

Eruptions

The only way to get rid of pimples and other eruptions is to cleanse the blood, improve the digestion, stimulate the kidneys, liver and skin. The medicine to take is Hood's Sarsaparilla Which has cured thousands.

For Japanese Soldiers.
Rice and dried fish is the uniform food of the Japanese army in campaigning times. This is the way in which the rice is cooked. It is boiled until quite thick and glutinous. Next it is placed on a ceramic slab, rolled out, and cut into squares. The squares are then placed in the sun to dry and often turned. When hard as sea biscuit and greatly reduced in weight, they can be stored.
A certain number are allowed each day to the soldier. All he has to do is to break up a square in boiling water and to add the dried fish. In a few minutes he has what seems to him a delicious thick soup. If he cannot procure boiling water he simply eats his rice cake dry. In the fruit season he substitutes fruit, when he can obtain it, for the fish.

The July Century will be a fiction number, although the advance announcements give promise of notable features of interest for serious readers. Besides further chapters of the serials, Dr. S. Weir Mitchell's "The Youth of Washington" and Jack London's "The Sea-Wolf," there will be nine short stories in the number, Miriam Michelson, author of "In the Bishop's Carriage," contributing another Madigan story. There will be stories also by Margaret Deland, Bertha Runkle, and Gouverneur Morris.

Making Him Comfortable.
New Boarder (shivering)—This stove is too small for this room.
Landlady (kindly)—So it is. I'll have it moved into a smaller room for you.

For forty years' Piso's Cure for Consumption has cured coughs and colds. At druggists. Price 25 cents.

The Philosopher.
"Do you see any humor in this life?"
"Well, comparatively—yes. That is, there is more humor in it than there is in getting out of it, so I conclude it must be a joke. Though sometimes, I must confess, I laugh when I really do not see the point."—Detroit, Free Press.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease, and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists.
Hall's Family Pills are the best.

Righteous Indignation.
Mrs. Youngma—Oh! I'm so boiling over with righteous indignation I don't know what to do. I'd—like to bite somebody.
Friend—Whom?
"Whom? Why, those coarse, brutal, inhuman owners of the St. Quiet flats. They refused to rent to me."
"Everybody knows that they object to children, my dear."
"Yes, of course—but they objected to mine."

SLEEPING VOLCANOES

A thin, vapory smoke, lazily ascending from its crater, may be the only visible sign of life in the sleeping volcano; but within is a raging sea of fire, molten rock and sulphurous gases. Those who make their homes in the peaceful valleys below know the danger, and though frequently warned by the rumblings and quakings, these signs of impending eruption go unheeded. They are living in fancied security; when the giant awakes with deafening roars, and they are lost beneath a downpour of heated rock and scalding ashes. Thousands of blood poison sufferers are living upon a sleeping volcano, and are taking desperate chances, for under the mercury and potash treatment the external symptoms of the disease disappear, and the deluded victim is happy in the belief of a complete cure; but the fires of contagion have only been smothered in the system, and as soon as these minerals are left off will blaze up again. Occasional sores break out in the mouth, a red rash appears on the body, and these warning symptoms, if not heeded, are soon followed by fearful eruptions, sores, copper-colored splotches, swollen glands, loss of hair and other sickening symptoms. Mercury and potash not only fail to cure blood poison, but cause mercurial Rheumatism, necrosis of the bones, offensive ulcers and inflammation of the stomach and bowels. The use of S. S. S. is never followed by any such bad results. It cures without the slightest injury to the system. We offer \$1,000 for proof that it contains a mineral of any description. S. S. S. is an antidote for contagious blood poison, it destroys every atom of the virus and purifies and strengthens the blood and builds up the general health.

We will mail free our special book on Contagious Blood Poison, with full directions for home treatment. Medical advice is furnished by our physicians without charge.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

Make "Pat" Phrases.
The gift of the Irish peasant for making expressive and humorous phrases is not by any means a fiction of literature. The use of "pat" phrases is natural to him, says Illustrated Bits.

