STRANGE CURIOS.

a Doctor's Experience With South Ameri-

can been and Animals. There is a big room or two up at Columbia College, in which are spread abroad more wonders than were ever dreamt of in Horatio's philosophy. Birds, beasts, fishes, plants of strange nature. Indian relies and all manner of South American wonders are here, the prizes captured in a two years' struggle with danger and suffering by an American scientific investigator. The owner of these treasures is Dr. Henry H. Rosby, of Detroit, who, January 10, 1885, left New York for a tour through Chili and Bolivia in the hope of discovering amid the fauna and upon a sagae ous animal like a horse. flora of the Andes and the Amazon A whip is a dangerous thing in the he lived all alone. Near him tes ded a some valuable additions to the medicinal riches of the American pharma-

Dr. Roshy's adventures were many and interesting. He met the sorocho them. No wonder, when we think of in its native fair, did battle with the the unreasonable perversity, stabborn-Caripuna Indians and the man-eating mess, ill nature and revengent cru by fish and alligators of the Beni river. broiled in the stenches of La Paz, the filthiest city this side of Constantinople, took his daily doses of quinline like a little man, and saw the place where five million einchoug trees are growing. the source from which all the calisaya. cocktails of the future must come. From all this he came out much the werse for wear, but still full of enthus. siasm, and confident that out of the three hundred native drugs he had examined, two or three would prove superfor to the similar remedies now known to the medical profession.

Dr. Rosby intended to land at Mallendo and go direct to Bollyla, but the Poravian war prevented. General Caceras was making things lively for the autherities. So he was obliged to travel by mule from Tacapa to La Paz, a seven-days' journey, going from Arica to Tacam by rail, a tough journey across of grass to relieve the monotony,

"The whole country of Arica and Taema has been captured by the Chilinns," said the doctor, "It is to be kept for ten years. At the end of that time the inhabitants will vote whether to remain in Chili or go back to Peru. The \$10,000,000 for the prize. Meanwhile thill is doing every thing unthought of e reumstances. possible to make things pleasant for the people with music and games. The Chillians' present purpose is to have a United States of countries little by little, and gradually adding to their strength and wealth. They are a blood-thirsty people, loving war, and extremely brutal in carrying it on. They murder men, women and children with importial cruelty, ripping them open with big knives.

Our journey from Tacma was one of journeyed at an elevation of 14,500 dangers. feet. The air was so rarefled that we suffered much from sorocho, the chief At one time three members of a party, and the vegetation is mat-like, closely hugging the ground.

chine to one of our party."

Among the wonders which the doctor only stand still. met was a half-pound fish, so sensitive that it nitacked any thing which driving a horse of this kind, and it is caused a commotion in the water, and unthing more than the re-ult of a reaso theree that it would kill horse or man somable and successful education comin crossing a stream one hundred feet pleted by sufficient experience. The wide. He found a tribe of Indians so viguous that they fied the u faithful to an t-trees, and the little insects would cat them alive, stripping the bones in less than twenty-four hours. In brief, he had a great time. - N. Y. World.

Overfeeding Dairy Cows.

excessive fat. Cows of improved beef breeds are more Babbs to this than condition on good tame hay, with a lit- what we are a it to call vice and ughthe bran or other non-fattening food, ness -N. 1. Time. If the animal is given a warm shelter, very little grain is advisable, and the actual wants. Freedom and exercise are to be given at all times when the weather is not hos severe. As soon as the grass is well started in spring, ten, ra her than these which change their feed into large quantities of milk.

-Practic Farmer.

-A half dozen rich young men in New York, have banded the melves to process was resumed. -Practic feed into large quantities of milk. -Prairie Farmer.

WELL-TRAINED HORSES.

How to Inspire Coits with Confidence and Why a Prominent St. Louis Citizen Has No

Respect for Man There should be no "breaking" in the management of horses, unless the ani- evidence, having seen so many instances mals are so extremely vicious that they where it was in error. In direct testimust be reduced to subjection by a mony a w tness may distort the truth, thorough d se pline and breaking down but in circumstantial evidence he has a of their spirit and will. Training by double opportunity to lie, and no way easy degrees from the early lite of the of tripping him up. I remember a case colt and kind and winning treatment in Mississippi, happening when I was a will do all that is ne ded and will pre- boy, that has made me chary about serve the natural spirit and action of using circumstantial evidence since I the horse, and at the same time make it have been engaged in the practice of obed ent and anxious to do as the owner desires. Kindness is never thrown away hands of any person who is not able to control bimself in spite of annoyance and opposit on. It is the means of spolling many horses and of arousing a pirat of distamper and opposition in so often indicted upon a young lorse which has no dev whatever of what is required of it, and is wholly confuse the contradctory and unintel Ugble orders shouted out to it in a threaten ng and an ary manuer, and mterspersed with spateful lashes of a genel whip. All this spo is the an mul and teaches him precisely what is not wanted, and is mischievous which is pockets had been pried, and it was to oppose the will or his master.

