

Is it a Sin to Love Thee?

Is it a sin to love thee? Then my soul is deeply dyed; For my life's blood as it gushes, Takes its crimson from love's tide; And I feel its wave roll o'er me, And the bushes mount my brow, And my pulses quicken wildly, As the love-dreams come and go. I feel my spirit's weakness; I know my spirit's power; I have felt my proud heart struggle, In temptation's trying hour; Yet amid the din of conflict, Bending o'er life's hallowed shrine, Yielding, all my soul has murmured, I am thine, for ever thine. Is it a sin to love thee? What were existence worth, Deft of all Heaven's gifts, That linger still on earth? Friendship shines like gleams of sunlight, Shed their gilding o'er the heart, But the soul still craves for something More than friendship can impart. Frozen hearts, like ice-bound eyes, That no summer ray can melt, Vainly boast their power to conquer, What their hearts have never felt. But I envy not their glory, Mid the rapture that is mine, When with earnest soul I tell thee, I am thine, for ever thine. Is it a sin to love thee? Gentle voices round me fall, And I press warm hearts about me, But I've given thee my all; What though stern fate divide, And hands, not hearts, are rivet; My altar, earth thou hast—will more? I dare not offer Heaven. Yet in some blessed moment, When our dark eyes, flashing, meet, When I feel thy power so near me— Feel thy heart's quick pulses beat— Then I know—may God forgive me! I would everything resign; All I have, or all I hope for, To be thine, for ever thine. Is it a sin to love thee? I remember well the hour, When we vowed our love to conquer, To resist temptation's power; When I felt my heart was breaking, And my all of life was gone, When I wept the hour I met thee, And the hour that I was born. But a hidden storm was raging, And amid the muffled din, I flung my arms around thee, Forgetting it was sin. Close pressed upon thy bosom, With thy warm hand clasped in mine, I emitted through tears and murmured, I am thine, for ever thine. Is it a sin to love thee? With love's signet on thy brow, Though thy lot be dark as hues, I'll cling to thee as now; Not mine the heart to fail thee, When other cheeks grow pale. We have shared the storm together, I'll stand by thee through the gale. Though our bark may drift assunder, Yet with true hearts' beating high, Let the golden sunlight cheer us, And the angry storm-clouds fly. From our helms, with steady brightness, Our beacon lights shall shine, And the watchwords on our pennons Shall be, thine for ever thine. Is it a sin to love thee? When I bend the knee in prayer, And before a high Omnipotence, My burdened heart lay bare, On the breath of love's heaven, Asseverate thy blessed name, And I'll plead weak, erring nature, If loving thee be shame. Heaven knows 'tis no light sacrifice I've offered up to thee; No golden dream of fancy, But my being's destiny. Since our fate we may not conquer here, Divide thy lot from mine, In the starlit world above us, Call me thine, for ever thine.

ENGLISH SYNONYMS.

The copiousness of the English tongue, as well as the difficulty of acquiring the ability to use its immense vocabulary correctly is well exhibited in the following array of synonymous words which, if not new, is yet a capital illustration of the nice distinctions which characterize so many of our vocabularies. It is no wonder that we slip occasionally, even the wariest of us. A little girl was looking at a number of ships, when she exclaimed: "See, what a flock of Ships." We corrected her by saying that a flock of ships is called a fleet, and that a fleet of sheep is called a flock. And here we may add, for the benefit of foreigners who are mastering the difficulties of our language in respect to nouns of multitude, that a flock of girls is called a bevy, that a bevy of wolves is called a pack, and a pack of thieves is called a gang, and a gang of Angels is called a host, and a host of porpoises is called a shoal, and a shoal of buffaloes is called a herd, and a herd of children is called a troop, and a troop of partidges is called a covey, and a covey of beauties is called a galaxy, and a galaxy of ruffians is called a horde, and a horde of rubbish is called a heap, and a heap of oxen is called a drove, and a drove of blackguards is called a mob, and a mob of whales is called a school, and a school of worshippers is called a congregation, and a congregation of engineers is called a corps, and a corps of robbers is called a band, and a band of locusts is called a swarm, and a swarm of people is called a crowd, and a crowd of gentlemen is called the elite, and the elite of the city's thieves and rascals are called the roughts, and the miscellaneous crowd of the city folks is called the community, or the public, according as they are spoken of by the religious community or the secular public. A meteoric stone weighing 300 pounds has been obtained in Australia by a British astronomer. Subscribe for the REPUBLICAN.

