

REV. TROUTMAN SENDS BEST WISHES FOR PE-RU-NA

Rev. George A. E. Troutman, Mt. Washington, Mo., Writes,

"My Wife and I Are Strong Believers in Pe-ru-na."

Catarrh and La Grippe.
Rev. Geo. A. E. Troutman, Mt. Washington, Mo., writes: "My wife and I are strong believers in Peruna."



REV. GEORGE A. E. TROUTMAN

troubled with a peculiar spasmodic affection of the throat. It would seize me suddenly and for a few minutes I would be unable to speak audibly, and my breath would be greatly interfered with. I would be obliged to gasp for breath.

"I finally concluded that it was some cerebral affection which probably excited the spasms. It interfered with my vocation as a preacher, attacking me occasionally in the pulpit.

"I had heard so much about Peruna as a certain remedy that I determined to try it. After taking two bottles, my trouble had disappeared. I feel sure that Peruna has greatly benefited me."

Rev. P. E. Swanson, Swedish Baptist pastor, Box 229, Grantsburg, Wis., writes that from the use of Peruna he is perfectly well, entirely cured of chronic diarrhea and catarrh.

Peruna in Tablet Form.
For two years Dr. Hartman and his assistants have incessantly labored to create Peruna in tablet form, and their strenuous labors have just been crowned with success. People who object to liquid medicines can now secure Peruna Tablets, which represent the medicinal ingredients of Peruna. Each tablet is equivalent to one average dose of Peruna.

I was cured of a bad case of catarrh when nothing else that I tried had any effect. My wife was cured from a severe case of grippe, and we feel that the least we can do is to gratefully acknowledge the merit of Peruna.
"My wife joins me in sending best wishes for your success."

Throat Troubles.
Rev. H. W. Tate, 920 Lincoln Avenue, Walnut Hill, Cincinnati, Ohio, writes: "For several years I have been

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RHEUMATISM CAN NOT BE RUBBED AWAY

It is perfectly natural to rub the spot that hurts, and when the muscles, nerves, joints and bones are throbbing and twitching with the pains of rheumatism the sufferer is apt to turn to the liniment bottle, or some other external application, in an effort to get relief from the disease, by producing counter-irritation on the flesh. Such treatment will quiet the pain temporarily, but can have no direct curative effect on the real disease because it does not reach the blood, where the cause is located. Rheumatism is more than skin deep—it is rooted and grounded in the blood and can only be reached by constitutional treatment—IT CANNOT BE RUBBED AWAY. Rheumatism is due to an excess of uric acid in the blood, brought about by the accumulation in the system of refuse matter which the natural avenues of bodily waste, the bowels and kidneys, have failed to carry off. This refuse matter, coming in contact with the different acids of the body, forms uric acid which is absorbed into the blood and distributed to all parts of the body, and Rheumatism gets possession of the system. The aches and pains are only symptoms, and though they may be scattered or relieved for a time by surface treatment, they will reappear at the first exposure to cold or dampness, or after an attack of indigestion or other irregularity. Rheumatism can never be permanently cured while the circulation remains saturated with irritating, pain-producing uric acid poison. The disease will shift from muscle to muscle or joint to joint, settling on the nerves, causing inflammation and swelling and such terrible pains that the nervous system is often shattered, the health undermined, and perhaps the patient becomes deformed and crippled for life. S. S. S. thoroughly cleanses the blood and renovates the circulation by neutralizing the acids and expelling all foreign matter from the system. It warms and invigorates the blood so that instead of a weak, sour stream, constantly depositing acid and corrosive matter in the muscles, nerves, joints and bones, the body is fed and nourished by rich, health-sustaining blood which completely and permanently cures Rheumatism. S. S. S. is composed of both purifying and tonic properties—just what is needed in every case of Rheumatism. It contains the richest, healing extracts and juices of roots, herbs and bark. If you are suffering from Rheumatism do not waste valuable time trying to rub the disease away, but begin the use of S. S. S. and write us about your case and our physicians will give you any information or advice you desire free of charge and will send our special treatise on Rheumatism.

S.S.S. PURELY VEGETABLE
THE SWIFT SPEEDY CURE, ATLANTA, GA.

CONSCRIPTION IN ARMY OR MORE PAY TO MEN

Enforced Service Faces American People, Declares Adjutant General Ainsworth.