he should know and to be brought une found a deer nger, with the name of the der the proper discipline which makes him a useful measure of society. How Leading to the body from the last and much patience than should be a cere sed from the body back to the but were n the training of a young borse, which will do not tracks. At the hat the cannot be considered complete until he man was found sheep'n; the mane asylum by the Marion ceived injuries from which it is feared storer - Shoe and Leather Reporter. is well advanced in years. It soully a "the decreaser by his side, his shoes small part of the education of a horse mindly, and his hat filled with papers to teach him to submit to the control of a halter, to wear harness, to draw The shoes fitted the tracks a cely, and a loads and exert all his strength patient | years strong case of circum tantial evily and quietly, to understand our lausguage and obey arders spoken. There are many in stakes to set right, and his innocence so strongly on the scale C. Wright as postmaster, a desert, without the shade of a spear things that are forgotten to be relearned fold that the sherest delayed the perd, and the most important thing of all is to remove from the memory of the animal the m stakes of his owner, and to unteach him what he should never bave learned. To remove from the an mal the in tinctive fear which often eads it into mistakes or dangers is also said ne had crossed from the read to a part of its education which is only the hut in his stocking feet, had put on country which gets them must pay slowly ac u red because it is so often the poor men's shoes, armed himself neutralized by unforseen a eidents or with his derringer and laid in wait for Hence a young house is never sure,

and can never be driven with safety un-

less the eve and the hand of the owner are always ready to take instant measares to correct what may happen to go. South America, capturing the other wrong at any moment on account of this imperfect and untimishe leducation. It is for this reason that good judgment, k nelness and tact are always needed in the management of young horses. Such an an mai is not much unlike a young man who for want of experence will make many m stakes, until along train- operative or handscraftsman works as sheep and cattle men of Baker county. ing makes him familiar with much of hard, or for as many bours daily, as he common occurrences, of daily 1 fc. terrible suffering. It was upon a and ripens has judgment so that he can high table-land, reaching an elevation take advantage of carcumstances or be of 16,500 feet, and for five days we warned in time to guard himself against | don Telegraph, making a statement ten years old. At that age, if it has been well used, it has learned to depend symptoms of which were diffi- wholly upon the master's judgment and culty in breathing, prostrating control, and is not alarmed at any thing more especially in time of peace that the nose and ears. We passed the beautiful voicano of Tacosa, which disbeautiful voicano of Tacosa, which discharges across the road a river, the was driven for the first time close ter of which is fatal to human life, to a locometive, hissing and snort-Men often communication in the table- whistle and dashing past the animal. land; they suffer so much from sorocho. | can searcely be held by the utmost force There is also great danger from light- of the owner standing at his heal, but ning, which is frequent and violent any dash over him and escape and 'reak ever thing to mat-hwood. But in which I was, were prostrated by an old horse which has completed its lightning, and a fourth was stricken education and has learned to feer imblind for eleven days. The wind is so plied confidence in his driver will stand without any effort to break away, alviolent here that trees can not grow. Though every muscle may be trembling with instructive dread of the unwonted and terrible appartion, and twill do Dr. Rosby crossed the Andes with this without being held if the owner much tribulation, and went to work will stand at its head and encourage it among the valleys of the eastern slope. With kind words and command to stand He advises investors to keep away still. This may be often seen, and is a from the old Spanish sils very usual thing with horses which have been trained carefully by thoughtver mines, and says that ful and mel clour owners. Such a horse any belief that they were crudely works | will stand with per ect quietness if an d is a mistake. The Spaniards did axie or wheel should break or the not have much mineral richness be- preceding should give way and a carhind in their mines. "In Bolivia," he ria e should come into his hind quarsaid, "half the sliver is counterfeit. A | t rs going down mil, and will often do Consul, who had grown thred of make this of his own accord, understanding Consul, who had grown three or making coin sold his counterfeiting maowner will set all this right if he will

