



Ekias Sabin, 14, loses the balls from his stick as he plays double ball during the Native Youth Wellness Day in the Tribal gym on Friday, March 8. Approximately 120 Tribal youth participated in the daylong event that is hosted by the Tribe's Youth Empowerment & Prevention Program and facilitated by the Native Wellness Institute based in Gresham. There was a Healing Village in the afternoon where youth could partake in one or all of the offered activities. Some of the activities, in addition to double ball, included necklace making, journaling, videography and making elderberry syrup.

Native Youth Wellness Day



Tegan Schwab, 13, left, and Sam Hedrick, 13, add sweet grass scented oil as they make smudge spray during the Native Youth Wellness Day.

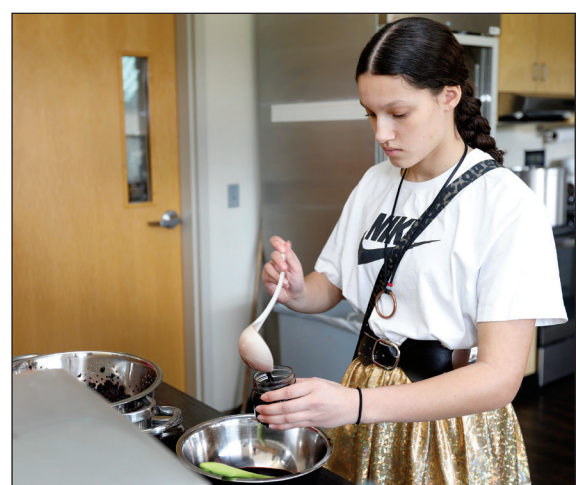


Jacob Holmes, 18, makes a cedar bundle during the Native Youth Wellness Day in the Tribal gym on Friday, March 8.



Lyliana Rideout, 15, pours homemade elderberry syrup into a jar during Native Youth Wellness Day.

Bayleigh Leno, 16, beads a necklace during Native Youth Wellness Day in the Tribal gym on Friday, March 8. In the background Gracie Mercier, 16, beads a necklace.



Photos by
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