

# OREGON PROJECT INDEPENDENCE (OPI)

Join us to learn about OPI. We will have staff from NWSDS here to talk about the program & answer any of your questions. Some of the things OPI can help with include; personal care, housekeeping, transportation, caregiver respite, making meals & more.

THURSDAY, MAY 9TH  
10:30AM - 1:30PM  
CTGR ELDER ACTIVITY CENTER

# Earth Day Jam



Photo by Michelle Alaimo

Copper Chargualaf, 4, plants hummingbird and butterfly wildflower mix seeds to take home during the Earth Day Jam at achaf-hammi (Tribal plankhouse) on Monday, April 22. Families were invited to celebrate Earth Day at the łush lamatsin (good medicine) event hosted by the Tribe's Health & Wellness Department. There were traditional songs and dancing, raffle prizes, a T-shirt giveaway and a meal.

## We want to hear from you!

The Grand Ronde Health & Wellness Center Comment Box is located at the entrance of the Health & Wellness Center, next to the drinking fountain.

Share your experience, good or bad with us. ■

# MEMORIAL DAY OBSERVANCE

MONDAY, MAY 27 • PROGRAM BEGINS AT 1 P.M. • MEAL SERVED AT NOON



West Valley Veterans Memorial • 9615 Grand Ronde Road, Grand Ronde, OR 97347

For more information about the Memorial Day event, please contact Molly or Lisa at 503-879-5211 or email: Veterans.SEB@grandronde.org