

St. Jacobs Oil

The old monk cure, strong, straight, sure, tackles
Hurts, Sprains, Bruises

The muscles flex, the kinks untwist,
the soreness dies out. Price 25c. and 50c.

JAPAN BUILDING RAILWAYS.

Twenty Thousand Miles of Track Under Construction.

Although the miles of railway already built and in use in the diminutive country of Japan would make a double track across the American continent, the sunrise kingdom has reached only the first period in its railway age, says the Booklovers' Magazine. When the lines now under construction and proposed are completed, Japan will have 20,000 miles of track. Its railway men estimate that during the coming decade their country will purchase 7,000 locomotives, 30,000 passenger coaches and 150,000 freight cars.

Here is an opportunity for American enterprise; for there is a tendency on the part of the Japanese, just at present, to look to the United States for ideas in regard to railway equipment and management. Hitherto England has been Japan's model in railway affairs.

One ride in a railway train in the land of the rising sun does much to disillusionize the American, who carries to that country the belief that Uncle Sam is the godfather of Japan. Take a train at Yokohama and ride to Tokyo, and but for the character of your fellow passengers you could readily believe you were traveling from Liverpool to London. The whole system is thoroughly British. It is a revelation to find painted in English over the booth where he buys his ticket at the railway station, the sign: "Booking Office." He gets a card of instructions which tell him, among other things, how he can "forward his luggage." You never "check your baggage" in Japan.

Walk as if You Were Somebody.

Never allow your physical standard to drop. Keep up your energy; walk as if you were somebody and were going to do something worth while in the world, so that even a stranger will note your bearing and mark your superiority. If you have fallen into a habit of walking in a listless, indolent way, turn right about face at once and make a change. You don't want to shuffle along like the failures we often see sitting around on park benches, or loitering about the streets, with their hands in their pockets, or haunting intelligence offices, and wondering why fate has been so hard with them. You don't want to give people the impression that you are discouraged, or that you are already falling to the rear. Straighten up, then! Stand erect! Be a man! You are a child of the Infinite King. You have royal blood in your veins. Emphasize it by your bearing. A man who is conscious of his kinship with God, and of his power, and who believes thoroughly in himself, walks with a firm, vigorous step, with his head erect, his chin in, his shoulders thrown back and down, and his chest well protected in order to give a large lung capacity; he is the man who does things.

You cannot aspire, or accomplish great or noble things so long as you assume the attitude and bearing of a coward or weakling. If you would be noble and do noble things, you must look up. You were made to look upward and to walk upright, not to look down or to shamle along in a semi-horizontal position. Put character, dignity, nobility into your walk.—O. S. Marden in Success.

Mosquitoes and Malaria. Mosquitoes as carriers of the germs of malaria cause 15,000 deaths every year in Italy.

Baths are cheap in Japan. In Tokio a bath costs about one cent. There are eight hundred public bathing houses in the city.

Responsibility walks hand in hand with capacity and power.—J. G. Holland.

About Time. Father (of large family)—My dear, isn't it about time you were thinking of getting married? Daughter—Land sakes! I haven't thought of anything else for years.

To Break in New Shoes. Always shake in Allen's Foot-Ease, a powder, cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address: Allen S. Olmsted, Le Roy, N. Y.

A gutta-percha and rubber manufacturing company of Toronto has made a belt for the grain elevator of the International Railway at St. John which is one of the largest ever produced. It is of rubber, and measures 3,259 feet. Its weight is nine tons.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Paying for Information. "Say, me good man," exclaimed the city youth, who was undecided whether to buy shrimp or minnows, "what do you catch fish with around here?" "Give me a quarter and I'll tell you," grunted the ruralite with the new-cut pole.

"Here it is. Now, what do you catch them with?" "Hooks!"—Philadelphia Record.

For coughs and colds there is no better medicine than Pisco's Cure for Consumption. Price 25 cents.

Making a Close Distinction.

Benevolent Party—Young man, I'm sorry to see you thus idling away the golden hours of youth. Every time I look out of my parlor window I see you sitting on this fire hydrant.

The Young Man—What's th' matter with you? What are you givin' me? I ain't idle when I'm doin' nothing. I'm a sewer inspector.—Cleveland Plain Dealer.

TO CURE A COLD IN ONE DAY. Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Lunch carts are an institution in Berlin. They call at the homes of workmen, and convey lunches to them at the factories.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CENEY & CO., Toledo, O. Sold by druggists.

Hall's Family Pills are the best.

Social Equality in Cambridge.

Before Longfellow bought the house in Cambridge so associated with his memory it was owned and occupied by old Mrs. Craigie.

