

Scrofula

It is commonly inherited. Few are entirely free from it. Pale, weak, puny children are afflicted with it in nine cases out of ten, and many adults suffer from it. Common indications are bunches in the neck, abscesses, cutaneous eruptions, inflamed eyelids, sore ears, rickets, catarrh, wasting, and general debility.

Hood's Sarsaparilla and Pills

Eradicate it, positively and absolutely. This statement is based on the thousands of permanent cures these medicines have wrought.

"My daughter had scrofula, with eleven sores on her neck and about her ears. Hood's Sarsaparilla was highly recommended and she took it and was cured. She is now in good health." Mrs. J. H. Jones, Parker City, Ind.

Hood's Sarsaparilla promises to cure and make the promise.

Remember the Gas.

The wedding was to occur soon, and she was telling her mother about her plans.

"When Fred is out late at night," she said, "I shall not scold him. I shall try to be reasonable. I think I shall go so far as to keep a light burning for him to make him cheery when he returns."

Her mother was silent. "Don't you think it would be a good idea to keep the light burning?" she persisted.

"Well, it might do very well for the first month or so. But after you have paid a few gas bills you'll probably conclude that it will be just as well to put the matches where he can find them and turn the light out."

Her Boast.

City Boy—Swampland, where we went this summer, was terrible hot.

"Mother—Yes, it was. But you just told us—Stuckup you slept under blankets every other night. I was'nt."

"You forget, my pet, that you were not the one who had the ague."

The best mathematics—that which doubles the most joys and divides the most sorrows.

ITCHING ECZEMA

In July, 1883, I began to break out with Eczema on my head, legs and arms, and began treatment with local doctors, but did not get much relief. They said the disease had become chronic. I then tried and tried various ointments and soaps for another two years, but as soon as cold weather came I was as bad off as ever, so I finally decided to let medicine alone, and for twelve or thirteen years did nothing towards curing the Eczema, except bathing. This seemed to do about as much good as anything I had tried.

During the time I lost about one-half of my hair. I began S. S. S. doubtful of a cure, because the disease had run so long, but soon discovered my medicine was doing me good, and continued to take it. I used seven bottles, when I was completely cured, not having a single spot on my body, which before was almost completely covered. F. C. NORFOLK, 1017 Hackberry St., Ottumwa, Ia.

The head, feet and hands are usually the parts affected, though the disease appears on other parts of the body. While external applications allay the itching and burning temporarily, it is the acids thrown off by the blood that cause the irritation and eruptions upon the skin. The acids must be neutralized and the system cleansed of all humors and poisons before the cure is permanent. S. S. S. is guaranteed entirely free of Potash, Arsenic and other minerals. Book on the skin and its diseases sent free. Medical advice furnished free.

The Swift Specific Company, Atlanta, Ga.

CASTORIA

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but Experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years.

THE SWIFT SPECIFIC COMPANY, 77 MURRAY STREET, NEW YORK CITY.

An Unfortunate Choice.

Mrs. Black, with a family of eight, could keep a cook, but Mrs. Green, who paid the same wages and whose family numbered only two, experienced the greatest difficulty in persuading one to stay with her. Mrs. Green was troubled about it, and naturally sought suggestions wherever she could get them. One day the two women happened to meet at a news dealer's stand.

"I'm buying," explained Mrs. Black. "A Swedish newspaper for my cook. She likes to read, and I take one home to her occasionally."

"Why?" exclaimed Mrs. Green. "I wonder if that's the reason you're so successful in keeping a girl. I've always wanted to know the secret."

"Possibly it's one of the reasons," admitted Mrs. Black.

"I'm going to try it myself," announced Mrs. Green, promptly taking a copy of the same paper.

A week later the two women met again near an agency where Mrs. Green was looking for a new cook.

"Well," asked Mrs. Black, smiling, "how did the newspaper scheme work?"

"It didn't work at all," confessed Mrs. Green. "I bought a Swedish paper, and the girl was a Finn."

Six Doctors Failed.

South Bend, Ind., Oct. 24 (Special)—After suffering from Kidney Disease for three years; after taking treatment from six different doctors without getting relief, Mr. J. O. Laudeman of this place found not only relief but a speedy and complete cure in Dodd's Kidney Pills. Speaking of his cure Mr. Laudeman says:

"Yes, I suffered from Kidney Trouble for three years and tried six doctors to no good. Then I took just two boxes of Dodd's Kidney Pills and they not only cured my kidneys, but gave me better health in general. Of course I recommended Dodd's Kidney Pills to others and I know a number now who are using them with good results."

Mr. Laudeman's case is not an exception. Thousands give similar experiences. For there never yet was a case of Kidney Trouble from Backache to Bright's Disease that Dodd's Kidney Pills could not cure. They are the only remedy that ever cured Bright's Disease.