There is great comfort in working or ra ning necessary is, only the result of a systematic co rse of treatment beginning with the weared colt. The young animal learns a great iteal by roung with the dam in its regular work in the field and on the road, and being used, with it, in the stable, to the regisfor handling. Our coits have always been used to a regular brushing with the dam, and to go wherever she goes A very usual cause of barrenness in about the farm. After having been rows and other domestic animals, is weamed, we think it an excellent planto put the colt in a stall near another mars, or with a horse, old and steady and good-natured, and let the two run those having less natural tendency to logether in a small lot or pasture. This lay on fat. Helfers well kept during gives the young colt could nee, and winter, and turned on fine pastures in with perfect quietness and kindness to the spring, become fat before autumn. It it loses, or never acquires, the fear of

-One of the logal luminaries in this supply of hay should be regulated by tity has a sweet tooth of pronounced the grass is well started in spring, time carrying on a spritted conversahelfors and cows in ealf, should be I on. A iri ad saw five lumps disapturated out where they will be compeled pear in the curs of collect and fearing to travel a great deal for food. In that the lawyer was absent-manded sugwell-fed her is the barron cows are g sted to him that he was spalling his usually those which are inclined to fat- codes. With, not at all. I always take

JUDICIAL MURDER.

Faith in Creumstantial Evidence. I have little faith in e'reumstanial law. This victim was a poor man, who came there from the North, got hold of a small farm to cultivate, and construct ed a log but down by the river, in which r ch planter. Around his hut the country was very so t and swampy. It was of the main road and was not seen frequently by travelers, but a bride path ending near the but was used consider ably by people around there to cut off buyers. the distance to town. This rich planter one day, in closing up his season's crop. went to lown to ectle up with he agents. and it was expected would have considerable money with him on his return he time passed for him to return and he I'd not come. Later his norse arrived erected. lome, riderless, A search was institotal and early the next morning the body of the planter was found in the swampy land off the bridle path. Hiclear that the nearder had been commit-It takes time for a man to learn all tol for robbery. Beside he body was nic at Salt creek. eccurrent of the last engraved on it taken from the dead man's pocke's. dence was made out. He was tred, consered and hanged. He protested formance of his duty. Wishin twelve months after that a hard case in that count y was mortally wounded, and on his death-hel he confe-sed to having committed the murder, and gave up money and pan is no had see red. He hear Eola, and had an arm broken. the planter, and after committing the neurder had fixed the evidences of gull the h t Thm. B. Harry, in St. Louis Grove Democra's

GERMAN LIEUTENANTS.

Men Who Have to Work Hard Except in Time of War.

No student of law, physic or d'v n ty, no c'ty clerk or shopman, no skilled does a L'euterant in any branch of the tierman military service, says the Lon-No horse can be completely which will seem nered ble to those who appearance. In the literal sense of the county seat case, which throws the expression, he is a slave to duty. It is suit out of court. War time be regards as a compara iv holiday, the relaxations of which would be altogether del ghtful were they not accompanied by the urgent probability of getting shot. As long as the Fatherland continues to be on friendly terms with its ne glibors, the German subaltern's life week in, week out, from the op n ng to the close of the year what Mr. Mantalini would have called cone dem'd horrid grind ' of teaching his men every item of their data in barrack and teld. The constant demand thus made upon his time, intelligence and professional apritude is the neces-a y outcome of the German compulsory short service system, which only keeps the conser pt two years and seven months with the colors, but ren res that he shall be converted into parfectly efficient soldier by the expiraton of that per od. To achieve end his note as have to be at him all the the construction and use of his weapons, indoctrinate h m to a certain extent in tacties, inspect him 'n many several ways with relation to his det habits and general conduct; in short, look after him with benevolent severity from rosy morn to dewy eye. With such a we got of duty and respons bl ly ever hanging to their shoulders, it may well be u derstood that they have no time for receation, and that the day's work done, they are only too glad to seek in well-carned slamb r a brief rest for their we coled bodies and mads. Yet these ove worked men are not r ously the b st. mil.tary officers in the world, all hough with respect to pay, leave and promotion, they are at a deadvantage e impared with their comwhom, however, their untiring devotion to ther country's service and sulendid s If-sacrifice, set an example which, we sincerely trust, Erit'sh subaltern- will not be itate to follow -Liverpool Globe.

Friendship's Truest Gain.

