less dispenser of orange peel can be held

accountable. There are several methods

of treating a sprained ankle, one of

which is strapping the leg from ankle to knee with adhesive plaster. The

plaster is cut in strips about an inch in

width and of sufficient length to encircle the leg to within half an inch, the

space being left to insure free circula-tion. This treatment can only be applied

before the leg begins to swell, therefore

within a very short time of the accident.

Recovery by means of the ordinary treatment, that of elevating the foot

and having recourse to hot applications,

may be greatly accelerated by scientific

massage. By proper manipulation the swelling can be reduced and the pain

lessened in a very short time. If, however, the service of one who thoroughly

understands giving the treatment can-

ways be up, not down, and the hands of

the operator as well as the wounded

limb should be made thoroughly anti-

septic before any friction is applied, lest

the secretions of the skin being rubbed

into the pores should be reabsorbed and

inflammation increased in the strained

A Queer Old Geography. Among the interesting old books and

papers belonging to the late Edward W.

Wells of this city was a geography that lets in some light on the state of

general information in the world

America is "the last quarter of the

northwest of California as "parts un-

known." The great lakes are down as

Superior, Illenois, Huron, Erie and

Frontenac. "N. England" is all one lit-

tle patch reaching up to the St. Law-

New Jersey is said to be Elizabeth Town. The climate is thus explained,

'In the north are vast unknown Moun-

become much colder than those in Eu-

construction of canals across the Pana-

ma and Suez isthmuses. - Hartford

Gladstone Fooled Them. On one occasion two gentlemen, in-

vited as guests at a table where Mr.

that they would start a conversition on

a subject about which even Mr. Glad-

stone would know nothing. To accom-

plish this end they read up an ancient

factures. When the favorable opportu-

nity came, the topic was started, and the two conspirators watched with

turned into gnashing of teeth-to speak

figuratively—when Mr. Gladstone said, "Ah, gentlemen, I perceive you have

been reading an article I wrote in the

Old Ceronimo Still Lively.

Old Geronimo, chief of the Apaches,

s the most noted Indian of the wild

tribes of North America. He is 90 years

of age and as straight as an arrow. His eyes are keen, piercing and cruel. His

When at the post at Fort Sill, I. T.

old Geronimo plays monte, a game of

cards liked very much by the Indians, but when he can get permission to leave the reservation his time is spent in

bunting, of which he is still very fond.

Dr. Johnson was once consulted by

an old lady on the degree of wickedness

to be attached to her son's robbing an

all depends upon the weight of the

She Knew.

"No," she said, "you don't really

'Yes, I swear I do," he protested.

"I love you with all my soul. I would

ask you to be my wife tomorrow if I

were properly situated."

But his plea was useless. She had

studied human nature and knew that

when a man is really in love he doesn't

The Exception.

the fresh paint.

"Durn you and your old grocery!"

"Didn't you see that sign, 'Fresh Paint?' asked the grocer. "Of course I did, but I've seen so

many signs hung out here announcing

onted a man who backed up against

orchard. "Madam," said Johnson,

and it was called a judgment."

feet are very large.

-Chicago Inter Ocean.

- Magazine some 30 or 40 years

Gladstone was expected, mac

rope in the same latitudes."

Courant.

tissues. - New York Ledger.

century and a half ago.

A TALK ON ASBESTUS

sons and Singer

SOME LIGHT UPON HOW LONG IT HAS BEEN IN USE.

Astonishes Another Who Knew All About the Mineral, but Who Would Not Take a Tempting Bet.

An elderly man, with a gray musthetti which he was eating in a restau-tant and spoke to three others: "Say," he said, "what do you people

know about asbestus?" Two of his companions preserved a modest silence, but the third, who was

 little man, spoke up:
 "I know all about asbestus," he said. "Do, eh?" queried the man with the spaghetti on his plate. "Then how long's it been in use?"

Well." said the little man, hesitatingly, "p'raps 30 years."

"You're away off. Of course you didn't know that Charlemagne had an abbestus tablecloth?"

"Who's Charlemagne?"

"Well." said the elderly man, not be obtained, simple rubbing will of-ten give relief. The rubbing must al-

"Charlemagne was king of the Franks and emperor of the Romans about 1,100 years ago. He was a great fighter and owned an asbestus tablecloth."

