

March, April, May

There is a best time for doing everything—that is, a time when a thing can be done to the best advantage, most easily and most effectively. Now is the best time for purifying your blood. Why? Because your system is now trying to purify it—you know this by the pimples and other eruptions that have come on your face and body.

Hood's Sarsaparilla and Pills

Are the medicines to take—they do the work thoroughly and agreeably and never fail to do it.

Hood's are the medicines you have always heard recommended.

"I cannot recommend Hood's Sarsaparilla too highly as a spring medicine. When we take it in the spring we all feel better through the summer." Mrs. S. H. NEAL, McCrory, Pa.

Hood's Sarsaparilla promises to cure and keeps the promise.

His Load With Him.

De Tanque—Guzzler says he doesn't believe in carrying other people's burdens.

O'Soague—No wonder; he is generally carrying a pretty good load of his own.—Philadelphia Record.

TWO REASONS.

No One Need Neglect Their Teeth Any More—No Pain, Small Cost.

The two great reasons why people used to neglect their teeth were: Fear of being hurt, and the expense.

When you come to think it over now, it is truly remarkable what a revolution has taken place in modern dental methods. Wise Brothers, the famous Portland dentists, are among the foremost in the United States in this respect. Their announcements that there is not a particle of pain connected with any dental work done in their office is literally true. And it is also literally true that every person who goes to these dentists is greatly surprised at the small cost of having the teeth put in fine order. A whole set of teeth now costs less than some time ago it cost to have one pulled or filled. There is no excuse whatever for anyone to neglect his, or her, teeth. Even the man or woman receiving the lowest wages paid in this Northwest can well afford to have the teeth looked after and begin to enjoy life.

Again, a word about the children. When a young person has second teeth, fathers and mothers should see to it that their son or daughter goes to the dentist and has the teeth examined. Oftentimes just a little work before it is too late saves the teeth pure and beautiful for a lifetime. Take time by the forelock and consult Wise Brothers, Failing Building, Portland, Oregon.

Back Talk.

"I shall never marry," said Miss Ann Teek, with an air of determination.

"Perhaps not," replied Miss Peri, "but everyone admits you have made a brave fight against the inevitable."—Brooklyn Life.

If You Don't Know

How much different a can of Monopole peaches or pears or corn or other variety of fruits and vegetables taste from the ordinary brands we hope you will instruct your dealer to send you a can of Monopole today. We know Monopole brand is better than any other because we have compared them with all other so-called high class ones. Most dealers handle Monopole goods. If yours doesn't send us his name. Wadhams & Kerr Bros., Monopole Grocers and Dry Coffee Roasters, 81-83-85 Front Street, Portland, Ore.

That Would Never Do.

She—Why don't you go out occasionally, dearest, and enjoy yourself, say at the club?

He—But I don't want to get into the habit of having a good time.—Life.

White Tailed Eagles.

Although the golden eagle has disappeared from Wales, white tailed eagles are still to be found in north Wales and Shropshire.

When the cold wave flag is up, freezing weather is on the way. Winter is here in earnest, and with it all the miserable symptoms of Catarrh return—blinding headaches and neuralgia, thick mucous discharges from the nose and throat, a hacking cough and pain in the chest, bad taste in the mouth, fetid breath, nausea and all that makes Catarrh the most sickening and disgusting of all complaints. It causes a feeling of personal defilement and mortification that keeps one nervous and anxious while in the company of others.

In spite of all efforts to prevent it, the filthy secretions and mucous matter find their way into the Stomach and are distributed by the blood to every nook and corner of the system; the Stomach and Kidneys, in fact every organ and part of the body, become infected with the catarrhal poison. This disease is rarely, if ever, even in its earliest stages, a purely local disease or simple inflammation of the nose and throat, and this is why sprays, washes, powders and the various inhaling mixtures fail to cure. Heredity is sometimes back of it—parents have it and so do their children.