Mrs. Craigie was a woman of many eccentricities, Moncure D. Conway says in his recent book of "Reminiscences."

Some one once tried to persuade her to have her trees tarred to protect them from caterpillars, which also invaded her neighbor's trees.

She refused to be so cruel to the caterpillars.

"They are our fellow worms," she said.

ASHES OF FUN

Charles—"Were any of your seaside engagements genuine?" Myrtle—"No. Simply war rumors."—Chicago News.

Casey—"Did ye take a vacation this year, Mike?" Corrigan—"O! did not. O! was out on strike from May to October."—Puck.

"Walter, I find here in my soup a needle—a needle, sir!" "That must be a misprint—that should be a noodle."—Judge.

"How's you gettin' on wid youah 'rithmetic, Lou?" "I done learned to add up the oughts, but de figures bodder me."—Collier's Magazine.

All in the brand: Homer—"What's the difference in time between Chicago and Paris?" Rounder—"Well, that depends on the kind of a time you are looking for."—Chicago News.

"He says he proposes to make automobiles that will easily attain a speed of eighty miles an hour." "Whew! that's a great business undertaking." "Yes, but most of all, it means a great undertaking business."—Philadelphia Press.

"How did they ever come to send him to the legislature?" "Well, you see, they were prevented by a technicality from sending him to the penitentiary and he showed no disposition to move out of town."—Chicago Record Herald.

Farmer Jones—"Wal, ther's one thing I like about these plagny automobiles, anyway." Farmer Brown—"What is that?" Farmer Jones—"They don't mind getting killed themselves any more than they do killing other folk."—Brooklyn Life.

Baggs—"And so poor Daggs is dead. I never got a chance to bid him good-bye. The first thing I do when I get to heaven will be to say how sorry I was." Daggs—"But suppose he didn't get to heaven?" Baggs—"Then you tell him for me."—Town Topics.

"How is your school of journalism doing?" "Well, it is a little slow. We have no trouble in getting people who are willing to be teachers. The trouble is to find anybody who doesn't think he knows all about how a newspaper ought to be run."—Washington Star.

"I understand your wife is quite literary." "I should say so; she won a ten-dollar prize from the Ladies' Own Journal with an article on 'How we managed to save enough in two years to move twice and pay the plumber for connecting the gas range.'" Puck.

"I don't like to say such long prayers," said a little girl the other night; "I want to say nice short ones like nursery does." "What kind does nursery say?" inquired her mother. "Oh, she just says, 'Oh, Lord, why do I have to get up!'"—Philadelphia Ledger.

Kifter—"That's a nice umbrella you've got." Lifter—"Yes, it is a present." Kifter—"Indeed? Who gave it to you?" Lifter—"Nobody gave it to me, but it has an inscription on it showing that it was presented to John F. Jones, whoever that is."—Philadelphia Press.

"Old Biggers is such a strong Democrat I should not have supposed his would consent to his daughter's marrying young Smith, who is a Republican." "Well, Biggers says his wife is a Democrat, too, and he is going to get somebody else into the family for her to argue with."—Life.

The sick man had called his lawyer. "I wish to explain again to you," said he, weakly, "about willing my property—" The attorney held up his hand reassuringly. "There, there!" said he; "leave that all to me." The sick man sighed resignedly. "I suppose I might as well," said he, turning upon his pillow; "you'll get it, anyway."—Judge.

Anxious Inquirer—"Is it true that for fifteen shillings I can insure my house for a thousand pounds?" Clerk—"Quite true, madam. If your house burns down we pay you a thousand pounds." Anxious Inquirer—"And do you make any inquiries as to how the fire originated?" Clerk—"Certainly. We make the most careful inquiries." Anxious Inquirer—"Ah! I thought there was a catch in it somewhere."—Tattler.

Mrs. Kidder—"Charles, can't you give me another check? I see you have a whole book full." Mr. Kidder—"That doesn't signify, dear. I have used up my balance at the bank." Mrs. Kidder—"Then why didn't you give up your check-book? Now, it's no use for you to tell stories, Joseph Kidder. If you mean to say I shan't have any money, why don't you say so right out, like a man?"—Ex.

The principal of the school was talking with him about his boy. "By the way, Mr. Wipedunks," he said; "I have made a discovery about Jerry. He's ambidextrous." "I don't see how that can be," replied Mr. Wipedunks, with rising indignation; "he hasn't never been exposed to it. Besides, he was vaccinated last year, and his mother always makes him wear a little bag of assafodilly tied around his neck. Some of the other boys has been lyin' on him."—Chicago Tribune.

