

Spring Medicine

There is no other season when good medicine is so much needed as in the Spring.

The blood is impure, weak and impoverished—a condition indicated by pimples and other eruptions on the face and body, by deficient vitality, loss of appetite, lack of strength, and want of animation.

Hood's Sarsaparilla and Pills

Make the blood pure, vigorous and rich, create appetite, give vitality, strength and animation, and cure all eruptions. Have the whole family begin to take them today.

"Hood's Sarsaparilla has been used in our family for some time, and always with good results. Last spring I was all run down and got a bottle of it, and as usual received great benefit." Miss BRULAN BOWEN, Stowe, Vt.

Hood's Sarsaparilla promises to cure and keep the promise.

Education in Russia.

Of the children of school age in Russia 17,000,000 are receiving no instruction.

Arid Lands Made Fruitful.

These parched, dry, arid plains of Mont. Colo., Ariz., Idaho and other dry lands respond quickly and give a big yield when planted to Salzer's Speltz, Hanna Barley, Macaroni Wheat, 60 Day Earliest Oats, Billion Dollar Grass and Bromus Inermis. Above seem to flourish and laugh at droughts and arid soils.

Just send for the FREE CATALOGUE, and this notice to John A. Salzer Seed Co., La Crosse, Wis., for their big catalogue and farm seed samples. [P. C. L.]

Iowa pays lady school teachers less than any other State, the average salary being \$36.91 per month.

Beware of Ointments for Catarrh That Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists, price 75c. per bottle. Hall's Family Pills are the best.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children the teething season.

Frugality and sobriety form the best elixir of longevity.

Perrin's Pile Specific

The INTERNAL REMEDY
No Case Exists It Will Not Cure

To Break in New Shoes.

Always shake in Allen's Foot-Ease, a powder. It cures hot, sweating, aching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept any substitute. Sample mailed FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Somewhat Different.

"Is that dog of yours a pointer?" asked the ticket agent at the village station.

"No," replied the weary hunter who was returning to the city with an empty game bag, "he's a disappointment."

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for Free 24 trial bottle and treatise. Dr. R. H. Kline, Ltd., 387 Arch St., Philadelphia, Pa.

Familiar Articles.

"Dey ain't teachin' so much hell dese days."

"No, it's so close home now, folks is well acquainted wid it."—Atlanta Constitution.



Miss Gannon, Sec'y Detroit Amateur Art Association, tells young women what to do to avoid pain and suffering caused by female troubles.

"DEAR MRS. PINKHAM:—I can conscientiously recommend Lydia E. Pinkham's Vegetable Compound to those of my sisters suffering with female weakness and the troubles which so often befall women. I suffered for months with general weakness, and felt so weary that I had hard work to keep up. I had shooting pains, and was utterly miserable. In my distress I was advised to use Lydia E. Pinkham's Vegetable Compound, and it was a red letter day to me when I took the first dose, for at that time my restoration began. In six weeks I was a changed woman, perfectly well in every respect. I felt so elated and happy that I want all women who suffer to get well as I did."—Miss GUILA GANNON, 359 Jones St., Detroit, Mich., Secretary Amateur Art Association. —\$5000 forfeit if original of above letter proving genuineness cannot be produced.

When one considers that Miss Gannon's letter is only one of the countless hundreds which we are continually publishing in the newspapers of this country, the great virtue of Mrs. Pinkham's medicine must be admitted by all.



America's message to a certain South American Republic: "Wall Colombia!"—Punch.

"He got the stage fright." "He! How?" "Married the homeliest girl in the company."—Town Topics.

"Your symptoms, madam, indicate jaundice." "Jaundice? But, doctor, I haven't a suitable dress for that!"—Fleegende Blätter.

"What's in here?" asked the tourist. "Remains to be seen," responded the guide, as he led the way into the morgue.—Columbia Jester.

A Dollar Earned: Judge (sarcastically)—Did you ever earn a dollar in your life? Vagrant—Oh, yes; I voted for your honor once!—Puck.

Dolly Swift—He called me his dear little lamb, Sally Gay—What then? Dolly Swift—Oh, then he gathered me into the fold.—Smart Set.

