

BANDON RECORDER.

THE MILK TEST.

How You May Discover if Your Digestion is Perfect.

Milk is known to be one of the few complete foods. It contains the bone muscle and fat producing elements and sustains the heat of the body.

Another fact of interest connected with milk is found in the difficulty with which some persons digest plain milk. It is safe to say that should any organ, secretion or digestive juice fail to perform its free duty the milk consumed will not be properly digested.

THE LEGAL OF JAPAN.

Origin of Dai Nippon, According to Shinto Mythology.

According to the Shinto mythology, in the beginning chaos reigned, and in it were contained the germs of all things.

Those two were instructed by the other deities to descend from heaven and beget islands, and to help them on their mission they were presented with a jeweled spear.

The first of these was Hurogo, but as it did not meet with the approval of the deities it was put into a boat and allowed to float away.

CAUSTIC CURVES.

Why a Napkin Ring Throws a Heart Shaped Reflection.

It is found that in concave spherical mirrors the reflected rays only come to a definite focus in the point, when the angular aperture of the mirror does not exceed eight or ten degrees.

These figures are known as "caustics by reflection," and can be well observed by allowing the light of a candle to fall on the inside of a cup or tumbler partly filled with milk.

Cooper and the Poncher.

James Fenimore Cooper, once upon a day, caught a man on his grounds stealing some of his best apples.

I was talking with a little woman the other day who was one of the loveliest characters I have ever seen. She is held up as a model of all that is good and true and womanly in her own little home circle.

The Word "Boodle."

Late American dictionaries acknowledge "boodle" as a word. Dr. Murray quotes from an American paper of 1884, "Sinews of war, soap and other synonyms for campaign boodle are familiar."

General Jane.

Jane—After looking at me for a minute or two Harry said, "Do you know, Jane, that a veil improves you greatly?"

His Sole Regret.

"You are not afraid to die, are you?" asked the weeping watcher by the bedside. "No," whispered the chronic kicker, "but it does worry me to think that I shall soon be with the silent majority when all of my life I have so enjoyed being in the noisy minority."

POLLY LARKIN

Of all the petty things in this life that are calculated to make one's life miserable, it is the habit of nagging. It is the worst little annoyance we have to deal with, for while the continual nagging and fault-finding can do no particular or lasting harm it can cloud the brightness of many a fair day and make one weary of living if you have to reside in the neighborhood of the nagger or fault-finder.

The nagger is to be pitied, for their presence is dreaded even by those who love them best for fear something will provoke an argument that will end in a nagging pleasure of every one present.

What a Nation Eats. A committee of the Royal Statistical Society of Great Britain has recently been engaged in investigating the production and consumption of meat and dairy products in that country.

Jump in Tin Soldier Trade. The business in children's tin soldiers has increased about 50 per cent in the last three months. The manufacturers had prepared for it.

A Nest of Bank Notes.

The Britons are a cautious people, and prefer to hide their money, rather than keep it in a bank. One of them the other day, having a small fortune left him, could think of no better hiding place than a drawer in an old cupboard in an attic which he secretly thought no one would suspect.

Deepest Sounding.

The deepest sounding ever made by any vessel was by the United States ship Nero, while on the Honolulu-Manila cable survey. When near Guam the Nero got 5,239 fathoms, or 31,514 feet, only 66 feet less than six miles.

The Jackal is a Greater Destroyer of Humanity in India than the Tiger.

Statistics published by the government of India show that while 92 persons were killed by tigers more than 1000 children were carried away by jackals.

German Medical Journals are Recommending as a Remedy for Appendicitis Walking on all fours twenty minutes four times a day.

Twelve years ago there were 2,000 Japanese in the United States. Today there are 24,300.

Long Island Sound Boats are Being Generally equipped with wireless telegraph outfits.

The world owes you a living; but you owe the world a life.

Politics has made a few men and unmade a great many.

CHOICE MISCELLANY

The Ship's Master.

It is a just and wholesome rule that a captain shall command his own ship, no matter who is on board. If he has the sense and spirit to enforce his authority there is the less chance of disaster from pompous meddlers.

"You countermand my orders?" cried the emperor and gave the bell another jerk. "Never mind the bell!" called Nordhuus from the tub.

BRIEF REVIEW.