A clerical traveler in Cavan not long ago asked a peasant how far it was to a certain village, and was answered, "Two miles."
"What! Only two miles?" said the traveler, who had before traveled the distance and found it a long road.
"Well, your reverence," answered the peasant, "it is two miles strong and rich, so to speak."
A somewhat similar story is told by one of Lord Zetland's party, who were making inquiries into the condition of a distressed district. They were crossing a lake; a gale was blowing, and waves were dashing over the boat.
The gentleman referred to had been assured that an Irish peasant, if treated well, will always agree with what is said to him, rather than appear disagreeable. It struck the gentleman that there was a good chance to put the assertion to proof.
"There is very little wind, Pat," he said to one of the boatmen.
The answer came through the howling elements:
"Very little, indeed, yer honor, but pawat there is is mighty strong."

Kind-Hearted.
The tenderest heart may exist in spite of the roughest exterior. A little fox terrier had been left outside a Boston store by its owner. Evidently the dog had not been long in the city, for it trembled with fright at being out of the protecting presence of its master. As it lay crouching in the doorway a huge laborer came along. Reaching down pityingly, he stroked the wee animal, speaking a few soothing words at the same time. The result was that the fear in the dog's heart subsided. It wagged its tail knowingly and licked the kind-hearted man's hand. When it was left alone it sat up bravely, as though feeling assured that human beings would do it no harm.

Strong Language.
Fredericksburg, Ind., June 20.—Rev. Enoch P. Stevens of this place uses strong language in speaking of Dodd's Kidney Pills and he gives good reasons for what he says:
"I can't praise Dodd's Kidney Pills too much," says Mr. Stevens. "They have done me so much good. I was troubled with my kidneys so much that I had to get up two or three times in the night and sometimes in the day when starting to the waterhouse the water would come from me before getting there. Two boxes of Dodd's Kidney Pills cured me entirely."
"I have recommended Dodd's Kidney Pills to many people and have never yet heard of a failure. Dodd's Kidney Pills are the things for Kidney Diseases and Rheumatism."
Dodd's Kidney Pills always cure the kidneys. Good kidneys insure pure blood. Pure blood means good health.

Then He Got Busy.
Tom—For the last hour I have been watching for an opportunity to steal a kiss.
Bess—Indeed! Don't you think it would be a good idea for you to consult an oculist?

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Proof.
First Lawyer—But have we proof that he is really insane?
Second Lawyer—Without question. Why, the gas man failed to inspect his meter one month and he actually sent for him.



JOLLY JOKER
Dolly—Were you pleased when Charley proposed? Polly—Pleased? I came pretty near giving him our college yell.—Puck.
Ned—It took me a long time to make up my mind if a man who speculated in stocks is a fool. Ted—How did you finally determine? Ned—I speculated.—Town Topics.
"Sonny," said the good old man, "I'm surprised that you should tease that cat in that way." "Why," replied the bad boy, pausing in his inhuman work, "do you know any better way?"—Philadelphia Press.
Mr. Slap—What is the secret of Gildiboy's success? Miss Bang—Why, he knew a girl who spends a thousand a year on dresses. Mr. Slap—Ah, I see; he married her? Miss Bang—Oh, no; he married her dressmaker.—Comic Cuts.
Young Swell—I left a letter on my table when I went out. Where is it? Valet—I hope you won't mind, sir. I thought it would do nicely for my sweetheart; so I posted it to her. Your Christian name is the same as mine!—Tit-Bits.

"What's the matter, little boy?" asked old Mr. Goodart, "what are you crying for?" "Boo, hoo!" sobbed the boy. "Boo, hoo!" "Come, come! Don't mind! Don't mind!" "Boo, hoo! I didn't, an' that's what I was licked for."—Philadelphia Public Ledger.

Young Couple (who expect the visit of a very miserly relative, from whom they have expectations, are clearing the room of every sign of luxury.) Wife (earnestly)—We must do all we can to make uncle feel at home. Husband (caustically)—Then we had better let the fire out.

"Mamma, can God hear everything?" "Everything, Willie." "And is God always happy?" "Always, Willie. Why do you ask?" "Well, I should think it would make him suffer a little to hear what sister and that fellow of hers are saying to each other in the next room."—Smart Set.

Parker—What's wrong? You seem worried. Streeter—I am. I wrote two notes—one to my broker asking him if he took me for a fool, and the other to Miss Golding asking her if she would be mine. While I was out somebody telephoned "Yes," and I don't know which of 'em it was.