Tourist—Some people from the East might not like it out here. Westerner—Well, stranger, they'd find trains runnin' both ways.—Ex.

"Whar you reckon de happy lan' is?" "It's 'way back yander, at de place you passed so long ago, en didn't know you wuz at it!"—Atlanta Constitution.

Adoring Bride—Jack, darling, is this Wednesday or Thursday? Doting Groom—I think it's Friday, dearest. Adoring Bride—Of this week?—Life.

Mama—Bobby, have you been fighting? Bobby—Only a little bit. Mama—How did that happen? Bobby—Oh, the boy I licked wasn't much of a fighter.—Chicago News.

"Grace, can you tell me what is meant by a cubic yard?" "I don't know exactly, but I guess it's a yard that the Cuban children play in."—Boston Christian Advocate.

Experience: Mrs. Frienderly—But, honestly, what was your real reason for refusing her dinner invitation? Mrs. Charplot—Experience. I used to have her cook.—Brooklyn Life.

Elsie—There's a man at the door, pa, who says he wants to "see the boss of the house." Father—Tell your mother. Mother (calling down stairs)—Tell Bridget.—Philadelphia Press.

A Critical Summary: "What do you think of that writer's work?" "Oh," answered Miss Cayenne, "he has said two or three clever things, and several thousand others."—Washington Star.

Wife—You don't mean to tell me that Professor Addle has been struck dumb? Husband—Yes, last night. And master of seven languages. Wife—Is it possible that he was struck dumb in all seven?

Jarrod—What did that diamond cost that you gave Dolly for Christmas? Harold—Well, I gave \$40 for the stone, and \$10 to the clerk to tell Dolly it cost \$200 if she brought it back to price it!

"Really," said Mrs. Oldcastle, "your little dinner last night was quite recherche." "Oh, dear," her hostess groaned, "I just knew that new cook would make a botch of it some way."—Chicago Record-Herald.

Little Amzi (who has an inquiring mind)—Uncle Timrod, what's a bonanza? Farmer Neckwhiskers (painfully experienced)—A bonanza, durn it, is a hole in the ground, owned by a liar! That's what a bonanza is!—Ex.

Ernie—I saw you automobiling with Fred yesterday. You looked as though your heart was in your mouth. Ida—No wonder. The automobile was going sixty miles an hour and Fred was proposing at the same time.—Chicago News.

Unendurable: "Deah boy, is it true that you have discharged your valet?" "Ya-as, the doosid scoundrel was too fresh! When I took him out with me he managed to make people think he was the mastah and I was the man, baw Jove!"—Chicago Tribune.

Perdita—It doesn't matter if this is the third installment of the story. The synopsis is printed telling how the first chapters went; so you can start reading it from here. Penelope—Yes; but how stupid of them not to have the synopsis tell how it ends!—Judge.

"Did you have a pleasant voyage?" "No," sighed the beautiful American heiress. "It was one of the saddest experiences of my life. There were two counts and a duke aboard, but the weather was so rough that they never came out of their rooms."—Chicago Record-Herald.

Reporter—How were you impressed by the European cities you visited? Distinguished Traveler—They are marvels of cleanliness, sir. To return to one of our cities after being abroad is like coming back to a hog-pen. Reporter—May I ask what hog-pen did you start from?—Chicago Tribune.

"How is it business has so much improved in the side show?" asked the man from the main tent. "I started the 'living skeleton' to smoking cigarettes," replied the bustling manager. "I don't see why that should draw people." "Yes; every mother takes her boy in and points out the horrible example."—Philadelphia Record.

Giving evidence of character for a man charged at North London, a witness declared that he was eccentric. Mr. Fordham—Con you give an instance of his eccentricity? The Witness—Well, yes, I can; during the fourteen years I have known him he has never been a minute late in getting to his work. Mr. Fordham—And you call that being eccentric? The Witness—Yes, certainly, for a workmanman.—Exchange.

LIGHTHOUSE HEROINES.

Women in These Isolated Places Frequently Show Great Courage.

