

THROUGH THE FOREST.

The Old and Young Danced All Night. Our Hardy Ancestors.

Old men live in the past. Perhaps it would be better for the young men of the present, if they lived a little bit more in the past, and drew less on the future.

The log cabins of primitive times would seem very cheerless habitations to the people who live in the finely constructed, furnace heated mansions of today. But our grandparents took a great deal of comfort in these rude homes.

They were rugged and healthy. The men had stalwart and hardy frames, and the women were free from the modern ailments that make the sex of to-day practically helpless slaves to hired foreign help.

White haired grand-sires frequently took their life partners and on horseback rode a score of miles through the forests to enjoy the lively pleasures of a frontier ball, danced till daylight, rode home again in the early morning, then put in a good day's work.

Middle-aged folks of to-day couldn't stand that sort of a racket.

To these mud-thinked log cabins doctors' visits were a rarity. The inhabitants lived to a rugged and green old age.

Sometimes these log cabin old-timers were taken ill. They were not proof against all the exposures to which they were subjected. They found the effective remedies for these common ailments in the roots and herbs which grew in the neighboring forests and fields. They had learned that nature has a cure for every ill. These potent remedies assisted their sturdy frames to quickly throw off disease and left no poison in the system.

The unpleasant feature of modern practice with mineral medicines is the injurious after-effect on the system. May not modern physical degeneracy be due to this feature?

A drug-saturated system is not in a natural, consequently not in a healthy, state. If any of the main organs are clogged with traces of the mineral poisons used to drive out a particular disease, the whole machinery of life is deranged and early decay of natural powers is the inevitable result.

There can be no question that remedies from the laboratory of nature are the best. If they are as efficacious, they have the advantage of leaving no after-tinge.

Their efficacy, if properly compounded, and the proper remedy applied to the proper disease, will not be doubted. The experience of ages proves it.

Their disease has come about principally through the rapid congregation of people in cities and villages, rendering these natural remedies difficult to obtain. Progressive business enterprise has lately led to putting these old time remedies within the reach of all classes.

The proprietors of Warner's safe remedies, in the faith that the people of to-day would be benefited by using the simple remedies of log cabin days, have caused investigations to be made and secured the formulas of a number of those which long and successful use had proved to be most valuable.

They will, we learn, be known under the general title of "Warner's Log Cabin Remedies." Among these medicines will be a "Sarsaparilla" for the blood and liver, "Log Cabin Hops and Buchu Remedy," for the stomach, etc., "Log Cabin Cough and Consumption Remedy," a remedy called "Scalpine," for the hair, "Log Cabin Extract," for internal and external use, and an old valuable discovery for catarrh, called "Log Cabin Rose Cream." Among the list is also a "Log Cabin Plaster" and a "Log Cabin Liver Pill."

The famous floating island of the Derwentwater, England, has come to the surface again after a long disappearance. This is a mass of decaying vegetation forming a layer of peat, on top of which is a thin covering of clay bound together by the roots of vegetation. It rests on the clay bottom of the lake, but sometimes some force, supposed to be in the gases generated by the decaying matter, causes it to rise to the surface. Its extent sometimes reaches half an acre, and it rises and falls with the water, until finally it sinks out of sight again, to be gone probably for several years.

In the Bahama Islands there are three sorts of soil—white, black and red. The white consists chiefly of calcareous sand. The black is vegetable mold, and very fertile. The red earth, however, is described in a recent government report as being the most important and fertile of all. It contains considerable oxide of iron, but geologists are at a loss to account for its origin, as no similar soil is found in the neighboring submarine banks, or by soundings in the deep sea bed about the islands. One of the larger islands it covers thousands of acres.—N. Y. Ledger.

Travelers in Manchuria suffer tortures in warm weather from the attacks of midges and gad-flies. Mr. H. E. M. James, of the Bombay civil service, says if there be a time when life is not worth living it is summer in the forests of Manchuria. Clouds of midges darken the air and bite fiercely. Men at the plow wear circlets of iron on their heads in which are placed bits of burning touchwood, the smoke of which keeps off the insects. The gad-flies attack animals more than they do men. They are as large as stag beetles, and pierce a mule's hide with great rapidity, so that the beast will soon be covered with streams of blood. Fortunately, they are sluggish and easily killed.—N. Y. Ledger.

COLOR-BLINDNESS.

A Defect of Vision Which is Said to be Largely Hereditary.