The truest gain of friend hip is in being a friend, rather than in having a A thrifty helfer can be wintered in good "is owner, which is so apl to produce | friend. Only he who knows how to be a friend unselfishly and unswervingly, knows what true freedship is, or knows what a true friendship is wo th. He whose chefest ery's, I must have a friend! is not likely to obtain his walin this direction; nor is he probably worthy of being loved as a friend. But e who says, with all his heart, I will be a friend, whatever it costs! is likely to compass his heart's desire so fare and he may also gain a friend far worther and dearer than any he ever dreamed 01, -8,-5, Timo.

Ithis winter. - N. Y. Mail.

OREGON NEWS.

Condensed Form.

The steamer Dawn is reported ashore

A board of trade has been organized

at Baker City. The county debt of Jackson is said

to be \$90,000. Charles Johnson, a fisherman, was drowned at Astoria.

Land-jumping is becoming fashionable in Harney valley. There is a surplus of at least 1000 California.

iorses in Grand Ronde valley. The State Teachers' Association will be held at Salem on July 6th, 7th and caving on him. Sth

Over \$20,000 has been left in Donglas county recently by California horse | ern Pacific railrod.

court house and jail costing about at Vancouver, B. C. SOUGHH. The Whitmore mine on Pine creek,

Baker county, is having a \$40,000 mill city with the Canadian Pacific. A new cannery and two new saw-

the present season.

county authorities.

of which is to be \$10,000. A new postoffice has been established falling on his breast,

at Nye, Umatilla county, with Harry

the examination at West Point. Chauncey Lockwood, of Salem, fell

over the banisters of the Salem Central school and had his arm broken.

Louis Wilson has been elected President and G. W. Louisberry, Secretary, around the still sleeping occupant of of the Board of Pilot Commissioners.

A band of about one hundred wild horses is reported in the rough country near the mouth of the John Day.

A large quantity of corn is being planted as a crop in the vicinity of Rock creek, Gilliam county, this year.

On account of the limited range, trouble is threatened between the H. E. Edwards, convicted of bur-

was sentenced to two years in the tra nod and educated until it is none or know these officers only by their smart Heppner's demurrer in the contest about twelve seriously wounded.

Dr. Blalock, in plowing his 1,600 acre farm near Blalocks, Gilliam county, will use steam traction engines, each drawing seven plows. He been allowed to remain in the house hang it on the chandelier in the hall." will use seventeen gang plows.

Austin Yocum was arrested and convicted of horse-stealing in Morrow few days ago a fellow named Charles struck by a rock or slung-shot by some live, I talked with a lady three hours, county some sixteen months ago. A Benifield was arrested and confessed to being the guilty man.

Perry Merwin and his partner. George Sears, had an altercation at the railroad camp at Baily Hill. Mer-Sears is not expected to live.

Secretary McBride has received advices from Washington stating that me. They drill him, instruct him in owing to the failure of Congress to presented \$700 to Walker's family. provide appropriations for a special claims, amounting to \$369,000, others freight," with twenty cars attached, with a subordinate position." will not be passed upon by the regular broke in two in Beaver canyon, M. T. is the thin war claim committee until next March | 1 ne train was ascending a high grade. rower."-N. F. Sun.

general employment burean and sell miles, it jumped the track, and the home manufactured articles. Capital eighteen cars, containing miscellastock, \$5000; shares of the value of \$1 neons freight of almost every descrip-

each. county rancher, struch his wife with Conductor Lowry was caught in a porrades of every European arms: to a brush book, lacerating her neck and tion of the wreck and had his leg the side of her head in a terrible man- broken in three places and was se ner. He then turned his attention to riously burned about the head and his daughter, but she escaped by out-back. He cannot recover. His brakerunning him. He then went to the man escaped uninjured. barn and hanged himself. The woman the time of the terrible deed.

bushels of wheat to Wallula.

COAST CULLINGS.

Everything of General Interest in a Devoted Principally to Washington Territory and California.

Placer mining is in full blast in Boise Basin, Idaho.

Cars will be running into Palouse City early in June.

The proposed bridge across the Columbia at Pasco will be 3000 feet long.

of Charity in Olympia, to cost \$12,000. they are apt to invent fables. - Somer-A pelican measuring nine feet from tip to tip was killed at Bishop Creek.

