



2025 Veteran Human Library Project

Seeking up to eight Confederated Tribes of Grand Ronde tribal member veterans to participate.

What is this project?

This project is intended to provide a platform for tribal member veterans to share their personal story about their military service. The interview will be simple and straight-forward with pre-approved questions. The interview is from your perspective and will only contain what you feel comfortable sharing.

Why?

1) These videos will be for veterans to keep and share with their families. 2) We would also like to submit a copy into the Tribal archives for future generations to look back and hear directly from you and 3) We would like to be able to play these videos around campus at the museum or the Casino.

What is the timeline?

January 2025	Signs ups for this project will be advertised. Would like to find at least 8 tribal veterans who wish to talk about their military service and are willing to record an interview.
February 2025	Finalize list of participants and begin question review with participants
March & April 2025	Record interviews & take portraits which will be at: Grand Ronde Powwow Grounds, Achaf Hammi, or CTGR Community Center
May 2025	Videos should be ready (if not sooner)

How do I sign up or get more information?

Email CTGR Tribal VSO@GrandRonde.Org or call (503) 879-1484.

4 Part Basic Cooking Skills Class

What: Join your Registered Dietitian Nutritionist for a 4-Part Basic Cooking Skills Series

When: 4 Wednesdays in Winter 2025 from 5-7 PM: January 15th, February 5th, February 26th, March 12th

Where: Public Health Community Room/Teaching Kitchen

Who: CTGR Tribal members and GRHWC-eligible patients ages 16+ interested in enhancing their cooking skills (limited to 12 participants per class series so class can be hands-on).

You'll learn:

BASIC KNIFE SKILLS

FOOD SAFETY

MEAL PLANNING

HOW TO READ RECIPES AND FOOD LABELS

TIPS FOR SAVING MONEY IN THE GROCERY STORE

and much more!

Dinner will be provided! Participants who attend 2 or more class sessions will be eligible to receive additional incentives (e.g., cooking equipment and cookbooks) to help keep you cooking outside of class!

Sign-up either by email
Becky.Johnson@grandronde.org
or call 503.879.6711

Walking On...

Veronica Eileen Gaston

March 11, 1969 – Dec. 4, 2024

Tribal Elder Veronica Eileen Gaston passed away on Wednesday, Dec. 4, 2024, at the age of 55. Veronica was born on March 11, 1969, in McMinnville, Oregon, to Orin Pichette and Donna (Warren) Casey.

She is survived by her cats Daniel, Patricia and Puddles; and many family members and friends.

Veronica was a huge Oregon Ducks fan. She was known as the snow queen due to her collection of snowmen. She loved crocheting blankets for her community and decorating for Halloween and Christmas.

She was a member of McMinnville Seventh Day Adventist Church.

However, the most important thing about Veronica was that she was a Tribal Elder and was very proud of that. She loved her heritage and culture. She loved going to powwows and any event that the Tribe was having.

She had a heart for her people and community. She will be truly missed.

Funeral services were held Monday, Dec. 16, at the Tribal gym, with a meal afterward at the Elders Activity Center.

In honor of Veronica's goal to run the Honolulu Marathon, which she had been training for most of 2024, attendees were asked to dress in Hawaiian attire.

A graveside service was held at 10 a.m. Tuesday, Dec. 24, at the Tribal Cemetery.

Bollman's Tribute Center in Dallas assisted the family.



MONDAY MEET UP

UNDER THE COVERED AREA IN Tribal Housing 6th-12th Grade

MONDAY MORNINGS 9:50AM - 10:20AM

FREE BREAKFAST FOR YOUTH

GRHWC PROJECTED tush lamatsin EVENTS 2025

January

Pajama Jam
1/10 from 5-7pm @Tribal Gym
Fresh Foods Distribution
1/23 Starts 10:00am
@ GR Procurement Building

February

Sweetheart's Jam
2/13 from 5-7pm @ Tribal Gym
Fresh Foods Distribution
2/20 Starts 10:00am
@ GR Procurement Building

March

Fresh Foods Distribution
3/20 Start 10:00am
@ GR Procurement Building

April

Earth Day Jam
4/18 from 5-7 @ Tribal Gym
Fresh Foods Distribution
4/24 Starts 10:00am
@ GR Procurement Building

May

Fentanyl Awareness Event
Mother's Day Tea
Canoe Outings
Fresh Foods Distribution
5/22 Starts 10:00am
@GR Procurement Building

June

Elder Canoe Day 6/18 Location TBD
Father's Day BBQ
Canoe Outings
Fresh Foods Distribution
6/26 Starts 10:00am
@GR Procurement Building
June Jam 6/27 (TBD)

July

Fresh Foods Distribution
7/17 Starts 10:00am
@ GR Procurement Building
Marcellus Norwest Memorial Veterans Powwow
July 11 - 13, 2025
@Uyxat Powwow Ground
Canoe Journey (tentatively)

August

Fun Run / Walk
8/16 - Time TBD
@Uyxat Powwow Grounds
3v3 Bball Collab
Fresh Foods Distribution
8/21 Starts 10:00am
@ GR Procurement Building
Canoe Journey (tentatively)

September

Fresh Foods Distribution
9/18 Starts 10:00am
@GR Procurement Building
Every Child Matters Jam
9/20 - Location & Time TBD
Canoe Races (tentatively)

October

Health and Wellness Centers
28th birthday 10/ 01
Fresh Foods Distribution
10/16 Starts 10:00am
@GR Procurement Building
Fall Festival - TBD

November

Fresh Foods Distribution
11/20 Starts 10:00am
@ GR Procurement Building

December

Fresh Foods Distribution
12/18 Starts 10:00am
@ GR Procurement Building

Wrap- Up 2024!

*All events are subject to change, please look out for our official fliers on the GRHWC Facebook page