Don't Grit Your Teeth.

"No teeth to fill," the dentist said to the man in the chair, "but you are grinding off your teeth more than you ought to. Do you grit your teeth in your sleep?"

And the man said he didn't stay awake long enough to know about that, but were they much ground off?

"More than they ought to be at your age," said the dentist. "You have worn the enamel off from some of them and got down to the dentine."

"What's going to happen?" asked the victim.

"Why, if you keep on grinding them off," said the dentist, "the teeth will hollow out and we'll have to put plugs in them with gold tops to give them new grinding surfaces."

This wasn't a very pleasant prospect, so later the man sought to ascertain for himself whether he did grind his teeth unduly. And while he was still unable to stay awake long enough to find out, he did discover that he had a habit at times of grinding his teeth in his waking moments, when he sat back from his work to think of something, for instance. And he made up his mind that he would stop that, anyway, and he hoped that he might thus stop grinding his teeth in his sleep, if he did so grind them. For, fine as they might be, he didn't want any of those nice little gold-capped plugs put in his teeth if he could help it.—New York Sun.

Growth of European Population. Few persons have any idea of the extraordinary manner in which the population of Europe has increased during the last century. According to statisticians this population has more than doubled itself from 1880 to 1900. To this increase the Latin nations of the west and southwest contributed the least and the greatest growth was in the east, where the people have not yet become thoroughly saturated with the ideas of modern civilization.

HOW TO COOK MEAT.

Oven Rules Determined by Scientific Investigation.

The cook book compilers have adopted certain empirical laws regulating the cooking of meat, but as these are largely the result of casual observation, they do not accurately represent the facts, says the Philadelphia Record. For several years the University of Illinois, working in co-operation with the State experiment station, has been studying the question of losses in cooking different kinds and cuts of meat, consequent changes in its nutritive value, the development of flavor, etc., and the results of their experimentation have just been published by the government.

As regards temperature, authorities on cookery agree quite generally that meat should be subjected at once to a degree of heat which will seal the outside of the roast, so that the juices may be retained. The experiments just concluded show that with oven temperatures ranging from 182 to 300 degrees Fahrenheit the losses in weight, due principally to the evaporation of water, varied from 6 to 20 per cent, and, generally speaking, the higher the temperature the greater the loss.

However, in order to develop the characteristic flavors of cooked meat a temperature of at least 482 degrees Fahrenheit is necessary. When meat is baked for a short time at a very high temperature—500 degrees—the outside layer is apt to be overdone and the center too rare for use. When baked slowly, at a comparatively low temperature, the roast is evenly cooked throughout and the juices well retained, but the savoriness and flavor produced by higher temperatures are lacking. In regard to the length of time required to attain any desired degree of cooking, as indicated by the color, it was found that thirteen minutes per pound and thirteen minutes to the oven gave that degree of cooking known as "rare." Fifteen minutes to the oven and fifteen minutes to the pound produced the degree of cooking known as "medium." Twenty minutes to the oven and twenty per pound gave that degree known as "well done." It is evident that the time element is an important one as regards the degree of cooking and the losses incurred in the process.

The effect of different shapes and sizes of pans was also observed. Closed pans, while effecting a saving in weight, produced a meat of inferior flavor and lacking in attractive appearance. The average loss in a large number of experiments was about one-sixth the original weight. The color and flavor of the drippings appear to be influenced considerably by the area of the pan, the smaller area giving the lighter colored drippings.

RUSSIAN PROPHECY

Predicted Japanese Supremacy Nearly 100 Years Ago.

That the Japanese would one day be rulers of the ocean coast of Asia is the prediction made almost a century ago in the book of a Russian naval observer, whose prophecy seems not unlikely of fulfillment at the present time. In 1811 Capt. Vasil Golawin, of the imperial navy, was instructed to cruise among the coral archipelagoes of the Pacific to ascertain which of these were inhabited by the Japanese, and accordingly he set sail from Odesa in the Diana, arriving some two months later off the coast of Yezo. But one or two copies of Capt. Golawin's book are extant, one of them being in the library of the Winter Palace at St. Petersburg.

Published in 1815, "Capt. Golawin's Captivity in Japan" throws an interesting light upon the physical and moral characteristics of the Japanese nation at a time when little, if anything, definite was known by Europeans—particularly in Russia—of the traits of the Mongolian island people. Of the observations contained in Capt. Golawin's book the following are of current interest: "I praise the Japanese for their skill. They will one day be, probably, rulers of the ocean coast of Asia. And what can Russia do, being so far away from this border? Should the Japanese introduce European civilization and European political systems, the Chinese would be obliged to do the same, and those two people could then give Europe 'another face.' Happenings such as the Chwostow raids (1791) would give suggestion to them to build European warships, and a small fleet could be raised to begin with. Many European inventions could be reproduced in Japan—and without the brains of a Peter the Great—simply by the combination of circumstances and the natural advantages of Japan.

