

Spring Medicine

The best is Hood's Sarsaparilla. It is the best because it does the most good. While it makes the blood pure, fresh and lively, it tones the stomach to better digestion, creates an appetite, stimulates the kidneys and liver, gives new brain, nerve and digestive strength.

An unequalled list of cures—40,366 testimonials in two years—proves its merit.

Sarsaparilla—For those who prefer medicine in tablet form, Hood's Sarsaparilla is now put up in chocolate tablets called Sarsaparilla, as well as in the usual liquid form. Sarsaparilla has identical the same curative properties as the liquid form, besides accuracy of dose, convenience, economy,—there being no loss by evaporation, breakage, or leakage. Sold by druggists or sent by mail. C. I. Hood Co., Lowell, Mass.



Mrs. J. F. Gee, 50 Gould Street, Stoneham, Mass., says: "In 25 years experience I have never known Hood's Sarsaparilla to fail for spring humors and as a general blood purifier; it cures scrofula, eczema, it gives me equal as a general spring medicine, it gives me genuine satisfaction to say this."

Of Small Value.
The nose of the Egyptian sphinx had dropped off.
"Let it go," said the sphinx, speaking for the first and only time. "It wasn't a Grecian nose, anyway."

He Aimed High.
To the uninitiated observer some of the gymnastics performed in a game of football are beyond explanation. The story is told of a half-back who complained to his family about the injustice of allowing football players to wear head protectors.

Syrup of Figs and Elixir of Senna

Cleanses the System Effectually; Dispel Colds and Headaches due to Constipation; Acts naturally, acts truly as a Laxative.

Best for Men, Women and Children—Young and Old.

To get its Beneficial Effects Always buy the Genuine which has the full name of the Company

"I should think it was most necessary," said his mother, who had witnessed one game with many tremors. "Look at the front teeth your poor cousin Frederick lost!"
"That may be," said her son, stubbornly, "but look at me, laid up for two weeks with a lame foot just from kicking a fellow's nose-ear!"
"Lower the Connection."
Mrs. Chugwater, in looking over the morning paper, had come across a line that looked like this:
"Jesiah," she asked, showing it to him, "what does this mean?"
"It means," said Mr. Chugwater, "that the line's out of order. Same old story. Can't you see?"

A Hungarian student who was plucked at a recent examination at Klausenburg shot himself, but first winged an examiner.

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by whom it is manufactured, printed on the front of every package.
SOLD BY ALL LEADING DRUGGISTS.
one size only, regular price 50¢ per bottle.

INSURE YOUR HEALTH AND COMFORT

on stormy days by wearing a

SLICKER
Clean - Light - Durable
Guaranteed Waterproof
\$3.00 Everywhere

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CLATSOP BEACH, SEASIDE, OREGON

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The Salvation Army is established in fifty-two countries and colonies, and preaches the gospel in thirty-one languages.

S.S.S. CURES SKIN DISEASES

There is an evaporation from the body going on continually, day and night, through the pores and glands of the skin. This is nature's way of maintaining the proper temperature of our systems and preserving the softness and flexibility of the skin, and so long as the blood is free from impurities no trouble will result. When, however, the blood from any cause becomes infected with humors and acids, these too must be expelled, and coming in contact with the delicate fibres and tissues with which the skin is so abundantly supplied they produce irritation and inflammation, and the effect is shown by Eczema, Acne, Tetter, and skin affections of various kinds. These impurities and humors get into the blood through a deranged or inactive condition of the system; the members whose duty it is to carry off the waste and refuse matter of the body fail to properly perform their work, and this impure, fermenting matter is left in the system to be absorbed by the blood. The skin is not only affected by poisons generated within the system, but poisons from without, such as Poison Oak, Poison Ivy, Nettle Rash, etc., enter through the open pores and glands, and so thoroughly do they become rooted in the blood that they are ever present, or return at certain seasons of each year to torment the sufferer. Salves, washes, lotions, etc., cannot cure skin diseases. True, such treatment relieves some of the itching and discomfort, and aids in keeping the skin clean, but it does not reach the real cause, and at best can be only palliating and soothing. A thorough cleansing of the blood is the only certain cure for skin diseases. S. S. S., a gentle acting, safe blood purifier, made entirely of vegetable ingredients of the forest and field, is the proper treatment. S. S. S. goes down into the circulation, and neutralizes the acids and humors, thoroughly cleansing and purifying the blood, and curing skin affections of every kind. It supplies to the blood the fresh, nutritive qualities necessary to sustain the skin and all other parts of the body, and rids the blood of any and all poisons. S. S. S. cures Eczema, Tetter, Acne, Salt Rheum, Poison Oak and Ivy, Nettle Rash, and all other skin troubles, and cures them permanently by removing every trace of the cause from the blood. Special book on Skin Diseases and any medical advice desired furnished free to all who write.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

