

A FIGHT FOR LIFE.

Shall We Drive Slow Poison From Our Breakfast Table?—Alum and Ammonia in our Bread.

A nuisance that troubled England fifty years ago is now rapidly spreading in this country, that is putting Alum in the bread we eat. This question is causing a great deal of discussion at the present moment, as it is revealed that alum is being used as a substitute for cream of tartar in baking powders. A story is told that a very large percentage of the baking powders sold on the market contain either alum or ammonia, and many of them contain both these pernicious drugs. Much timely alarm is felt at the wholesale use of alum in bread, biscuit and pastry. To young children, growing girls, persons of weakly frame, alum bread eaten morning, noon and evening is the most harmful. It is the small quantities taken at every meal that do the mischief. Alum is cheap, costing but two or three cents a pound while cream of tartar costs 30c, and the high price of cream of tartar has led cheap baking powder to be made of alum. If the reader wants to know something of the corrosive qualities of alum let him touch a piece to his tongue then reflect how it acts on the tender delicate coats of the stomach.

Following is a list compiled by the Scientific American, of the alum and ammonia baking powders that have already been tested:

- *ATLANTIC & PACIFIC. *ROYAL. COOK'S FAVORITE. SCIOTO. CROWN. SILVER SPOON. CRYSTAL. SILVER STAR. DAISY. *SNOWDRIFT. *DAVIS' O. K. SOVEREIGN. DRY YEAST. STAR. GEM. STATE. GLOBE. STANBARD. *KENTON. SUNFLOWER. PEARSON'S. WASHINGTON. PERFECTION. WINDSOR. PEARLESS. ZIPP'S GRAPE. PURITY. CRYSTAL.

There are, in addition to the foregoing list from the Scientific American, a number of such powders sold in the western that were not found in the eastern stores. Following is the list to date:

- CALUMET. contains alum. (Calumet Baking Powder Co., Chicago.) FOREST CITY. contains ammonia alum. (Vouvie Bros., Cleveland.) CHICAGO YEAST. contains amonia alum. (Chapman & Smith Co., Chicago.) BON BON. contains alum. HOTEL. contains ammonia alum. (J. C. Grant Baking Powder Co., Chicago.) UNRIVALLED. contains alum. (Sprague, Warner & Griswold, Chicago.) ONE SPOON TAYLOR'S. ammonia alum. (Taylor Mfg. Co., St. Louis.) YARNALL'S. contains alum. (Yarnall Mfg. Co., St. Louis.) SHAW'S SNOW PUFF. contains alum. (Merchants' Mfg. Association, St. Louis.) DODSON & HILLS. contains alum. (Dodson & Hills, St. Louis.) SHEPARD'S. contains ammonia alum. (Wm. H. Shepard, St. Louis.) BAIN'S. contains alum. (Meyer-Bain Mfg. Co., St. Louis.) MONARCH. contains ammonia alum. (Reid, Murdoch & Co., Chicago.) SNOW BALL. contains alum. (Benzel Coffee & Spice Mills, Chicago.) GIANT. contains alum. MILK. contains alum. (W. F. McLaughlin & Co., Chicago.) ECHO. contains alum. (Spencer Bluing Paddle Co., Chicago.) KALFELLE'S PURITY. contains alum. (Kalfell Mfg. Co., Chicago.) RISING SUN. contains ammonia. (Phoenix Chemical Works, Chicago.) WHITE ROSE. contains ammonia alum. (Globe Coffee & Spice Mills, Minneapolis.) WOOD'S ACME. contains ammonia. (Thos. Wood & Co., Philadelphia.) ANDREW'S PEARL. contains ammonia. (C. E. Andrews & Co., Milwaukee.) HARRIET'S FAVORITE. contains alum. (H. H. Harries, Minneapolis.) FIDELITY. contains alum. SOLAR. contains alum. (Sherman Bros., Chicago.) PUTNAM'S BEST. contains alum. (Wells Putnam & Co., Chicago.) CHINA HOUSE. contains alum. (Noah McDowell, St. Paul, Minn.) TWIN CITY. contains alum. (J. K. Ferguson, Minneapolis, Minn.) HERCULES. contains ammonia. (Hercules Baking Powder Co., S. F.) CLIMAX. contains ammonia. (Climax Baking Powder Co., Indianapolis.) Dr. Price's Cream Baking Powder is reported by all authorities as free from Ammonia, Alum, Lime or any other adulterant. In fact, the purity of this ideal powder has never been questioned.

Take it Before Breakfast.

The great appetizer, tonic and liver regulator. In use for more than 50 years in England. Positive specific for liver complaint, bad taste in the mouth on arising in the morning, dull pains in the head and back of the eyes, tired feeling, dizziness, languor symptoms of liver complaint. Remedy—Dr. Hensley's English Dandelion Tonic. Relieves constipation, sharpens the appetite and tones up the entire system. Get the genuine from your druggist for \$1, and take according to directions.

Crop-Weather Bulletin, No. 24.

The observer of the Oregon Weather Bureau, of Portland, Oregon, has issued the bulletin for the week ending Saturday, Aug. 22, 1891, the same being based upon reports received from 147 correspondents, which is as follows: WESTERN OREGON.