The defect of vision known as color-blindness is a very curious one. It consists of either total or partial lack of ability to distinguish color, while the sight may be faultless in every other respect. When total, the sensation of color is absolutely wanting, and the individual sees only different shades of white and black. These cases, however, are extremely rare. More common is partial color-blindness, where the sensation is defective in relation to certain colors, but not to all. This is of three kinds—red-blindness, green-blindness and violet-blindness. Cases of the last variety are so seldom met with that the term color-blindness, as commonly used, has reference to either red-blindness or green-blindness.

Persons who are red-blind see all red objects as a shade of gray, and the same is true of the green blind as to green. A mixture of white and black in proper proportions will give to the color-blind the same sensation as the different shades of red and green. It is somewhat singular that while there is no reason to doubt that color-blindness is as old as man, it was not distinctly recognized and accurately described until a little more than a hundred years ago.

The first case on record is that of a shoemaker named Harris, who lived in Mayport, England. It is said that his first suspicion of any peculiarity of vision on his part arose when he was about four years old. Having by accident found a child's stocking in the street he carried it to a house near by to inquire for the owner. He noticed that other people called it a red stocking, but could not understand why they did so, as it seemed to him completely described by calling it a stocking. He observed, also, that while the children with whom he played could distinguish the cherries on a tree by some pretended difference of color, he could only tell them from the leaves by their difference in size and shape. He found, too, that by means of this difference in color, or in some way which he could not understand, they could see the cherries at a greater distance than he could, though in cases where their sight was not assisted by the color, he could see objects at as great a distance as any of them.

This case was described in 1777. Seventeen years later the celebrated English chemist, Dalton, described his own case so accurately and minutely that color-blindness in general, and especially the form of it with which he was afflicted—namely, red blindness—has since been known as Daltonism. He says that he was never convinced of any peculiarity of his vision until he accidentally observed the color of the flower geranium zonale by candlelight. The flower was pink, but appeared to him almost an exact sky-blue by day. By the light of the candle, however, it seemed to him not to have any blue in it, being what he called red—a color which forms a striking contrast to blue. His friends, to whom he referred the matter, agreed that the color was not materially different from what it was by daylight, except his brother, who was subject to the same defect as himself. Two years afterward he began to investigate the subject of colors, or color-blindness. He found that he could distinguish but two, or at most three, colors in the rainbow. These were yellow and blue, or yellow, blue and purple. His yellow included the green, yellow, orange and red of others. This was the same Dr. Dalton who afterwards, though a Quaker and conscientiously opposed to wearing bright colors, when he had received the scarlet gown of a doctor of laws for presentation at court, not only donned it without objection, but also wore it for several days upon the street in happy unconsciousness of the effect which he produced.

Color-blindness is largely hereditary, and affects males much more frequently than females. It exists from birth, and there is no means known by which it can be remedied. A temporary condition of color-blindness is occasionally met with, due to disease or injury, which passes away with the condition which produced it. The existence of color-blindness in persons occupying responsible positions in the railroad and marine services is a source of great danger to the traveling public, and in most countries examinations are provided by law, for the purpose of testing the color-perception of all applicants for these positions.—Golden Days.

At the fourth annual convention of architects in Cincinnati, recently, a house which was built with fireproof materials was set on fire in order to show the architects that it would not burn.

FRACK ON EARTH

Awaits that countless army of martyrs, whose ranks are constantly recruited from the victims of nervousness and nervous diseases. The price of the boon is a systematic course of Hostetter's Stomach Bitters, the finest and most genial of tonic nervines, pursued with reasonable persistence. Easier, pleasanter and safer than any other remedy, it cures the reverse, beef extract, nerve foods, narcotics, sedatives and poisons in disguise. "Tired Nature's sweet restorer, balmy sleep," is the providential recuperator for weak nerves, and this glorious franchise being usually the consequence of sound digestion and increased vigor, the great stomachic which insures both is productive also of repose at the required periods. Not unrefreshed and invigorated the individual who uses it, but vigorous, clear headed and tranquil. Use the Bitters also in fever, rheumatism, kidney troubles, constipation and biliousness.

It is said that England expends nearly \$5,000,000 yearly to maintain her spy system in America.

