to cure you. Price, Sects. Injector free.





WHAT IS THE FASHION!

Anything and Everything week arouse Torpid Livers. Eac. per bottle.

The transcontinental railways are still whacking it to each other. One can now go from San Francisco to St. Paul, first class, for \$45.

We desire a greater amount of correspondence from all parts of the county, and one and all are cordially invited to write neighborhood news for the ITEMIZER.

They increase appetite, purify the whole system and acton the liver, lille Beans Small.

Work, work, continuous work, is the price of success in most undertakings and they who will not work must drop to the rear. Dates of Louis XIII and 1830



stepped out of a picture frame, in a super-costume of the time of Anne of Austria a cure in one-half the time usually required. It also cures rheumatism. For sale by all druggists.

If you wish to either buy or sell anything, a few lines in this paper may save you both time and trouble. The cost will be only 5 cents per line of about six words.

Hot Weather Insurance.

For twenty-five cents you can insure yourself and family against any had ders. The skirts were close fitting in the front and at the sides, the fullness being quite at the back and the length moderate.

The cut shows one of the free modificaing with bell skirt, with band of oriental and gold galloon at the knee, zouave jacket with shoulder cape forming a double fold on the bust and full vest. The sleeves are of a fancy shot silk in shades of peach and green, and the collar and waistband of the oriental galloon. The bonnet is in fancy straw and gold. The trimmings consist of an upright bow and ends in peach satin, three tufts of small velvet flowers in shades of peach and green, and peach satin strings.

Sleeves For Day and Evening Gowns. is the time to provide against those wrongs.

To insure a healthy appetite and increased digestion take Simmon's Liver Regulator.

Sieves For Day and Evening Gowns.

Fig. 1—Short pnffed sleeve, gathered into a frill at the edge and divided into two irregular puffings by a band of jet gimp.

Fig. 2—Dressy sleeve, including an upper one in either peking slik or plain silk striped with fancy bands and gathered at the ellow to describe a V, and an under one, long and close fitting, in guipers work averaging the striped with fancy bands and gathered at the ellow to describe a V, and an under one, long and close fitting, in guipers work averaging the striped with fancy bands and gathered at the ellow the ellow with fancy bands and gathered at the ellow with fancy bands and gathered at the ellow the ellow with fancy bands and gathered at close fitting, in guipure work over bright colored silk.



SOME PRETTY SLEEVES. Fig. 3-Elbow sleeve in silk or soft woolen naterial, terminating with a long close ow ribbon and outside fly Fig. 4-Full dress sleeve of folds of net, muslin or china crape, draped on the shoulder with a jeweled clasp, from which fall two strings of pearls, which are joined to a bracelet fit open beaded work, finished off with a graduated bead fringe.

For a quarter of a century not a single house was built in Yarm, a village in Yorkshire, England, which thus earned for itself the title "The Only Finished City in Europe."

The chrysoprase is likely to be all the fashion. It is not a stone of much value, nor is it particularly pretty, but it looks well combined with diamonds, and most people are tired of moonstones and welcome the chrysoprase as a change. One of the daintiest watches is in a diamond case about as large as a 25-cent piece. It falls from the beak of a diamond bird, intended to be worn as a brooch. The newest "lucky jewelry" consists of horseshoe shaped brooches with guld nails. Short watch chains, bracelets, trooches, earrings, etc., of polished wrought iron are made of these lucky horseshoes. A fashionable bracelet appears to be a gold chain of some kind, with a pendent heart shaped ornament. Popular Fancies In Jewelry.

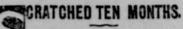
Sad For the Stout Woman How the stout woman must detest the fashions of this season! Bodices are all made with belts or else cut off quite short at the waist, and the shoulder trimmings that are worn on everything add enormously to the width of the back. The only way to look nice is to have a soul above fashion

Guaranteed to cure Bilious Attacks and Constipution, Small Bile Beans.

The first military order issued by General Grant, dated July 2, 1861, and appointed Colonel E. T. Dawson quart ermaster of the Twenty first Illinois, i in pessession of Colonel Dawson, who is said to have refused \$3,000 for it.

To aid Dig ention take one Small Bile Bean after esting. 25c, per bottle. New barns, shelter for farm machin-ery and wood sheds are going up in all

Prevent and cure Constipation and Sick-Headacoe, Small Hile Reduc. If some men would squander les could come nearer paying their debts.



