

OVERWORKED.

Up with the birds in the early morning— The dew-drop glistens like a precious gem; Beautiful tints in the skies are dawnning.

Are what the men give when the meals are late. Oh, glorious colors the clouds are turning.

Those things always must vibrate to these. The world is filled with the wind of beauty.

The day grows hot, and her hands grow weary; Oh, for an hour to cool her head.

Her boys at school must look like other boys. Sue says, as she patches their frocks and hose.

But after the strife and weary tussel, With life is done, and she lies at rest.

Timely Suggestions. In former days "spring fever" was considered as only another term for laziness.

Yielding to it only makes it worse; The more you lie down, the less you feel like getting up.

Exercise and the proper diet is the cure for it. Tonics are valueless, except as they act on the liver and improve the appetite.

Salads, "spring greens," as old-fashioned folks used to call them, are invaluable in spring dieties.

Watercresses also are good for the health, and act as a pleasant stimulant to the appetite.

For those who prefer mayonnaise, the following recipe is given: Mash the yolk of four hard-boiled eggs.

For people who dislike oil, butter may be used instead, taking half a teaspoonful and creaming it very light.

Stewed prunes are among the best of gentle laxatives, and used frequently at this season of the year.

greable medicine. Before stewing they should be soaked in water until they plump out.

A Drummer's Adventure.

Not long ago a New York drummer, traveling on the New York Central, entered the baggage car and sat down on a box for a quiet smoke.

"I suppose I might have known that you were a stranger to her," sighed the melancholy man.

"Nothing! nothing!" replied the soldier man, stretching back in his chair, and examining the landscape.

But the drummer knew a trick worth a groat of that, and people along the line of the Central will now understand the recent appearance of a very dusty young man on the back platform of the last car.

Sun and Moon.

The following table was constructed by the celebrated Dr. Herschell, upon a philosophical consideration of the attraction of the sun and moon.

Between 8 and 10 o'clock, P. M., in summer, fair, if the wind is southeast; if south or southwest, rainy.

Between 8 and 10 o'clock, A. M., showery in summer and cold in winter.

Virginia Bridal Costumes.

A bridal couple from Prince William county, aged fifty and sixty, arrived on the local train in this city on Thursday afternoon from Washington.

The test of good farming is found in the thoroughness with which every scrap of manure is cleaned from the barnyard.

A Costly Mistake.

Some time ago W. D. McAdoo, proprietor of the McAdoo House, in Greenboro, wanted a plate of glass 22x32 inches, and wrote to a New York house to send it to him.

"Haven't you made a mistake? In all of our thirty years' experience we have never received an order of this sort."

The Fond du Lac Journal tells the following story of the expense of certain Milwaukee parties. About twenty years ago occurred a wedding in this city on a grand scale.

The longest bridge in the world is in China. It is at Lagang, over an arm of the Chinese sea, and is five miles long.

A drillmaster at the Naval Academy, was a determined stutiner. One day he was drilling a squad of cadets who were marching toward the Severn.

Between 8 and 10 o'clock, P. M., in winter, fair and frosty, if the wind is north or northwest; rainy, if south or southwest.

Between 8 and 10 o'clock, A. M., rainy, both in winter and summer.

Between 8 and 10 o'clock, A. M., showery in summer and cold in winter.

Between 8 and 10 o'clock, A. M., showery in summer, and cold and wintry in winter.

USE ROSE PILLS.

In a Dakota town, one Sunday afternoon, the Postmaster called on his neighbor, and, as he took his departure, he informed his neighbor that there was a letter in the postoffice for him.

Ex-Gov. Seymour wants to see Deco-ration Day turned into National Arbor Day, when everybody will plant a tree.

Slaven's Yosemite Cherry Tooth Paste. An aromatic combination for the preservation of the teeth and gums.

REMEMBER. That if you are in want of the most reliable information about the resources of Oregon, Washington, Idaho and Montana, and the Pacific Northwest in general, you should at once

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