I have used your S. S. S., spring and fall, for the past two years, with the result that it entirely relieved me of a form of Eczema which my doctor was unable to cure. My arms, lower limbs, and, in fact, the biggest portion of my whole body was affected, and when I first began S. S. S. the itching, etc., was worse, but I continued the remedy with the result that the dry, itching eruption entirely disappeared. I think a great deal of your medicine, and have recommended it to others with good results. It is the best blood medicine made, and I can conscientiously recommend it for the cure of all blood and skin affections. CHAS. HORSTMAN, Wheeling, W. Va.

20 YEARS IN PORTLAND DOING WORK FOR THE BEST PEOPLE

In positive proof of the reliability and confidence our patients have in us. Specialists always in attendance, securing prompt and courteous attention. Lady attendants always present.

Reliable Painless Dentists.—Our reputation for reliability and thoroughness is well established. Cleanliness, Good Work and Quick Service.

"AND IT DIDN'T HURT A BIT!"
Painless Extractions, 50 cents. Extractions Free when plates of bridges are ordered. Plates fit and up.

Best Plate Work.—Perhaps your teeth have become so loose that it is impossible to firmly set a bridge. Then the old staples are removed without causing you any pain, and a plate is fitted. If the plate fits perfectly it will look well and perform its work of maintaining your teeth satisfactorily. With my 20 years' experience in this work will guarantee satisfaction in every case.

Crown and Bridge Work.—It's a shame to spoil your personal appearance, and ruin your digestion from the lack of teeth to properly masticate your food, when a bridge can be supplied that will cause no discomfort whatsoever.

W. A. WISE PAINLESS DENTIST
PHONE 6300, 700 AND 710, PORTLAND, OREGON

LANDSCAPE GARDENING.

Subject Every Home Lover Should Give Attention.

By J. R. Shinn, Professor of Horticulture, Idaho Experiment Station, Moscow.

Most of the West is new country, therefore it is not surprising that comparatively few dwellings and farmsteads within her boundaries are surrounded by attractively arranged plantings of trees, flowers and shrubs. Naturally, the attention of most citizens of this great commonwealth has been confined to the one idea of money-making; perhaps the effort has been bent to relieve this condition; or, some may have set a certain standard of money accumulation and have devoted their energies to working toward this goal. The result of these conditions has been that of setting aside the real, beautifying of home grounds as a secondary consideration. Another very prevalent reason why people neglect this all-important matter, is found in the fact that scarcely one person in a thousand steps aside and gives the matter adequate thought. Although one may appreciate the attractive places of others, still the idea of making his own place equally attractive is far from the imagination. A third class of people are those who really love the touch which nature gives the home surroundings, but from lack of forethought and systematic planning their efforts fall far short of success. All of these classes of home-makers can profitably devote some attention to this subject, commonly known as "landscape gardening," and its application to homes of our country.

The ultimate aim of all landscape gardening, whether conducted on a small or on a large scale, should be to present a pleasing picture. In other words, landscape gardening may be defined as the art of arranging and grouping trees, shrubs and flowers in such a manner that a picture of undeniable beauty prevails from season to season. It is not enough that the material chosen for the plantings should give an attractive display for a single season, such as the painter places upon his canvas, but the selection should go farther, presenting material that will give increasing variety and alluring beauty for each day, each week and each month.

From this statement of the subject it is quite evident that the landscape gardener who wields the tools which nature places at his disposal occupies a position on equal footing with the artist who wields the brush in transferring these pictures to the canvas. Yet it is quite possible for most of us to play the part of the former, even though it be in a very limited manner. As many painters are initiators to a great degree, if one should imitate the works of others in the arranging of plants, he would be committing no unpardonable sin. In fact, this latter method of procedure is likely to prove the most fruitful means for the average person to employ; at any rate, it will serve admirably for the purpose of giving an idea of the kinds of plants to select and the grouping methods most pleasing to the eye.

On the other hand, it is necessary that the person who is to become the amateur landscape gardener should understand some of the prime essentials and common sense rules of this art. Where shall the flowers be placed? Shall the trees and shrubs come in the middle of the lawn or shall they find a more appropriate location in some other point? Is it good taste to make walks and roads in curves? These and many other questions naturally arise in the minds of those who are carefully prospecting in this subject. It therefore behooves us to get some working ideas of these various topics. Every home-lover should give ample attention to this subject.

Of Interest to Farmers.