Walking On The Ceiling.

Few people probably know what it is that enables flies to walk on the ceiling. It has been supposed that their ability to do so was due to the fact that each of their feet is a miniature air pump.

Contraband Tobacco in England.

What becomes of the contraband tobacco seized by the customs? The early practice was to bury it. This senseless waste was suspended for a time by the happy idea of distributing the tobacco among the troops.

Sturgeon Rare in Oregon Waters.

A sturgeon weighing 375 pounds was captured by a gill net fisherman near Astoria a few days ago and sold for \$20.

Beauty Misplaced.

Henry Turner Bailey, until recently state supervisor of art of Massachusetts, says there is a wrong and a right way to induce the children to love the beautiful, and he tells the following story as an illustration.

A Woman's Reason.

"Speaking of the superstition of women," said Phil Thompson at the Waldorf the other night, "I have a friend who lives in a studio building. Not long ago a man committed suicide in the building. She was distressed. She was sure that two other suicides would be committed before the reign of disaster was finished and done with."

A Valiant Woman.

Among the many acts of devotion for which many women, Russian and Japanese, will be called upon before the war comes to a close few will be more noteworthy than that displayed by Comtesse Catherine Ignatieff, who has left everything to act as a simple nurse sister at the front.

Planned Paderewski.

Paderewski stood festooned over the back of a carved oak chair at an evening reception with the purring of much femininity around him. One insignificant woman, after alternating all her friends by smothering a three minute talk with him, prepared to move away.

Toothsome English.

The following advertisement of a Japanese dentist in an English newspaper is an example of what may be perpetrated in the English language.

Limited Dealer.

The Sunday school class was singing "I Want to be an Angel," and the teacher said to one little fellow, "Why don't you sing louder, Johnny?" "I'm singing just as loud as I want to be an angel," answered the incorrigible Johnny.

He Was Stung.

Friend—What did he say to you when he proposed to you? Miss Rox—He said life without me meant nothing. Friend—He was sincere in that. That's just what his possessions amount to.

NEW SHORT STORIES

Arrested Himself.

As an instance of punctilious, not to say quixotic, observance of the oath of office the recent performance of Chief of Police Thomas A. Johnson of Norfolk News, Va., a former captain of infantry in the United States regular army, shines as the evening star.

While the most exciting mayoralty campaign in the history of that city was at its height Mayor Allan A. Moss, candidate for re-election, met in the street Robert W. Perkins, a former member of the Virginia legislature, and accused him of circulating for political effect certain rumors reflecting upon the administration.

The officers on deck hurried silently aft, in their hearts wishing luck to the pilot. Nordhuus stood at his post, unshaken by threats, deaf to commands, and carried the yacht safely into harbor.

Contraband Tobacco in England.

What becomes of the contraband tobacco seized by the customs? The early practice was to bury it. This senseless waste was suspended for a time by the happy idea of distributing the tobacco among the troops.

That did not last long, and next year we hear of the contraband being smoked in the "queen's pipe," a huge receptacle which could turn "hundreds of tons into smoke in a few hours."

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THE AGING PROCESS

A Medical Suggestion as to How It May Be Arrested.

To drink the waters of the fountain of youth is still, in the opinion of some, within the range of possibility. A recent writer observes that man began in a gelatinous condition and ends in an osseous or bony one.

In early life they are thrown off, in age they are not. Almost everything we eat contains these elements for destroying life. Earthy salts abound in the cereals, and bread itself, mistakenly called "the staff of life," is one of the most calcareous of edibles.

According to a recent Russian consular report six years ago 9,000 children attended the Russian schools in Syria. The number is now 20,000. Russia has taken the lead in establishing missions in Palestine.

JAILS IN JAPAN.

Discipline is Military in Form, but Reformatory in Spirit. A Japanese prison is thus described: "Imagine a park or garden in the Japanese style, with dwarf trees, surrounded by a hedge instead of a wall.

Some fruits have cooling properties, as they contain citric acid, and this forms effluvia in the blood and increases the perspiration. In serious fevers, however, it is much safer to give measured quantities of citrates to produce this effect than to trust to the uncertain action of fruit.

SOAP BUBBLES.

