FIRESIDE FRAGMENTS.

—Have fruit on the table at every meal. Better have it if you have to buy it. Eat fruit when you first sit down to the table.

—Pounded Cheese: Pound half a pound of dry cheese with two tablespoonfuls of butter, add a teaspoonful of mustard, a little cayenne pepper and pounded mace. Spread on bread and eat.

—Drop Biscuit: One quart of flour, three teaspoonfuls of baking powder, sifted in the flour; lard the size of an egg, one pint of sour milk, one teaspoonful of soda, a little salt; drop them in a gem pan or muffin rings and bake in a quick oven.

—Lemon Extract: Take the pulp of two lemons and the peel of four, pour over it half a pint of alcohol, let stand one week, then strain out the pulp; return the skin, let stand another week and strain again.—Farm and Fireside.

—Cheese Sandwiches: Cut some thin slices of brown bread, spread a little butter over them and lay on the top of half the slices squares of cheese, put them in a baking-dish in a hot oven until the cheese is melted, lay a slice of warm toast on the top of each slice of cheese, and serve at once.

—If a mother does not lay aside her courtesy with her company dress, if a father is as refined in speech when the door has closed after the guest as he was when they conversed together, the child will learn to be habitually polite and modest. For good manners are better taught by example than by precept.—Albany Journal.

—Tapioca Fruit: Pour a quart of boiling water over a cupful of tapioca and let it stand an hour. Lay cut peaches or apples (fresh or canned) upon a buttered dish; add two cupfuls of sugar, a little lemon or vanilla to the tapioca; pour this over the fruit and bake one hour. This is a simple, wholesome and a very nice pudding.

—Dispute it who may, no place is finished without its border of trees and shrubs, whether in their spring bloom and beauty, or as in the evergreens, luxuriant in their perennial verdure. By their employment we can not only have beautiful surroundings, but shut out an unpleasant feature in the landscape or extend a desirable view.—Household.

—Pickles of almost every variety are useful for garnishing fish as well as cold meats. Whitefish can be trimmed with a few slices of lemon and sprinkled with the yelk of a hard-boiled egg, put through a hair sieve. The egg can be put on in the form of a star and the dish bordered with capers or small chilis, or if preferred, pastry. Gherkins cut in long narrow strips and capers laid in small rings makes a pretty garnish for stewed whitefish.—Detroit Tribune.

THE HARDEST OF WORK.

An Exhausted Business Man Better Off Than a Slave of Society.

A gaunt, haggard-looking man, whose business keeps him rushing from the opening until the close of every work day, was sympathized with a few days ago by a friend.

"I tell you old man," said the friend, "you work too hard. Why don't you take things easy? You've got money enough to let things wag their own way now,"

"We are a hard-working family," was the reply, "and when I get home I shall find the whole lot of us just as tired as I am, and nobody in the house feeling bright except the servants. My daughter used to be rosy and fresh-looking until she began going into society, and how she ever stands it now is more than I can tell. I don't know a man down town who works as hard as she does, and she keeps pegging away at it when I'm sleeping."

"What does she do, for heaven's sake?"

"Well, I don't know every thing she does, because I haven't reached that point of interest in her mode of enjoying herself to keep notes. She's in society. Don't you understand that? Well, I don't either, but that explanation seems to be all that is necessary from her when I advise her to let up and take a rest. I suppose she's got an end to keep up, and she's struggling hard to keep it elevated, I tell you. Yesterday she was up at eight o'clock, because she had to go shopping. She came in at luncheon pretty well fagged out. Then she had a dozen calls to make, and when she came in to dinner she looked so poorly I felt tired for her. There was a reception somewhere at night, and just before I retired a dude came around and carried her off to it. She came in along toward midnight, but this didn't prevent her from getting up this morning at eight o'clock again. So far, she belongs to a literary club that meets Tuesday, a Dorcas circle that meets Wednesday, a debating club that meets Thursday, a dancing class that meets Friday, and a missionary club that meets Saturday. Then her nights are taken up with a bowling club, a progressive euchre club, a theater club, receptions, balls, parties and the aforementioned dude. Sandwiched between all these are innumerable social calls, luncheons, and such things. Sundays are roaring days with her, too. She is a teacher in a Sunday-school, and she never misses evening service. Of course she has a good many other things to look after, but I can't recollect what they are just now. I lead a lazy life as compared with the life she leads. Being in business isn't half as hard as being in society."—N. Y. Sun.