Tom Harris was killed in the Van conver, B. C., coal mines by the roof

A thirty-two-stall round house is being built in Missoula by the North

The Canadian Pacific are building likes. Albany down al. Benton county proposes to erect a an immense freight shed 75 x 500 feet

A train on the Central Pacific ran-

mills are to be erected on Siuslaw bay House, Nev., and killed fifty head,

celebrate Labor day with a grand pic- a man whose house he was robbing. | won't care. - Forest and Stream. John C. Seavey, of Port Gamble, W.

he will die.

about to build a new temple, the cost Mabel Drift mine, North Bloomfield, remarkable man I ever saw. Sitter-In Cal, by a rock weighing about a ton what way? Photographer-He didn't

monds and other effects have been |-N. Y. Sun. Milion F. Davis, an Oregon boy, thus far recovered out of the ruins of stood fifth in the class of January in the Del Monte hotel, at Monterey, het shovel and the fumes inhaled while

off a bicycle while going down a hill struction of thirty miles of the Scattle he will die before he will sauff up burn-& Eastern Railroad, and clearing the ing brimstone. It is not unlikely .-William Sheridan, of Salem, fell right of way. Scattle residents secured Boston Transcript. the contract.

in the produce and general merchan- can soda biscuits in the window, sir, disc business at Folsom, Cal., was shot has been there for three weeks, and dead in Sacramento recently by an un- they are getting sour. What shall I doknown party.

the division terminus of the Oregon Short Line will be removed from Glenn's will waste an hour hunting a collar-Ferry to Shoshone as soon as the new button instead of having an extra suptime card is issued.

down into the river. No one was hurt. feet .- Philadelphia Call. The company's loss is \$10,000. glary in entering a saloon at Albina,

about two miles above Cle-elum, W. T. May I join? Omaha Pa-I saw a girls' There was a collision of work trains. Judge Bird has decided to sustain Five men were killed outright and and I am afraid I can't afford to bear

A barber named Derringter cut a and wishing to escape, he set fire to mark." - Omaha Herald. stranger severely with a razor at Hunt- the building. All that was saved of -Husband-My dear, that is a long

Winn and Charles Reed were found just as first found,

Philip Richards, a dealer in gold dust, while going to his home on Picty unknown person. His left eye was he lost the right eye.

win shot Sears with a rifle, the ball which Thomas Walker and Arche three hours! It won't do."-Boston passing through the body; and also Watson were killed by a blast, while Transcript. beat him over the head with a rifle, extracting an unexploded charge in

Articles of incorporation of the The train separated two cars from the Waman's Industrial Exchange have engine, and no sooner had it severed been filed in the office of the clerk of connection with the propelling forces Multnoman county by Mrs. A. R. than it commenced descending the Riggs, Mrs. L. C. Peirce and Mrs. H. hill with fearful rapidity. Moving at M. Peirce. The objects are to run a this awful rate of speed but a few tion, were piled up on either side and A man named Leolimer, a Lane on the track, an inconceivable wreck.

William Otto, who lives, near Trout was alive at last accounts, with hopes Lake, Klickitat county, W. T., had a for recovery. The family consisted of terrible experience lately while hunthimself, wife, one daughter and two ing. He was fortunate enough to killsons. The sons were not at home at a large sized cougar, and leaning his gun against a tree proceeded to re-The Oregon & Washington Terri- move the animal's skin. The barking tory Railroad Company, composed of his dog caused him to raise his eyes, principally of Pendleton capitalists, and there, within a few feet of him, have commenced work in earnest, and crouched his victim's mate. In atthe building of the road from Wallula tenioting to get his gun he tripped to Pendleton in time to move this and fell and the cougar was on top of year's crop is now assured. The funds him. The cougar was tearing him are secured. An agent is in the East with claws and teeth when Mr. Otto buying material, and several hundred whipped out his knife and, by great men and teams have begun work in exertion of strength, cut the animal's Vansickle canyon. A branch road throat and it fell dead at his feet. from the head of Vansickle canyon to Regaining his gun a third cougar hit Centerville will also be built this the dust, while two others made off summer. The man line will be forty- into the mountains. After the enfive miles long and the branch about counter Mr. Otto did not present an fifteen. Both will pass through an attractive sight, as he was covered almost continuous wheat field, and with blood and his clothes were in will take, this year, over a million shreds, but an examination failed to reveal any serious injuries.

PITH AND POINT.

-The hat makers had a banquet the other night, and the next morning not one of them could find a hat in his shop big enough for him. - Boston Post.

-It appears to us that the woman's heart kept in alcohol in Philadelphia isn't much of a curiosity. We have no doubt several women have hearts. - The Judge.

