

## THE INDEPENDENT.

THURSDAY.....MAY 31, 1888

### POISON IN THE ASHES,

What the Mt. Lebanon Shakers Found—Incident in the History of a Quiet Community.

The Mount Lebanon (New York) Shakers are a quiet community, secluded from the fret and worry of the outside world. They are widely known, however, for their strict honor and probity in business.

The Shakers believe that nature has a remedy for every disease. A few have been found—the rest are as yet unknown. Many were discovered by accident. Others came to light as the result of patient experiment and research.

Nervous Dyspepsia is a comparatively new disease, growing out of the conditions of modern life. It is a joint affection of the digestive organs and of the nervous system. These two were formerly treated as separate ailments, and it was left for the clear-sighted Shakers to prove that the basis of this terrible and often fatal complication lies chiefly in the disordered and depraved functions of digestion and nutrition. They reasoned thus: "If we can induce the stomach to do its work, and stimulate the excretive organs to drive out of the body the poisonous waste matters which remain after the life-giving elements of the food have been absorbed, we shall have conquered Nervous Dyspepsia and Nervous Exhaustion. And they were right. Knowing the infallible power of Shaker Extract (Seigel's Syrup) in less complicated though similar diseases, they resolved to test it fully in this. To leave no ground for doubt they prescribed the remedy in limits of cases which had been pronounced incurable—with perfect success in every instance where their directions as to living and diet were scrupulously followed. Nervous Dyspepsia and Exhaustion is a peculiarly American disease. To a greater or less extent half the people of this country suffer from it—both sexes and all ages. In no country in the world are there so many insane asylums filled to overflowing, all resulting from this alarming disease. Its leading symptoms are these: Frequent or continual headache; a dull pain at the base of the brain; bad breath; nausea; eructations; the rising of sour and pungent fluids to the throat; a sense of oppression and faintness at the pit of the stomach; flatulence; wakfulness and loss of sleep; disgust with food even when weak from the need of it; sticky or slimy matter on the teeth or in the mouth, especially on rising in the morning; furred and coated tongue; dull eyes; cold hands and feet; constipation; dry or rough skin; inability to fix the mind on any labor calling for continuous attention; and oppressive and sad forebodings and fears.

All this terrible group Shaker Extract (Seigel's Syrup) removes by its positive, powerful, direct yet painless and gentle action upon the United States. He detailed that the functions of digestion and assimilation. Those elements of the food that build up and strengthen the system are sent upon their mission, while all waste matters (the ashes of life's fire) which unremoved, poison and kill, are expelled from the body through the bowels, kidneys and skin. The weak and prostrated nerves are quieted, toned and fed by the purified blood. As the result, health, with its enjoyments, blessings and power, returns to the sufferer who had, perhaps, abandoned all hope of ever seeing another well day.

Ray Fisher, aged 14 years, was drowned at Portland Monday.

### SELIM.

THE BEAUTIFUL 5-YEAR OLD DARK Dapple Bay Stallion, will make the Season of 1888 in Washington County as follows:

Tuesdays, at Greenley Gates Creek, Condon, Hillsboro.

Wednesdays, at Sundays and Mondays at E. Schieffelin's Farm, one mile east of Hillsboro.

Service ..... \$1.00

The Season ..... 7.00

Insurance ..... 10.00

SELIM weighs over 1500 pounds; is by old Rotamago, a Percheron; dam by Washington, by old Pollard Pumice of California; 200 days old. Selling him to the son of Glencoe, now deceased, known as son of Glencoe, he by Imp. Bammer, a thoroughbred.

Every possible care will be taken to prevent accidents, but no responsibility assumed.

For further particulars, address E. Schieffelin or G. J. Jackson, Hillsboro-Oregon.

E. SCHIEFFELIN.

Hillsboro, April 5, 1888.

55-18

### UNREST.

All day upon the garden bright the sun shines strong.  
But in the heart there is no light, nor any song.  
Voices of many life go by adown the street,  
But I am weary of the cry and drift of feet.  
With all dear things that ought to please me,  
And yet my soul is ill at ease and cannot rest.  
Strange spirit, leave me not too long, nor stint to give;  
For if my soul have no sweet song it cannot live.

—A. Lampman in Lippincott's.

### A Prevalent Fault.

When faced up for sentence, having pleaded guilty to the charge against him, his counsel sought to move the court to leniency by pleading that he was induced to commit the offense by his master's means." The judge did not apparently consider this in mitigation of the crime for he sentenced Harvey to twelve years at hard labor in the state prison.

He was right. A morbid desire to live beyond one's means might be accepted in explanation of perhaps half the crimes committed in civilized communities, but it is to be hoped that this excuse will never be given to the public authorities.

No doubt a morbid disposition to live beyond one's means is distinctively a vice of civilization. Analyzed, it is seen to be merely a desire for self-indulgence, a partiality to luxuries. Those who seek to live beyond their means are of necessity not honest, to begin with.

They desire to humbug the world into giving them credit for more than belongs to them, and to obtain a corresponding appearance they must resort to all manner of tricks and subterfuges and petty frauds and disguises, and of course the education they obtain in practicing their impostures fit them for further and more serious dishonesty.—New York Tribune.

**At Johns Hopkins University.**

Great power of appeal among the two teachers are students, especially among the former. Each matronial is expected to designate one of his professors whom he will consider his adviser while at the university. The professor is to be consulted in the choice of a college and guide when she finds her interest in all matters concerning his success as a student.

In this way, more than any other, does the young man get a good college education. The matron also has the right to choose the college and guide whom she finds her interest in all matters concerning his success as a student.

B. PRICE, M. D., general practitioner, of New Haven, Conn., died Saturday evening, March 24, 1888, at his residence, 100 Madison Avenue, New Haven, Conn.

He was a man of great energy and a decided leader in his profession. His services to the poor were especially noteworthy.

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