

Facts For Sick Women

First—the medicine that holds the record for the largest number of absolute cures of female ills is Lydia E. Pinkham's Vegetable Compound.

Second—Mrs. Pinkham can show by her letter files in Lynn that a million women have been restored to health by her medicine and advice.

Third—All letters to Mrs. Pinkham are received, opened, read and answered by women only. This fact is certified to by the mayor and postmaster of Lynn and others of Mrs. Pinkham's own city. Write for free book containing these certificates.

Every ailing woman is invited to write to Mrs. Pinkham and get her advice free of charge.

Lydia E. Pinkham Med. Co., Lynn, Mass.

Private roof gardens are a success in New York that the large boarding-houses find it necessary to adopt them as a regular summer feature.

DON'T GET FOOT-EASE, GET FOOT-EASE.

A powder. At this season your feet feel swollen, nervous and uncomfortable. If you have smarting feet or tight shoes, try Allen's Foot-Ease. It rests and comforts; makes walking easy. Cures swollen and sweating feet, blisters and callous spots. Relieves corns and bunions of pain and is a certain cure for Chilblains, Sweating, Damp or Frost-bitten Feet. We have over 30,000 testimonials. Don't get foot-ease get Foot-Ease. Try it today. Sold by all druggists and shoe stores for 25c. Trial package Free. Address, Allen S. Olmsted, Le Roy, N. Y.

The natives of Hawaii, be they ever so poor, never steal or beg. These offences are confined almost exclusively to the Portuguese residents of the island.

TO CURE A COLD IN ONE DAY
Take Laxative Bromo-Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Under rational treatment the average yield of a bee hive in Palestine is 100 pounds.

HELP WANTED.
WANTED—Men and women of good character to attend to the general office on salary; splendid opportunity. Address P. O. Box 557, Portland, Oregon.

Farmers who keep common sheep and depend upon wool, do not know how specimens of some breeds may be made to reach great weights. A 2-year-old grade Lincoln ram in England was slaughtered, its live weight being 434 pounds. The carcass weighed 384 pounds, the loose fat 34 pounds, the skin, blood and entrails 90 pounds and the waste 6 pounds. Sheep weighing 300 pounds live weight are numerous in this country.

The population of the Berlin suburb Charlottenburg is in a curiously unstable condition. Last year 44,718 of the population of 174,850 left the city and 53,744 from elsewhere took their places.

CATARRH

Catarrh has become such a common disease that a person entirely free from this disgusting complaint is seldom met with. It is customary to speak of Catarrh as nothing more serious than a bad cold, a simple inflammation of the nose and throat. It is, in fact, a complicated and very dangerous disease; if not at first, it very soon becomes so.

The blood is quickly contaminated by the foul secretions, and the poison through the general circulation is carried to all parts of the system.

Salves, washes and sprays are unsatisfactory and disappointing, because they do not reach the seat of the trouble. S. S. does. It cleanses the blood of the poison and eliminates from the system all catarrhal secretions, and thus cures thoroughly and permanently the worst cases.

Mr. P. H. McAllister, of Harrodsburg, Ky., writes: "Having suffered for many years from Catarrh, and being now sound and well, the question often put to me is, 'What cured you?' In answer I feel it my duty to state that Swift's Specific is the medicine. I am such a true believer in the efficacy of Swift's Specific that I can honestly and conscientiously recommend it to any one suffering from Catarrh. It has recommended it to many, and am happy to say that those whom I have induced to use it can bear me out in the statement that it will cure any case of Catarrh if taken according to directions."