The history of the lighthouse service shows that women are thoroughly reliable and efficient as light-keepers. As a rule they are not appointed to the care of lights of the first importance, because the work would be too arduous; but wherever they have been put they have done their duty most satisfactorily. The Boston Herald tells of many notable feats of heroism performed by women lighthouse-keepers.

On Lake Michigan, at the north end of Milwaukee Bay, stands a tall red tower, which is under the charge of Mrs. Georgia Stebbins. Its light is one hundred and twenty-two feet above the water, and may be seen for twenty miles. Ten years ago there was a frightful storm, and three men, upset from a sailboat, were in imminent danger of drowning. Mrs. Stebbins went to their assistance, and rescued them at the risk of her own life.

Twenty-five miles out in the ocean, in the pathway of the steamers from Boston to Halifax, is a barren and rugged island of small area, which in stormy weather is often swept by the waves. It is called Matinicus Rock, and the lighthouse was formerly kept by a man named Sam Burgess.

On one occasion, in winter, he had gone away to the mainland to procure provisions, when the weather turned bad and prevented him from returning. Meanwhile his wife, who was an invalid, and her four daughters lived for three weeks on one cup of corn-meal and one egg a piece per day. The set swept everything off the rock, driving the family to the light-towers; yet the lights during all that dreadful period were as carefully tended as usual, and never failed.

The wife of a lighthouse-keeper often acts as his assistant, and performs all his duties when he happens to be away. Thus it chanced that once, during a storm, Mrs. Fowler, whose husband had charge of North Dumpling light, on the Rhode Island coast, found herself in serious trouble. There was a thick fog, and the machine for ringing the fog-bell broke. It was an accident that might have cost many lives and more than one ship; but the woman was equal to the occasion. Sealing the outside of the tower, she fastened a rope to the bell, and rang it until the weather cleared.

BACK TO THE FARM.

Maine Newspaper Man Sees a Turn in the Tide Toward the Country.

One of the most serious problems that confronts the economic world today is to keep the young men on the farms. For many years there has been a tendency to congregate in the cities, and to such an extent has this been carried that all the vocations of city life have been so overcrowded that to-day it is well-nigh impossible for a stranger to get a foothold. For every situation there are a score of applicants, and the young man who has no influential friends to render him aid is indeed unfortunate. We have long believed that this condition of affairs would correct itself. One of the reasons that our young men have been so willing to leave the old country home has been the lack of country attractions. This can hardly be said to hold good to-day. The trolley car, telephone and free rural mail delivery have well-nigh wiped out the distinctions between city and suburban life. Another powerful factor now working for the upbuilding of the country life is the agricultural college. Our young men are fast learning that farming is no longer the haphazard business of a former day, but is one of the most exacting and scientific of pursuits. With this knowledge comes a higher respect for the vocation and a stronger desire to enter the industry. The tide is thus gradually but surely turning, and the time is near at hand when farming will be held in the same high regard here that it has long been in England. In that country when a man achieves financial success he at once seeks a country estate for a home.

Here the reverse has long held true, and the city home has been held up as the ideal. This false system of ethics is rapidly going to the wall and a more exalted idea of country life is taking its place. Itch and poor alike are beginning to take to the farm. It is the ideal spot for a home.—Lewiston Journal.

Consumption in Schools.

In the interest of preventing consumption in the boarding schools of France, only metal bedsteads are permitted, every child older than 12 years must sleep in a room by itself, and in the kitchen and in the dining-room scientific precaution must be taken against the disease. And no pupil or teacher who is known to have consumption is permitted in any school. Circulars, prepared by physicians, are sent to every school principal, which explains in detail preventive measures of all kinds.

A Sense of Self-Esteem.

"Don't you think," said the man who was looking over the wares at the news stand, "that a great deal of poor literature is gotten out now?" "I'm not expressing my opinions," answered the somewhat haughty attendant. "I am here to sell the stuff and not to read it."—Washington Star.

Wheat vs. Cabbage.

Ten cents worth of wheat flour contains almost seven times as much energy as 10 cents' worth of cabbage. Thus, a low-priced article is not necessarily a cheap source of nutrients.

A faint heart is more apt to win the fair lady than a faint bank account.

HOW TWO BEAUTIFUL WOMEN ESCAPED DREAD CATARRH BY USE OF PE-RU-NA.