Explorer Stanley's Hair.

The correspondent who went up country to meet Stanley describes his hair as being quite white. This he ascribes to the privations of the expedition. But those who met Mr. Stanley when he was formerly in this country will be reminded by the telegrams of an incident, regarding which the great explorer was some years ago twitted by his friends. As a matter of fact, his hair had become white long ago. But Mr. Stanley did not appreciate the venerable appearance which his gray locks gave him. They became black again a good deal more suddenly than they had grown white. In view of the chance of another curious change of this kind, it is rather awkward that their present color should have been so universally made known. —London Letter.

THE GREAT SIERRA KIDNEY AND LIVER CURE

Is a new and wonderful discovery, manufactured from the pure fresh juices of the herbs of California in their natural state, containing all their original properties. Delightful to the taste and immediate in its effects. Positively containing no mineral in its composition. Perfectly harmless and a sure cure for all the many troubles arising from the Kidneys, Liver and Bladder; among which are Catarrh of the bladder and stomach, Dropsy, Diabetes, Bright's Disease, burning, smarting pains in the small of the back, Gravel and other disorders these organs are heir to. For Leucorrhea, Suppressed Menses and all other female complaints the Great Sierra Kidney and Liver Cure has no equal, being a blood purifier and enricher without blotching. It brings the fresh color of youth to the cheeks, and clears the entire system of all impurities. You will immediately feel the beneficial effects of this wonderful medicine. Give it one trial; you will never be sorry. For sale by all druggists. Take no other.

The bill before the New York Legislature will prohibit the employment of any but American citizens on public contracts.

ERRATIC BOULDERS.

Some of the Wonderful Features of the Famous Mohegan Rock.

During the past summer and fall Prof. Henry Beals, a fellow of the Royal Society of London, has been visiting the New England coast, making a study of the erratic boulders so common throughout that and other sections of the United States. His special search has been for "rocking stones," but a very few of which are known to exist, that is, comparatively speaking. During his travels the aid rendered by local geologists and scientific societies was greatly appreciated by the English scientist.

All geologists, whether of local, State or National reputation, worked in conjunction with the professor, seeking to establish beyond a doubt the theory that these great rocks and curiously-balanced stones, which in many instances weigh hundreds of tons, were carried on floating icebergs during that mythical era known to geologists as "the glacial period."

Of the "rocking stones" Beal discovered but one new example in addition to those already known. This was at Noank, Conn., on the farm of Caleb Haley, a New York fish dealer. This rocking wonder is estimated by the discoverer to weigh twenty-five tons, and has a rocking scope of only six inches, allowing it to be readily moved by the muscular exertions of one arm and hand. Only one other "rocking stone" is known in New England, that at Lanesboro, Mass. Mr. Beal took a photograph of Mohegan rock, also known as Shehegan, in the town of Montville. The name, Mohegan rock, was applied by the early settlers, because it was used by the Indian tribe of that name as a fortress and as a watch-tower and sentinel rock. Late writers describe it as being the largest specimen of the erratic boulder rought down by the ice flow, now known to exist in this or any other country. It is forty-five feet high and seventy feet long, and is calculated by scientists to weigh at least ten thousand tons; it is wonderful to think of the immense size of an ice flow which was able to move under this enormous load. It is evidenced by the large flakes of stone that have been clipped from its sides by the insinuating frosts, that it must have laid in its present position for thousands of years.—St. Louis Republic.

