UNION. OREGON.

OF GENERAL INTEREST.

-Scales are now made so delicate that a signature on a piece of paper with a soft lead pencil can be weighed. -A resident of Savannah exhibits one

bundred and twenty-four large sweet potatoes, which were grown on a single vine. They completely fill a bar-

-Crows distribute many tree seeds, such as acorns and nuts, by plucking them and carrying them away, dropping them again at some distance from the place of starting.

-It is related that a Chicago woman who has had three husbands, all of whom she has "disembarrassed" herself of, is writing a book on "How to Make Home Happy."-Chicago Times.

season, the newspapers say that the minstrel show is dead. Yes, the minstrel show is dead, but the people never grow tired of sitting up with the

-In Chesterfield County, Va., recently a colored candidate for office was defeated because he wore a white shirt. It was the only immaculate rag of that kind in the district, but it was too much for his fellow citizens, and they "scratched" him .- Cleveland Leader.

-Dr. Junker, the Russian explorer, in an interview at Brussels said he had received letters from Emin Bey dated last November. In those, Emin Bey said the routes between Uganda and Wadeli were open. Dr. Junker thinks that the success of Stanley's relief expedition is, barring accidents, assured.

-A woman in Cuthbert, Ga., is the eldest fourteen years and the youngest six months of age. All her children ever saw its father, while all the others have seen their father .- San Francisco Chronicle.

-A German man of science has taken four heads of hair of equal weight, and then proceeded to count the individual hairs. One was of the red variety, and it was found to contain 90,000 hairs. Next comes the black, with 103,000 hairs to its credit. The brown had 109,000 and the blonde 140,-000. - Boston Budget.

-Alexander E. Tucker, writing to Engineering, says that he has successfully edged grooving tools for chill rolls by dipping the actual cutting portion in mercury. No more of the steel than is actually necessary should be dipped, as, while imparting extreme hardness, it naturally makes the body of the tool extremely brittle. - Eoston

the registrar's office at Pittsburgh by Mrs Martha Matthews, daughter of the decedent, which reads as follows:

PIPERBURGII, May 6, 1887. Martha Matthews, my mother, authorized me to collect her money for funeral expenses; bal-tuce for me. Her will. her ELLEN M GILLESPIE

mark. Witnesses | MARTHA CHIER, ESTHER FLEMING.

-Iron says that if a continuous telegram wire were strung from New York to San Francisco, and a rainsform should be in progress along the entire route, the shrinkage caused in the wire

by the rain would amount to one hundred and twenty miles, and for smaller distances the proportion would be the same. "The above shows," says Iron, "that underground telegraphs have become a necessity.

-The revived discussions as to the combinations of ink and paper least trying to the eyes of readers has, in this country, brought into public notice newspapers printed with black ink on red and green paper. A German printer, of Arnheim, on the other hand. enthusiastically advocates the use of blue ink on green paper as the least hurtful tints for the eyes to dwell upon. -Public Opinion.

-The variable star Algol is so infinitely distant from the earth that it takes thirty years for its light to reach us. So we see it as was thirty years ago, not as it is to-day. When one of its obscurations occurs, therefore, the one that is visible to us occurred a generation ago, and about four thousand such obscurations have taken place, and started on their way hither since the one we see happened. - N. Y. Examiner.

-Admiral Farragut's flag-ship, the Hartford, is the only one of the old naval hulks at Mare Island Navy Yord which has not been condemned. The sloops Lackawanna, Shenandoah, Wachusett and Cyane have been ordered sold. The Lackawanna was in the bombardment of Mobile, and while ramming the rebel ship Tennessee tore off about twenty-five feet of the side of Farragut's flag-ship. The old admiral looked over the side and shouted: "Go ahead, boys; there are some fireboards left .- Public Opinion.

-There are five hundred thousand Sleeper, Episcopal; Rev. J. J. Heisler, more women than men in Great Brit- Methodist, and Rev. Isaac W. Bagley, sin. There is a like disparity in Ger- Baptist. Mr. Dobbins averages 140 many and in some of the United States. | couples a month, and, as his average Whether this be accounted as a de-Sciency of the male or as a surplus of \$6,720 a year. Mr. Sleeper unites the female population, it is a matter about 60 couples a month, receiving more difficult to deal with than the surpluses and deficiencies which puzzle has had a diagram lithographed showthe heads of financiers and economists! | ing the most direct route from the fer-The statesman or philosopher who shall restore a proper balance of the be doing a land-office business. Altosexes will add immensely to the sum gether, the clergy of Camden must of human happiness. - Platadelphia make fully \$25,000 a year out of the

THE NEW AMERICAN.