Precautionary measure: Mrs. Newed (a bride of six weeks)—And how long will you be away, dearest? Mr. Newed—About ten days. Mrs. Newed—Well, I think I'll learn to cook while you are absent. Mr. Newed—That's a good idea. And I'll take the dog over and leave him with one of the neighbors.—Ex.

Nellie (sympathetically)—You poor dear! What a narrow escape! And what started the horse? Gertrude (indignantly)—Well—you know, Will was just helping me out of the trap, and the stupid horse could not tell the difference between a good-night—kiss and a signal to start. And he—started. Some horses have so little sense.

A girl forced by her parents into a disagreeable match with an old man, whom she detested, when the clergyman came to that part of the service where the bride is asked if she consents to take the bridegroom for her husband, said, with great simplicity, "Oh, dear, no, sir, but you are the first person who has asked my opinion about the matter."

The laundress' little daughter had been allowed to peep into the dining-room, where the table was set for a dinner party. "And, mamma," she said later, "every plate had two forks by it. What was that for?" "You don't know the way of your betters, child," replied the laundress; "the extra fork is in case they drop one on the floor."—Detroit Free Press.

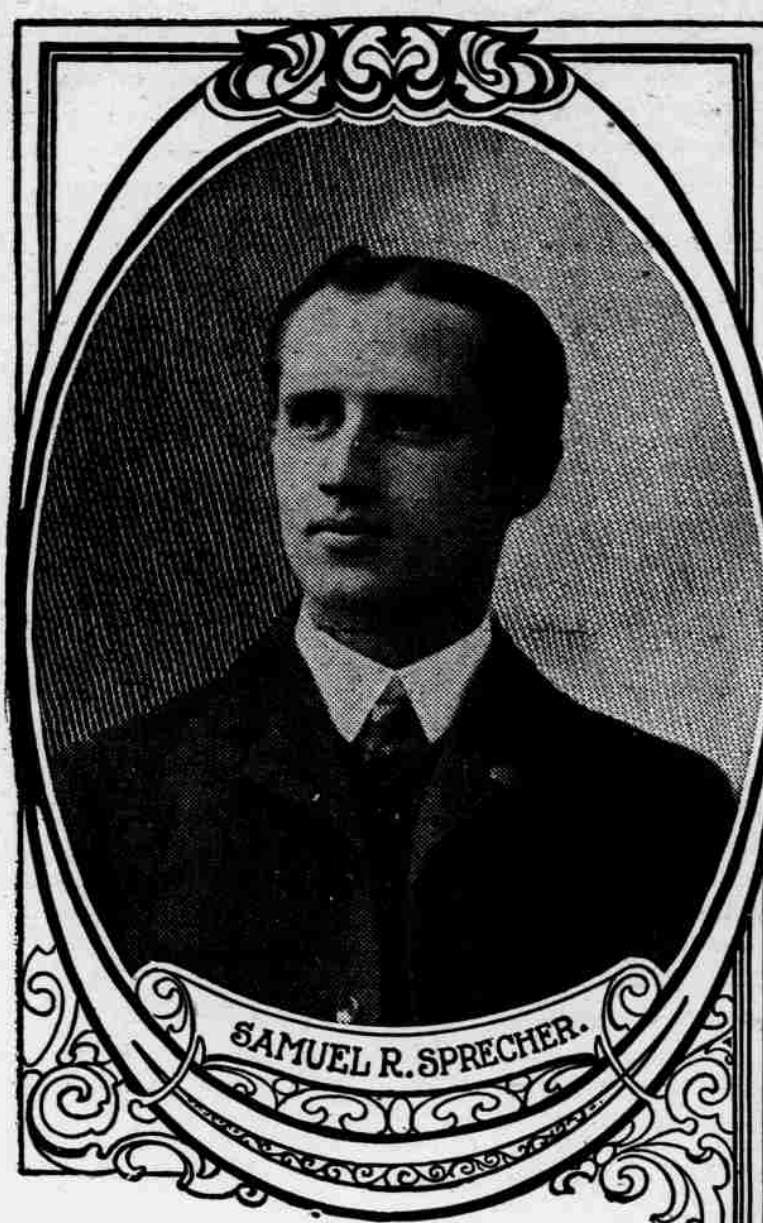
French Maid (to inquiring friends)—Oui, madame is ill, but ze doctor haf pronounce it something very trifling, very small. Friend—Oh, I am so relieved, for I was real anxious. What does the doctor say the trouble is French Maid—Let me recall. It was something very little. Oh, oui, I have it now! Madame has ze smallpox.—Woman's Home Companion.