One Small Pair. "Well, Mr. Hart," said the doctor, "I congratulate you. You are the father of—?" "Ah!" exclaimed the proud man. "A Hart turns up, eh? I hope it's the Jack—that is, a boy." "Two boys. Twins, in fact." "The deuce."—Philadelphia Record.

PE-RU-NA CONQUERS CATARRH THE WORLD OVER.



The Population of the Earth is 1,400,000,000
One Million Die Annually of Catarrh

All over the world Peru-na is known and used for catarrhal diseases. The Peru-na Girl has traveled round the globe. Her face is familiar everywhere that civilization reaches. From Africa to Greenland, from Manchuria to Patagonia, the face of the Peru-na girl is familiar and the praises of Peru-na as a catarrh remedy are heard.

Successful in North and South. Peru-na crossed the Equator several years ago, to find in the Southern Hemisphere the same triumphant success that has marked its career in the Northern Hemisphere. A Standard. Peru-na is a standard catarrh remedy the world over. It cures catarrh by eradicating it from the system. Permanent Cure. It obviates the necessity of all local treatment and its relief is of permanent character. Without a Peer. No other remedy has so completely dominated the whole earth as Peru-na. In Every Tongue. In all languages its glowing testimonials are written. In all climes the demands for Peru-na increase. An Extensive Laboratory. To supply this remedy to the whole



world to the utmost one of the best laboratories in the United States. A Word from Australia. Walter H. Woodward, Bomardier Royal Australian Artillery, Hobart, Tasmania, writes: "I suffered for several years with a distressing condition of the head and throat, caused by continual colds. My head and nostrils were stopped up most of the time and there was a discharge, and my sense of smell was affected badly. After two weeks use of Peru-na I found this condition quite changed, and so I continued to use this remarkable medicine for over a month. I am very glad to say that at the end of that time I was cured and felt in fine health generally, and am pleased to give Peru-na my honest endorsement." From Hawaii. Prince Jonah Kalaniana'ole, delegate in Congress from Hawaii, writes from

Washington, D. C., as follows: "I can cheerfully recommend you Peru-na as a very effective remedy for coughs, colds and catarrhal trouble." A Cuban Minister. Senor Quesada, Cuban Minister to the United States, writes from Washington, D. C., as follows: "Peru-na I can recommend as a very good medicine. It is an excellent strengthening tonic, and is also an efficacious cure for the almost universal complaint of catarrh."—Gonzalo De Quesada. From All Quarters of the Globe. We have on file thousands of testimonials like those given above. We can give our readers only a slight glimpse of the vast number of grateful letters Dr. Hartman is constantly receiving from all quarters of the globe, in behalf of his famous catarrh remedy, Peru-na.

MALLEABLE IRON STUMP PULLERS. Fastest, lightest and strongest Stump Puller on the market. 119 Horse power on the sweep with two horses. Write for descriptive catalog and prices. REIERSON MACHINERY CO. Foot of Morrison Street Portland, Oregon

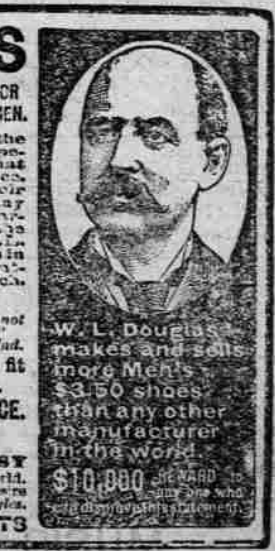
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Salzer's National Oats. Greatest oat of the century. Yielded in Ohio 187, in Mich. 22, in Mo. 25, and in N. Dakota 510 bush. per acre. You can beat that record in 1905. For 10c and this notice we mail you free lots of farm seed samples and our big catalog, telling all about this oat wonder and thousands of other seeds. JOHN A. SALZER SEED CO. P. O. Box 118, Chicago, Ill.

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Dr. C. Gee Wo. Wonderful Home Treatment. This wonderful Chinese doctor is called great because he cures people without operation that are given up to die. He cures with those wonderful Chinese herbs, roots, barks and vegetables that are entirely unknown to medical science in this country. Through the use of those harmless remedies this famous doctor knows the action of over 500 different remedies which he successfully uses in different diseases. He guarantees to cure catarrh, asthma, lung disease, rheumatism, nervousness, stomach, liver, kidneys, etc.; has hundreds of testimonials. Charges moderate. Call and see him. Patients out of the city write for blanks and circulars. Send stamp. CONSULTATION FREE. ADDRESS: The G. Gee Wo Chinese Medicine Co. 2514-2515 ALDER ST., PORTLAND, OREGON 527-Mention paper.

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CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA? Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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