



HEALTH & WELLNESS NEWS

GRAND RONDE HEALTH AND WELLNESS CENTER

VETERANS WELLNESS

TRAINING

DETAILS

MAY 18TH (8AM-5PM)
MAY 19TH (8AM-12PM)
MEALS PROVIDED
FREE REGISTRATION
SPIRIT MOUNTAIN CASINO

FACILITATOR

JONATHAN YELLOWHAIR

M.S., LAC, NCC
NAVAJO NATION
U.S. MARINE CORP
VETERAN



Jonathan Yellowhair, M.S., LAC, NCC is currently an Addictions Counselor and Psychotherapist at Native Americans for Community Action (NACA), located in his hometown of Flagstaff, AZ. He is a United States Marine Corps Veteran with deployments to Iraq and Afghanistan who is passionate about addressing and challenging mental health disparities and systemic barriers that reside within his community and others facing marginalization.

INTERESTED IN ATTENDING? APPLICATIONS ARE AVAILABLE AT THE TĪMTĪM HAWS/BEHAVIORAL HEALTH FRONT DESK, OR CALL 503-879-2026 FOR MORE DETAILS!



GRAND RONDE HEALTH AND WELLNESS CENTER

FENTANYL AWARENESS DINNER

FRIDAY, MAY 12TH, 5-7PM
GR COMMUNITY CENTER

A DINNER AND DISCUSSION ON FENTANYL USE, ADDICTION TREATMENT, OVERDOSE, AND MORE...

RAFFLE PRIZES INCLUDE:
AN AIRFRYER, AIR PURIFIER, AND INSTANT POT



Questions? Call 503-879-1629

ACUPUNCTURE in GRAND RONDE

THURSDAYS

@ Grand Ronde Health and Wellness Center



Acupuncture can help with...

- pain
- headaches/migraines
- digestive issues
- women's health issues
- emotional pain & trauma
- diabetic neuropathy
- addictions
- and so much more!



Questions or to schedule:

CALL OR TEXT: 503-482-9370

EMAIL: info@yourdearbody.com

dearbody

ACUPUNCTURE + NATURAL REMEDIES

Acupuncture in PORTLAND

For tribal members and employees

(acupuncture covered under Skookum and employee plans)



TUE, WED, & FRI

4233 S Corbett Ave
Portland, OR 97239
**3 blocks from CTGR Office!

dearbody

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