Catarrh Robs Women of Health and Beauty.
Pe-ru-na Makes Women Healthy and Beautiful.

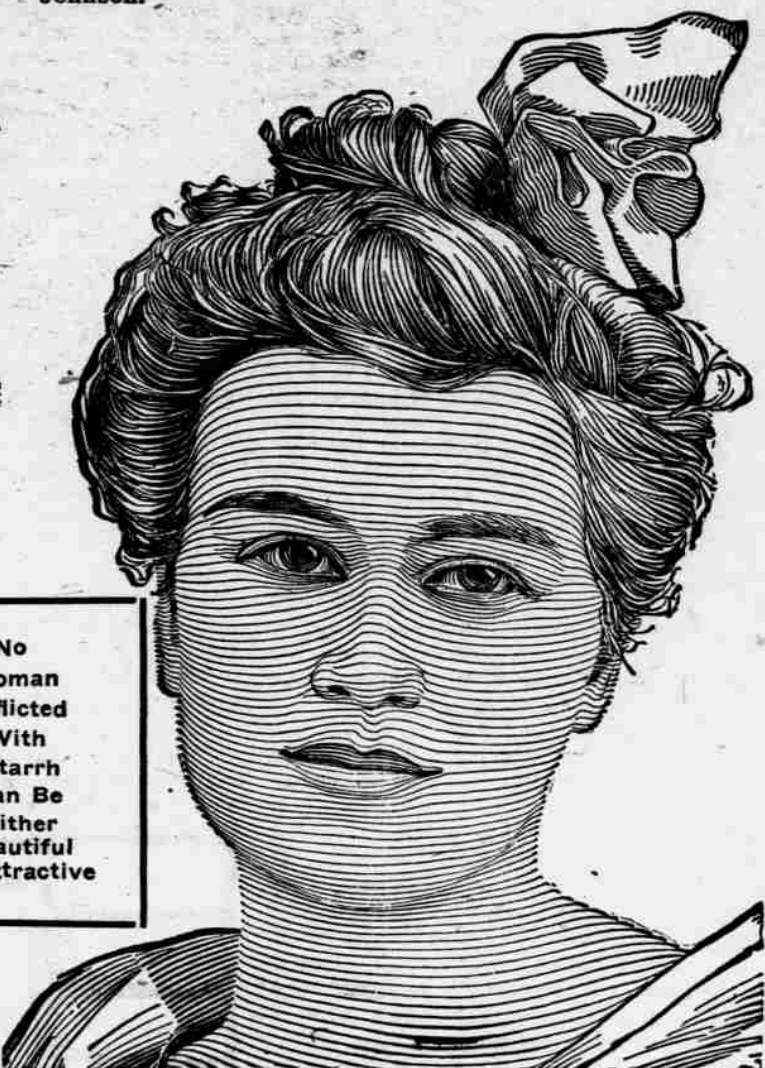


MISS AMANDA JOHNSON.

Miss Flora Hauser, 1032 S. New Jersey street, Indianapolis, Ind., writes:

"I think I must have been troubled with catarrh ever since I was very young, aggravated each time I caught a cold. This did not prove sufficiently serious to be obnoxious until last winter. Then my head and nose were so stopped up that I felt I must do something. Peruna was recommended to me by a friend. I used it for four weeks, and found to my relief that it cured me. I have not had a bit of trouble since. My head is clear, and I can safely affirm that Peruna cured me."—Miss Flora Hauser.

No Woman Afflicted With Catarrh Can Be Either Beautiful or Attractive



MISS FLORA HAUSER.

Hundreds of Women Cured by Peruna of Annoying Catarrh.

Dr. Hartman has probably done more than any other physician toward popularizing a means of escape from the facial deformities, such as watery eyes, twisted nose, offensive breath, dry cracked lips, due to the ravaging effects of catarrh.

He has made chronic catarrh a lifelong study. His remedy, popularly known as Peruna, is the most famous remedy for catarrh in existence.

Probably there is not a man or woman, boy or girl, within the bounds of the United States that has not heard of Peruna. By far the largest majority have used Peruna.