The following publications of interest to farmers and others have been issued by the Agricultural department of the Federal government and will be furnished free, so long as they are available, except where otherwise noted, upon application to the Superintendent of Documents, Government Printing Office, Washington, D. C.:

Bulletin No. 145.—Preparing Land for Irrigation and Methods of Applying Water. Prepared by the agents of irrigation investigation. Pp. 94, pls. 7, figs. 33. Price 15 cents. This bulletin, gives descriptions of methods of removing sagebrush, of smoothing land, of laying out fields for different systems of applying water, and of the different systems of applying water. The various methods are compared as to cost and efficiency.

Bulletin No. 146.—Current Wheels: Their Use in Lifting Water for Irrigation. Prepared in the office of experiment stations, irrigation investigations. Pp. 38, pls. 4, figs. 21. Price 10 cents. Drawings and photographs of a large number of wheels used for raising water from streams are given, accompanied by descriptions, statements of cost, and discussions of efficiency. A general discussion of the theory of current wheels is also given.

Had One of Her Own.
Mrs. Lottakids, who had been invited to attend the opening session of the mothers' congress, was sending her regrets over the telephone.

"It's awfully kind of you to ask me, Mrs. Oudego," she said, "but I can't come. I'm too busy looking after the children."

To Use Cold Meat.
Take scraps of cold meat of any kind, cut in uniform size, add a piece of butter the size of a walnut and one small onion, and fry together until brown. Add boiling water to make a good gravy, and thicken with flour to the consistency of cream. This makes an excellent "warmed-over" dish.

It is estimated that in New York City there are 12,300 men who were educated for the bar who are in various employments outside of law offices.

Michael Callahan, a section boss for the Southern railroad, has a keen Gaelic wit. One warm afternoon while walking along the railroad tracks he found a section hand placidly sleeping beside the rails. Callahan looked disgustedly at the delinquent for a full minute and then remarked:
"Slape on, ye lazy spalpeen, slape on, fur as long as you slape you've got a job, but when you wake up you ain't got none."—Lippincott's Magazine.

Lightning as She Saw It.
While little Gertrude was looking out of a window during a thunderstorm she saw a flash of lightning play along a telegraph wire.
"Oh, mamma," she exclaimed, "I just saw a piece of the sun fall down from the sky!"—New York Press.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Perfectly Plain.
With all the impartiality of the partisan, Prof. Price set forth the contentions of both political parties regarding the tariff.

At the close of his talk he was surrounded by the fair members of the Woman's Current Events Club.
"Oh, Prof. Price," cooed the fairest, "thank you so much for your perfectly lovely talk! I understand all about the tariff now. It's just like a lover's comparisons—the free traders are the other girls!"

Fits St. Vitus' Dance and all Nervous Diseases permanently cured by Dr. King's Great Nerve Restorer. Send for FREE 232-page booklet and medicine. Dr. R. H. King, Ltd., 311 Arch St., Philadelphia, Pa.

Not Disappointed.
Adam Zawfox—"What's got you so much interested in that there paper?"

Job Sturkey—"I'm looking over this list of a hundred men that owns all the money in the country. I thought maybe my name would be there, but it ain't. Well, I didn't much 'spect to find it, no-how."

Make a Difference.
"If a man loses his pocketbook," said the moralizer, "he thinks the chap who finds it is no better than a thief if he doesn't return it."

"Yes," rejoined the demoralizer, "but if he finds some other fellow's pocketbook—well, it comes like pulling teeth to give it up."

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, and by constantly failing to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

Her Grievance.
"Mr. Clugston," said the caller, "you may stop my paper."
"It doesn't fit your pantry shelves, perhaps, ma'am," said the editor of the Spiketown Bliksard, sarcastically.
"That hasn't got nothing to do with it." "You've found that you can borrow it from a neighbor hereafter?"
"That ain't the reason, neither."
"Possibly you don't like the editorial policy of the paper?"
"No, sir; I don't. My nephew was arrested last week for stealin' a hog, and you didn't say a word about it!"

A Discouraged Digger.
"I see they say that when a diamond passes a certain size it is worth no more than a smaller one."
"How's that?"
"If it's too large it isn't marketable. Nobody wants to wear a diamond as bulky as a glass door knob."
"Is that so? Then it must be awfully discouraging for a man to dig up a sparkler as big as a football!"—Cleveland Plain Dealer.

His Idea of One.
The teacher in the Darktown school was hearing the class in geography.
"What is known as the Great Divide?" she asked.
"Cuttin' a big watermelon!" answered little "Rastus with a grin that showed all his ivories."—Chicago Tribune.

Pale, Thin, Nervous?