A Story of the Shah.

It is told of Nasr-ed-Deen that on one occasion he conceived the idea of imitating Haroun-el-Raschid, and going about by night in disguise and unattended through the streets of Teheran. On leaving the castle the sentinel, dozing in his box, let him pass two nights without hindrance, whereupon the Shah had the sleepy sentinel flogged. The third night another soldier stood on guard, and he stopped the Shah, and forced him, despite all his protestations, to spend the rest of the night in the sentry-box, barring egress with his bayonet. The next morning the Shah, after having been liberated, first had the unaccommodating soldier bastinadoed and then sent him a purse with a sum equal to $150 and a robe of honor, but the Shah was cured of his love for nightly excursions.—London Spectator.

—Indian Muffins.—Two tablespoonfuls of Indian meal, one tablespoonful of sugar, one egg, one cup and one-half of flour, one cup of sweet milk, one teaspoonful of cream tartar and one-half teaspoonful of soda, or two teaspoonfuls of baking powder. A half teaspoonful of salt.—New England Farmer.

WAKED UP EFFECTUALLY.

A lethargic, dormant condition of the liver is hardly to be overcome with drastic cathartics and nauseous cholagogues. A gentler, pleasanter and far more effective means exists of arousing the organ when somnolent. This is Hostetter's Stomach Bitters, vouched for by the medical fraternity, tested by the public for many years. A resumption by the biliary organ of its secretive function, with the activity attendant upon health, a return to regularity of the bowels and a renewal of digestion are the no less happy and certain results of using the Bitters systematically. Its laxative effect is never painful and drenching, its tendency being rather to perpetuate regularity than to produce a copious action. Malaria, nervousness, debility, kidney troubles and neuralgia it subdues effectually.

A daily paper devoted to the negro has been started at Baltimore.

LUNG TROUBLES AND WASTING

Diseases can be cured, if properly treated in time, as shown by the following statement from D. C. FREEMAN, Sydney: "Having been a great sufferer from pulmonary attacks, and gradually wasting away for the past two years, it affords me pleasure to testify that **Scott's Emulsion** of Cod Liver Oil with Lime and Soda has given me great relief, and I cheerfully recommend it to all suffering in a similar way to myself. In addition I would say that it is very pleasant to take."

Denver points with pride to her newly-constructed cable line of twenty-eight miles in length—the longest in the world.

SURE CURE FOR PILES.

Sure cure for blind, bleeding and itching Piles. One box has cured the worst cases of ten years' standing. No one need suffer ten minutes after using Kirk's German Pile Ointment. It absorbs tumors, allays the itching, acts as a poultice, gives relief. Dr. Kirk's German Pile Ointment is prepared only for Piles and itching of the private parts, and nothing else. Every box is warranted.

Sold by Druggists and sent by mail on receipt of price, $1.00 per box. J. J. Mack & Co., Wholesale Agents, San Francisco.

Rival druggists are cutting quinine rates in Eastern cities.

ELECTRIC FORCE.

The Great Fundamental Principle of the Universe and Its Power to Restore Health to Humanity.

Experiments by scientists are constantly and surely proving electricity to be the great motor power of creation. Electricity is the most powerful chemical agent as well as the basis of chemical action. It is the primal element of light and heat, the promotor of life and the sustainer of health. Disease yields readily to its magnetic touch, and even unrelenting death is averted by its presence. Thousands of afflicted and suffering bear witness to its healing power. The electro-magnetic, as practiced by Drs. Darrin, has revolutionized the practice of medicine, as is shown by the following

EXTRACTS OF TESTIMONIALS:

George C. Scotten, Albina, Or.—Ringing noises in the ear and deafness; cured.

J. R. Cunningham, Wapinitia, Wasco county, Or. Total deafness two years in one ear and partially so in the other; cured.

Mrs. J. E. Smith, Frineville, Or.—Nervous debility and general weakness, almost bordering on insanity; restored.