The Method Newton Adopted in Measuring These Thin Films. Sir Isaac Newton studied the colored rings in soap bubbles, which appear white at first and then, as the bubble is blown out, brilliant iridescent colors appear in zones around the summit till it becomes black and bursts.

It's Sometimes That Way.

She was surprised when she heard of the engagement, and she showed it. "Why, I was perfectly satisfied in my own mind that you liked Tom better than George," she said. "Well, to tell the truth, I did," replied the engaged girl. "But you say you are engaged to George?" "Yes, that's true."

FACTS IN FEW LINES

Iron Mountain, the highest elevation in Missouri, is but 1,800 feet above the level of the sea.

The Salvation Army is making marked inroads upon the Chinese colony in San Francisco. The blind delight in races of all sorts. They do not run toward a tape, as the seeing do, but toward a bell that jangles briskly.

In the coat pocket of a workman who was discovered horribly mutilated at Vincennes, near Paris, were found manuscripts of poems written by him in Latin, Greek and Hebrew.

One mesquite seed planted in Honolulu in 1837 has propagated and spread until in the Hawaiian Islands today there are 50,000 acres of the famous plant of the alkali plains of Arizona and New Mexico.

Wills & Hicks of Auburn, Me., are at work upon a unique souvenir, a napkin ring made from a piece of the brass speaking tube used upon the flagship Olympia, which was in the engagement in Manila harbor.

In the state of Massachusetts Boston has a population of 554,618; Cambridge, 98,444; Fall River, 114,004; Lowell, 100,150; Lynn, 72,550; New Bedford, 68,655; Springfield, 67,423; Worcester, 128,552.

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Peterborough cathedral has the oldest working clock in England. It was erected about 1320 and is probably the work of a monastic clockmaker. It is the only one now known that is wound up over an old wooden wheel.

Several facts go to show that the aurora borealis is of terrestrial origin and that it is intimately connected with the other meteorological phenomena of our planet have recently been noted by M. H. Stassano.

There is an element of danger in the consumption of raw salad plants which have been grown upon soil that is possibly infected with disease germs which may be present as the result of the application of stable manure to the soil.

What is said to be the largest electromagnet in the world has been installed in the Bridgeport (Conn.) hospital. It will be used for extracting pieces of iron and steel from the eyes of machinists and other metal workers who may be injured.

Japan is beginning to enter South African markets. Japanese press copy books, made of tissue paper, have driven the German article out of the Natal market, as they are sold at \$1.52, whereas the German make sold heretofore at \$2.40.

A warden of an old English church found in the lumber room an ancient Jewish which proved to be an Elizabethan step of a rare kind. It was sold in London at auction for \$5,511, which sufficed to make some long needed repairs to the church building.

The loss of life from accidents and disasters in the United States in 1903 was: Fires, 1,792; drowning, 2,471; explosions, 796; falling buildings, etc., 474; steam railways, 4,000; electric railways, 573; electricity, 156; mines, 788; cyclones and storms, 487; lightning, 139.

FEVER HEAT.

The Reason Some Fruits Have the Effect of Cooling the Blood. In health the temperature of the blood is constant, and even when spots and rashes appear on the skin there is no departure from the normal temperature unless there is a cause for fever, such as blood poisoning, the invasion of some microbe or serious disturbance of the nervous system.

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The Method Newton Adopted in Measuring These Thin Films. Sir Isaac Newton studied the colored rings in soap bubbles, which appear white at first and then, as the bubble is blown out, brilliant iridescent colors appear in zones around the summit till it becomes black and bursts.

These films Newton succeeded in measuring by their color, producing them by a plano convex lens on plate glass. At the point of contact was a black spot with some six or seven rings of light and dark colors alternately. The thicknesses of the dark rings he found proportional to the numbers 0, 2, 4, 6, and of the bright rings proportional to 1, 3, 5. The thickness of a sky blue film was found to be two-millionths of an inch; of orange red, eight; of violet, eleven; of green, fifteen; of purple, twenty-one, and of yellow, twenty-seven-millionths of an inch.

Messrs. Rucker and Rebold more recently confirmed this by measuring black soap films, which they find average three or four millionths of an inch. This, then, is a measure of the depth of water and the particle of soap which together make up the soap bubble film.

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THE CHIEF ANNOUNCED THAT HE, TOO, WOULD BE ARRESTED.