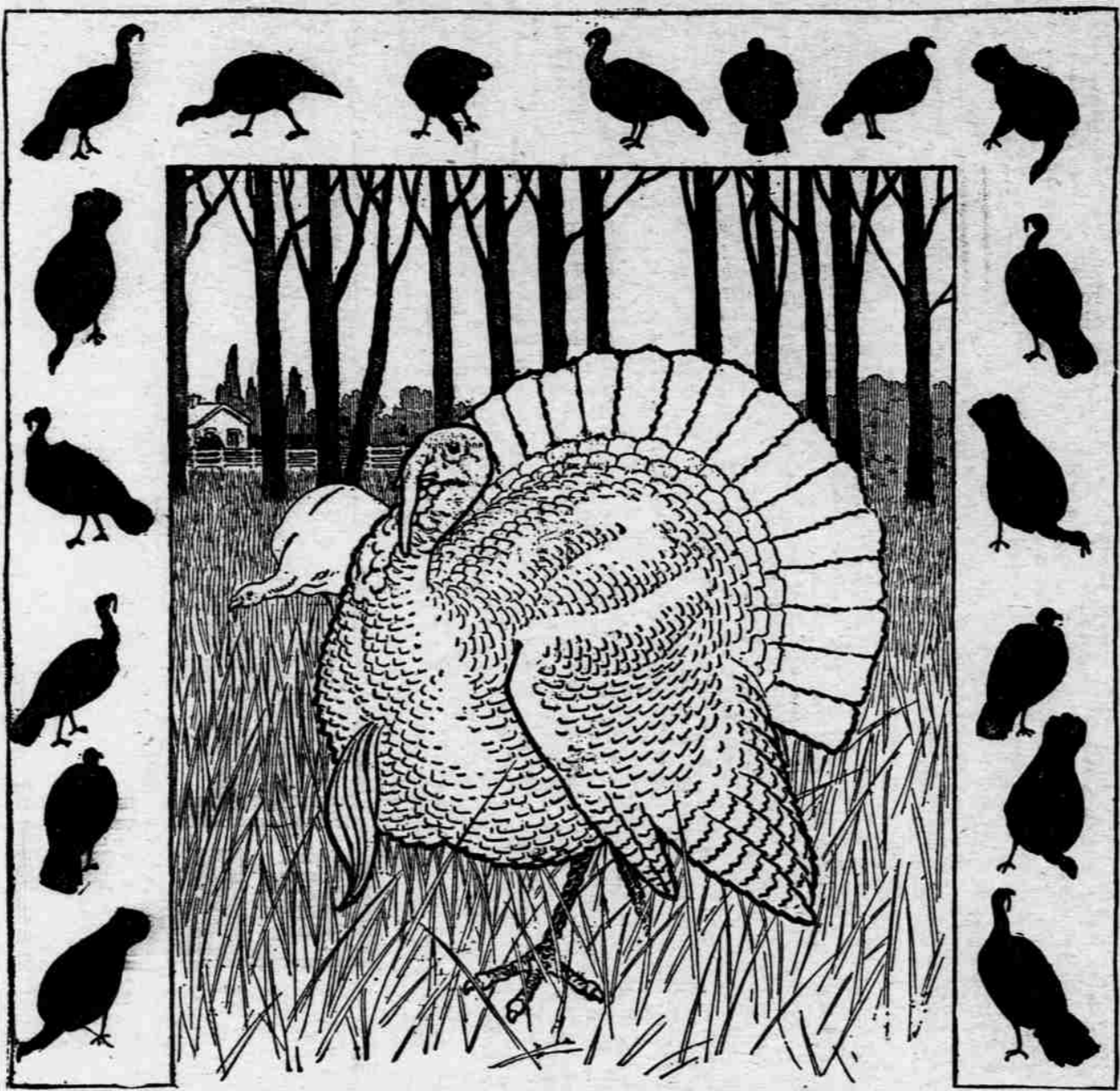
SSS is the only purely vegetable blood purifier known, and the greatest of all blood medicines and tonics.

If you have Catarrh don't wait until it becomes deep-seated and chronic, but begin at once the use of S. S., and send for our book on blood and skin diseases and write our physicians about your case.

SEND NO MONEY
We send our book on blood and skin diseases, and our medicine, Swift's Specific, to you free of charge. We will also send you a bottle of our medicine, Swift's Specific, if you will send us a small amount of money to cover the cost of postage and handling charges.

PISO'S CURE FOR CATARRH
Best Cough Syrup. Use in time. Sold by druggists.

THE NATIONAL BIRD



AT THE FARMHOUSE.

November trees are brown and bare And brief and chill November days, But on the farm all are as bright, And cheerfully the mother says— "The day to all New England dear Thanksgiving day, will soon be here.

"So, father, choose the turkey now And I will make some pumpkin pie, And we will have a pudding also And that kitchen is a pleasant sight. There are walnuts in the garret And there is corn that pops like snow, There are apples in the cellar Which all the children love, I know.

"And we will have our sons come home, Our daughters and grandchildren, too, Mary Ann and Jim and Joseph, Maggie, Nellie and baby Fruz."

So father gets the turkey fine And mother makes the pumpkin pie And home Thanksgiving morning brings Below one of every aisle.