"Don't believe it," said the little man. "I never heard of asbestus until the Centennial."

"Well, Charlemagne had the cloth all right," said the elderly man. "He used to astonish his friends from the interior by throwing the tablecloth into the fire after dinn r, and of course it didn't burn. Asbestus became quite fashionable after that for towels and napkins. It saved laundry bills. All a man's wife had to do was to throw the week's wash into the stove and it came out as clean as chalk."

"Say," said the little man, incred-ulously, "do you think you can string me like that?"

"It's so," declared the elderly man. *But of course you never heard that Benjamin Franklin had an asbestus

"No. Had ho?" asked the little man, with a sneer. "Of course he had. He took it over to England with him and sold it to a

man in Bloomsbury, London, for a big "I suppose," said the little man, with a wink, "that the Englishman was a friend of yours, and you know his name."
"No," replied the first man, "I

never saw him, but he was called Sir Hans Sloane, and he had a museum." "Dime museum?" grinned the little

"Not a bit of it," smiled the elderly man good naturedly. "It was a sure enough museum, and as a matter of fact it constituted the nucleus of the um. I dare say that Benjamin Franklin's asbestus purse is there

The little man looked a little crestfallen, but the elderly man consoled

"Don't worry." he said, "there are lots of people besides yourself who are shy on knowledge regarding asbestus. It wasn't much used during recent censuries. In 1676 an asbestus handker-chief was shown to the Royal society as a great curiosity by Dr. Plot, who had bought it from a traveler on his return from China. They called it salamander's wool Dr. Plot saturated the handkerchief with oil and threw it into a fierce charcoal fire. The oil burned off, but the handkerchief remained intact. The fellows of the society were much interested and were not greatly surprised when the price of asbestus in Chinese Tartary was quoted at \$400 a Chinese ell, which isn't much more than an English yard. It's likely that the price had risen since the days of the ancients, for those old fellows had big sheets of asbestus, which they wound around corpses before cremating them. "That's a long time ago," said the

little man sententiously.
"Well," continued the elderly man, "if you want to come down to later years, there was a book published in London, 40 years ago, giving accounts, among other things, of remarkable experiments previously made at Milan, in Italy, by the Chevalier Aldini, who had used asbestus in the construction of a suit of fireproof somer. The coverings for arms, legs and body were of heavy cloth which had been scaked in a strong solution of alum. The helmet, gauntlets and stockings were of asbestus. Then there was an overdress, covering the body, thighs and feet, of wire gause, 20 meshes to the inch. With this armor on, men stood on a big gridiron over a blazing fire for ten minntes and buried their heads in piles of burning hay and shavings, but nevertheless they came out unharmed. They also handled bars of white hot iron and did other things which seemed quite miraculous. That was over 40

years ago."
"Well," said the little man, "it's hard to believe that for several hundreds of thousands of years the world to man smart enough to utilize stop to consider whether he can afford bestus. On the whole, I guess I'll go to marry or not.—Cleveland Lesder.

doubting." returned the elderly "All right." returned the elderly "I've got \$5,000 that says I'm ight. Perhaps your doubts are strong nough to uphold a bet of \$10 against

But the little man wouldn't bet. New York Times

Statistics in regard to the amount of money brought to this country by Euromoney brought to this country by Euroin the richest, with an average of the prichest, with an average of the prichest with an average of the prichest with an average of the prichest with the Frenchman has being but \$15, the Rumian friction beings but \$15, the Rumian "Na. I was thinking of my speech. It kept me awake four nights, and put the prichest that wash't that wash't that a didn't believe it."—Indianapolis Journal.

"It's remarkable, "said Senstor Sorghum, "how differently people are afform, "how differently people are afform."

"Have you been reading medicine?"

"Na. I was thinking of my speech. It kept me awake four nights, and put The Money They Bring.

SCOTTY ADDRESSES SPAIN. A Sprained Ankle. A false step, a fall or a sudden wrench

[It is stated that the real reason of the inactivity of the Spanish fleet at Cadiz was the difficulty of replacing the Scotch engineers, who resigned their posts, refusing to fight against the Americans.—Press Dispatch.] is very often the cause of that painful straining of the fibrous tissue commonly known as sprain. The ankle is, as a rule, the victimized member, and many are the tedious hours for which the care-

oh, aye, I gar my engine shino,
An industry wt' brains combine,
My wages—aye, they suit me fine—
The job's a' richt.
But, Maister Spain, I draw the line
At wham I ficht!

