

ALERT on RAINBOW FENTANYL

BACKGROUND

Fentanyl is a synthetic opioid that can quickly cause overdose. It is 50 times more potent than heroin and 100 times more potent than morphine, making it a major contributor to the 150+ synthetic overdose deaths occurring every day.

SITUATION

In recent months, brightly colored fentanyl tablets, powder, and blocks that look like candy or sidewalk chalk have been trending nationally amongst our youth (see images below). These products, known as rainbow fentanyl, are targeted to increase addiction in young people and are often packaged in commercial product packaging (such as holiday candy). Due to their potency, very small amounts can cause damage to the brain, and lead to overdoses or overdose death.



On Fridays you will receive a message about mental health, a social emotional tip or a simple quote or message of encouragement.

Text JOIN to
(971) 318-3459



2023-24 BACK TO SCHOOL ASSISTANCE PROGRAM

Program details and applicant requirements

This program is for enrolled CTGR Tribal member students entering into Kindergarten through 12th grade (enrolled in the 2023-24 school year). Enrolled Tribal member students may apply for a \$150 Wal-Mart gift card to be used toward school supplies or school clothing.

Registration information

Registration opened on July 28 and the initial deadline will close Aug. 11. Starting Aug. 25, it will be a rolling application open until Nov. 10. Please allow up to two weeks after submission to process applications and distribute your gift card. **Applicants will not be required to provide receipts with the application, however all applicants are subject to audit and may be required to provide receipts at a later date.**



Apply here
<https://bit.ly/backtoschoolassistance>
or scan the QR code to apply!

WOMEN'S HEALTH RESEARCH UNIT

Cervical Cancer Screening

Join a Virtual Focus Group!

American Indian/Alaska Native (AI/AN) people have higher rates of cervical cancer compared to those of other cultures. AI/AN people are less likely to be screened for cervical cancer and more likely to be diagnosed at later stages. The purpose of this study is to learn what factors promote or prevent cervical cancer screening participation in AI/AN communities.

You may be eligible to participate if you self-identify as an AI/AN individual with a cervix, you are between the ages of 50 and 64, you do not have a history of cervical cancer, and you have access to either a smartphone, tablet, or computer with video capability.

What is involved?

Study participants will take part in a 6-8 person focus group discussing their thoughts and opinions on cervical cancer screening in their community. This will be a virtual 60-90 minute session. Participants will also be asked to complete a 10-20 minute electronic survey. Compensation will be up to \$125 (\$25 for the survey and \$100 for the focus group).



PI: Dr. Amanda Bruegl | IRB# 25082

To request reasonable accommodation or more information, and/or to find out if you qualify for this study, contact WHRU at 503 494-3666 or WHRU@ohsu.edu.



ACUPUNCTURE

@ Grand Ronde Health and Wellness Center

TUESDAYS & THURSDAYS



Mallory Harman, LAc



Alison Healy, LAc



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- women's health issues
- emotional pain & trauma
- diabetic neuropathy
- addictions
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Questions or to schedule:

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EMAIL: info@yourdearbody.com



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To schedule or ask questions:

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EMAIL info@yourdearbody.com