The old house rings with their glad laugh, The fireplace glows with ruddy light, And when at table all have met And each is in a pleasant sight.

The father offers sincere thanks, The little ones impatient wait, And then the turkey plump he carves And from the bounty fills each plate. Then grandma's plum-filled pudding comes With milk and pumpkin pie galore, And fun and feasting crown the hour.

And here the poor remembered are And not in kindly word alone, But in the kindly hands the children speed To neighbors' homes where want is known.

The pleasant hours most swiftly fly, The corn is popped and stilled the fun, And happy children rest in bed, The glad November day is done.

But by the fire grandmother sits And in her hand she holds a curl— A soft brown curl, that shone long since Among the tresses of her hair.

"Dear child," she cries, "forgotten never, A mother's love remembers ever." Emily Pearson Bailey.

A RURAL PEACEMAKER.

THEY did not pay much attention to Thanksgiving in the country school district in which I taught in the West a good many years ago. Christmas was the chief holiday of the winter, and it was celebrated without any special demonstration, for most of the people were poor and there was not much sentiment in their general make-up.

Old Hannah Dorton, with whom I boarded, was a New England birth, and she had not come to the West until some years after her marriage. She was a woman of a good deal of force of character, and no one in the neighborhood had a number longer, for she spends most of her time before Thanksgiving I said to her:

"Do the people observe Thanksgiving very generally in this neighborhood?"

"No, they do not," replied the old lady with considerable emphasis. "And it has always been a good deal of a trial to me that so little attention was paid to a day that we made so much of back there in dear old New England. It was the greatest holiday of the year to us, and how we did enjoy it!"

"Why do they pay so little attention to it here?"

"Well, I guess it is just because they have never got in the way of paying any attention to it. They never celebrated the Fourth of July as it ought to be celebrated until my husband got them started to doing it ten years before he died, and now we have a big celebration every year."

"Some one ought to start them to celebrating Thanksgiving."

"So they ought. But who is to do it?" I reflected for a few moments, and then I said: "Suppose we start them off in that direction."

she married John Watters against the squire's wishes. There was nothing against John, excepting that he was poor, and he had a brother that had been in jail, but John couldn't help that, and he had done splendidly ever since he married, and it is my opinion that the squire would like to make up with John and Nellie, only he is too proud to make any advances, and they won't either. Then there is Kate Whiting and her sister, Lucy Patch, who had a falling out years ago, and they ain't ever spoke since, and before that one was the very shadder of the other. Reuben Hoopes and his brother Silas and their families fell out over the property after old man Hoopes died, and they ain't ever spoke since. Then the Anderson and Robey families had a falling out five years ago, and they don't speak, and before that they were as thick as flies around a molasses barrel.

Then there are other families in the district that ain't as friendly as they ought to be, so your Thanksgiving dinner might end in a riot if all these people come together in the school house."

"Not with a woman of your tact at the head of it," I said.

"Well, you go ahead and get it up, and I will aid and abet you all I can. It will be a break in the monotony of things here even if there is a fight."

I spent all of my time before and after school during the next ten days in calling at all of the homes in the neighborhood, and inviting the people to come to the school house on Thanksgiving day with well-filled baskets.

The school house was unusually large, and there would be room for all if we took out a part of the seats. Three days before Thanksgiving old Mrs. Dorton said:

"I guess you'll have the house full Thanksgiving. Nancy Ross was in here to-day, and she says that the whole district is coming, and Nancy knows if any one does, for she spends most of her time trotting about picking up gossip and retelling it out again. She is as good as the local columns of a newspaper for giving news about what folks are saying and doing, and she says that the idea of the Thanksgiving dinner in the school house was caught like wildfire. Nancy says she wouldn't miss it for a party."

The larger boys and girls of the school met me at the school house the evening before Thanksgiving, and we decorated the room beautifully with evergreens and

several flags we had been able to borrow. Provision had been made for two long tables to run almost the entire length of the room with some smaller tables in the corners.

"I suppose that we will have to be careful how we seat the people at the tables," I said to Mrs. Dorton.

"You just leave that mostly to me," said the old lady. "I know the people better than you do, and I won't be so apt to make awkward blunders. I'll set 'em down all right."

Nancy Ross was right when she said that the whole district would be present at the dinner. The dinner was to be at 1 o'clock, and by noon the house was filled with a merry, happy crowd, including almost every family in the district.

