

Catarrh

Whether it is of the nose, throat, stomach, bowels, or more delicate organs, catarrh is always debilitating and should never fail of attention.

Hood's Sarsaparilla

Cures all forms of catarrh, radically and permanently—it removes the cause and overcomes all the effects. Get Hood's.

Future Mandarins Wanted.

Three of Sir Chentung's daughters are living, and the eldest, Miss Wun Mei, has come to this country with her father and two small brothers. There is a little family joke connected with the young woman's name, which doesn't detract, however, from the statement that girls are welcome in intelligent Chinese households.

Still, to have future mandarins about the house, there must be boys.

The first child in Sir Chentung's household was a little girl. That was as it should be. But the second was a girl, too.

Just for luck they named the second baby Wun Mei, which means "Change." That is, Wun means change and Mei means the lintel. That was a hint that the third baby should be a boy. But the stork flying about Kwang-Tung Province didn't take the hint. The third and fourth children were girls, too.

"So the laugh was on us," said the jolly Sir Chentung as he finished the story of his daughter's name. He can spring a purely Yankee joke with Oriental gravity, and never misses an opportunity to do so.—Charles A. Selden, in Pearson's Magazine.

Old Man's Secret.

Alpena, Mich., Sept. 5 (Special)—Seventy-five years of age but hale and hearty is Mr. Jerome K. Fournier of this place, and to those who ask the secret of his splendid health he gives the good advice "Use Dodd's Kidney Pills."

When asked for his reason for so strongly recommending the Great American Kidney Remedy, Mr. Fournier related the following experience: "I recommend Dodd's Kidney Pills because they cured me of Diabetes. I suffered with my kidneys for a long time and suffered terribly from those Urinary Troubles that are so general among aged people.

"Then I started to use Dodd's Kidney Pills and eight boxes of them cured my kidneys, regulated my water and made me feel like a hearty young man." Dodd's Kidney Pills make the old feel young because they make sound kidneys. Sound kidneys mean health and health is the other name for youth.

Helping the Minister.

Clara—Was your fair a success? Dora—Yes, indeed. The minister will have cause to be grateful. "How much was made?" "Nothing. The receipts were less than the expenses. But sixteen of us got engaged, and the minister is to perform the ceremonies."

Confidence of Youth.

"Now that you are through college," remarked a friend of the youthful graduate, "what next?" "I shall study medicine," was the grave reply.

"But isn't that profession already overcrowded?" asked the friend. "Possibly," answered the graduate, conscious of his superior knowledge, "but I propose to tackle it just the same, and those who are already in the profession will have to take their chances."

After crosses and losses men grow humbler and wiser.—Franklin.

Possibly.

Miss Askerman—Mr. Nuptal, the widower, has been married twelve times.

Miss Hopeser—Why don't he marry again?

Miss Askerman—Probably he is superstitious.—Woman's Home Companion.

ABSOLUTE SECURITY.

Genuine Carter's Little Liver Pills.

Must Bear Signature of

Warranted

See Fac-Simile Wrapper Below.

Very small and as easy to take as sugar.

CARTER'S LITTLE LIVER PILLS. FOR HEADACHE. FOR DIZZINESS. FOR BILIOUSNESS. FOR TORPID LIVER. FOR CONSTIPATION. FOR SALLOW SKIN. FOR THE COMPLEXION.

CURE SICK HEADACHE.

PISO'S CURE FOR CONSUMPTION.



For the Complexion.—Oranges eaten before breakfast have a wonderfully beautifying effect on the complexion, and can do no harm if eaten in moderation.

Hot Water Drinkers.—If you need to drink hot water pour it from one jug to another a few times. This will aerate it, and remove that flat, insipid taste so objectionable.

The Midday Rest.—Don't neglect the ten minutes' rest during the day, with the feet raised. It gives the whole body a great sense of repose, and works wonders in smoothing out the lines on the face.

To Relieve Earache.—A very good remedy for relieving earache is to fill a little bag of soft flannel with salt, and make this very hot in the oven. Test it against your cheek to make sure it is not too hot, and then apply to the aching ear.