Unless radical measures are enacted to induce men to enlist in the United States army, conscription must be resorted to, declares Major General E. C. Ainsworth, adjutant general, in his annual report.

"Notwithstanding the most strenuous efforts on the part of the War Department and the recruiting officers," says General Ainsworth, "it has been found impossible wholly to make good the losses, to say nothing of increasing the enlisted strength to the authorized limit. If present conditions continue there will be nothing for the government to do but meet this competition by materially increasing the soldiers' pay or to waive competition altogether by a resort to conscription."

Never before has such a suggestion come from an officer clothed with the authority to make recommendations. The idea of compulsory enrollment of individuals for the military service has been held abhorrent to republican principles and the absence of such a law is one of the most forcible arguments used in attracting desirable immigration from Europe.

Officials of the War Department anticipate that the possible necessity for such action outlined by General Ainsworth will prove efficacious in securing consideration by Congress of the increase of pay bill. It is with the greatest reluctance that army officers entertain the thought of conscription, but generally they agree with General Ainsworth that it either must come to that extremity or more money must be provided for the soldier if the arming of the army is to be maintained.

MIX THIS YOURSELF

GIVES RECIPE FOR SIMPLE HOME-MADE KIDNEY CURE.
Inexpensive Mixture of Harmless Vegetable Ingredients Said to Overcome Kidney and Bladder Trouble Promptly.

Here is a simple home-made mixture as given by an eminent authority on kidney disease, who makes the statement in a New York daily newspaper, that it will relieve almost any case of kidney trouble if taken before the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night; painful and discolored urination, are readily overcome. Here is the recipe; try it:

Fluid Extract Dandelion, one-half ounce; Compound Serravallo's, one ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

A well-known physician is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing and soothing effect upon the entire kidney and urinary structure, and often overcomes the worst forms of rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the Rheumatism by forcing the kidneys to filter and strain from the blood and system all uric acid and foul, decomposed waste matter, which cause the afflictions. Try it if you aren't well. Have the prescription.

TASTE OF HER OWN MEDICINE
Europe in Bad Straits with Herds of Returning Immigrants.

It is a curious commentary on the economic conditions of the old world that the turn in the tide of American immigration is causing serious trouble in Italy, Austria, Germany, Sweden and Norway. If the industrial conditions of the United States of America threaten to be bad, they are infinitely worse in the countries named. Italy complains the loudest because the situation there is the most serious. Her returning herds do not bring sufficient money to support them more than a few weeks at most, while many land practically penniless. The authorities there confess themselves unable to deal with the problem.

The Germans, however, are much better provided with money on an average than the Italians. Business conditions in Sweden and Norway are so bad the unexpected influx is truly appalling and much distress is inevitable in the severe northern winter.

LABOR WORLD
Brickmakers in New South Wales earn about \$10 a week.
Furniture makers in Canada give employment to over 8,000 people.
Ten women in the United States earn their living in the capacity of baggage-men.
Among the organized women workers in Germany, 14,072 belong to the metal trades.
Tinmiths in Calgary, B. C., have had their wages increased from 40 cents to 42 1/2 cents an hour.
The next biennial convention of the Textile Clerks' International Protective Association will be held at Louisville.
The strike of Vienna (Austria) omnibus employes is at an end, several concessions having been made by the management.
The iron fusing and metallic leathers of Boston have recently had their wages increased from 4 1/2 to 4 3/4 cents an hour.
Unions in the clothing trades of Russia number 15,000 members. This refers to strict trades unions, free from any political affiliation.
The Fall River Textile Council and the manufacturers have agreed to continue the wage-establishment agreement for another six months.
Adelaide (Australia) warehousemen, shop assistants and clerks' unions have recently become affiliated with the local Trade and Labor Council.
Patternmakers are voting on a plan to consolidate the office of national president and secretary-treasurer, and thus have but one permanent general officer.

Truth and Quality
appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing. Accordingly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.
It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

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There is one thing that will cure it—Ayer's Hair Vigor. It is a regular scalp-medicine. It quickly destroys the germs which cause this disease. The unhealthy scalp becomes healthy. The dandruff disappears, had to disappear. A healthy scalp means a great deal to you—healthy hair, no dandruff, no pimples, no eruptions.
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