There were baskets and boxes and even tubfuls of turkeys and chickens and doughnuts and pies and cakes. There were buckets of big red apples, and Hiram Hawkins brought half a barrel of sweet cider. Some one brought a basket of popcorn balls for the children, and there was an infinite variety of jellies and jams and preserves and pickles brought forth from boxes and baskets.

"There's enough stuff here to feed an army," said Hannah Dorton, as she bustled about from table to table, the happiest and most active person in the house.

"A few minutes before 1 o'clock I heard her saying to Mrs. Kate Whiting, 'Come, now, Kate; you and your husband and

two children are to set at this table over in this corner. Come right along.' And when they were seated the old lady bustled up to Mrs. Patch and said:

"Now, Lucy, you and your husband and the children are to sit here at this table."

"And if she didn't plump them right down with the Whittings that they hadn't spoken to for years," said the voluble Nancy Ross afterward. "Indeed Nancy was so fond of telling about that Thanksgiving dinner afterward that I think I will let her tell about it now."

"Then," she said, "if that Hanner Dorton didn't set old Squire Bent down at the head of one table with his daughter Nellie at his right hand and his son-in-law, John Watters, at his left, and their baby in a high chair at its grandpa's side, and it wasn't three minutes before the old Squire had that baby in his arms and he let his whole dinner with the little thing in his lap. I heard his daughter say to him, 'Shan't I take the baby, father, so that you can eat your dinner in greater comfort?' But he held right on to it, and there he sat talkin' to Nellie and John same as if there'd never been any trouble at all. And he had that baby in his arms the whole afternoon, and went around as proud, sayin' to folks, 'See my grandson. Ain't he a mighty fine boy?' It was the first time he had ever seen the child, and the next week he made Nellie and John come and live with him. Then what did that Hanner Dorton do but put Reuben Hoopes and his brother Silas and their families at a table by themselves, and I heard her say to 'em, 'Come, now, you folks want to be sociable and live with us, and we'll be as our own brothers ought to be on Thanksgiving day.' Their wives have always wanted to make up, and I tell you they found their tongues mighty soon, and 'fore that moon I was over they was talkin' away as if there had never been any row over property or anything else. An' before they knew it the Anderson and Robey families found themselves at the same table with Hanner sayin' to 'em, 'Now it don't make no difference about the past. This is Thanksgiving day, an' a good time to forget that there has ever been anything but a happy past between you folks.'

"Then if she didn't up an' set old Ruth Norse an' old Ben Underwood down by her side, and they hadn't spoke to each other for years, an' before they knew it they two old bodies was chattering away together as if they had never had a fallin' out in the world. Then when she had got all the people that were enemies set down side by side she seated every one else, and then she said,

"We will now sing."

"Blest be the tie that binds," "An' ev'rybody sung it, an' then Elder Sharpe asked a blessing an' the dinner was begun. There never was such a spread seen before in these parts, and you never would have thought to have seen them people eatin' an' laughin' an' merrymakin' together that there was such a thing in the world as malice or envy or bitterness or ill-will or anything of the sort, nor you wouldn't. After the dinner we had games an' sung songs an' made speeches, an' from that time on there was more peace an' happiness an' sociability in the neighborhood than there ever was before. I tell you we'd good reason to stand up as we did before we started for home an' sing

"Praise God from whom all blessings flow."

"Cause for Anxiety"

"What are you crying about, little girl?"

"'Boo-hoo, 'ooe sittin' on my jam tart!"

A Program. Thanksgiving comes in glad array, With sweet joy and peace one day, And billows of the next.

Washington Star.

Sandwiches that are to be served at an afternoon tea should not be spread with butter or the filling mixture quite to the edge of the bread. This little precaution will prevent their getting the gloves of those who hold them.

The Oldest Banknote Is in the possession of the Bank of England. It is dated December 19, 1696, and is for £555, but on account of its age same is valued very highly. One of the oldest and most valuable stomach medicines is Hostetter's Stomach Bitters. For fifty years it has cured dyspepsia, indigestion, nervousness or biliousness. It will cure when faithfully taken.

At a street fair in Wichita this fall, one of the chief features will be an arch 40 feet high, constructed entirely of apples.

\$100 REWARD \$100. The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietor has over 25 years' experience in curing cases that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

F. J. CHENEY & CO., Toledo, O. Sold by druggists everywhere. Beware of cheap imitations. Hall's Family Pills are the best.