Facts and Fancies.

Ground hog—Sausage. A fireside tail—The cat's. A military air—A pla-toon. A rooted sorrow—The toothache. A precious volume—A bank book. "The bitter end"—the last half inch of a cent cigar. Young ladies had better be fast asleep than "fast" awake. Why are hens not immortal? Because they have their necks twisted in this. How to get a roaring trade—Buy a menagerie. Flowers that are always falling off—Bachelors' buttons. A Kansas man is in jail for letting a neighbor's mule follow him. A literary class—Builders; they are always finishing stories. An Irish editor congratulates himself that "half the lies told about him ain't true." What is the difference between an editor and his wife? One sets articles to rights, and the other writes articles to set. A boy bawling in the street was asked the cause of his trouble, and replied: "I want my mamma; that's the matter; I told the darnded thing she'd lose me." Wanted—A cover for bare suspicion, a veil from the face of nature, buttons for breeches of privilege, binding for volumes of smoke, cement for broken engagements. A man in Zanesville, Ohio, who has buried three wives, has his photographs in a group, within which his own picture is the center figure, and underneath is this touching inscription, "The Lord will provide." A man was arrested yesterday for blacking his wife's eyes. If men would marry black-eyed women in the first place, it would save a heap of trouble. They wouldn't need to be freeseoing their eyes every little while. "Tell me angelic host, ye messenger of love, shall swindled printers here below have no redress above?" The shining angel band replied: "To us is knowledge given: delinquents on the printers's book can never enter Heaven." "Does the train start this evening at thirty-five minutes past six, as usual?" asked an elderly lady of a railroad employee. "No it leaves at twenty-five to seven," was the reply. "Dear me, dear me, how they do change these trains!" A little girl in London, who sold water-cresses, had a Bible given her by a city missionary. She read it for some months, and told the minister that she liked the Old Testament better than the New as there was "a deal more fun an' fighting in it." The postmaster of Sioux City, Iowa, has been opening registered letters and seeing what the news was in them. He didn't return the money for fear it would get lost before it got to its destination. If it wasn't for his well-known loyalty, people would begin to suspect his honesty. Hall's Journal of Health says: "If a man will give himself sleep enough, and eat enough nutritious food, at proper intervals, and will spend two or three hours in the open air every day, he may study, and work and write, until he is as grey as a thousand rats, and will be still young in mental vigor and clearness." A Schenectady man who had heard that the safest way to commit suicide was to shut yourself up and burn charcoal, was found in a ten-acre lot with a charcoal fire burning near him. Though he had taken the precaution to put the bars and stop up a crack in the fence with a newspaper, the charcoal went back on him and he was saved. The New York World thus makes light of a learned subject: "Professor Porter is appropriately to take the head of the Yale brood in October. The former President is now an ex; the new one may be regarded as double X. Notwithstanding the admixture of Porter with Yale, it is understood that the former will make a put of reform without any half-and-half measures." On the Hannibal and St. Joseph Railroad in Missouri, the other day two women were traveling with babies very much alike. They put them together, and the babies got mixed so the mothers couldn't tell them apart. There is no knowing what they would have done had not science come to their aid. They procured a pack of cards and played seven up for choice, and were satisfied. With regard to articles of merchandise, we find that iron is firm, but india-rubber is a little yielding. Chloroform is still a drug in the market, and mill-stones are difficult to move. Oysters yesterday were opened quietly, and ultimately went down still lower. Lead is heavy, but tin is eagerly sought for. A prospectus has been issued of a new aquarium company, but the tendency is to throw cold water upon it. The tobacco loan is still popular, borrowers, of cigar being easily found.