Species of Humanity Developed on the Great Plains of the West. The American man, the Drawer imagines, only developes himself and spreads himself and grows for all he is worth" in the Great West. He is more free and limber there, and unfolds those generous peculiarities and largenesses of humanity which never blos-somed before. The "environment" has much to do with it. The great spaces over which he roams contribute to the enlargement of his mental horizon. There have been races before who roamed the illimitable desert, but they traveled on foot or on camel-back, and were limited in their range. There was nothing continental about them, as there is about our railway desert travelers, who swing along through thousands of miles of sand and sageoush with a growing contempt for time and space. But expansive and great as these people have become under he new conditions, the Drawer has a fancy that the development of the race has only just begun, and that the future -At the beginning of every dramatic will show us in perfection a kind of man new to the world. Out somewhere on the Santa Fe route, where the desert of one day was like the desert of the day before, and the Pullman ar rolls and swings over the wide waste beneath the blue sky day after day, under its black flag of smoke, in the early gray of morning, when the men were waiting their turns at the ablution bowls, a slip of a boy, perhaps aged seven, stood balancing himbockers, biding his time, with all the nonchalance of an old campaigner. "How did you sleep, Cap?" asked well-meaning elderly gentleman. Well, thank you," was the dignified response; "as I always do on a sleeping-car," Always does? Great horrors! Hardly out of his swaddlingclothes, and yet he always sleeps well in a sleeper! Was he born on the

wheels? was he cradled in a Pullman? mother of eight living children, the He has always been in motion, probably; he was started at thirty miles an the triggers he was very much puzzled hour, no doubt, this marvelous boy of and disappoined by the absence of the are blessed with perfect eyesight, and our new era. He was not born in a yet neither the oldest nor the youngest house at rest, but the locomotive snatched him along with a shrick and a roar before his eyes were fairly open, and he was rocked in a "section," and his first sensation of life was that of moving rapidly over vast arid spaces, through cattle ranges, and along canyons. The effort of quick and easy locomotion on character may have been noted before, but it seems th there is the production of a new sort of man, the direct product of our railway era. It is not simply that this boy is mature, but he must be a different and a no-

bler sort of boy than one born, say, at

home on a canal-boat; for whether

he was born on the rail or not, he be-

longs to the railway system of civiliza-

tion. Before he gets into trousers he

is old in experience, and he has dis-

counted many of the novelties that usu-

will pass him along without friction

haps a uniform divorce law will

enable him to change his mar-

ital relations at any place where

we are all coming to when we fully ac-

quire the freedom of the continent, and

ing and of language which character-

dandy when she turned loose on Jim."

And also in the closin words of a New

Mexico obituary, which the Kansas

Magazine quotes: "Her tired spirit

racking body and soared aloft

and we sleep, and there is nowhere any

boundary to our expansion. Perhaps

childhood; we have abolished first .-

Magazine.

Charles Dudley Warner, in Harper's

America's Gretna Green.

Nearly every State in the Union has

its Gretna Greeh, but few has one that

so thoroughly deserves the name as

Camden, N. J. The clergymen of that

town who do so much marrying are

J. Y. Dobbins, Methodist; Rev. J. J.

fee is \$4 a couple, he makes about

about the same average fee; but as he

ries to his house he will probably soon

marriage business .- Chicago Times.

was released from the

hole in that part of the Sierra Nevada, and it must have been dug by some half cracked Forty-niner like Marshall, who prospected all the way from Yuma to the Columbia. Zeke vows it was dug by Providence.

chapparal several yards before he beally break gradually on the pilgrim in was not before him. As soon as Zeke (which will probably be improved in and quickly inserted two more in his time into a dustless, sweet-smelling, gun. He knew the bear would smell

mestic life will be on the wing, so to | In half a minute Caleb's wicked speak. The inter-State commerce bill shout appeared at the top of the hole. It disappeared, and was at once refrom end to end of the Union, and per- placed by the bear's hind legs. Caleb was coming down stern foremost after the nexious person who had fired bullets at him. As the bear scrambled he happens to dine. This promising down Zeke aimed just under his shoullad is only a faint intimation of what | der and sent two handfuls of buckshot careering through his vitals in a diagonal line. The wound was almost instantly fatal, and the bear came down come into that expansiveness of feelin a heap at the bottom of the hole, izes the Great West. It is a burst of which was about ten or twelve feet