A Sure Cure for Nasal Catarrh.—Dissolve a teaspoonful of boric acid powder and a saltspoonful of salt in half a pint of boiling water. Use about three times a day, lukewarm, by pouring a little into the palm of the hand and drawing through the nostril.

Cure for Influenza.—It is not generally known that equal parts of new milk and lime water constitute one of the best cures for influenza (surpassing whisky, which is so much used), and in cases where there is fever the white of a raw egg will not only strengthen the patient, but will soothe the pain. Do not give the yolk, as that would increase the fever.

That Tired Feeling.—If you are over-tired—"too tired to sleep," as we sometimes say—bathe the neck and temples with hot water. Bathe the back of the neck particularly. This seems to relax the muscles and the veins that supply the brain with blood. Lie down to sleep with peace, for it will come surely. The same treatment will wonderfully refresh during the day. A headache may often be relieved, even cured, by hot applications to the back of the neck.

Look After the Quiet Child.—A child who is always quiet should be watched carefully, for it is quite an unnatural state of affairs, and shows that something is wrong. Those who go much among the schools of the very poor know that it often means lassitude from want of proper nourishment. If it occurs in the children of the better off it shows that vitality is low, and that for some reason or another the food is not giving the strength it should do.

THE ETERNAL WOMAN.



"Can you see anything the matter with my throat?" asked the woman who was consulting the new lady physician.

"Your throat? Goodness me!" exclaimed the lady doctor. "I had forgotten that. I was counting how many of your teeth were filled with gold and how many with amalgam."

Truth Comes Out.

"My dear Miss Gladys," said old Bullyon, "I love you dearly; but if my suit is not agreeable to you, please say so frankly and spare that ancient chestnut about being a sister to me." "I am very sorry, Mr. Bullyon," answered the fair maid, "but I do not love you well enough to pose as your sister. However, I have no objection to placing myself in a position to become your widow at an early date."

Insurance in Russia.

In Russia the native insurance companies, who do the major portion of the country's business, insure the lives of single women and widows, but at a higher rate than those of men, and married women are only accepted in case their husbands are also insured.

Inevitable.

Lawson—Hicks married his ideal woman. Dawson—Poor Hicks! To think that all his dearest illusions should be shattered!—Somerville Journal.

Cost of Running Gotham.

It will cost only a little more than \$100,000,000 to run the city of New York this year.

Many a man wants to deliver a Swift Kick, and is not certain of his ability to deliver it.

Ayer's

Ayer's Cherry Pectoral quiets tickling throats, hacking coughs, pain in the lungs. It relieves congestion, sub-

Cherry Pectoral

duces inflammation. It heals, strengthens. Your doctor will explain this to you. He knows all about this cough medicine.

Weak Throats

Ayer's Pills greatly aid recovery. Purely vegetable, gently laxative.

Not an Exception. Saphed—So you-aw done think the clothes make the-aw-man, Miss Caustique?

Miss Caustique—Well, they certainly didn't in your case, at least.

FITS Permanently cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free 25¢ trial bottle and treatise. Dr. R. H. Kline, Ltd., 527 Arch St., Philadelphia, Pa.

Originality is simply a pair of fresh eyes.—T. W. Higginson.

Piso's Cure is a remedy for coughs, colds and consumption. Try it. Price 25 cents, at druggists.

One Man's Observation. Greening—I read a paragraph in a medical journal the other day to the effect that people who sleep with their mouths closed live longest. Do you believe it?

Browning—I have no reason to doubt it. It is a well-known fact that people who keep their mouths shut while awake manage to dodge a job lot of worry and trouble.

Deafness Cannot Be Cured by local applications as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; none can out of ten are cured by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars, free. F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

About one-third of the weight of an egg is solid nutriment.

The Cry of "Fire" Is Dreaded. A general agent can secure control for this territory handling PYROCLIDE, the dry chemical fire extinguisher. Adopted by the World's Fair and largest corporations. Highest merit. Cost one tenth that of others. Manufactured by the WESTERN FIRE APPLIANCE CO., Inc., 916 Market Street, San Francisco.

Canada is an Indian word, meaning "collection of huts."

The best number of persons to each bed is one.

Keeley LIQUOR-MORPHINE-TOBACCO CURE HURTS PERMANENTLY CURED. ADDRESS THE KEELEY INSTITUTE, PORTLAND, ORE.

