

NERVES AND MOODS.

How to Secure Good Health, Mental, Spiritual and Bodily.

A nerve is a wonderful, wonderful thing. A little white filament, sometimes so delicate and so fine as hardly to be visible when exposed from the tissue in which it has lived.

According to the irregularity of our nerves, so are our irregular moods. If all is right, we are happy and cheery and sunny.

If it were necessary for us continually to abide in such a state of sin and misery as this, our lot would be hard indeed.

RELIGIOUS AND EDUCATIONAL.

Daniel Hand, of Guilford, Conn., gave \$1,000,000 to the American Missionary Association, the interest to be used for the education of negroes in the South.

The Japanese Gazette says that Buddhism can not long hold its ground, and Christianity must finally prevail throughout all Japan.

The popular preacher who draws his sermons from fiction may for a time draw people to listen to his fancies.

No man is kept from study by lack of time; yet no excuse for a failure to study is more common than that of lack of time.

Success in the Christian life requires absolute promptness. Promptness in performing any religious duty makes it easy; while delay makes it a cross.

No human being can come into this world without increasing or diminishing the sum total of human happiness.

How to Cure Skin & Scalp Diseases with the CUTICURA REMEDIES.

THE MOST DISTRESSING FORMS OF SKIN and scalp diseases, with loss of hair, from infancy to old age, are speedily, economically and permanently cured by the CUTICURA REMEDIES.

THE VAN MONCISCAR PRIVATE DISPENSARY. NOS. 133 and 134 THIRD STREET, Portland, Oregon.

Too Doocid Vulgar. Noodletop—I haven't seen Puffy in your company lately, Kanob; what's become of him?

PIANOS. 1st Premiums, 25,000 in use, 30 years Established. New patented Steel Tuning Device, in use in no other Piano.

PRINTERS AND PUBLISHERS. You will Save 25 per cent And considerable Time by placing your orders for Type, Presses, Material, Ink, etc., with PALMER & REY.

A German statistician figures up that England has caused the death of 50,000,000 people and has wrought \$10,000,000,000 worth of destruction.

Proud hearts and lofty mountains are always barren.

A Modest, Sensitive Woman often shrinks from consulting a physician about functional derangement, and prefers to suffer in silence.

White Elephant of Siam, Lion of England, Dragon of China, Cross of Switzerland, and Banner of Persia.

It is always bad for the truth when a liar speaks it.—N. O. POMPON.

With groans and sighs, and dizzied eyes, He weeps the couch and down he lies, Nausea and faintness in him rise.

Don't hawk, hawk, blow, spit, and disgust everybody with your offensive breath, but use Dr. Sage's Catarrh Remedy and end it.

A Sore Throat, Cough or Cold, if suffered to progress, results in serious pulmonary affections, oftentimes incurable.

Delicate Children, Nursing Mothers, overworked Men, and for all diseases where the tissues are wasting away from the inability to digest ordinary food.

WILDWOOD'S MAGAZINE. An Illustrated Magazine of Out-Door Recreation. EDITED BY "WILL WILDWOOD."

WILDWOOD PUBLISHING CO., 166 La Salle St., Chicago, Ill.

J. H. FINK, Assayer and Analytical Chemist, Laboratory, 104 First St., Portland, Or. Analyses made of all substances.

COMB HONEY. What's the matter with Comb Honey? Nothing. It's all right, but we have several tons of it, and it won't sell, so we are going to offer it at a price that will make it sell, and quick, too.

THE GREAT OCEANIC ROUTE! Northern Pacific RAILROAD. THE ONLY LINE Running Pullman Palace Sleeping Cars, Magnificent Day Coaches, and Electric Lighted Sleeping Cars with berth free of charge.

THE ONLY PALACE DINING CAR. Fastest Time Ever Made from the Coast over the Northern Pacific R. R.

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CONSUMPTION CURED.

An old physician, retired from practice, having had placed in his hands by an East India missionary the formula of a simple vegetable remedy for the speedy and permanent cure of Consumption, Bronchitis, Catarrh, Asthma, and all throat and lung affections.

Those who bestow too much appreciation on trifling things become generally incapable of great ones.—L. A. KOSCIUSKO.

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