Henson McCoy, Dufur, Wasco county, Or.—Deafness and terrible pain in the ear and head for six months, until he was nearly crazy; restlessness and insomnia; restored to health by electricity after all other treatments had failed.

D. J. Graham's child, Sprinfield, Or.—Painfully afflicted with granulated conjunctivitus, complicated with ulcers of the eyeballs for nine months; cured.

J. A. Lindsley, news agent on the O. R. & N. Co., residence 310 O street, Portland—Consumption, bronchitis and catarrh; cured and gained fifteen pounds.

David Ross' son, Woodland, Wash.—Painful hip disease had to be carried to the doctor's office cured. Mr. Ross has a daughter residing at the Merchant's hotel, Portland, and can be referred to.

J. J. Blair, Milwaukie, Or.—Paralysis, liver and lung trouble, pronounced consumption, accompanied by a hard, dry cough, also dyspepsia and general debility; cured. His son can be referred to at the Esmond house.

Drs. Darrin can be consulted daily at the Washington building, corner of Fourth and Washington streets, Portland, and Hotel Gondolof, Tacoma. Hours, 10 to 5; evenings, 7 to 8; Sundays, 10 to 12. All chronic diseases, irregularities of women, blood taints, loss of vital power and early indiscretions permanently cured, though no references are ever made in the press concerning such cases, owing to the delicacy of the patients. Examinations free to all, and circulars will be sent to any address. Charges for treatment according to patient's ability to pay. The poor treated free of charge from 10 to 11 daily. All private diseases confidentially treated, and cures guaranteed. Patients at a distance can be cured by home treatment. Medicines and letters sent without the doctors' name appearing.

"Oysters hired for church festivals" is a sign along Philadelphia wharves.

"FAIR PLAY"

Is all that is asked for Dr. Pierce's Golden Medical Discovery, when taken for catarrh in the head, or for bronchial or throat affections, or lung scrofula (commonly known as consumption of the lungs), and if taken in time and given a fair trial, it will cure, or the money paid for it will be refunded. It is the only *guaranteed cure*.

Cleanse the liver, stomach, bowels and whole system by using Dr. Pierce's Pellets.

Storekeepers are recommending their friends to buy next year's Christmas presents now.

An Elegant Package of Fine Cards, Including 15 rare novelties, shapes and artistic imported oleographic and chromatic cards. This large and beautiful collection sent by mail to any one who will do this: Buy a box of the genuine Dr. C. McLane's Celebrated Liver Pills from any druggist, price 25 cents, and mail us the outside wrapper with your address, plainly written, and 4 cents in stamps. The genuine McLane's Pills are prepared only by Fleming Bros., Pittsburg, Pa., and have been in constant use for over sixty years. They are superior to all others in purity and effectiveness. A certain cure for indigestion and sick headache. Address, Fleming Bros., Pittsburg, Pa.

A young lady at Dayton, Tenn., died from hydrophobia caused by the bite of a cat.

Beware of imitations of the celebrated Seal of North Carolina Plug Cut Tobacco.

PILES! PILES!! PILES!!!

Dr. William's Indian Pile Ointment is the only sure cure for Blind, Bleeding or Itching Piles ever discovered. It never fails to cure old chronic cases of long standing.

Judge Coffinbury, Cleveland, O., Says: "I have found by experience that Dr. William's Indian Pile Ointment gives immediate relief."

Do not suffer an instant longer. Sold by Williamson's Manufacturing Co., Props., Cleveland, Ohio. 50c and $1.

Sold by L. Blumauer & Co., Wholesale Druggists, Portland, Or.

That Tired Feeling

Is experienced by almost every one at this season, and many people resort to Hood's Sarsaparilla to drive away the languor and exhaustion. The blood is laden with impurities, the mind fails to think quickly, and the body is still slower to respond. Hood's Sarsaparilla is just what is needed. It overcomes that tired feeling, purifies and enriches the blood, makes the head clear, creates an appetite and tones the nervous system.