Weather.—Rain fell on the night of the 17th and on the 18th, throughout this section, in amount from .10 to .20 of an inch, except in Josephine and Jackson counties where only a few drops fell. The temperature was below the average in the fore part of the week, but rose rapidly towards the close until today when it was from 90 to 100 degrees, except along the coast.

Crops.—The rain did no damage to the grain, but delayed harvesting and threshing for one day. There was some slight benefit in the rain to corn and vegetables. Winter wheat is all cut and most of it threshed; spring grain is being cut. Some smut exists in Douglas and Jackson counties. Grain is yielding better than was expected in every county; 56 bushels per acre from a 16 acre field is reported from Yamhill county; in Polk county the wheat generally averaged over 30 bushels per acre; most counties have an average yield of from 25 to 35 bushels per acre. The wooly aphid is doing damage to orchards in Yamhill county. The onion crop was injured by lice in Washington county, but as the acreage was increased, the total crop will be above the average. Hop growers expect to now gather a very fair average crop. In Douglas, Jackson and Curry counties the first crop of figs is over and the second crop is now setting. The early peaches are about over and the second crop will be ripe next week; several car loads a day are being shipped from Jackson county. Josephine county is shipping 3 car loads a day of watermelons. Fruit drying is in progress.

Weather.—Rain fell in most counties on the 19th and 20th, varying from a sprinkle to .14 of an inch. The temperature has been above the average and rose, towards the close of the week, until today it ranged from 90 to 106 degrees.

Crops.—There was no damage done by the rain, but harvesting operations were delayed for about one-half a day in various localities. Winter wheat is generally all threshed, and considerable of the spring sown grain has also been threshed, except east and south of the Blue mountains. All reports indicate the yield to be above the expectations of the farmers, except in parts of Wasco county, where the hot weather in July did some damage. In Union county rust is observable. In this county harvesting operations are just beginning. In Sherman, Morrow and Umatilla counties yields of from 30 to 40 bushels an acre are commonly reported. Fruit and melons are plentiful and large shipments are daily made. Wheat prices have an upward tendency and except contracted wheat, few farmers are selling. B. S. PAGUE, Observer, U. S. Weather Bureau.

Agents Wanted.

Our agents make \$100 to \$300 a month selling our goods on their merits. We want county and general agents, and will take back all goods unsold if a county agent fails to clear \$100 and expenses after a thirty day's trial, or a general agent less than \$250. We will send large illustrated circulars and letter with a special offer to suit territory applied for, on receipt of three cent stamps. Apply at once and get in on the boom. Address: RENNER MANUFACTURING CO., 4-9-11 Pittsburgh, Pa.

The New Discovery.

You have heard your friends and neighbors talking about it. You may yourself be one of the many who know from personal experience just how good a thing it is. If you have ever tried it, you are one of its staunch friends, because the wonderful thing about it is, that when once given a trial, Dr. King's New Discovery ever afterwards holds a place in the house. If you have never used it and should be afflicted with a cough, cold or any throat, lung or chest trouble, secure a bottle and give it a fair trial. It is guaranteed every time, or money refunded. Trial bottle free at Brown's drug store, Union, Oregon.

A desperate attempt to escape was made by the convicts at the Walla Walla penitentiary last Thursday, and the break was only frustrated by the coolness of the guards and bravery of Warden McClees. About forty of the prisoners were in the plot. Four of them seized the warden, and with knives at his throat, endeavored to compel him to cause the guards to throw down their guns. He refused, and before the convicts could put their design into execution the guards opened fire and killed two of the prisoners who were holding knives at McClees' throat. The men killed are Wm. Cleason, sent up last year from Seattle with a thirteen-year sentence for robbery and attempted murder, and John Morris, from Seattle, sentenced for seven years for robbery. They and Lattina, the murderer, were the leaders of the crowd.

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FIRST DAY. Running, one-half mile, for 2 year-olds, free for all, purse \$150—colts to carry 110 pounds, fillies 107; winner of any 2-year-old race this season 3 pounds extra.

SECOND DAY. Running, one-half mile and repeat, 2 in 3, purse \$150. Novelty, 2 in 3, for 2 year-olds, free for all, purse \$200.

THIRD DAY. Saddle-horse race, one-half mile, purse \$50, entrance \$5. Entrance money to go with race. First money 60 per cent, second 30 per cent, third 10 per cent. The directors reserve the right to start race horses. Trotting, 3 in 5 for 3 year-olds, purse \$200.

FOURTH DAY. Running, one-half mile dash, free for all, purse \$100. Trotting, 3 minute class 3 in 5, purse \$250.

FIFTH DAY. Running, one and one-half mile free for all, purse \$300. Trotting, 3 in 5 free for all, purse \$300.

SIXTH DAY. Running, one mile, novelty, 1st pr. \$50, 2nd pr. \$20, 3rd pr. \$10, 4th pr. \$5, purse \$200. Trotting, 2:40 class, 3 in 5, purse \$200.

The purses aggregated \$2,200. Premiums 3,500.

Total \$5,700

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