In the treatment of Catarrh, antiseptic and soothing washes are good for cleansing purposes or clearing the head and throat, but this is the extent of their usefulness. To cure Catarrh permanently, the blood must be purified and the system relieved of its load of foul secretions, and the remedy to accomplish this is S. S. S. which has no equal as a blood purifier. It restores the blood to a natural, healthy state and the catarrhal poison and effete matter are carried out of the system through the proper channels. S. S. S. restores to the blood all its good qualities, and when rich, pure blood reaches the inflamed membrane and is carried through the portions of the body, they soon heal, the mucous discharges cease and the patient is relieved of the most offensive and humiliating of all complaints.

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Millions in a Mantle.

One of the marvels of the recent Durbar was the display of jewelry and precious stones worn by the Maharaja Galkwar of Baroda, who wore his state mantle of woven pearls, with its arabesque border of diamonds, rubies, emeralds and sapphires, whose value, estimated by a famous London jeweler, is \$5,000,000.

The Importance of Steel.

Steel, when made into a sword, was the emblem of power. Steel, in the use of peace and civilization, is just as important as it is in war. The country which is pre-eminently endowed with steel, or with coal and iron, of which and by means of which it is made, will stand at the head of the civilized world.

A Pessimist.

Rev. Thomas R. Slicer, during a recent discussion with a friend, asked him if he knew the definition of a pessimist.

"Of course," replied his friend, "he is one who is sore on himself and the world in general. Is not that your definition?"

"Hardly," replied Dr. Slicer. "A pessimist, in my opinion, is a man who has just left an optimist."—New York Times.

Loquacious.

The family was discussing the high prices of provisions generally, when the small boy butted into the conversation.

"I am hungry, too," he remarked. "Ma keeps it on the top shelf now."

And then it suddenly dawned on his youthful perceptions that he had injured his case by talking too much.—Batavia News.

The Hotel of 2003.

Clerk—Michael, are you about through moving those trunks?

"Yes, sir; in a few minutes."

"Well, when you've finished, stretch the life net over the front pavement. Mrs. Hibaw has just telephoned from the top floor that her husband has fallen out of the window."—Smart Set.

At Delhi.

Posterity will look upon the picture of a vast and utterly barbaric population numbering nearly one-fourth of the human family, subdued, governed, educated, Christianized and led up to the dignity of self-government by a handful of strangers who come from an inconsiderable island 15,000 miles away.

An old prophecy about India.—New York Press.

Geographical.

Kentucky Teacher (of infant geography class)—Tommy Blood may tell us what a strait is.

Tommy Blood—It's jes' the plain stuff 'bout nothin' in it.—Ohio State Journal.

His Theory.

"There's no doubt that colored men often make good soldiers."

"Course dey does," answered Mr. Erastus Pinkley. "You put a cullud man along of a purseession an' he's gwine ter foller it to de finish, no matter whut de danger is."—Washington Star.

The Influence.

Jerry—How do good clothes make a man a gentleman?

Joe—They make him feel as if he was expected to act like one.—Detroit Free Press.

To Break in New Shoes.

Always shake in Allen Foot-Ease, a powder. It cures chilblains, damp, sweating, itching, swollen feet. Cures Corns and Bunions. At all druggists and shoe stores. Do not accept any substitute. Sample mailed FREE. Address Allen S. Olmstead, LeRoy, N. Y.

Ending the Dissertation.

"Would you call a cat herbivorous or carnivorous?" asked the man who is learned but tedious.

"Neither," answered the man who yawns, "merely vociferous."

An Ingenious Clock.

Brussels has a church clock wound by atmospheric expansion induced by the heat of the sun.

Won in a Walk.

Say, how did you get off in the glee club try-out?

Made first bass on four bawls.

BREAKFAST FOR ONE.

There is no Accounting for the Wisdom of the Woodchuck.

That keen observer of nature, John Muir, tells in "Our National Parks" a pretty story of a woodchuck. In the spring of 1875 he was exploring the peaks and glaciers about the head of the middle fork of the San Joaquin, and when passing round a frozen lake where the snow was ten feet deep, was surprised to find the fresh track of a woodchuck.