-A good many fables begin "Once on a time." Oddly enough, too, when A hospital is to be built by the Sisters | married men have been once on a time

ville Journal. Definition of a bore.-Do you ask me what a bore is? I will tell you who is such: "I'm the one who knows too little,

To the one who knows too much.

Tid-Bits. -The B dl family fall heirs to twelve millions in Scotland. There are three balls in New York that represent the portable property of many good fam-

-The Phrenological Journal says: "In choosing a wife, be governed by A railroad company has been in her chin." A man is apt to be govcorporated in Seattle to connect that erned by the same thing after he gets a wife. Kansas City Squib.

-Tender-hearted young lady-O! into a band of slacep at Humboldt you cruck, heartless little wretch! to rob those poor hards of their eggs! Wicked John Rogers was executed at Eureka. Entle boy Ho! That's the old one 'at The Grangers of Polk county will Cal., on April 29th for the number of you've got on yer bonnet. Guess she

Faith is sometimes represented by The prospects for a large crop in T, was killed in a sawmill at that the figure of a dreached female cling-Eastern Oregon were never better than place by a board thrown from a planer. ing to a sea-washed rock; but a better A four-year-old son of Mr. Palmer, personification would be a bald-headed George W. Mack has been sent to of Scattle, W. T., was run over and reman buying a bottle of patent hair-re-

- Photographer (to sitter) That gen-The Masons of Eugene City are a Terrence Smith was killed at the theman who preceded you is the most tell me that he would rather have a About \$20,000 worth of jewelry, dia- tooth pulled than have his picture taken.

- Flowers of sulphur sprinkled on a they are fresh is recommended for a Contract has been let for the con- cold in the head; but Fogg affirms that

-Clerk (in fashionable up-town bak-J. F. Klumpf, a young man engaged cry to proprietor) - That tray of Ameriabout it? Proprietor-Label them Eu-It is stated on good authority that glish tea muffins, -Pittsburgh Disj alch. -Men are strange creatures. They

ply and letting their wife find the miss-While a Southern Pacific freight ing one. You never see a woman look train was crossing a trestle near San for a pin she drops. Her husband finds Fernando, Cal., fourteen cars went it when he walks around in his bare

-Omaha Girl-Pa, there is talk of A terrible railroad accident occurred forming an archery club in our set, archery club practising the other day, my share of the expense. "Why, bows Frank Chalmers was locked in the and arrows don't cost much." "No; but Missoula, M. T., jail one night recently, it takes so much lumber to build a

The vilest sinner may return.

foully murdered in their cabin near Isit to be hung in the vestibale of the Cariboo, I. T., and their bodies have church, my dear?" "No. John; Pil -Harper's Bazar.

"Yes," said Brown, "I'm always Hill, near Nevada City, Cal., was reaking blunders. Why, the other eventh uking it was my wife all the while, What do you think of that " "I think." totally destroyed. Several years ago wad Fogg, "that you are not only an amountainable Far, but that your he is A fatal accident occurred at the specy foolish and illogical one. Thought Idahonian mine, Bellevue, I. T., | y | t was your w fel. And talked with her

- "Now," said the br degroom to the an old drill hill. Walker was killed tride, when they returned from the outright and Watson lived five hours. I neevmoon trip, "let us have a clear Shortly after his death the miners understanding before we settle down to married life; are you to be president or vice-president of this concern?" "I want A Utah & Northern north-bound to be neither president nor vice-presicommittee to examine the Oregon war freight train, designated as "way 1 et," she answered; "I will be content "Comptroller of the cur-



DYSPEPSIA

Up to a few weeks ago I considered myself the champion Dyspeptic of America. During the years that I have been afflicted I have tried almost everything claimed to be a specific for Dyspepsia in the hope of finding something that would afford permanent relief. I had about made up my mind to abandon all mediof Simmons Liver Regulator by a prominent Georgian, a jurist whom I knew, and concluded to try its effects in my case. I have used but two bottles, and am satisfied that I have struck the right thing at last, i felt its beneficial effects almost immediately. Unlike all other preparainstructions are required as to what one shall or shall not eat. alone ought to commend it to all troubled with Dyspepsia. J. N. HOLMES,

Vineland, N. J.

CONSTIPATION

To Secure a Regular Habit of Budy without changing the Diet or Disorganizing the System, take

SIMMONS LIVER REGULATOR ONLY GENUINE MANUFACTURED BY