Hood's Sarsaparilla

Sold by all druggists, $1; six for $5. Prepared only by C. I. HOOD & CO., Apothecaries, Lowell, Mass.

100 Doses One Dollar

AGENTS WANTED. $175 per month guaranteed to energetic ladies or gentlemen. Call or write for particulars and be convinced.

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THE WORKMAN'S SOLACE.

"I tell you, my boy, I get a heap more comfort out of a package of 'SEAL OF NORTH CAROLINA PLUG CUT' than Jay Gould does out of all his millions."

HOW I SAVED MY LIFE.

I was taken sick while at the dinner table with terrible distress in my stomach. Before this I had been hearty and strong. For fourteen days I kept getting worse, despite the efforts of two doctors. I lost forty pounds, and was satisfied that I could live but a few days. My trouble was Stomach and Liver Complaint, resulting in an attack of bilious colic. At this time I saw Dr. David Kennedy's Favorite Remedy, of Roudout, N. Y., advertised, and sent for a bottle. I also sent for my physician, and told him that I was going to try the Favorite Remedy. He examined it and told me to use it three days and let him know the result. In the three days I walked four miles. Dr. Kennedy's Favorite Remedy has saved my life.—W. S. Bitzer, Slate Mills, Ross Co., Ohio.

DR. KENNEDY'S FAVORITE REMEDY, made at Roundout, N. Y. $1; 6 for $5.

Send for book, how to cure Kidney, Liver and Blood disorders.

A planter of Monticello, Fla., has already shipped this season 40,000 pounds of watermelon seeds.

A box wind matches free to smokers of "Tansill's Punch" 5c Cigar.

In London 600 women have joined the Cigar-makers' Union. They get from 20 to 22 shillings a week.

Dobbins' Electric Soap is *cheaper* for you to use, if you *follow directions*, than any other soap would be if *given* to you, for by its use *clothes are saved*. Clothes cost more than soap. Ask your grocer for Dobbins'. Take no other.

America stands first among the nations of the globe in the manufacture of finished iron and steel products.

TRY GERMEA for breakfast.

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CURES PERMANENTLY

NEURALGIA.

Instant Relief, First Application.

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I suffered dreadfully with neuralgic pains in head which affected face and eyes. I could not attend work. I obtained instantaneous relief from first application of St. Jacobs Oil.

H. M. CLARK.

Suffered 4 Days Severely.

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I suffered very severe pains from neuralgia for four days, but was cured by St. Jacobs Oil.

Mrs. JOHN KLEPPLE.

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THE CHARLES A. VOGELER CO., Baltimore, Md.

For Gout, Rheumatism, Neuralgia, Sciatica, bathe the parts affected freely with Perry Davis' PAIN KILLER taking also a teaspoonful in sugar and water 3 times a day, and you'll get relief at once and a Cure after faithful use of this remedy. Pain Killer Cures Coughs, Colds, Sore Throat, Diphtheria, Frost Bite.

Faber's Golden Female Pills.

For Female Irregularities: nothing like them on the market. *Never fail.* Successfully used by prominent ladies monthly. Guaranteed to relieve suppressed menstruation.

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The famous Hovey Seed Store of Boston, and Hovey Nurseries of Cambridge, Mass., have been moved to East Pasadena, California, where the business will be conducted as **The Raymond Flower and Seed Store.** C. H. HOVEY, Manager. **East Pasadena, Cal.** Send for complete catalogue.