joyous exuberance that comes from the |deep. sense of an illimitable horizon. . It shows itself in the tender words of a realized that he had been injured in the local newspaper at Bowie, Ariz., on fail, and that standing up was painful. the death of a beloved citizen: " Death He sat down on the bear to rest and loves a shining mark,' and she hit a reflect, and to induce reflection he took out his pipe and lighted it. The flare of the match lighted up the prospect hole, and Zeke was interested in seeing a good-sized rattlesnake lying dead unpain- der his feet, its head crushed by his boot-heel. He had landed on the snake to eternal glory at 4:30 Denver when he fell into the hole, and the time." We die, as it were, in motion, slipping of his foot had sprained his

Zeke had a hard time climbing out we shall never again know any rest as of the prospect hole and getting back we now understand the term-rest to camp, but he got there, and sent being only change of motion-and we some men up to hoist the bear to the shall not be able to sleep except on the surface. The grizzly's weight was escars, and whether we die by Denver timated to be nine hundred pounds. time or by the ninetieth meridian, we Zeke says he doesn't care about the shall only change our time. Blessed sprain, because if his foot had not be this slip of a boy who is a man be- landed just in that spot he would have fore he is an infant, and teaches us had more company than he would have what rapid transit can do for our race! cared to entertain at the bottom of a The only thing that can possibly hin- prospect hole. - Cultente (Cal.) Cor. N.

-President Hopkins' ideal of a college was "an institution where a young man, during the critical period of transition from boyhood to manhood, and even later, may have an opportunity to do for himself the best he can do; and also one that shall do for every such young man the best that

-Mrs. Livermore has delivered more than eight hundred temperance addresses. For many years she has lectured five nights a week for five month in the year. She travels yearly twenty-five thousand miles, besides working late into the night to main-

-During the last year there has been a net gain of 339 members in the churches of the Irish Wesleyan Conference. During the year 412 members died, 488 emigrated, and 844 "ceased to be members" by not attending the

EXCITING BEAR HUNT.

A Man, a Grizzly and a Rattlesnake at the Its Possession the Result of Education | Pugnacious Little Birds Which Are Driving

One-eyed Zeke, who hunts for a livmiss fire. He carries a heavy doublebarreled shot-gun and a 44-caliber resights a grizzly he pops at him with the him, and shooting often enough to disnoddle about the annoyance.

A grizzly will go his own way usually if not interfered with, but if insulted with pistol-shots he is pretty certain to make a disturbance of the peace. The concludes that Zeke is responsible for at full cock. Caleb comes right up to gratifying of an impulse acquired, not him, and when almost within hugging distance rises on his hind legs to throw himself upon Zeke. Then Zeke turns and blows a hole as big as two fists by fifty or sixty persons at the same they drove out the orioles and made it nearly through him. The beavy charge at such close range smashes the grizself on his little legs, clad in knicker- | zly's interior works in a deplorable | a fraction of the effort made in gratify- they had the field all to themselves. In manner, and he dies right away. It is far more effective than an express rifle-bullet. But it requires nerve to health and comfort. face a big, ugly bear and reserve fire until he is within half a dozen feet of

Zeke met a bear in the mountains near Owen lake and played his enstomary game, but not with complete success. By some extraordinary bad luck, both cartridges in his gun had defective primers, and when he pulled usual loud report. It was a critical moment for Zeke. It took him the thousandth part of a second to grasp the situation and spring desperately to the right. Another small traction of a second was consumed in his unexpected descent to the bottom of an old prospect hole that was overgrown with orush and escaped his notice.

Probably that is the only prospect

The sudden and unaccountable disappearance of the old man with a gun surprised the bear, and he had thrown himself forward and plunged into the gan to catch on to the fact that Zeke

well-aired bedroom), and whose do- him out very soon.

The excitement being over, Zeke lankle.

der us in our progress will be second I. Sun.

can be done for him."

tain her immense correspondence.

weekly class-meetings.