The multitude of people that have

been cured of chronic catarrh by using Peruna can never be known.

Many a girl has regained her faded beauty, many a matron has lengthened the days of her comely appearance by using Peruna.

Peruna produces clean mucous membranes, the basis of facial symmetry and a perfect complexion.

The women have not been slow to discover that a course of Peruna will do more toward restoring youthful beauty than all the devices known to science.

While it is true that Peruna cures catarrh wherever located, yet it is advisable for everyone to use Peruna as

a preventive and not wait until catarrh has fastened itself in some part of the system.

Peruna acts quickly and beneficially on the inflamed mucous membranes lining the different organs of the body. Thus it will cure catarrh wherever located.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

The record for a sailing vessel is 325 miles in a day; that of a steamer 560 miles.

Sweden sent three-quarters of 4,000,000 gross boxes of matches imported into this country last year.

WINTER IS COMING BRINGING CATARRH

Every Catarrh sufferer dreads the coming of winter, for with the first breath of the "ice-king" this miserable disease is fanned into life and all the disgusting symptoms return. The nostrils are stopped up and the throat can be kept clear of mucous secretions only by continual hawking and spitting. Catarrh is a nuisance and source of annoyance, not only to the one who has it, but everybody else. The thick, yellow discharge from the head produces a feeling of personal defilement, and the odor of the breath is almost intolerable.

The catarrhal poison brings on stomach troubles and affects the Kidneys and Bladder. It attacks the soft bones and tissues of the head and throat, causing total or partial deafness, the loss of smell, and giving to the voice a rasping, nasal twang. No part of the body is secure from its ravages. Catarrh makes you sick all over, for it is a disease of the blood, and circulates all through the system, and for this reason, sprays, washes, inhalers, powders and salves have proven failures.

The way to cure Catarrh thoroughly and permanently is to cleanse the blood of the unhealthy secretions that keep the membranes of the body inflamed, and nothing does this so surely and promptly as S. S. S. As long as the blood is poisoned with Catarrhal matter the discharge of mucus and other disgusting symptoms of the miserable disease will continue. S. S. S. goes to the fountain source of the trouble and purifies and enriches the blood, and so invigorates and tones up the system that catching cold and contracting Catarrh is not so likely to occur. Keep the blood in order and winter's coming brings none of the discomforts of Catarrh.

Write us particulars of your case, and let our physicians help you get rid of this blood-tainting and stubborn disease. We make no charge whatever for medical advice.

RUSSIAN HEAVE POWDERS
CURE Horses of HEAVES, COUGH, Distemper, Pink Eye or Indigestion. A great BLOOD PURIFIER AND CONDITIONER and a sure cure for all ailments from which heaves arise.
CURED 34 HORSES.
I have been using Russian Heave Powders the past eight months and in that time have cured 34 horses of Heaves, 14 of Distemper and 9 of Chronic Cough. The Russian Remedies have gained a great reputation in this section.—Ernest Schenck, Newark, N. Y.
PRICE: AT DEALERS, 50c; BY MAIL, 60c.
FREE—64-page Farmer's Hand Book.
RUSSIAN REMEDY CO., St. Paul, Minn.
PORTLAND SEED CO., Portland, Or., Coast Agents

119 HORSE POWER WITH TWO HORSES
Can be gotten with Swenson's Malleable Stump Puller; every casting warranted. Flaw or no flaw. Write for catalog.
South Bend Steel Plows, 14-inch, \$9.00. South Bend Chilled Plows, 14-inch, \$7.00.
REIERSON MACHINERY CO.

Corn

We challenge the world to produce a more prolific ear of corn than the one shown in this advertisement. It was raised on a 10-acre plot in the State of Ohio, and is the result of the use of John A. Salzer's Corn Seed. The seed was sown in the month of April, and the corn was harvested in the month of September. The yield was 100 bushels per acre, and the quality was such that it was sold at a premium of 10 cents per bushel over the market price.

John A. Salzer Seed Co.
La Crosse, Wis.

PISO'S CURE FOR CONSUMPTION

CURES WHERE ALL ELSE FAILS.
Best Cough Syrup. Tastes Good. Use in time. Sold by druggists.