THE BEAUTY OF WOMAN

is her crown of glory. But alas! how quickly does the nervous debility and chronic weakness of the sex cause the bloom of youth to pass away, sharpen the lovely features, and enunciate the rounded form! There is but one remedy which will restore the faded and drooping grace of youth. It is Dr. Pierce's "Favorite Prescription," a sovereign remedy for the diseases peculiar to females. It is one of the greatest boons ever conferred upon the human race, for it prevents the early decay of the female and restores to all mankind—the beauty and the health of woman.

There is said to be a sheep at Akron, Ohio, which weighs 90 pounds.

IN GENERAL DEBILITY, EMACIATION, CONSUMPTION AND WASTING IN CHILDREN.

Dr. J. C. Emulsion of Pure Cod Liver Oil with Hypophosphites, is a most valuable food and medicine. It creates an appetite for food, strengthens the nervous system, and builds up the body. Please read "I tried Scott's Emulsion on a young man whom physicians at times gave up hope. Since he has been using the Emulsion his cough has ceased, his flesh and strength have returned, and his life will be prolonged many years." J. SULLIVAN, Hospital steward, Morgantown, Pa.

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A SURE THING.

There are very few things in this life of which we may be absolutely certain, but this is one of them: that Dr. Pierce's "Pleasant Purgative Pellets" have no equal as a cathartic in derangements of the liver and bowels. They are very small and their action is pleasant. Purely vegetable, perfectly harmless. 25 cents a vial. All druggists.

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ITCHING FILLS.

SYMPTOMS: Moisture; intense itching and stinging, most at night; worse by scratching. If allowed to continue, it causes a rash, which often leads to eczema, becoming very sore. SWAYNE'S OINTMENT stops the itching and healing, heals ulceration, and in many cases removes the tumors. It is equally effective in curing all skin diseases. DR. SWAYNE & SON, Proprietors, Philadelphia. SWAYNE'S OINTMENT can be obtained of druggists. Send for mail for 50 cents.

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Camelline improve and preserve the complexion.

Personal Work.

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THE NEW TEXAS STATE HOUSE IS THE LARGEST STATE CAPITOL BUILDING IN THE UNION.

TO CONSUMPTIVES. Reader, can you believe that the Creator afflicts one-third of mankind with a disease for which there is no remedy? Dr. R. V. Pierce's "Golden Medical Discovery" has cured hundreds of cases of consumption, and men are living to-day—healthy, robust men—who physicians pronounced incurable, because one lung was almost gone. Send 10 cents in stamps for Dr. Pierce's book on consumption and kindred affections. Address, World's Dispensary Medical Association, 603 Main Street, Buffalo, N. Y.

Butter and lard should be kept in stone or earthenware, and kept in a cool place.

For relieving Throat Troubles and Coughs, "Brown's Bronchial Trochoc" have a world-wide reputation. Sold only in boxes. Price 25 cts.

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A. SLOCUM, M. C., 181 Pearl St., New York

Wakelee's Squirrel and Gopher exterminator. Try it, and prove the best is the cheapest. Wakelee & Co., San Francisco.

ELY'S CATARRH CREAM BALM.

I have used two bottles of Ely's Cream Balm and consider myself cured. I suffered 20 years from catarrh of the eye and ear, and this is the first remedy that afforded lasting relief.—D. T. Higginson, 145 Lake St., Chicago, Ill.

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Carriage.—Why so many deviate from a graceful carriage may be accounted for in as many ways as there are misshapen beings.

MUSCULAR WEAKNESS.

Lame Back.—The spinal column is the mainstay of the body, which stiffens up the straight man or woman, and nature has provided muscular supports to hold it erect.

TWISTED OUT OF SHAPE.

Distortions.—Men and women recklessly twist themselves out of shape, and the result is the few standing straight and the many bending down.

SYMPTOMS.

Pains.—Those which afflict the back are the most insidious or subtle. They come at times without warning; we rise from a sitting posture to find the back so crippled or strained as to cause acute suffering.

TREATMENT.

Cure.—Rub the parts afflicted freely with St. Jacobs Oil; rub hard and vigorously, producing warmth, and if the pain is slow in yielding, wrap the parts in flannel steeped in hot water and wrung out.

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"CHICHESTER'S ENGLISH." The Original and Only Genuine.

It is a safe and reliable. Beware of worthless imitations. Inexplicable to LADIES. Ask your Druggist for "Chichester's English," or take no other, or induce to (name) us for particulars in letter by return mail. NAME PAID. 117 Madison Square, Philadelphia, Pa. Sold by Druggists everywhere. Ask for "Chichester's English" Pennyroyal Pills. Take no other.

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