UNION MUTUAL LIFE INSURANCE COMPANY. MAINE, ORGANIZED 1848. CHARTER PERPETUAL. Directors' Office, No. 20 Court Street, BOSTON, MASSACHUSETTS. HENRY CROCKET, President. DANIEL SHARP, Vice President. WHITING H. HOLLISTER, Secretary. This is among the Oldest of New England Companies, and the Lowest Coin Company Extant. PURELY MUTUAL. Dividends Declared Annually. CONTRIBUTION PLAN, AND APPLIED AFTER THE SECOND PAYMENT. A Loan of 40 per cent. when Desired. POLICIES ARE NOT FORFEITED in the Union Mutual Life Insurance Company by failure to pay the Premium when due, but are continued in force by the NON FORFEITURE LAW of the State of Massachusetts. Examples showing the Working of the PLAN, ORDINARY LIFE. FOR EXAMPLE: A party insuring at the age of thirty-five—premiums all cash. One Annual Premium will continue policy in force 2 years and 3 days. Two Annual Premiums will continue policy in force 4 years and 12 days. Three Annual Premiums will continue policy in force 6 years and 27 days. Four Annual Premiums will continue policy in force 8 years and 46 days. Five Annual Premiums will continue policy in force 10 years and 56 days. ON WHICH 40 PER CENT. SOPE HAS BEEN GIVEN. Two Annual Premiums will continue policy in force 2 years and 210 days. Three Annual Premiums will continue policy in force 4 years and 23 days. Five Annual Premiums will continue policy in force 7 years and 208 days. EXAMPLE: Premium all Cash Plan—Ten Payment Life. One Annual Premium will continue policy in force, as a Term Policy, about 3 years. EXAMPLE: Premium 40 per cent. Note—Plan, Ten Payment Life. One Annual Premium will continue policy in force as a Term Policy, about 2 years and 190 days. Endowment Policies. EXAMPLE: Premiums all Cash—Age, 35; Plan, Ordinary Endowment, payable at the age of 50. One Annual Premium will continue policy in force as a Term Policy, nearly 3 years, or 4 years and 325 days. EXAMPLE: Premiums all Cash—Age, 35; Plan, Ten-Year Endowment, payable at the age of 45. One Annual Premium will continue policy in force as a Term Policy, 7 years. Notes on Endowment Policies. EXAMPLE: Premium 40 per cent. Note—Age, 35; Plan, Ordinary Endowment, payable at the age of 50. One Annual Premium will continue policy in force as a Term Policy about 3 years. EXAMPLE: Premium 40 per cent. Note—Age, 35; Plan, Ten-Year Endowment, payable at the age of 45. One Annual Premium will continue policy in force as a Term Policy about 5 years. Rates, Assets to Liabilities. 1866. 1867. 1868. 1869. 121-97 121-01 121-57 127-00 INTEREST RECEIPTS FOR 1869.....\$240,670 14 LOSSES PAID IN 1869.....201,190 00 INTEREST RECEIVED IN EXCESS OF LOSSES PAID.....39,480 14 ASSETS THIS DATE OVER.....6,000,000 00 LOSSES PAID TO DATE.....1,679,433 00 DIVIDENDS PAID IN CASH TO DATE.....951,318 55 INSURANCE ON 14,000 POLICIES IN FORCE OVER.....30,000,000 00 This Company is not restricted to investing its funds in the New England States. From the Report of the Auditing Committee, we find that \$1,600,000 is now loaned upon estates in the City of Chicago and near thereto, where rates of interest are nearly or quite equal to those of the Pacific Coast. There is nothing desirable in Life Insurance which cannot be secured by a Policy in the MUTUAL LIFE INSURANCE COMPANY. PACIFIC BRANCH OFFICE, S. W. Cor. Cal. and Kearney Streets, SAN FRANCISCO, CAL. H. H. JOHNSON & CO., General Managers, Pacific Coast. S. B. MORSE, GENERAL AGENT, OREGON & WASHINGTON TERRITORY, Portland.