"Certainly, with European models, Japan could build men of war very easily and man them quickly with brave soldiers. The population is peculiarly adaptable to naval requirements by reason of the insular position of the country. The people comprehend easily, and, given adequate instruction, would supplant Europeans as navigators.

"The Japanese lack only one quality, namely: terrestrial bravery; but their deficiency in this respect is only because of the peace-loving character of their government. After a very long time they lose all capacity to shed blood. I think an entire people not timid, however, whose forefathers were the terrors of the whole world."—New York Times.

The self-made man and the home-made shirt are apt to be more useful than ornamental.

There is very little common sense in this world; most of it is decidedly uncommon.

Ayer's

Take cold easily? Throat tender? Lungs weak? Any relatives have consumption? Then a cough means a great

Cherry Pectoral

deal to you. Follow your doctor's advice and take Ayer's Cherry Pectoral. It heals, strengthens, prevents.

"For 20 years I have depended on Ayer's Cherry Pectoral for coughs and colds. I know it greatly strengthens weak lungs." Mrs. F. A. Robinson, Saline, Mich.

50c. per bottle. J. C. AYER & CO., Lowell, Mass.

Weak Lungs

Ayer's Pills increase the activity of the liver, and thus aid recovery.

A Louisville school boy must have been seriously ill when his mother wrote the following note to his teacher: "Miss Frank could not come these three weeks because he had amonia and information of the vowels."

Keeley LIQUOR-MORPHINE-TOBACCO CURE. HALL'S PERMANENTLY CURED. ADDRESS THE KEELEY INSTITUTE, PORTLAND, ORE.

One acre of land will comfortably support four persons on a vegetable diet.

England's bill for sugar to make into sweets is \$2,000,000 every week.

For bronchial troubles try Pilo's Cure for Consumption. It is a good cough medicine. At druggists, price 25 cents.

Anxious to Know.

Mrs. Graybeard—You say you have been using the "Housewife's Never Fail Cookbook" for twenty years. I am delighted to hear that. I am the author of that book. Have you tried many of the recipes?

Mrs. Homebody—Nearly all. Mr. Graybeard—Glorious! You are just the person I've been wanting to meet. Did any of them work?

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Tough Songs.

"There are some songs that will never die," said the musical enthusiast.

"I guess that's right," answered Mr. Cumrox. "My daughter sits down at the piano and tries to kill a few of 'em every evening. But it's no use."—Washington Star.

STATE OF OHIO, CITY OF TOLEDO, ss.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1888.

A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

Caught.

Mr. Slinpurs—Do you know that ice cream, instead of making one cooler, makes one warmer?

Pretty Girl—When did you hear that?

"I have known it for years."

"Humph! Strange that you did not think to mention it last winter."



Miss Whittaker, a prominent club woman of Savannah, Ga., tells how she was entirely cured of ovarian troubles by the use of Lydia E. Pinkham's Vegetable Compound.

DEAR MRS. PINKHAM:—I heartily recommend Lydia E. Pinkham's Vegetable Compound as a Uterine Tonic and Regulator. I suffered for four years with irregularities and Uterine troubles. No one but those who have experienced this dreadful agony can form any idea of the physical and mental misery those endure who are thus afflicted. Your Vegetable Compound cured me within three months. I was fully restored to health and strength, and now my periods are regular and painless. What a blessing it is to be able to obtain such a remedy when so many doctors fail to help you. Lydia E. Pinkham's Vegetable Compound is better than any doctor or medicine I ever had. Very truly yours, Miss EASY WHITTAKER, 604 39th St., W. Savannah, Ga. —\$5000 forfeit if original of above letter proving genuineness cannot be produced. The testimonials which we are constantly publishing from grateful women prove beyond a doubt the power of Lydia E. Pinkham's Vegetable Compound to conquer female diseases.

PISO'S CURE FOR CONSUMPTION. CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Cures Croup. Use in time. Sold by druggists.

Horse vs. Donkey. "I say," remarked young Sapleigh, "I've—aw—got a conundrum for you. What is the—aw—difference between me and a horse?"

"The difference," replied Miss Cautique, "is probably in the length of your ears."

FITS. Permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nervine Restorer. Send for Free \$2 trial bottle and treatise. Dr. R. H. Kline, Ltd., 937 Arch St., Philadelphia, Pa.

Nothing in the world is more naughty than a man of moderate capacity when once raised to power.—Wessenberg.

P. N. U. No. 44—1904

WHEN writing to advertisers please mention this paper.

Cure Your Horses PRUSSIAN HEAVE POWDERS.

