

REV. TROUTMAN SENDS BEST WISHES FOR PE-RU-NA

Rev. George A. E. Troutman, Mt. Washington, Mo., Writes,

"My Wife and I Are Strong Believers in Pe-ru-na."

Catarh and La Grippe.
Rev. Geo. A. E. Troutman, Mt. Washington, Mo., writes: "My wife and I are strong believers in Peruna."



REV. GEORGE A. E. TROUTMAN

troubled with a peculiar spasmodic affection of the throat. It would seize me suddenly and for a few minutes I would be unable to speak audibly, and my breath would be greatly interfered with. I would be obliged to gasp for breath.

"I finally concluded that it was some catarrhal affection which probably excited the spasm. It interfered with my vocation as a preacher, attacking me occasionally in the pulpit.

"I had heard so much about Peruna as a catarrh remedy that I determined to try it. After taking two bottles, my trouble has disappeared. I feel sure that Peruna has greatly benefited me."

Rev. P. E. Swanstrom, Swedish Baptist pastor, Box 228, Grantsburg, Wis., writes that from the use of Peruna he is perfectly well, entirely cured of chronic diarrhea and catarrh.

Peruna in Tablet Form.

For two years Dr. Hartman and his assistant have incessantly labored to create Peruna in tablet form, and their strenuous labors have just been crowned with success. People who object to liquid medicines can now secure Peruna Tablets, which represent the medicinal ingredients of Peruna. Each tablet is equivalent to one average dose of Peruna.



I was cured of a bad case of catarrh when nothing else that I tried had any effect. My wife was cured from a severe case of la grippe, and we feel that the least we can do is gratefully acknowledge the merit of Peruna.

"My wife joins me in sending best wishes for your success."

Throat Trouble.
Rev. H. W. Tate, 920 Lincoln Avenue, Walnut Hills, Cincinnati, Ohio, writes: "For several years I have been

HAT PASSED FOR A BISHOP.

Incident of a Collection Taken Up Among Cowboys.

Bishop Talbot, the "cowboy bishop," who has recently told reminiscences, "My People of the" among the cowboys and miners of early Wyoming and Idaho, had many an amusing experience and made hosts of devoted friends.

An incident at the close of one of his meetings in the dance hall of a mining town is thus described:

"Another hymn was given out and I was about to dismiss the congregation with my blessing when Colonel Burns, my landlord, stepped forward and in a low but distinct voice said: "Bishop, haven't you forgot something?"

"What do you mean?" said I.

"Why, the hat," replied the colonel. "It won't do to forget the hat, for yesterday was pay day and these boys have a lot of money and if you don't get it the saloons will, and it is much better for you to have it."

"Very good," I said. "Have you any suggestions, colonel?"

"Only this, bishop: I wish you would give us about five hymns. I want plenty of time. I do not want to be crowded. The boys are a little slow on collections."

"I stepped over to the organ and we started in. The colonel presented the hat to the man immediately on my left. He was sitting on the edge of the platform. He brought out a silver dollar, called a 'wheel' in the language of the camp. The second and third men to whom the hat was passed followed the example of the first, each giving a dollar, but the fourth man seemed nervous and hesitated while he fumbled in his pocket. After considerable delay he brought out a quarter.

"Oh, put that back. Come, now, Bill, the bishop is not after small game to-day. White chips don't go here. He wants a wheel out of you. Hurry up."

"The hymns were being rapidly used up and at last the colonel returned to the platform with the hat. His face beamed with satisfaction. After the service I asked him why it took him so long.

"Oh," he replied, bishop, you see, I charge up every feller according to his pile. I know these boys. Most on 'em grub with me. I made one feller cough up a \$10 gold piece and you will find a good many fives in the hat."

"I need not say that the collection was a generous one."—Harper's Magazine.

MIX THIS YOURSELF

GIVES RECIPE FOR SIMPLE HOME-MADE KIDNEY CURE.

Impassive Mixture of Harmless Vegetable Ingredients Said to Overcome Kidney and Bladder Trouble Promptly.

Here is a simple home-made mixture as given by an eminent authority on kidney disease, who makes the statement in a New York daily newspaper, that it will relieve almost any case of kidney trouble if taken before the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night, painful and discolored urination, are readily overcome. Here is the recipe: try it!

Field Extract Dandelion, one-half ounce; Compound Karg n, one ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

A well-known physician is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing and soothing effect upon the entire kidney and urinary structure, and often overcomes the worst forms of rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the rheumatism by forcing the kidneys to filter and strain from the blood and system all uric acid and foul, decomposed waste matter, which cause the afflictions. Try it if you aren't well. See the prescription.

HIPOPO'S BATHING PLACES.

South African Lake for Which Big Beasts Have a Liking.

A few miles from Mubokya we came to Kikarongo, a circular lake, once a crater, about half a mile wide, writes a correspondent of the Westminster Gazette from Uganda. The water is slightly salt, and is greatly appreciated by the hippos, who come here in large parties from Lake Ruwamba to bathe. The lake is shallow for a few yards only and then deepens rapidly, so the hippos, who do not like deep water, never get very far from the shore.