A troublesome skin dis caused me to scratch for ten months, and has been cured by a few days' use of M. H. Wolff, Upper Marlboro, Md.

# SWIFT PECIFIC

I was cured several years ago of white swelling in my leg by using symptoms of re and have had no symptoms of re turn of the disease. Many prominent physicians attended me and all failed, but S. S. S. did the work. PAUL W. KIRKPATRICK, Johnson City, Tenn

Treatise on Elcod and Skin Dis-SWIFT SPECIFIC Co., Atlanta, Ga.



vin de Cinchona Co., Des Moines, Iowa.

or cash. All stock grafted with scions from tre caring good fruit. Come and see my stock or wri-o me about it.

C. M. WHITEMAN.



MR.E. A. WOODBUFF, FOR CANBY, W'Six months have now passed since I to fyour \$15-beits, and it gives me pleased satisfaction to renew my testingony of to which I have been subjected."

LAME BACK of PHEUDATISM CURSED:

Min. J. W. Fond is a well-known shipwright of
Min. J. W. Fond is a well-known shipwright of
that of the well-known shipwright of
that oursel me of Seattle Rheematism and Weak
Back, also, which came on through a fall into aship's
hold some ten year-gro. I full is feet on my back,
and atthough I got to self nothing had happened
and, according to whether dependently I tried your
bells. For example, we well have feet at the total of
the back trouble were have feet at the other at or.

IMPORTANT NOTICE! Dr. Pierce's Beite with Supernew Attachments for Men) will be sent free by registered mail, or receipt of dove price, or (0,0,0). By Express, with present of contraction, and comparison with any similar appliance made in America, on receipt of 8t. For further particulars, send 4t. is samps for sealed Pumphlet No. 2, or call at the Manufactory and Headwarters of the Company occurrent to entire 24, 25 and 3th floors, at the following address: Pragment Elastic Truns Co., N. W. Cor. Kearup & Socramento Sts., San Francisco.



As Any person receiving a sample copy of his paper will please consider it an iav itation of become a regular subscriber.

THE WILLAMMETTE. -SALEM, OREGON .-

The Best Hotel between Portand and San Francisco.

FIRST - CLASS In all its Appointments. A.I. WAGNER

# -ALL KINDS OF-

FINE WORK AND GOOD FTS A SPECIALTY.

GELEBRATED

HALLET

DAVIS.

RENOWNED

KIMBALL

PIANOS.

SALEM SOAP WORKS.

-ONLY THE-

PUREST NO BEST

materials are used in making all on

Laundry and Toilet Soaps.

Ask your Grocer for it.

JOS. KUERTON, PROPRIETOR.

BANKS.

OF DALLAS, OREGON,

BANKING CO.,

DIRECTORS

M. M. ELLIS, President

ranches;
Buys and sells exchange on principal point
inited States;
Makes collections on all points in the Pacific North

Between Fortland and Corvallis. WILLIAMS & ENGLAND ALEM. - - - OREGON

Do a general banking business and allow interest on time deposits. GEO. WILLIAMS, WM ENGLAN H. P. MCNARY, J. A. BAKER J. A. RICHARDSON.

Passenger depot, foot of Jefferson street AIRLIE MAIL-DAILY, EXCEPT SUNDAY.

## To all Points in the Eastern States. Canada and Europe can be Obtained at

IRON WORK TO ORDER. Repairing Promptly Done. ED. BIDDLE, - PROP.

OTHO WILLIAMS. Merchant Tailor

good way of keeping tramps away from that place. He locks them in the astile drawing room, builds a good fire and puts a liberal quantity of pepper on the stove.

The Edmore (Mich.) Marchal has a

## EAST and SOUTH!

THE SHASTA ROUTE SOUTEERN PACIFIC CO.

Express Trains leave Portland Daily LEAVE: ARRIVE:
Portland 7:00 P M San Francisco 8:15 Al
San Francisco 7:30 P M Portland 7:30 A Roseburg Mail Daily. LEAVE: ARRIVE:
Portland 8:30 A M | Roseburg 6:30 A M | Portland 5:30 P

DINING CARS ON OGDEN ROUTE PULLMAN BUFFET SLEEPERS. SECOND CLASS SLEEPING CARS

WEST SIDE DIVISION. Express Daily, Except Sunday.

