

# May OLDER AMERICAN MONTH

Front Desk 503-879-2233  
Kitchen 503-879-4625

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Grocery shopping leave at 9 a.m. Siletz Honor Day 10 a.m.	2 Older American Month Kick Off Luncheon start at 11 a.m. Massages @ EAC	3
6 Healthy Lifestyle luncheon noon	7 Craft day at the Elder center 11 a.m. to 1 p.m.	8 Horse barn trip leave @ 9 a.m.	9 Crafts for Elder Honor Day noon to 2 p.m.	10 Mother's Day Luncheon Tribal vendors 10 a.m. to 2 p.m.
13 Healthy Lifestyle luncheon noon	14 Art Therapy 1 p.m.	15 Grocery Shopping leave at 9 a.m.	16 Bingo 1 p.m.	17 Farm trip leave at 9 a.m.
20 Healthy Lifestyle luncheon noon	21 Craft Day at the elder center 11 a.m. to 1 p.m.	22 Horse Barn Trip leave @ 9 a.m.	23 Crafts for Elder Honor Day noon to 2 p.m.	24 Tribal offices close at noon. Breakfast from 9 to 11 a.m.
27 Closed - Memorial Day	28 Craft day at the Elder center 11 a.m. to 1 p.m.	29 Grocery shopping	30 Elder Trip Iris Fields Leave at 9 a.m. Massages @ EAC	31 Older American Month Celebration Luncheon

• Need to sign up for events or concerts. Call 503-879-2233 to put your name on lists.

2024 Marcellus Norwest  
Memorial Veterans  
Powwow  
Save The Date!  
July 12th~13th~14th

a tush lamatsin event  
**Earth Day Jam**  
04.22.24 5-7pm plankhouse  
Families are invited to join us as we celebrate Earth Day! There will be free food, traditional songs and dance, family activities, plus more. Stay until the end to be entered in a special raffle!

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**Save the Date**  
Warriors of Hope  
MMIP Awareness  
Event May 3rd 2024  
CTGR Community Center  
10:00-2:00pm  
Education • Activities • Support • Food

**LET'S TALK**

A course to explore how to talk about difficult topics with your children. This training is for any adults/caregivers raising children.

**ABOUT THE TRAINING:**

- Participate in practice conversations about difficult topics so you can feel more confident and prepared talking with your children.
- Learn how to talk to your child in a way that is age-appropriate and supportive.
- Learn how to have open and ongoing conversations with your children.

**MONDAY, APRIL 15TH FROM 5:30-7:00PM  
COMMUNITY CENTER, BUILDING B  
(9615 GRAND RONDE RD.)**

Join us for dinner and raffles!  
Childcare provided!

To register use link below or scan QR code.  
<https://www.eventbrite.com/e/lets-talk-tickets-871439497997>

Contact Kyle Tarr for questions.  
KTarr@LibertyHouseCenter.org  
503-428-3876  
971-599-5876