FEBRUARY 15, 2024 smok signəlz 15



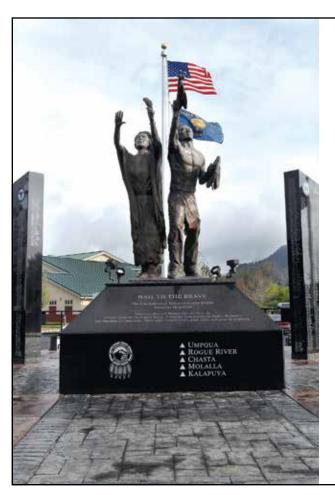


## **Massage at Health & Wellness**

Hi, my name is Shawna Ray. I have been a licensed massage therapist in the Yamhill and Polk county area for eight years. I will be at the Health & Wellness Center on Mondays providing massage therapy as an on-site contractor and I am contracted with Shasta.

Contact 971-241-4323 by text or voice message to schedule appointments. Co-pay still may apply. I'm looking forward to working with those in the community to deliver a holistic approach to pain management, relaxation and overall wellness. ■





## West Valley Veterans Memorial Application

Deadline is March 15, 2024

Name:		DOB:		
Address:		City:	State:	Zip:
Phone:		Gender: Male/Female (Circle)		
Rank:	Branch:	Honorable: Yes/No (Circle)		
DOE:	Place of entry:			
DOS:	Place of seperation:			
Deceased: Yes/No (Circle)		Place of burial:		
CTGR Tribal: Yes/No (Circle)		If Tribal, Roll#		

\*All applicants must submit a copy of their DD214. If applicant is deceased, a family member or spouse can submit a copy of their DD214. If you are a CTGR Tribal member please attach a copy of your Tribal ID. If you are non-Tribal please attach a copy of a bill/record with your name and address showing you had lived or now reside in Grand Ronde, Willamina or Sheridan. Please send application and all documents to Grand Ronde Veterans SEB, 9615 Grand Ronde Road, Grand Ronde, OR, 97347. If you have any questions, please contact Chelsea Clark at 503-879-1418 or e-mail: publicaffairs@grandronde.org

Any applications received after March 15, 2024, will be kept on file for inclusion to the Memorial in 2025.