Consumption is four times as frequent in families whose annual income is less than \$300 as it is in families receiving more than \$1,200.



Mrs. Hughson, of Chicago, whose letter follows, is another woman in high position who owes her health to the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I suffered for several years with general weakness and bearing-down pains, caused by womb trouble. My appetite was poor, and I would lie awake for hours, and could not sleep, until I seemed more weary in the morning than when I retired. After reading one of your advertisements I decided to try the merits of Lydia E. Pinkham's Vegetable Compound, and I am so glad I did. No one can describe the good it did me. I took three bottles faithfully, and besides building up my general health, it drove all disease and poison out of my body, and made me feel as spry and active as a young girl. Mrs. Pinkham's medicines are certainly all they are claimed to be."—Mrs. M. E. HUGHSON, 347 East Ohio St., Chicago, Ill.—\$5000 forfeit if original of above letter proving genuineness cannot be produced.

More than a million women have regained health by the use of Lydia E. Pinkham's Vegetable Compound. If the slightest trouble appears which you do not understand write to Mrs. Pinkham, at Lynn, Mass., for her advice, and a few timely words from her will show you the right thing to do. This advice costs you nothing, but it may mean life or happiness or both.



Flirtation: Stella—Did you buy a zoolman while you were abroad? Bella—No; merely shopped.—Exchange.

"Tourem says it only takes a cent to run his auto a mile." "I always wondered what the scent was for."—Cleveland Plain Dealer.

Maud—I cut a fine figure on Broadway yesterday. Nell—You did? Maud—Yes. I refused to speak to Mr. Tallornade.—Princeton Tiger.

"The Paddingtons are great on style, aren't they?" "They have no automobile, have they?" "No, but they belong to a church that has a curate."—Exchange.

No doubt about it! He—Is he a self-made man? She—Oh, yes; he spells English the way it is pronounced and pronounces French the way it is spelled.—Judge.

Madge—What makes you think that handsome music teacher is mercenary? Marjorie—He charges Dolly's father two dollars an hour for making love to her.—Town Topics.

"I've got no use for the man who mixes business with religion." "No; but some of us would be better for mixing a little religion with our business."—Philadelphia Ledger.

Patience—That was the sixth time she's been married; and yet she looked nervous, didn't she? Patrice—Yes, poor girl; perhaps she's afraid it will be her last.—Yonkers Statesman.

Widow Wixen—Yes; Henry died quite reconciled. I was at his bedside until the last moment. Dumley (meaning to be complimentary)—Ah, that accounts for it.—Boston Transcript.

Mrs. Golightly—This is my new sixty-five-dollar bathing dress, my dear. What do you think of it? Golightly—Think you got less for your money than any one I ever knew.—Town Topics.

Mistress—Mary, go to the door at once. Some one has rung three times. Mary—It's all right, mum. It's only that young feller as is mashed on Miss Maud. Yer needn't be afraid of his goin' away in a hurry.

A teacher giving lessons on physical force asked, "Now, boys, can any of you tell me what force is that moves people along the street?" He received from one of the boys the unexpected answer: "Please, sir, the police."

"Papa," said the romantic girl, "Percy Pink placed the stamp in the lower left corner of the envelope. Does that mean anything?" "Sure," granted her practical pa. "What does it mean?" "Silliness."—Chicago News.

"I'll have you know, stranger, that I belong to Chicago," said the Yankee. "'Deed an' whad hae thoct it?" quoth the skeptic Scot; "frae the way ye've been speaking I thoct Chicago belonged tae you."—Glasgow Evening Times.

She had sent off a telegram and was waiting for an answer. Suddenly the peculiar halting click of the receiving machine sounded in the office, and she said to her companion: "That's from George, I know; I can tell his stutler."

"I suppose you'll take in the St. Louis fair?" said Mr. Staylate. "No," replied Miss Patience Gonne, making no effort to suppress a yawn. "Well," he continued, "I simply must go—'Oh, must you? It is late, isn't it? I'm so glad you called."—Philadelphia Press.

"I have been told," remarked the visitor in Salt Lake City, "that your lake is drying up. What seems to be the cause?" "I guess, mister," said the native, "if you had as much salt in you as that there lake's got, you'd be gittin' purty dry, too."—Chicago Tribune.