What could the animal be thinking of to come out so early while all the ground was snow-buried? The steady direction of his track showed he had a definite aim, and fortunately it was toward a mountain thirteen thousand feet high that I meant to climb. So I followed to see if I could find out what he was up to.

From the base of the mountain the track pointed straight up, and I knew by the melting snow that I was not far behind him. I lost the track on a crumbling ridge partly projecting through the snow, but soon discovered it again.

Toward the summit of the mountain, in an open spot on the south side, nearly enclosed by disintegrating pinnacles among which the sun heat reverberated, making a isolated patch of warm climate, I found a fine garden, full of rock cress, phlox, silene, draba, and a few grasses; and in this garden I overtook the wanderer, enjoying a fine fresh meal, perhaps the first of the season.

How did he know the way to this one garden spot, so high and so far off, and what told him that it was in bloom while yet the snow was ten feet deep over his den? He must have had more botanical, topographical and climatological knowledge than most mountaineers possess.

CREDULITY OF THE HINDU.

Sample of the Delusions Which He Occasionally Harbors.

Here is a remarkable instance of the credulity of the Hindu, and the wild kind of delusions which he occasionally harbors. The writer is described as a Hindu gentleman of standing and reputation, and this extract is taken from a letter written to a gentleman in England:

"We are having awfully serious news circulated in the papers here. Extracts purported to be from the Morning Leader, of London, and La Bon Guondia of Spain, impress us that the emperor on the coronation day was dangerously ill, and was never really crowned, for the ministers caused him to be personated by a beggar of White-chapel. We are really very concerned to hear it, and we firmly believe the news to be a false creation, but wonder why the government is still inactive as regard to taking any steps to punish the author of so foul a calumny."

The gentleman who sends me the above extract gives some other quaint examples of the amusing fictions which gain currency among the natives of India, says a writer in London Truth. The bigger and the more preposterous the lie, he says, the more readily it is believed. When the Jubilee bridge over the Hooghly was being built, the story got about that the government required a thousand heads of natives for the foundations of the bridge, and had given orders that all natives walking over the maidan after dark were to be seized, and taken to the "Shaitan Khana"—the native name name for the Masonic lodge—where their heads were to be cut off for use in this uncanny engineering operation. The natives, it is said, were afraid to walk in that direction after dark for this reason. Again, at the time of the last Indian frontier war, a fat Babu clerk disappeared from one of the government offices and could not be found. It was firmly believed, says my correspondent, by his fellow-clerks and neighbors, that he had been seized by order of the government, to be made into ointment for the benefit of the wounded soldiers. Happily, the fat Babu turned up again safe and sound; so no serious consequences resulted from this delusion. If an idea like this can be seriously accepted, as my informant says it was, by the class of natives who pass examinations and hold public appointments, nothing that may find acceptance with the "lower orders" can be wondered at.

Something Equally Good. Teacher—Johnny, have you been vaccinated? Johnny—No'm; but mamma made me put my flannels on this morning, and they itch just as much.—Chicago Record Herald.

Ex-Senator Jewett, of St. Louis, is ninety-four years old. Someone asked him not long ago how old he thought a man should be before retiring from business. The old gentleman gravely responded: "I don't really think a man should keep on after he has reached the age of ninety."

Beware of Ointments for Catarrh That Contain Mercury. As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is tenfold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists, 75c. per bottle. Hall's Family Pills are the best.

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Beware of Ointments for Catarrh That Contain Mercury. As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is tenfold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists, 75c. per bottle. Hall's Family Pills are the best.

CHANGE OF LIFE.



Some sensible advice to women passing through this trying period.

The painful and annoying symptoms experienced by most women at this period of life are easily overcome by Lydia E. Pinkham's Vegetable Compound. It is especially designed to meet the needs of woman's system at the trying time of change of life.

It is no exaggeration to state that Mrs. Pinkham has over 5000 letters like the following proving the great value of her medicine at such times.