HENRY T. HELMBOLD'S COMPOUND FLUID Extract Catawba GRAPE PILLS. Component Parts—Fluid Extract Rhubarb and Eluid Extract Catawba Grape Juice. FOR LIVER COMPLAINTS, JAUNDICE, BILIOUS AFFECTIONS, SICK OR NERVOUS HEADACHE, COSTIVENESS, &c. PURELY VEGETABLE, CONTAINING NO MERCURY, MINERALS OR DELETERIOUS DRUGS. These Pills are the most pleasant purgative, superseding castor oil, salts, magnesia, &c. There is nothing more acceptable to the stomach. They give tone, and cause neither nausea nor griping pains. They are composed of the finest ingredients. After a few days' use of them, such an invigoration of the entire system takes place as to appear miraculous to the weak and enervated. H. T. Helmbold's Compound Fluid Extract Catawba Grape Pills are not sugar-coated; sugar-coated Pills pass through the stomach without dissolving, consequently do not produce the desired effect. THE CATAWBA GRAPE PILLS, being pleasant in taste and odor, do not necessitate their being sugar-coated, and are prepared according to Pharmacy and Chemistry, and are not Patent Medicines. HENRY T. HELMBOLD'S HIGHLY CONCENTRATED COMPOUND Fluid Extract Sarsaparilla. Will radically exterminate from the system Scrofula, Syphilis, Fever Sores, Ulcers, Sore Eyes, Sore Legs, Sore Mouth, Sore Throat, Bronchitis, Skin Diseases, Salt Rheum, Cankers, Runnings from the Ear, White Swellings, Tumors, Cancerous Affections, Nodes, Rickets, Glandular Swellings, Night Sweats, Rash, Tetter, Humors of all kinds, Chronic Rheumatism, Dyspepsia, and all diseases that have been established in the system for years. BEING PREPARED EXPRESSLY FOR THE ABOVE COMPLAINTS, its Blood Purifying properties are greater than any other preparation of Sarsaparilla. It gives the Complexion a Clear and Healthy Color, and Restores the Patient to a state of Health and Parity. For Purifying the Blood, removing all Chronic Constitutional Diseases arising from an Impure state of the Blood, and the only Reliable and Efficacious Remedy for the Cure of Pains and Swelling of the Joints, Ulcerations of the Throat and Legs, Blotches, Pimples on the Face, Erysipelas and all Scaly Eruptions of the Skin, and Beautifying the Complexion. HENRY T. HELMBOLD'S CONCENTRATED FLUID EXTRACT BUCHU, THE GREAT DIURETIC, has cured every case of Diabetes in which it has been given. Irritation of the Neck of the Bladder and Inflammation of the Kidneys, Ulceration of the Kidneys and Bladder, Retention of Urine, Diseases of the Prostate Gland, Stone in the Bladder, Calculus, Gravel, Brick-dust Deposit, and Mucus or Milky Discharges, and for Enfeebled and Delicate Constitutions of both Sexes, attended with the following symptoms: Indisposition to Exertion, loss of Power, Loss of Memory, Difficulty of Breathing, Weak Nerves, Trembling, Horror of Disease, Wakefulness, Dimness of Vision, Pain in the Back, Hot Hums, Flushing of the Body, Dryness of the Skin, Eruption on the Face, Pallid Countenance, Universal Lassitude of the Muscular System, &c. Used by persons from the age of eighteen to twenty-five, and from thirty-five to fifty-five or in the decline or change of life; after confinement or labor pains; bed-wetting in children. Helmbold's Extract of Buchu is Diuretic and Blood Purifying, and cures all Diseases arising from Habits of Dissipation, and Excesses and Impurities in Life, Impurities of the Blood, &c., superseding Copious in Affections for which it is used, and Syphilitic Affections—in these Diseases used in connection with Helmbold's Rose Wash. LADIES. In many Affections peculiar to Ladies, the Extract Buchu is unequalled by any other Remedy—as in Chlorosis or Retention, Irregularity, Painfulness or Suppression of Customary Evacuations, Ulcerated or Scirrhous State of the Uterus, Leucorrhoea or Whites, Sterility, and for all Complaints incident to the Sex, whether arising from Indiscretion or habits of Dissipation. It is prescribed extensively by the most eminent Physicians and Midwives for Enfeebled and Delicate Constitutions of both Sexes and all ages. H. T. HELMBOLD'S EXTRACT BUCHU CURES DISEASES ARISING FROM IMPURITIES, HABITS OF DISSIPATION, &c. in all their stages, at little expense, little or no change in diet, no inconvenience, and no exposure. It causes a frequent desire, and gives strength to Urinate, thereby removing Obstructions, Preventing and Curing Strictures of the Urethra. Allaying Pain and Inflammation, so frequent in this class of diseases, and expelling all Poisonous matter. HENRY T. HELMBOLD'S IMPROVED ROSE WASH, cannot be surpassed as a FACE WASH, and will be found the only specific remedy in every species of Cutaneous Affection. It speedily eradicates Pimples, Spots, Scorbatic Dryness, Indurations of the Cutaneous Membrane, etc., dispels Redness and Inipient Inflammation, Hives, Rash, Frost Bites, Dryness of Scalp or Skin, Mouth Bites, and all purposes for which Salves or Ointments are used. Full and explicit directions accompany the medicines. Evidence of the most responsible and reliable character furnished on application, with hundreds of thousands of living witnesses, and upward of 30,000 unsolicited certificates and commendatory letters. HENRY T. HELMBOLD'S Genuine Preparations. Sent to any address. Secure from observation. Established upwards of TWENTY YEARS. For information, in confidence, to HENRY T. HELMBOLD, Druggist and Chemist. Only Depots: H. T. HELMBOLD'S Drug and Chemical Warehouse, No. 594 Broadway, N. Y., or to H. T. HELMBOLD'S Medical Depot, 104 South Tenth Street, Philadelphia, Pa. BEWARE OF COUNTERFEITS. Ask for HENRY T. HELMBOLD'S. Take no Other.