"That's my last canvas," said D'Auber; "I started that six months ago. You see, some days I paint away feverishly, forcefully, absorbently, while on other days I can't paint at all." "I see," said Crittick; "you painted this on one of the other days."—Philadelphia Press.

Noa susceptible to tillage: Mrs. Lakeside—Oh, yes; some of those narrow, exclusive Eastern people say that Chicago isn't cultivated. Mr. Lakeside—H'mph! All the city is except the south part, and that's too marshy. The land ain't worth cultivating.—Brooklyn Life.

"Haven't you got a typewriter girl yet?" "No, I haven't been able to find one with dark red hair." "Eh? What's the idea in that?" "Well, when I carry long hairs home from the office hereafter, I want them to be the same shade as my wife's."—Catholic Standard and Times.

Rowena—Where did you say you caught these lovely fish? Rupert—Oh, I didn't have a bite; a fellow sitting next to me caught these as fast as he could pull them in, and I gave him fifty cents for them. Rowena—Rupert, do you feel well? You are getting so good you scare me. "It's curious that women are never great poets or musicians," said Mr. Meekton. "What did you say?" asked his wife. "I was merely remarking that women are too sensible to squander their energies on poetry and music to the extent that some men do."—Washington Star.

THE KING OF BLOOD PURIFIERS SSS

No remedy ever yet discovered has met with such popular favor as S. S. S. The people everywhere endorse it, and there are few homes where S. S. S. for the blood is not known and used. It is superior in many ways to the ordinary blood medicines. In the first place S. S. S. is a guaranteed purely vegetable compound, made exclusively of medicinal roots selected for their wonderful purifying and tonic properties that act upon the blood, purging it of impurities and restoring it to a healthy, natural condition. At the same time, under its tonic effects the general system improves, the sluggish organs are toned up, and renewed strength and vigor and better health is the result. No bad after-effects follow the use of S. S. S., as so often happens with blood medicines containing strong minerals, which derange the stomach and digestion and in other ways damage the system. For diseases of the blood, such as Chronic Sores, Rheumatism, Catarrh, Scrofula, Boils and Pimples, Eczema, Tetter, Blood Poisons, and other troubles due to impure or bad condition of the blood, no remedy acts so promptly and thoroughly as S. S. S. It reaches deep-seated, long-standing cases, upon which the ordinary potash and sarsaparilla compounds have no effect. Even where there is an hereditary predisposition to disease, S. S. S. will search out and remove from the blood the fixed poison and build up the health; it enriches and purifies weak, thin blood and stimulates the circulation. Pure blood is essential to health. You can exist without good blood, but can never be robust and strong; for every organ, tissue and nerve in the body looks to the blood for nourishment, and unless this vital fluid is kept in a pure, healthy state, the rest of the body suffers and the system soon breaks down. Nature has provided in S. S. S. a remedy for diseases of the blood which long experience and a thorough test have proven superior to all others, and the acknowledged "King of Blood Purifiers."

ALWAYS KEEPS S. S. S. ON HAND. Monticello, Ark., May 21, 1908. Gentlemen:—For about twelve years I have been using your S. S. S. as a household remedy. I have taken it as a tonic and appetizer, and believe there is none better. I have used it for my children at various times for little skin eruptions, boils and poisons caused by playing with weeds. S. S. S. is my standard, never mind what is the matter. If I use a bottle of S. S. S. it tones up the system, cleanses the blood and makes me well again. As an all-round family medicine I consider S. S. S. the best remedy of the kind that have I ever used, and generally keep it on hand as a family remedy. MRS. V. C. WHITTINGTON.

S. S. S. will search out and remove from the blood the fixed poison and build up the health; it enriches and purifies weak, thin blood and stimulates the circulation. Pure blood is essential to health. You can exist without good blood, but can never be robust and strong; for every organ, tissue and nerve in the body looks to the blood for nourishment, and unless this vital fluid is kept in a pure, healthy state, the rest of the body suffers and the system soon breaks down. Nature has provided in S. S. S. a remedy for diseases of the blood which long experience and a thorough test have proven superior to all others, and the acknowledged "King of Blood Purifiers."