PHYSICAL SELF-CONTROL

It is not possible to sit in an asseming around Owen lake and along Owen blage of people and not be impressed river over in Inyo, came in the other with the lack of physical self-control day to be doctored for a sprained ankle. manifested. No matter how eloquent Spraining that ankle saved his life on the speaker, how entrancing the music, this last trip. Zeke has a scheme of for but few minutes at a time are they his own for killing grizzlies that is able to control perfect silence on the very effective if a man has nerve part of the audience; constantly are enough to work it and his gun doesn't there useless and unnessary movements, revealing the aimless, untrained mind. For, were the mind held, the volver, but never lugs a rifle even body would be unrecognized and held when he goes after bears. When he by the grip of its power. It is the dual life that causes the constant movement, revolver and gets him mad, standing change of position, arrangement of in the open where the bear can see clothing, movement of hands and feet Philadelphia. They did so well that in -all showing that the mind has not pel any possible doubts in the bear's sovereignty of the body because it has not been trained to that sovereignty, or the body to yielding to the higher

Perhaps one-if not the one-annoy- they became a nuisance. ance to speakers and hearers is the exasperated bear snaps viciously at the | endless coughing, hacking, clearing of | if the country was made for them, and place where the pistol-ball strikes him, the throat, that is one of the evidences | they set to work driving out the other of lack of control physically. The least birds whose ancestors lived here before the trouble and goes for him. Zeke self-restraint on the part of each in- the Pilgrims landed on Plymouth Rock. waits calmly with a double load of heavy dividual would reduce the volume of They bossed the wrens, teased the blueshot in each barrel and the hammers sound enormously. The constant jays and took possession of all the nice innate, the result of nervousness that had built in the shade trees. They bred loose both barrels at the bear's chest, feet of gratifying this needless impulse tribes of birds together. One by one time, in the same place, 's out of all so uncomfortable for the robins that proportion to the individual effort. If they moved into the country, and soon ing the impulse were made in restrain- the meantime the caterpillars held high ing it, great good would result to carnival.

We have associated the idea of selfcontrol with the moral and mental nature, ignoring its immense influphysical, and its reflex action on the The woman who can not occupy a constant motion is the woman who can not meet the every-day annoyances with a self-poised calmness. Trifles distress her; and she excuses herself for displays of irritation be- passed a bill making it a misdemeanor cause of nervousness, when it was punishable by arrest and fine to feed nothing but lack of self-control. The mantle of charity is much enlarged by this modern fringe we call nervousness. "I must do something: I can not sit with idle hands," is not the expression of normal industry, but the expression of abnormal activity. It's the physical Martha instead of mental when to sit still meant the learning of would be well to set a bounty on the a lesson that would reveal true serv-

in an audience apparently listening earn a few honest pennies. to the addresses being delivered. He hung his hat on his umbrella, and, putting his finger in the loosely-hanging way, are excellent eating and often silk, swayed the hat back and forth for palmed off for the more grony reedthis world. He belongs to the new, ex- struck bottom he looked up to see if nearly one half hour. To do this he bird. The domestic sparco wis not a mi--A peculiar will has been filed in pansive race that must live in motion, the bear was coming down, too, and was forced to make a motion of the gratory bird and never leaves the towns whose proper home is the Pullman then he removed the bad cartridges right arm from the shoulder. Think or villages, and only a few journey to of the wasted strength! A pale, thin the country. They are very pugnacious youth, who needed every bit of and can fight any bird of their size. strength and vitality in his body to They eatgrain and the scraps of food make legitimate effort to accomplish to be found in the a sis-barrels and gutany purpose. The movement simply ters, and a full-fledged sparrow would revealed the empty, unused mind, not condescend to eat the fattest grub-Restless, aimless wandering about, or worm, even if he were almost starved. purposeless movements should be edu- It is a singular fact that the young can cated out of a child. All are the result only be raised by feeding them with

of a purposeless mind. Physical restlessness can be over- care of themselves, but after that they come in an adult who will once ac- live like their parents. They breed knowledge the tremendous waste of from three to four times a year and can energy, vitality and force in useless, standany sort of climate, hot or cold. purposeless movements. Compel your- Although they have only been in this self to sit still in a comfortable posi- country a little over twenty years, they tion that pays all attention to conven- have migrated West rapidly, and can tionalities. Do not give to restlessness | be found almost anywhere east of the which is the result of mental activity, Mississippi. I remember when they and to abnormal physical activity, were first introduced into India, where which results from the mental bar- they followed the English army during renness and irritability, the name of the war, and in less than five years they uervousness, and hug the delusion to were settled in large numbers in the he soul that nervousness is an evidence | Punjab and Afghanistan. of a "highly-strung nature" -to use a "They have practically driven out all much-abused term. Physical self-con- the song birds, and even the swallows irol is the result of education and good that used to build their nests under the preeding, and its possession is as neces- eaves of our houses here have been sary to sound health as mental self- forced to seek another home." control to sound morals. - Christian

Type Made from Paper.