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Goods is something we have to do at times to get rid of overstock. We offer good dry grapes at 2c lb., figs 2½c in lots of 20 lbs. and over. We have higher priced, but these are fair quality. Nectarines, 5c to 8c; Raisins, 4c to 8c; String Beans, $1 doz. cans. *Sheep* Tobacco, 7c to 8c for extra quality; Canary Seed, 100 lb. lots 4c lb.; dry peaches about 8c; for average apples 6c to 10c. The latter price for Alden. Men's heavy wool mittens, red, 25c; boys' suspenders up to 8 or 9 years, 5c, and for men and big boys, 15c to $1; Prints (calico), 5c up; Dress Buttons, 5c doz., great bargain. Umbrellas, 50c; good to use or lend. Soft grey blankets, $1.25 a pair; Red blankets from $3 a pair up. Men's all wool ½ hose, red or gray, sizes 9½ to 11, at 25c, or $2.00 a doz. This is a good time to send us an order. Ask for full list of 4,000 articles if you have none. Address **Smith's Cash Store, 418 Front Street, San Francisco, Cal.**

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SOME LADY IN YOUR VICINITY Will Make Money With it WHY NOT —YOU?— Write for Particulars GILROY, CALIFORNIA.

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TREATED FREE.

Positively Cured with Vegetable Remedies. Have cured thousands of cases. Cure patients pronounced hopeless by best physicians. From first dose symptoms disappear, in ten days at least two-thirds all symptoms removed. Send for free book testimonials of miraculous cures. Ten days' treatment free by mail. If our order trial, send 10c. in stamps to pay postage. DR. H. H. GREEN & SONS, Atlanta, Ga. If you order trial return this advertisement to us.

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SEND FOR NEW ILLUSTRATED CATALOGUE.

FASHIONABLE SOCIETY.

The trying ordeals which fashionable society imposes on its devotees are enough to severely test the physical strength and endurance of the most robust. Irregular and late hours, over-rich and indigestible food, late suppers, the fatigue of the ball-room, the bad air of the illy-ventilated, overcrowded theatre, are each, in themselves, sufficient to upset the system and ruin the health of the delicate and sensitive. Combined, they can hardly fail, if persisted in, to seriously impair the health of the hardiest. Ladies generally possess less powers of endurance than their male consorts, and so the sooner succumb to these deleterious influences. They become pale, haggard and debilitated, and constantly experience a sense of lassitude—that "tired feeling," as so many express it. The least exertion fatigues them. Various neuralgic and other pains harrass and distress the sufferer. Headache, backache, "bearing-down" sensations, and "female weaknesses" follow and sorely afflict the sufferer.

As an invigorating, restorative tonic, soothing cordial and bracing nervine, for debilitated and feeble women generally, Dr. Pierce's Favorite Prescription has no equal. In fact, it is the only medicine for the peculiar weaknesses and ailments incident to females, sold by druggists, under a positive guarantee from its manufacturers, that it will, in every case, give satisfaction or its price ($1.00) will be promptly refunded. It improves digestion, invigorates the system, enriches the blood, dispels aches and pains, produces refreshing sleep, dispels melancholy and nervousness, and builds up both the flesh and strength of those reduced below a healthy standard. It is a legitimate *medicine*—not a beverage. Contains no alcohol to inebriate; no syrup or sugar to sour or ferment in the stomach and cause distress. It is as *peculiar* in its composition as it is marvelous in its remedial results. Therefore, don't be put off with some worthless compound easily, but dishonestly, recommended to be "just as good," that the dealer may make more profit. "Favorite Prescription" is *incomparable*. The manufacturers' unprecedented offer to *guarantee* satisfaction in every case, or money refunded, ought to convince every invalid of this fact. A Book, on Woman's Ailments, and their Self-cure (160 pages), sent under seal, in plain envelope, for ten cents in stamps. Address, WORLD'S DISPENSARY MEDICAL ASSOCIATION, 663 Main Street, Buffalo, N. Y.

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Smallest, Cheapest, Easiest to take. One tiny, Sugar-coated Pellet a dose. Cures Sick Headache, Bilious Headache, Constipation, Indigestion, Bilious Attacks, and all derangements of the Stomach and Bowels. 25 cents a vial, by druggists.

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Jobbers in Show Cases, Scales, Paper Bags—in fact, anything you need in a Confectioner's store. Salesroom—Corner of Front and Oak street.