G. B. STILES DEALER IN Groceries, PROVISIONS, Cigars and Tobacco, WOOD AND WILLOW WARE &c. DALLAS, OREGON. THE OCCIDENTAL, Formerly "WESTERN HOTEL," Corner of First and Morrison Streets, PORTLAND, OREGON. Messrs. SMITH & COOK HAVE TAKEN THIS WELL KNOWN House and Refitted and Refurnished it throughout, making it by far the BEST HOTEL IN PORTLAND. N. B.—Hot and Cold Baths attached to the House for the benefit of Guests. SMITH & COOK, Proprietors. Portland, April 14, 1870. DALLAS LIVERY, FEED & SALE STABLE. Cor. Main and Court Streets, Thos. G. Richmond, Proprietor. HAVING PURCHASED THE ABOVE Stand of Mr. A. H. Whitley, we have refitted and re-stocked it in such a manner as will satisfactorily meet every want of the community. Buggies, single or double, Hacks, Concord Wagons, etc., etc. Furnished at all hours, day or night, on short notice. Superior Saddle Horses, let by the Day or Week. TERMS, REASONABLE. T. G. RICHMOND DR. PIERCE'S ALT. EX. GOLDEN MEDICAL DISCOVERY. The originator of this wonderful medicine claims to have discovered and combined in harmony with Nature's most sovereign medicinal properties that was ever before contained in one medicine. The evidence of this fact is found in the variety of most obstinate diseases which it has been found to conquer. In the cure of Bronchitis, Sore Throat, and the early stages of Consumption, it has astonished the medical faculty, and hundreds of the best physicians pronounce it the greatest medical discovery of the age. While it cures the severest Coughs, it strengthens the system and purifies the blood. By its great and thorough blood purifying properties it drives all Humors from the worst scrofula to a common Bilious Pimple or Eruption. Mercurial Diseases, Mineral poisons, Syphilitic and Venereal Diseases, and their effects are eradicated and vigorous health and a sound constitution established. Erysipelas, Salt Rheum, Scald Head, Fever Sores, Scaly or Rough Skin, in short all the numerous diseases caused by bad blood, are conquered by this powerful, purifying and invigorating medicine. For "Liver Complaint," Bilious Disorders and Habitual Constipation, it has produced hundreds of perfect and permanent cures where other medicine had failed. The proprietor offers \$100 reward for a medicine that will equal it in the cure of the diseases for which it is recommended. Beware of counterfeits and worthless imitations. See that my Government Stamp, which is a positive guarantee of genuineness, is upon the outside wrapper. This medicine is Sold by Druggists at one Dollar per bottle. Prepared by R. V. PIERCE, M. D., Sole Proprietor, at his chemical Laboratory, 133 Seneca street, Buffalo, N. Y. June 24, 1870. DRUG STORE. Northwest Corner Main and Mill Sts., DALLAS, OGN. HAVING PURCHASED THE OLD STAND formerly belonging to W. S. Robb, and wishing to live and let live, we will sell at low rates, FOR CASH, everything in our line: Drugs, Patent Medicines, And all kinds of PURE LIQUORS, put up expressly for Medicinal use. PERFUMERIES OF ALL KINDS. Also, Soda, Cream Tartar, Salsoratus, Sago, Bird Seed, Paints, Oils, Varnishes, Brushes, Domestic Dyes, Washing Powders, And everything else that is kept in a FIRST CLASS DRUG STORE. NICHOLS & COAD, Druggists. WISTAR'S BALSAM OF WILD CHERRY. The standard remedy for Coughs, Influenza, Sore Throat, Whooping Cough, Croup, Liver Complaint, Bronchitis, Bleeding of the Throat, Lungs and Chest, including Co'sumption. Wistar's Balsam does not dry up a Cough, but loosens it, cleanses the Lungs, allays irritation, thus removing the cause of the complaint. None genuine unless signed H. B. WISTAR, Prepared by SEETH W. FOWLER & SON, Boston. Sold by REDDINGTON, HOSKETT & CO., San Francisco, and by dealers generally. 16-ly