On a still day it is an amusing pastime to sit by the lake and watch the great brutes enjoying themselves. For a moment nothing is to be seen, then suddenly a score or more of huge heads burst through the water with loud snorts and squirting jets of water through their nostrils; they stare around with their ugly little piglike eyes, yawn prodigiously, showing a fearful array of tusks and a cavernous throat, they sink with a satisfied gurgle below the surface, to repeat the performance a minute or two afterward.

Sometimes one stands almost upright in the water; then he rolls over with a sounding splash, showing a broad expanse of back like a huge porpoise. Or a venturesome young bachelor approaches a select coterie of veterans, who resent his intrusion and drive him away with roars and grunts. There is something irresistibly suggestive of humanity about their ungainly gambol. Only bathing machines are wanted to complete the picture.

Spider that Makes Fine Cobwebs.

The queen of spiders—the largest, handsomest and most capable workman of her tribe—is the orange-yellow and black creature known as orange Argiope. Here are the most beautiful cobwebs made, hung low to catch the innumerable insects required for a rather large appetite, and you find them among the bushes and vines and in the fields. Dr. Henry C. McCook, president of the American Entomological Society, describes her habits and haunts. Argiope, as the author relates, captures and ties up her victims as ably as a cowboy might do with a lasso, and she excels the cowboy by manufacturing her own rope as she goes.

Cities with Wood Pavements.

The five cities in which the largest amounts of wood pavement are found are, in order, Indianapolis, New York, Minneapolis, Toledo and Boston. Together these cities have more crooked wood pavement than all other cities in the United States combined. The total amount of this pavement in use in this country at the end of the year 1905 was about 1,400,000 square yards, equivalent to nearly eighty miles of pavement on a street thirty feet wide.

Memento.

Though generations pass, the marks of their Indian origin appear. For instance, there's the coppery hue—A sort of Sioux veneer.—Puck.

How Is Your Blood?

If you lack strength, are nervous, have no appetite, don't sleep well, get tired easily, your blood is in bad condition. You cannot be strong without pure, rich blood. Hood's Sarsaparilla makes good, rich blood and keeps it good.

Dyspepsia—"For six months my system was out of order with dyspepsia and impure blood. Spent lots of money in vain, but Hood's Sarsaparilla cured me." Jos. S. ZAUDA, Geneva, Neb.

Bad Stomach—"I was troubled with dyspepsia and had no appetite. I had a faint feeling after eating. My constitution was all run down, but Hood's Sarsaparilla has fully relieved me." FLORENCE STOWE, Siskiyewille, Wisconsin.

Weakness—"I bless the day I heard of Hood's Sarsaparilla, as it cured me of extreme weakness after grip, built my husband up after pneumonia, and cured eczema and blood-poisoning in our children." Mrs. M. A. DELWORTH, Box 4, Embreeville, Pa.

Hood's Sarsaparilla is sold everywhere. In the usual liquid, or in tablet form called Sarsaparilla. 100 Doses One Dollar. Prepared only by C. I. Hood Co., Lowell, Mass.

A "10-penny nail" means that 1,000 nails weigh ten pounds. The word "penny" in this sense is a corruption of pound.

EXAGGERATED.

"Is it true, colonel, that your recent losses in Wall street have compelled you to sell your automobiles?"

"Naw—that's a ridiculous and unmitigated falsehood. All I've had to do has been to cut down my consumption of gasoline a few gallons a day."

To Break in New Shoes.

Always shake in Allen's Foot-Paste, a powder, it cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, etc. Don't accept any substitute. Sample in Allen's Foot-Paste. Address Allen S. Oimsted, Le Roy, N. Y.

Notice on a Connaught railway platform: "There will be no last train on Saturday."

The hands of the housewife will be kept soft and white and free from chapped, redness or roughness if borax is used.

A gale blowing eighty miles an hour exerts a pressure of nearly thirty-two pounds to the square foot.

old Saw Proved.

"Most of the old maxims still hold good," observed the random conversationalist.

"Yes," agreed the man who had just returned from an international exposition. "For instance, a world's fair exchange is no robbery. It's worse."—Kansas City Times.

Only One "BROMO QUININE."

That is LAXATIVE BROMO QUININE. Look for the signature of F. W. GROVE. Used the World over to cure a Cold in One Day. etc.

Uncle Allen.

"Talking of short measure," said Uncle Allen Sparks, "there are lots of people that never seem to have got their share when the milk of human kindness was handed around."

FIT'S "St. Vitus' Dance" and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer, based on FREE BETA bottle and treated. Dr. R. H. Kline, 14, 301 Arch St., Phila., Pa.

The metric system has been introduced in Denmark by a law of March, 1907. The law provides that the old weights and measures may be used for a period of five years in conjunction with the new. However, all government and local authorities may use the old system for only two years to come.

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What is CASTORIA
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its use is guaranteed. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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In Use For Over 30 Years.

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RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of Rheumatism the sufferer is apt to turn to the liniment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain temporarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of bodily waste, the Bowels and Kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the body, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains no potash, alkali or other mineral ingredient, but is made entirely of purifying, healing extracts and juices of roots, herbs and barks. If you are suffering from Rheumatism do not waste valuable time trying to rub a blood disease away, but begin the use of S. S. S. and write us about your case and our physicians will give you any information or advice desired free of charge and will send our special treatise on Rheumatism.

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