Then your blood must be in a very bad condition. You certainly know what to take, then take it—Ayer's Sarsaparilla. If you doubt, then consult your doctor. We know what he will say about this grand old family medicine. Sold for over 60 years.

This is the first question your doctor would ask you are your bowels regular? He knows that daily action of the bowels is absolutely essential to recovery. Keep your liver active and your bowels regular by taking laxative doses of Ayer's Pills.

Made by J. C. Ayer & Co., Lowell, Mass. Also manufacturers of
Ayer's HAIR VIGOR, ANE CURE, CHERRY PECTORAL.

P. N. U. No. 17-08

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NO ONE CAN ALWAYS AVOID

Catching Cold on the Street Car



Pe-ru-na Prevents Catching Cold. One Dose in Time, Saves Nine.

Many people persist in riding on the street cars, insufficiently protected by clothing.

They start out perhaps in the heat of the day, and do not feel the need of wraps.

The rapid moving of the car cools the body unduly. When they board the car perhaps they are slightly perspiring. When the body is in this condition it is easily chilled. This is especially true when a person is sitting.

Beginning a street car ride in the middle of the day and ending it in the evening almost invariably requires extra wraps, but people do not observe these precautions, hence they catch cold.

Colds are very frequent in the Spring on this account, and as the Summer advances they do not decrease. During the Spring months no one should think of riding on the car without being provided with a wrap.

A cold caught in the Spring is liable to last through the entire Summer. Great caution should be observed at this season against exposure to cold. During the first few pleasant days of Spring, the liability of catching cold is great.

No wonder so many people acquire muscular rheumatism and catarrhal diseases during this season.

However, in spite of the greatest precautions, colds will be caught. At the appearance of the first symptom, Peruna should be taken according to directions on the bottle, and continued until every symptom disappears.

Do not put it off. Do not waste time by taking other remedies. Begin at once to take Peruna and continue taking it until you are positive that the cold has entirely disappeared. This may save you a long and perhaps serious illness later on.

Bad Effects from Cold.
Mr. M. J. Deutch, Secretary Building Material Trades Council, 151 Washington St., Chicago, Ill., writes:
"I have found your medicine to be unusually efficacious in getting rid of bad effects from cold, and more especially in driving away all symptoms of catarrh, with which I am frequently troubled."
"The relief Peruna gives in catarrhal troubles alone is well worth the price per bottle. I have used the remedy for several years now."

Spells of Coughing.
Mrs. C. E. Long, writes from Atwood, Colorado, as follows:
"When I wrote you for advice my little three-year old girl had a cough that had been troubling her for four months. She took cold easily, and would wheeze and have spells of coughing that would sometimes last for half an hour."

Mr. James Morrison, 68 East 16th St., Paterson, N. J., writes:
"I have given Peruna a fair trial, and I find it to be just what you claim it to be. I cannot praise it too highly. I have used two bottles in my family for colds, and everything imaginable. I can safely say that your medicine is the best I have ever used."

Out of the Dim Past.
Alexander the Great had just subdued Bucephalus.
"Anybody can bust a broncho," he said, "but it takes a man to put the snaffles on a big four-legged devil like this one."
Being shrewd, politic fellows, the cowboys of that age allowed the impression to go out that they were afraid to try to ride the savage beast, and the subservient historians hastened to confirm that impression.

Giving Him a Pointer.
"Nagrus," said Boris, "you've seen that story of mine that's running through one of the magazines. How would you advise me to wind it up? I want to give it a happy ending."
"Put all the characters in the story," answered Nagrus, "aboard an excursion steamer for a moonlight ride. Send the boat out to the middle of the lake."
"Yes?"
"And blow it up."



"OUCH, OH MY BACK"

NEURALGIA, STITCHES, LAMENESS, CRAMP TWINGES, TWITCHES FROM WET OR DAMP ALL BRUISES, SPRAINS, A WRENCH OR TWIST THIS SOVEREIGN REMEDY THEY CAN'T RESIST

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\$3.00 SHOES AT ALL PRICES FOR EVERY MEMBER OF THE FAMILY. MEN, BOYS, WOMEN, MISSES AND CHILDREN. W. L. Douglas makes and sells more men's \$2.50, \$3.00 and \$3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

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CAUTION: W. L. Douglas name and price is stamped on bottom. Take No Substitute. Sold by the best shoe dealers everywhere. Show mailed from factory to any part of the world. Illustration of shoe free to any address. W. L. DOUGLAS, Brockton, Mass.

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"Bromo Quinine"

That is Laxative Bromo Quinine

USED THE WORLD OVER TO CURE A COLIC IN ONE DAY.

Always remember the full name. Look for this signature on every box. 25c.

E. W. Grove