An Egyptian contemporary says: "Our whole island is now girdled with golf courses. All the world is no longer a stage, but golf links."

E. W. Grove
This signature is on every box of the genuine Laxative Bromo-Quinine Tablets the remedy that cures a cold in one day.

Rural mail delivery is progressing in a way to satisfy both the people and the department. In Carroll county, Maryland, every farm house now has a daily free mail delivery.

YOU KNOW WHAT YOU ARE TAKING When you take Grove's Tasteless Chilli Tonic because the formula is plainly printed on every bottle showing that it is simply Iron and Quinine in a tasteless form. No Cure, No Pay. 50c.

Ceilings that have been smoked with a kerosene lamp should be washed off with soda water.

MISS FLETCHER'S SUCCESS.

The Daughter of a Former Governor of South Dakota. Attains an enviable Position.

From the Oregon Independent, Salem, Ore.

The daughter of Hon. J. H. Fletcher, formerly governor of South Dakota, but now a resident of Salem, Oregon, has lately attained an enviable position.

Her success is remarkable, especially when the fact is known that for some time it was feared her career would be shortened because of ill health.

Ex-Governor Fletcher in speaking of the happy event in his daughter's life said:

"For over two years my daughter had been declining from a strong, healthy, rosy-cheeked person to a pale, weakly and helpless girl. She was afflicted with terrible headaches, and apparently grew weaker and more languid, and apparently without cause. We became greatly alarmed and feared that her days were already numbered.

"I tried several doctors, one after the other, but all without avail. Finally, to please a friend, I bought a box of Dr. Williams' Pink Pills for Pale People, and to our surprise, before it was used her headaches ceased, the color began to return to her cheeks and lips and her strength began to assert itself.

"I bought five boxes more and by the time she had finished them she was completely restored to her health, and today our hearts are gladdened with the society of a robust, rosy and healthy girl instead of a pale, tired and sickly one. In her case the transformation was rapid and wonderful, and I can never forget the good high of the splendid merits of Dr. Williams' Pink Pills."

No discovery of modern times has proved such a boon to women as Dr. Williams' Pink Pills for Pale People. Acting directly on the blood and nerves, invigorating the body, regulating the functions, they restore the strength and health to the exhausted woman when every effort of the physician proves unavailing.

For the growing girl they are of the utmost benefit, for the mother indispensable, for every woman invaluable. Everywhere Dr. Williams' Pink Pills for Pale People are recognized as a specific for diseases of the blood and nerves. For paralysis, locomotor ataxia, and other diseases long supposed incurable, they have proved their efficacy in thousands of cases. They are one of the greatest blessings ever bestowed upon mankind.

This remedy is sold by druggists generally, or will be sent, postpaid, by the Dr. Williams' Medicine Co., Schenectady, N. Y., on receipt of price, 50 cents per box, six boxes for \$2.50.

During the present century 400 human lives, \$125,000,000 and 300 ships have been lost in fruitless efforts to find the North Pole.

Are You Deaf??
All cases of DEAFNESS or HARD-HEARING are now curable by one new invention only those hope and cure those who have failed elsewhere. Describe your case. Examination and advice free. Send for circulars to International Aural Clinic, 126 So. La Salle St., Chicago, Ill.

Beware of Them
There are two afflictions which perhaps give the most pain and trouble, viz. Sciatica and Lumbago. Both disable and cripple.

St. Jacobs Oil
is their best cure.

Chinese Like Americans Best. Up to the beginning of the present troubles, it has been somewhat remarkable fact, according to the Philadelphia Inquirer, that no American citizen, traveler, business man, diplomat or missionary, has ever been murdered in China by the Chinese. This can be said of the citizens of none of the other great powers which have had constant and long-continued intercourse with the East. This, it is said, is not a mere coincidence, or accident. The Chinese like Americans. Of course, the statement is made with the reservation that they do not like any foreigners as a resident of China, but as compared with the people of the great European powers, they like the Americans. Whenever they ask a man of what nationality he is, and his answer is that he is an American, they at once exclaim, "We are friends."

Steers are preferred in this country for beef, but in England the butchers pay one cent per pound more for heifers, as they give less bone and more choice cuts. A well-bred heifer, however, is worth more for the dairy than for beef. No heifers should be kept when calves unless from parents that are known to possess merit.