I'll stay an dae hail herted wark 'Gainst Roosian, Gearman, French or 'Gainst Ro An nae stern duty wull I shirk

To gar Spain win, But in my breist saft feelin's lurk "Tis true the Yankee mayna' be

A Presbyterian lik' me,
Nor diz he speak so pearfeekly
Oor mither tongue.
But fieht wi' him—I canna dee
A thing sae wrang! There's maybe p'ints I dinna lo'e,
An ithers that fair gar me grue
Aboot his government, it's true—
Things far frae guid.
But, then, ye ken, there's ithers, toe,
That show his bluid.

His flag is no juist like oor ain— I mean the Breetish, Maister Spain— No' juist sae simplelike an plain, Wi' 'ts stripes an stairs. ut wi' oor Jock, for richts o' men, The breeze it shares!

Na, na, I see the day's at han' When Saxons mann thegither stan'
In leeberty's maist holy ban'
'Gainst banded foe,
An there, thegither in the van,
Thae flags mann flow!

Bac, Maister Spain, I'll need the gang
Frac this huld lan' o' dance an sang
An drop the job I've had sac lang
I'm greatly fearin.
Yer ain folk mann juist get the hang
O' engineerin!
—J. W. Bengough in Toronto Globe.

Resourceful Artist. "Resourceful? Well, I should say he was. Why, his children got hold of a world," and the "north part of the continent is very little known." The mar half finished sketch and a bottle of ink of North America gives all the region vesterday."

thing to the sketch." "Of course not. But where does his sourcefulness come in?" rence. Louisiana occupies most of the middle country. The "Oyo" river is the name of the Ohio. The chief town of wouldn't he?"

"Well, of course they didn't do a

"Naturally." "Well, this one just sold the thing as it was for a war map."-Chicago

tains, perpetually covered with snow from whence the Winds blowing the greatest part of the year these Countries As the Nose on Her Face. "So." concluded the advanced woman after expounding for 30 minutes her It is interesting to note that this work objections to men in general for the benefit of the gentleman next her at

that is more than a century and a half dinner, "you see I am quite plain."
"Yes," answered the horrid man, "I old should advocate quite vigorously the see you are," and the advanced woman was so angry that she ate two courses without saying a word .- Judy.

In a Hurry. "They've taken to embalming pet es in the east." he said. "Oh, isn't that just too lovely!" she

exclaimed. "That's what I'll have done "Just the thing!" he returned, sudmagazine article on some unfamiliar subject connected with Chinese manudenly growing enthusiastic himself. "Give him to me and I'll have it done today."-Chicago Post.

Hot Work.

amusement the growing interest in the subject which Mr. Gladstone's face betrayed. Finally he joined in the conversation, and their amusement was Kate-I haven't seen Madge of late; busy perhaps. Nannette - Busy, whew! She is buried in work.

Kate-What kind? Nannette—Hectographing syndicate letters. She has 21 fiances in 13 different regiments. -Town Topics.

Compulsory Art. "I wonder who invented this artistic

rough edged paper?" "Probably some woman who couldn't cure her husband of cutting magazine leaves with his thumb."-Chicago Rec-

A Terrible Predicament.



Young Dudely (of the Fifth avenue boy. I remember my schoolfellow, Davy cavalry)-Heavens! Here come the Garrick, who was always a little fel-Spaniards, and here I am not in evenlow, robbing a dozen orchards with impunity, but the very first time I climbed ing dress-and after 7 o'clock.-New np an apple tree-for I was always a York Journal. heavy boy-the bough broke with me,

"How did Gudgeon get out of that suit for breach of promise?" "He put his wife on the stand and she swore that the other woman was in luck when she lost him."—Town Topics.

"Maria, is this red, white and blue

ice cream wholesome?' "I don't know, but what if it isn't? Aren't you willing to take any risks for your country?"-Chicago Record.

Knew What She Wanted. "Why not take this parrot, ma'am?" asked the dealer. "It talks." "I want a parrot to talk to and not to talk back," replied Miss Elder. - Town Topics.