It was Mabel's first appearance at church and she was rather fidgety. First she wanted one thing, then another. Finally she decided she must have a pin, so she asked for one from her father. He had none. Then she tried her mother; but her mother, too, had none. Mabel's longing had been increased with her ill success, so she climbed upon the pew and shouted at the top of her small voice, "Has any one in dis crowd dot a pin?"—Lippincott's.

Fussy Man (hurrying into a newspaper office)—"I've lost my spectacles somewhere, and I want to advertise for them, but I can't see to write without them, you know." Advertising Clerk (likely to be business manager some day)—"I will write that ad. for you, sir. Any marks on them?" Fussy Man—"Yes, yes. Gold-rimmed, lenses different focus, and letters L. O. C. on inside. Insert it three times." Advertising Clerk—"Yes, sir. Five dollars, please." Fussy Man—"Here it is." Advertising Clerk—"Thanks. It gives me, sir, great pleasure to inform you, sir, that your spectacles are on the top of your head." Fussy Man—"My stars! So they are. Why didn't you say so before?" Advertising Clerk—"Business before pleasure, you know."

CATARRH IS THE CAUSE OF MOST KIDNEY DISEASES

PE-RU-NA CURES CATARRH.



Samuel R. Sprecher, Junior Beadle Court Angelina, 3,422 I. O. O. F., 205 New High St., Los Angeles, Cal., writes:
"I came here a few years ago suffering with catarrh of the kidneys, in search of health. I thought the climate would cure me, but found I was mistaken. But what the climate could not do, Peruna could and did. Seven weeks' trial convinced me that I had the right medicine, and I was then a well man. I know of at least twenty friends and members of the lodge to which I belong who have been cured of catarrh, bladder and kidney trouble through the use of Peruna, and it has a host of friends in this city."
SAMUEL R. SPECHER.

Catarrh of the Kidneys a Common Disease — Kidney Trouble Often Fails to Be Regarded as Catarrh by Physicians.
Catarrh of the kidneys is very common indeed. It is a pity this fact is not better known to the physicians as well as the people.
People have kidney disease. They take some diuretic, hoping to get better. They never once think of catarrh. Kidney disease and catarrh are seldom associated in the minds of the people, and, alas, it is not very often associated in the minds of the physicians. Too few physicians recognize catarrh of the kidneys. They doctor for something else. They try this remedy and that remedy. The trouble may be catarrh all the time. A few bottles of Peruna would cure them.

More Satisfactory.
"He who runs may read," remarked the party with the quotation habit.
"But," objected the contrary person, "it is safer to occupy a seat during the perusal of a newspaper."

"The Magna Charta of Japan," a happily timely topic, will be discussed in the July Century by Baron Kentaro Kaneko, one of the four authors of the Japanese constitution. Baron Kaneko is a Harvard A. B. and Doctor of Laws. He is a member of Japan's House of Peers and was formerly Minister of State for Agriculture and Commerce. He is in America now as the envoy of the Japanese Emperor.

Warned in Time.
Old Dumps—A penny for your thoughts.
Young Gumps—I am trying to remember what it was my wife wanted me to bring home.
Old Dumps—My! My! Don't do it. Remembering the things a wife wants you to bring home is a mighty bad habit. By the time you've been married ten years, she'll be giving you a list as long as the tariff law.