Type made from paper is the latest novelty. A process has been patented by which large type for printing placards can be made from pulp. Such letters are at present cut on wood. The pulp is desiccated and reduced to a powdered or comminuted state, after which it is thoroughly mixed with a water-proofing liquid or materialsuch as parafline oil, or a drying linseed oil, for instance. The mixture is then dried, and subsequently pulverized. In its pulverized state it is introduced into a mold of the requisite construction to produce the desired article, type or tonly destroyed the eggs. clock, and then subjected to pressure tacley or adhesive the water-proofing material. Finally, the type is cooled while in the mold, so as to cause it to retain its shape and solidity. - Boston Transcript.

He Was Truly Grateful.

"So you've been drunk again," said the judge, severely. "Yes, your Honor."

"No, your Honor." "I don't see what I can do but give ou ninety days and fifty dollars."

"Have you any thing to say for your-

'Thank ye judge, thank ye.' "Thank me for what?" "For the fifty dollars you said you'd gimme. It'll be mighty welcome, cos I'm hard up."-Merchant Traveler.

ENGLISH SPARROWS.

Just after the war, before the benches in the parks were reserved for the exclusive use of nurse girls and park policemen, a paturalist, who lived in the parks when he had nothing else to do, discovered that the shade trees were being slowly killed by the caterpillars and other insects. He wrote a big letter to one of the newspapers, and somebody advised the Park Commissioners to import English sparrows to check the evil. Acting upon the suggestion, a basketful of the birds was brought over from England in the fali of 1866 and set free in Fairmount Park, the following year another batch was

let loose in Central Park. It was not long before it was discovered that the sparrows didn't eat insects at all, and instead of a boon

Like many foreigners, they acted as houses which the Park Commissioners grows by what it is fed on, is an evi- fast, and in a few years the army was dence of untrained intellect. The ef- strong enough to fight all the other

Then the cry went up that the sparrow was a nuisance and ought to go. Dr. Merriam, who is at the head of the scientific branch of the Department of ence in the development of the Agriculture, sent out printed circulars to the farmers all over the country askhigher powers through the physical. ing them to pass judgment on the sparrow. He received over two thousand rocking-chair without keeping it in replies, and not a single one of them had a good word for the spacrow.

Ornithologist Assemblyman Erwin was much interested in the matter, and through his efforts the last Legislature sparrows or harbor them.

"Something ought to be done to check the ravages of the sparrows," said Mr. C. C. Amery, Secretary of the Audubon Society, "for there's no doubt that they are objectionable. In my opinion it would be best to treat them just like the other game birds-that is, Mary that has gained control. Martha | protect them at certain seasons and alwould serve herself and the world bet- low sportsmen to slaughter them at will ter if she recognized the moments during the rest of the year. I think it sparrow's head, say a cent for each. This would encourage the gamins to One night a boy of sixteen sat kill them and give them a chance to

Restaurants would cheerfully pay two cents more for the birds, which, by the liasects until they are big enough to take

The writer saw a desperate battle between a big sparrow and a swallow the other day. The swallow had built its nest under the canopy of a tall chimney. One fine morning a sparrow approached, and, perching himself on the nest, peered saucily into it, and began to peck at the poor swallow, who was seated on her eggs. A desperate battle ensued. Unable to defend herself in her cramped-up position, the swallow left her nest and flew to the roof to get away from her tormentor, who followed and renewed the battle. The sparrow, being more skilled in the art of warfare, had the best of it, and after ernelly pounding the swallow drove her off and then returned to the nest and wan-

Even the most ardent champions of to consolidate it, and heat to render the English sparrow concede that he is an enemy to the small American song birds, and unless something is done to check him he will ultimately exterminate them. The farmers also complain that the sparrow destroys the buds of fruit trees and bushes .- N. Y. World.

-It was over twenty years ago when little Caspar paid a visit to the West country with his mother. The chief mode of locomotion, after pedals, was in that section by lumber wagons. This was a new and strange thing to the boy, and one stormy night, after he was in bed, while his mother was preparing to follow him, hearing a long, rolling peal of thunder, he exclaimed: "Why, mamma, does God ride in himber wagons, too?"-Babyhood.

-Variety is the best culinary spice.