OUR MEDICAL DEPARTMENT, in charge of graduated physicians, is an important part of our business, maintained for the benefit of those who need advice or special information in regard to their case. Write us, and our physicians will advise you without charge. **THE SWIFT SPECIFIC CO., ATLANTA, GA.**

Retort Courteous. "Say, why don't you keep yore hogs out uv my corn?" asked Silas Harix, angrily. "Why don't yew keep yore corn out uv my hogs?" queried Hiram Oatcake, calmly.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Willing to Oblige. "No malaria about here, I suppose," said the prospective summer boarder. "Not enny," replied the rural landlord. "We ain't never had no call for it; but ef that's enny tew be had down tew th' village I reckon ez heow we'll git it fer you."

To Break in New Shoes. Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Clumsted, Le Roy, N. Y.

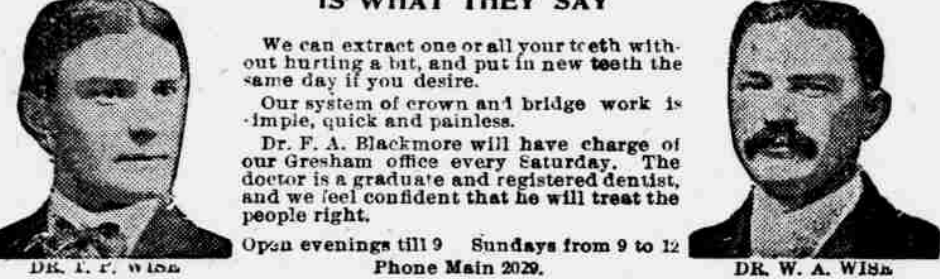
Cause and Effect. "Green apples," remarked the man who had been reading the scientific page in a comic almanac, "are said to be an excellent cholera preventive."

"Guess that's right," rejoined the drug clerk. "Anyway, it's a safe bet that persons who die from eating green apples will never be troubled with cholera."

CASTORIA For Infants and Children. The Kind You Have Always Bought. Bears the Signature of *Wm. D. Druggist*

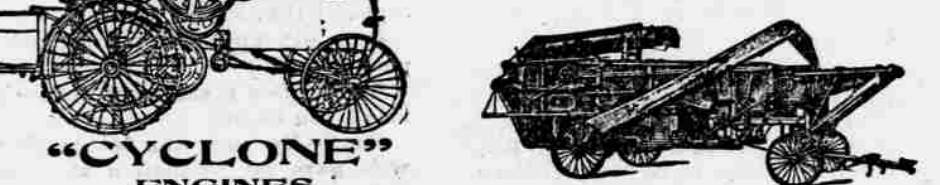
Austen Chamberlain is 41 years old, but betrays no inclination for matrimony. His father, Joseph Chamberlain, has been married three times.

"DID'NT HURT A BIT" IS WHAT THEY SAY



We can extract one or all your teeth without hurting a bit, and put in your teeth the same day if you desire. Our system of crown and bridge work is simple, quick and painless. Dr. F. A. Blackmore will have charge of our Gresham office every Saturday. The doctor is a graduate and registered dentist, and we feel confident that he will treat the people right. Open evenings till 9. Sundays from 9 to 12. Phone Main 2029. 208-213 Felling Bldg., 3d & Washington Sts., PORTLAND, OREGON.

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You Can Count Your Chickens Before They Are Hatched in a CHATHAM INCUBATOR. Every fertile egg you put into a Chatham Incubator will come out a healthy, sturdy chick. That is the record the Chatham Incubator has made for itself and the Chatham Brooder will bring them up better than the most motherly hen. There is big money to be made in raising chickens with a Chatham Incubator. The farmer who overlooks this branch of his business is neglecting one of the greatest profit producing departments of his farm. The Pacific Coast is not producing enough chickens to supply their own wants. Chickens raising is profitable. **OUR OFFER:** We will sell you a Chatham Incubator on time. It will make many times its cost to you. We pay the freight. Write me for our Unique Catalog and useful hints on poultry raising. Costs you nothing. Do it now. **GEO. W. FOOT Pacific Coast Agent Box 480 SACRAMENTO, CAL.**