BUY THE WASHINGTON SHOES

SOLD BY SHOE MFG. CO. SEATTLE

FROM YOUR DEALER

Ayer's Hair Vigor

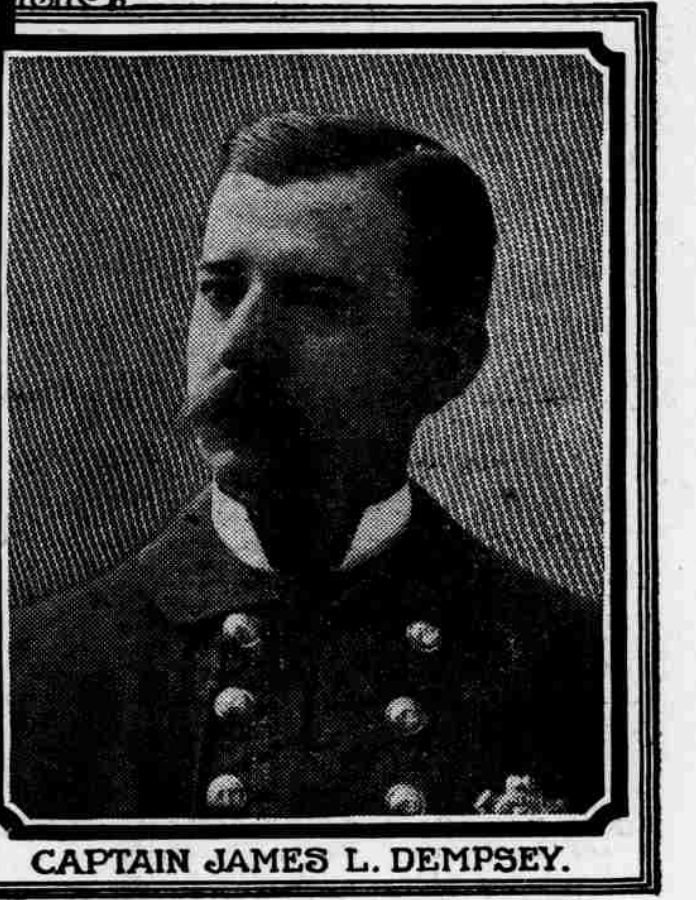
Do you like your thin, rough, short hair? Of course you don't. Do you like thick, heavy, smooth hair? Of course you do. Then why not be pleased? Ayer's Hair Vigor makes beautiful heads of hair, that's the whole story. Sold for 60 years.

"I have used Ayer's Hair Vigor for a long time. It is, indeed, a wonderful hair tonic, restoring health to the hair and scalp, and, at the same time, giving a splendid dressing."
—DR. J. W. ZAYNE, Med. Ind. T.

50c a bottle. All druggists.

Weak Hair

Captain James L. Dempsey, Captain 2nd Precinct Troy Police Force, writes from 198 Ferry St., Troy, N. Y., as follows:
"From my personal experience with Peruna I am satisfied it is a very fine remedy for catarrhal affections, whether of the head, lungs, stomach or pelvic organs. It cures colds quickly, and a few doses taken after undue exposure prevents illness.
"Some of the patrol men under me have also found great relief from Peruna. It has cured chronic cases of kidney and bladder troubles, restored men suffering from indigestion and rheumatism, and I am fully persuaded that it is an honest, reliable medicine, hence I fully endorse and recommend it."
JAMES L. DEMPSEY.



Officer A. C. Swanson writes from 607 Harrison St., Council Bluffs, Ia., as follows:
"As my duties compelled me to be out in all kinds of weather I contracted a severe cold from time to time which settled in the kidneys, causing severe pains and trouble in the pelvic organs. I am now like a new man, am in splendid health and give all praise to Peruna."—A. C. Swanson.

man every year, giving Peruna the whole praise for marvelous cures.
Pe-ru-na Cures Kidney Disease.
Peruna cures kidney disease. The reason it cures kidney disease is because it cures catarrh. Catarrh of the kidneys is the cause of most kidney disease. Peruna cures catarrh wherever it happens to be located. It rarely fails.
If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.
Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

KILLS LICE!

Lice and all vermin that infest horses, cattle, poultry, etc. Lousy hens will not lay; nor chicks grow!

Live upon the blood which should go to sustain life & vitality. PRUSSIAN LICE POWDER kills the lice, thus it SAVES FEED as extra ration must be given on account of vermin. 25c and 50c dealers. By mail 40c & 80c. PRUSSIAN REMEDY CO. ST. PAUL, MINN. 65 page Hand Book Free

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