PERSONAL AND IMPERSONAL

-Women are the State librarians of

Indiana, Iowa, Kentucky, Louisiana, Michigan, Mississippi and Tennessee. -King Humbert, of Italy, never dances. Queen Margaret always takes part in two or three quadrilles at court

-Meissonier is engaged on a grand ~ canvas in which he is portraying dragoons galloping past Napoleon with their heads uncovered.

-A New York bookkeeper has succeeded in writing on one side of ar postal-card 7 poems, containing 8,120 words. It took him 9 hours to accomplish the task. The letters are about the size of "diamond" type.

-A young farmer in Georgia hires a negro to plow, and in order to see that no time is fooled away he rides the mule so as to face the plowman, carrying an umbrella over his own head and using a big fan in order to keep cool.

-A guide who has conducted many bridal couples through the Capitol at Washington declares that they are his best customers, because "if a man is ever going to throw away money on his wife, it's when he's first married." -In the list of letters advertised as

remaining unclaimed in the Perth Amboy post-office on April 29 is one addressed to a gentleman who staggers through life under the megalonymie: Ralyomihaly Tolopsiz Alemakovuz Malyasgd Dojehornk.

-Prof. Richard A. Proctor, the eminent scientist and astronomer, is hereafter to be a citizen of Florida, having purchased a tract of land on Orange Lake. He says the lower atmosphere of Florida is so clear that constellations stand out in wonderful brilliancy.

-Lady Seton has and takes great oride in showing to all her visitors at Durham House probably the earliest antograph letter of Queen Victoria in existence. It is in childish print characters and runs thus: "How do you do, my dear Sir Henry? Your little friend, Victoria." It was addressed to Sir Henry Seton.

-Mayor Hewitt, of New York, received his first money by reading to a rich man three or four hours a day for a year. He was then but sixteen years of age. For his year's reading he received the munificent compensation of fifteen dollars. Ten dollars of this sum was used to buy his student's gown and the other five was kept by his mother for incidental expenses.

-Mr. Webster tells a pleasant story concerning his Italian journey. He called on a prominent publisher in Turin, and that worthy upon receipt of his card rushed forth with an effusive welcome. Mr. Webster, rather astonished at so much cordiality in a total stranger, suggested that his name could hardly be known to his Italian brother in business, "What!" exclaimed the Italian, "the publisher of the 'Pope's Life!' And then,"-with a profound bow-"Your beautiful dictionary!"

"A LITTLE NONSENSE."

-The rockers on a chair never stick out half so far behind at any other time as when a man is prowling around in the dark barefooted. -Transformation.-

"Twas a noble old ash, and most bravely it grew,
With nothing its progress to hinder;

But a forest fire struck it, 'twas burnt through and through, And that ash now is naught but a cinder.

-A young lady having read a very long paper at a missionary meeting showing the triumphs of the Gospel, the minister gave out the hymn beginning "Hallelujah, 'tis done." He wondered why everybody smiled.

-Little Lucy, running into the parlor where her mother was entertaining her daughter Mary's beau until Miss Mary could complete her toilet and come down, cried out: "Oh! mamma! Johnny is dot Mary's teef and won't give 'em to her."

-"Laura," said Mrs. Parvenu, on the hotel piazza, to her daughter, "Laura, go and ask the leader of them orchestras to play that 'sympathy from Meddlejohn' over again; it's such an awful favorite of mine; and your father's, too!"-Chicago Herald,



"I have used Simmons Liver Regulator for many years; having made it my only Family Medicine. My mother before me was very partial to it. It is a safe, good and reliable medicine for any disorder of the system, and if used in time is a great preventive of sickness. I often recommend it to my friends, and shall continue to

do so. "Rev. James M. Rollins, "Pastor M. E.Church, So. Fairfield, Va."

TIME AND DOCTORS' BILLS SAVED by always keeping Simmons Liver Regulator in the house.

"I have found Simmons Liver Regulator the best family med-icine I ever used for anything that may happen, have used it in Indigestion, Colic, Diarrhea, Bilionsness, and found it to re-lieve immediately. After eating a hearty supper, if, on going to bed, I take about a teaspoon-ful. I never feel the effects of the supper eaten.

"OVID 6. SPARKS, "Ex-Mayor Macon, Ga," 43" ONLY GENUINE ER Has our Z Stamp on front of Wrapper. J. H. Zeilin & Co., Sola Proprietors, Price, \$1.00. PHILADELPHIA, PA.