Portland and Willamette Division, Narrow Gauge.

## Lowest Rates from I. N. Woods, agent Dallas.

-At covered bridge, Dallas .-

New work made to order and all farm mplements or machinery repaired on short notice.

# PIANOS ORGANS

Buy from First Hands and save Middle Mens' large profits and Agents' Commissions. My stock comprises a full assortment of



KIMBALL ORGANS.

anos and organs from the manufacturer DIRECT. and save Sar Francisco j o bits; and, again, I sell to customers through my reg-U LAT SALARIED salesmen, so that customers save agents and small dealers' large

- - Buy from a Reliable Firm and Get Reliable Goods. - -A FIVE YEARS' written WARRANTY given with every instrument sold.

Old organs and pianos taken in part payment for new ones. Catalogues mailed free to any address. Call and see me or write be-L. V. MOORE

# "ESPANO" This wonderful preparation is Purely Vegetable: compounded from the prescription of the Official Physician to the Court of Spain.

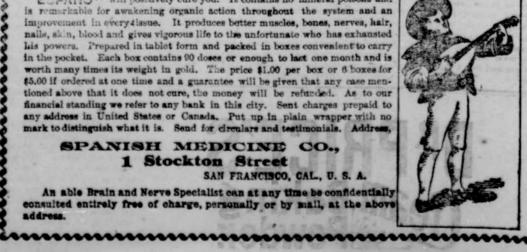
An infallible remedy for Nervous and General Debility. Nervous Prostration, Creeping Paralysis, Weakness caused by Debilitating Losses, Excesses or Over-Indulgences, Incipient Softening of the Brain or Paresis, Dizziness, Loss of Memory, Confused Thoughts and all Brain, Nerve or Sexual Weaknesses. It has no equal in restoring the Stomach and Brain to its normal condition following the abuse of Alcoholic Beverages, or indulgence in the Opium, Morphine or Chloral habit.

# GREAT SPANISH BRAIN AND HERVE REVIVER

Have you abused the laws of nature and injured your nervous system ! aroundent and melancholy with confused ideas and gloomy thoughts? ECPANO" will positively cure you. It contains no mineral poisons and is remarkable for awakening organic action throughout the system and an improvement in every tissue. It produces better muscles, bones, nerves, hair, nails, skin, blood and gives vigorous life to the unfortunate who has exhausted his powers. Prepared in tablet form and packed in boxes convenient to carry in the pocket. Each box contains 90 doses or enough to last one month and is worth many times its weight in gold. The price \$1.00 per box or 6 boxes for \$5.00 if ordered at one time and a guarantee will be given that any case mentioned above that it does not cure, the money will be refunded. As to our financial standing we refer to any bank in this city. Sent charges prepaid to

SPANISH MEDICINE CO., 1 Stockton Street

SAN FRANCISCO, CAL., U. S. A. An able Brain and Nerve Specialist can at any time be confidentially consulted entirely free of charge, personally or by mail, at the abo



DALLAS CITY BANK, Albany Local Daily, Except Sunday. 5:50 P M Albany 9:00 P M 5:30 A M Portland 10:30 A M

MAIL TRAIN DAILY. EXCEPT SUNDAY.

Portland Ar. 8:20 A M McMinnville Lv. 5:45 A M

Through Tickets

O. H. COBB, PROP'R.

Old Reliable

305 WASHINGTON STREET, - PORTLAND, OREGON 

"Espano" recreates Mental and Nerve Power in Man and Woman.

any address in United States or Canada. Put up in plain wrapper with no mark to distinguish what it is. Send for circulars and testimonials. Address,

extation of ik County, pry Family you wish to ize these a

re ye

at the ITEM

VOL. X PROFE M.

Dental office pilding, consercial street SALEM. L. N.

PHYSICI B H. ( Physicia DAL

DALY, Attori We have the only entry. Reliable an. No commis ad 3 Wilson's blo ttorney a Solle

NO. J. DALY,

BUTLE ATT Office upst ALLAS, PLA:

L. BUTLER

All work J. A. B North Wes INSU

TilE

--Dwellings a Rehools Part J. MeCRAKEN, H. L. PITTOCK F. EGGERT, S. E. YO J. LOWENBERG

The Lo

TR Dal P

D. B.

ing, kalsom WIL

-TE BART

Deal in dr