Evidently Not "Is he a strategist?" "Oh, dear, no. Why, he believes in doing things."—Chicago Post. A Truism.

Every man carries a penknife, but ot one man in 20 carries a good one -Atchison Globe.

Discouragement of Carlos I'm out of the pretending line.
It is a sad position,
But 'mongst these countrymen

Thave used Ripans Tabules with so much satisfaction that I can cheerfully recommend them. Have been troubled for about three years with what I called billous attacks coming on regularly once a week. Was told by different physicians that it was caused by bad teeth, of which I had several. I had the teeth extracted, but the attacks continued. I had see advertisements of wast I called billous attacks coming on regularly once a week. Was told by different physicians that it was caused by bad teeth, of which I had several. I had the feeth extracted, but the attacks continued. I had seen advertisements of Ripans Tabules in all the papers but hen no faith them, but about six weeks since a friend induced me to try them. Have taken but two of the small 5 cent boxes of the Tabules and have had no recurrence of the attacks. Have never given a testimonial for anything before, but the great amount of good which I believe has been done me by Ripane Tabules induces me to add mine to the many testimonials you doubtless have in your possession now.

A. T. DeWitz.

I want to inform you, in words of highest praise, of the bonefit I have derived from Ripans Tabules. I am a professional nurse and in this profession a clear bend is always needed. Ripans Tabules does it. After one of my cases I foundwayself completely run down. Acting on the advice of Mr. Geo. Bower, Ph. G., 588 Newark Ava., Jersey City, I took Ripans Tabules with grand results.

Miss Becste Wiedman.

I have been a great aufterer from constipation for over five years. Nothing gave me any relief. My feet and legs and abdomen were bloated so I could not wear shoe on my feet and only a loose dress. I saw Ripans Tabules atvertised in our daily paper, bought some and took them as directed. Have taken them about three weeks and there is such a change! I am not constipated any more and I owe it ail to Ripans Tabules. I am thirty-seven years old, have no occupation, only my household duties and nursing my sick husband. He has had the dropsy and I am trying Ripans Tabules for him. He feels some better but it will take some time, he has been sick so long. You may use my letter and name as you like.

Mrs. Mant Goman Clarke.

I have been suffering from headaches ever since I was a little girl. I could never ride in care or go have a considered place without getting a headache and sick at my stomach. I heard about Ripas Tabules from an aunt of mine who was taking them for eatarrh of the stomach. Sha had found such relief from their was shoadvised me to take them too, and I have been doing so since last October, and will say they have completely cured my headaches. I am twenty-nine years old. You are welcome to use this testimonial.

Mrs. J. Brookwyrm. R·I·P·A·N·S The modern standard Family Medicine: Cures the common every-day ill of humanity.

Mother was troubled with heartburn and sleeplessness, caused by indigestion, for a good many vears. One day she say a testimonial in the paper indorsing Ripans Tabules. She determined to give them a trial, was greatly relieved by their use and now takes the Tabules regularly. Shekee with heartburn and sleeplessness, caused by indigestion, for a good many years. One day she save a testimonial in the paper indorsing Rip ans Tabules. She determined to give them a trial, was greatly relieved by their use and now takes the Tabules regularly. She keeps a few cartons Ripans Tabules in the house and any she will not be without them. The heartburn and sleeplessness have disappeared with the indigestion which was formerly so great a burden for her. Our whole family take the Tabules regularly, especially after a hearty meal. My mother is fifty years of age and is enjoying the best of health and spirits; also eats hearty meals, an impossibility before she took bisave Tabules.

ANTOS H. RLAUREN.

My seven-year-old boy sudiered with pains in his head, constitution in his head, constitution in his head, constitution in his head, constitution to the eat like children of his stomach. He could not agree with him. He was thin and of a saffron color. Ripans Tabules, it tried them. Ripans Tabules not only relieved but actually cured my youngster, the headaches have disappeared, bowels are in good condition and he never complains of his wonderful change is attribute to Ripans Tabules. I am satisfied that they will benefit any one from the cradite to old ago) if taken according to directions.

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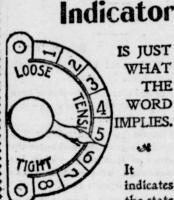
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