Dr. CLARK'S London Remedies, "FOR SPECIAL COMPLAINTS." DR. CLARK'S INVIGORATOR gives strength to the aged and debilitated. It is especially designed for young men who have wasted their vigor by excesses of every kind, and all persons whose systems have become weak by imprudence, are completely restored by its use. Price One Dollar. DR. CLARK'S PURIFIER cleans the blood from all impurities; such as Scrofula, Syphilis, Mercurial Rheumatism, Humors of every sort. Bad Breath, Offensive Perspiration, Foul Feet, Catarrh, Discharges from the ear, Sore Eyes, Sore Throat, Falling of the Hair, Ulcers, Boils, Pimples, Blotches, and all diseases of the Skin. It is also beneficial in diseases of the Lungs and Digestive Organs. Price One Dollar. DR. CLARK'S PANACEA relieves pain of every description; Headache, Earache, Toothache, Stomachache, Backache, Pains in the Breast and Limbs. It is invaluable remedy in all Nervous Disorders, and no family should be without it. Price One Dollar. DR. CLARK'S ELIXIR is a certain cure for all weakness of the Genito-Urinary Organs, and discharges of a mucous-purulent nature, Leucorrhoea, Gonorrhoea, Spermatorrhoea, and Seminal Weakness, are speedily cured by its use. Price One Dollar. DR. CLARK'S REGULATOR, for females only, is guaranteed to correct all special irregularities of Single Ladies. Married Ladies are accustomed not to use it when in a certain condition, as its effects would be too powerful. Price One Dollar. All of these celebrated remedies are prepared from Fluid Extracts, under our immediate supervision, and are warranted fresh and pure. All afflicted persons should send a carefully written statement of their ailments to Dr. Clark, and the proper remedy will be sent to their address. Dr. Clark will be consulted personally at his office, and will furnish all the necessary accommodations to patients who place themselves under his care. All letters addressed, DR. J. CLARK, Office, 1,270, Broadway, New York 34-ly THE NEW FOOD. SEAMOSS FARINE. For a few cents you can buy of your Grocer or Druggist a package of SEA MOSS FARINE, made from pure Irish Moss, or Carrageen, which will make sixteen quarts of Blanc Mange, and a like quantity of Puddings, Custards, Creams, Charlotte Russe, &c. It is the cheapest, healthiest, and most delicious food in the world. It makes a splendid Dessert, and has no equal as a light and delicate food for Invalids and Children. A Glorious Change!! THE GREAT WORLD'S TONIC. Plantation Bitters. This wonderful vegetable restorative is the sheet-anchor of the feeble and debilitated. As a tonic and cordial for the aged and languid, it has no equal among stomachics. As a remedy for the nervous weakness to which women are especially subject, it is superseding every other stimulant. In all climates, tropical, temperate, or frigid, it acts as a specific in every species of disorder which undermines the bodily strength and breaks down the animal spirits. For sale by all Druggists. 25-ly ESTABLISHED 1849. Ernest A. ERLANDSON, GENERAL COMMISSION MERCHANT, SAN FRANCISCO, DEALER IN Drugs, Chemicals, Essential Oils, Dye Stuffs and General Merchandise, By the Package Only. Cash Orders for this or any Foreign Market, will receive prompt and Faithful Attention. Miners, Manufacturers and Wholesale Trade Supplied for Cash. No notice or attention paid to Orders for Goods, if there is no provision made for the payment of the same. Terms Not Cash, on Delivery, in U.S. Gold Coin. N. B.—Consignments of Oregon Produce, Grain, Wheat, Flour, &c., Solicited. 45-ly