AT DEALERS, 50c; BY MAIL, 60c. CURED THIRTY-FOUR HORSES.

PRUSSIAN REMEDY CO., St. Paul, Minn. GENTLEMEN:—I have been using the PRUSSIAN HEAVE POWDERS the past eight months, and in that time have cured 34 horses of heaves, 14 of distemper and 9 of chronic cough. Your Prussian Remedies have gained a great reputation in this section.

PRUSSIAN REMEDY CO., Portland, Ore., Coast Agents

WET WEATHER WISDOM! THE ORIGINAL TOWER'S FISH BRAND SLICKER. BLACK OR YELLOW. WILL KEEP YOU DRY. NOTHING ELSE WILL. TAKE NO SUBSTITUTES. CATALOGUES FREE. SHOWING FULL LINE OF GARMENTS AND HATS. A. J. TOWER CO., BOSTON, MASS., U.S.A. TOWER CANADIAN CO., LTD., TORONTO, CANADA.

PRUSSIAN HEAVE POWDERS. Of Heaves, Cough or Distemper with PRUSSIAN HEAVE POWDERS. CURED THIRTY-FOUR HORSES. PRUSSIAN REMEDY CO., St. Paul, Minn. GENTLEMEN:—I have been using the PRUSSIAN HEAVE POWDERS the past eight months, and in that time have cured 34 horses of heaves, 14 of distemper and 9 of chronic cough. Your Prussian Remedies have gained a great reputation in this section. PRUSSIAN REMEDY CO., Portland, Ore., Coast Agents

RUSSELL ENGINES BOILERS SAW MILLS High Grade THRESHERS Machinery STACKERS Write for Catalogue and Prices

The A. H. Averill Machinery Co. PORTLAND OREGON

W. L. DOUGLAS \$3.50 SHOES. W. L. Douglas makes and sells more men's \$3.50 shoes than any other manufacturer in the world. The reason W. L. Douglas \$3.50 shoes are the greatest sellers in the world is because of their excellent style, easy fitting and superior wearing qualities. It is a fact that you would understand why W. L. Douglas \$3.50 shoes cost more to make, why they hold their shape, fit better, wear longer, and are of greater intrinsic value than any other \$3.50 shoes on the market to-day, and why the sales for the year ending July 1, 1904, were \$6,263,040.00. W. L. Douglas guarantees their value by stamping his name and price on the bottom. Look for it! take no substitutes. Sold by shoe dealers everywhere. SUPERIOR IN FIT, COMFORT AND WEAR. "I have worn W. L. Douglas \$3.50 shoes for the last twelve years with absolute satisfaction, and find them superior in fit, comfort and wear to others costing from \$5.00 to \$7.00."—J. B. McVie, Dept. Col., U. S. Int. Revenue. W. L. Douglas uses Corona Collatin in his \$3.50 shoes. Corona Coll is conceded to be the finest Patent Leather made. Fast Color Eyelets used exclusively. W. L. DOUGLAS, Brockton, Massachusetts.

Gee! But it's Good. THE VERDICT OF EVERY ONE WHO USES DIAMOND W. Wadham's Colic. Wholesale Distributors Portland, Ore.

Ask Your Grocer. Is not carried by local grocers, write Wadham & Co., who will advise where obtainable.

J. I. CASE PLOWS. Ask a Man From IOWA MINNESOTA THE DAKOTAS KANSAS or NEBRASKA About the reputation of the J. I. CASE PLOW. He will tell you it IS ALL RIGHT.

J. I. CASE WALKING PLOW. Is simply perfection, that is all. We have them in Stubble, Sod and Stubble and Timber Land styles. We say, and authorize our agents to say, "Try a Case Plow. If not right bring it back." It shows OUR confidence. WE know they won't come back. They never have.

THE TRIUMPH SULKY. Is a triumph over all competition. We guarantee it the BEST SULKY FLOW MADE. Send for circular telling all about it.

THE NEW CASE GANG PLOW. Made in two and three bottom styles, with or without riding attachment, Stubble or Sod and Stubble. THE PLOW FOR EASTERN OREGON AND WASHINGTON. We don't hesitate to say to any reasonable and unprejudiced man "Take it and try it. If it is not the best Steel Walking Gang Plow you ever used, we will take it back, and pay you for taking it out and hauling it back." Our agents are authorized to say the same. THIS IS STRONG TALK, and you will notice it is well backed. NEW CASE WALKING GANGS simply can't be beat THAT'S ALL. And you need a guardian if you don't try one on our proposition. CASE CRITIC LEVER HARROWS and CASE DISC HARROWS are in the same class as the other Case Plow Goods, and at the head of the class. ADDRESS

Branches: SPOKANE BOISE SEATTLE MEDFORD SALEM PORTLAND First and Taylor Streets OREGON Mitchell, Lewis & Staver Co.