13 smok signəlz **APRIL 15, 2024**

OLDER AMERICAN MONTH Front Desk 503-879-2233 Kitchen 503-879-4625

Thursday Friday Wednesday Grocery shopping leave Kick Off Luncheon start at 11 a.m. Siletz Honor Day 10 a.m. Massages @ EAC Healthy Lifestyle Craft day at the Elder Horse barn trip leave @ Crafts for Elder Honor Mother's Day Luncheon luncheon noon center 11 a.m. to 1 p.m. 9 a.m. Day noon to 2 p.m. 2 p.m. Healthy Lifestyle Grocery Shopping leave Art Therapy 1 p.m. Bingo 1 p.m. Farm trip leave at 9 a.m. luncheon noon Healthy Lifestyle Craft Day at the elder Crafts for Elder Honor Tribal offices close at Horse Barn Trip leave @ noon. Breakfast from 9 to 11 a.m. Closed - Memorial Dav Craft day at the Elder Elder Trip Iris Fields

• Need to sign up for events or concerts. Call 503-879-2233 to put your name on lists.

Leave at 9 a.m. Massages @ EAC

Grocery shopping

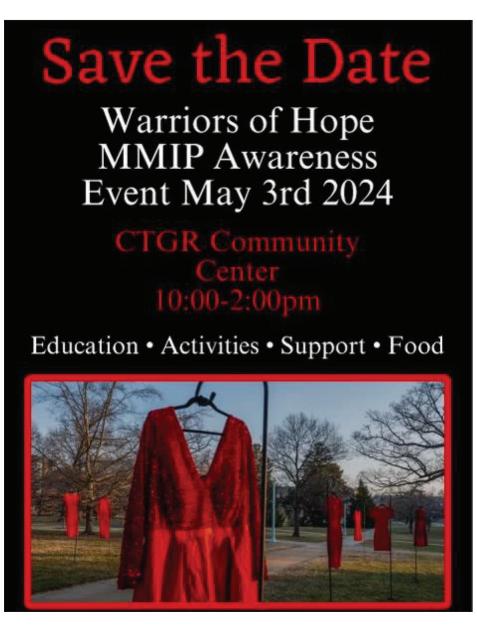
center 11 a.m. to 1 p.m.



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Older American Month

Celebration Luncheon









A course to explore how to talk about difficult topics with raising children.

ABOUT THE TRAINING:

- Participate in practice conversations about difficult topics so you can feel more confident and prepared talking with your children.
- Learn how to talk to your child in a way that is ageappropriate and supportive.
- Learn how to have open and ongoing conversations with your children.

MONDAY, APRIL 15TH FROM 5:30-7:00PM **COMMUNITY CENTER, BUILDING B** (9615 GRAND RONDE RD.)

> Join us for dinner and raffles! Childcare provided!

> > To register use link below or scan QR code. https://www.eventbrite.com/e/lets-talk-tickets-871439497997



Contact Kyle Tarr for questions. KTarr@LibertyHouseCenter.org 503-428-3876 971-599-5876