Make Your Liver Lively. A lazy, languid liver not only had health all the time. Wake it up to lively action with Cascarets Candy Cathartic. All druggists, 10c, 50, 100.

Meat has been preserved in a frozen state for 30 years, and found perfectly edible at the end of that time.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy the doctor can give for their children during the teething period.

The Best Prescription for Malaria Chills and Fever is a bottle of Groves, Tasteless Chilli Tonic. It is simply iron and quinine in a tasteless form. No Cure, No Pay. Price 50c.

When a man is lost to all shame, a club or a ravidish is the only argument left.

Piso's Cure for Consumption is an infallible medicine for coughs and colds.—N. W. SAWYER, Ocean Grove, N. J., Feb. 17, 1900.

In China a doctor's fee varies from 8 cents to a quarter.

RHEUMATISM, SCIATICA, immediately relieved; positively cured by "Rheumatism Prepared only by the Rheumatism Co., 368 W. 11th St., New York.

The waste from the hay mow makes excellent litter for chickens. The seeds of all kinds of grass when dry are relished by fowls, and when the waste from the mow is thrown on the floor of the poultry house the fowls will industriously work in the litter and find much to consume.

AVENARIUS CARBOLINEUM.
Permanently Destroys... CHICKEN LICE AND VERMIN.

One application is all that is required. It lasts for years. If your dealer cannot supply you, write for circulars and information to the following distributing agents: Perfection Pile Preserving Co., Seattle, Wash.; Fisher, Thorsen & Co., Portland, Oregon; Whittier, Coburn & Co., San Francisco, Cal.

DO YOU WANT YOUR SON EDUCATED FOR A BUSINESS LIFE?

Helm and Business College
YAMHILL AND ELKVENTH STREETS, PORTLAND, OREGON. Write us. Send for our New Illustrated Catalogue.

The Only Sure Cure and Relief for RHEUMATISM, SCIATICA, NEURALGIA, NERVOUSNESS, DYSPEPSIA, HEADACHE, CATARRH, COUGHS, BRONCHITIS, LA GRIPPE, MALARIA, HEAVY WEARINESS, CREEPING NUMBNESS, etc. Buy a bottle of Dr. Williams' Pink Pills for Pale People. It is the best medicine for all these ailments and doctor's bills. Harmless for children's use. Contains no opiates or other harmful ingredients. Absolutely pure and concentrated. Large bottle of 500 doses for \$1, prepaid by mail or express, or we will send you a trial bottle of 25 cents. Agents wanted. SWISS MEDICINE CO. CHAM, 10 LaSalle St., Chicago, Ill.

AN AMERICAN WATCH
The handsome 14-K. double gold watch ever offered at so low a price. It is made in the U. S. and is guaranteed for 20 years. It is a perfect timepiece, and is a great asset to any man's wardrobe. It is a perfect timepiece, and is a great asset to any man's wardrobe. It is a perfect timepiece, and is a great asset to any man's wardrobe.

SAW MILL, ENGINE, BOILER, or any piece of Machinery, it will pay to write us for catalogue and prices.

RUSSELL & CO., Portland, Or.

Mitchell

NOTHING BETTER MADE
You can't make a mistake if you get a Mitchell.

Mitchell, Lewis & Staver Co.
PORTLAND, OREGON.

DR. GUNN'S IMPROVED SILVER PILLS
ONE FOR A DOSE. Cure Blackheads and Pimples, Remove a Pimple, Purify the Blood, Aid Digestion, Prevent Biliousness. Do not Grip or Sick. To combine with small meals a few pills, 10c. Dr. GUNN'S CO., Philadelphia, Pa. Sold by Druggists.

JOHN POOLE, PORTLAND, OREGON, can give you the best bargains in general machinery, engines, boilers, tanks, pumps, plows, belts and windmills. The new steel I. X. L. windmill, sold by him, is unequalled.

CLAIMANTS FOR PENSION
If you are a pensioner, you will receive a check of \$100.00. Write to W. N. SMITH & CO., Buffalo, N. Y. Vol. Staff Corps. Prosecuting claims since 1875.

CUTLER'S CARBOLATE OF IODINE
A guaranteed Cure for Catarrh and Consumption. 10c. D. Lock Box 145. W. N. SMITH & CO., Buffalo, N. Y. 1900.

WHEN writing to advertisers please mention this paper.