18 MAY 1, 2023 SMOKE SIGNALS

# Applications open for Eula Petite scholarship

The 2023 Eula Petite Competitive Scholarship Program is now accepting applications through Friday, June 30.

The scholarship was established and dedicated to longtime Tribal member educator Eula Petite. This is a one-time scholarship award where one undergraduate and one graduate student will each receive a laptop computer.

The application is available online at www.grandronde.org/services/education/higher-education/educational-resources/■

#### **Elders fishing trip slated for May 23**

The next Elders fishing trip will be held on Tuesday, May 23, according to Fish & Wildlife Committee Chairperson Harold Lyon.

The Fish & Wildlife Committee in coordination with the Elder Committee is currently working out the details – location, time, food and transportation.

"Stay tuned for additional information," Lyon said.

Elders can sign up at the Elders Activity Center to participate or call 503-879-2233. ■

#### **Veterans and Family Members of Veterans**

You are invited to Foundational Yoga

Class #1: Wednesday, April 26, 2023 at 5:15 p.m. Class #2: Thursday, May 11, 2023 at 12:15 p.m. At the Community Programs Building "Building Q"

#### Why yoga?

Yoga is a low-impact exercise and has been shown to lower stress hormones in our bodies and increases the production of endorphins . Yoga can be used as a tool to help you be more reflective and calm which helps you positively manage stress.

We will explore breathing techniques, mindfulness exercises and provide an introduction to basic yoga poses.

Each attendee will receive a yoga mat, a fitness kit, and will be entered into the gift card drawing.

If you would like a zoom link, email: CTGRTribalVSO@GrandRonde.Org

(Due to the size of the yoga mat, they cannot be mailed and must be picked up at the Veterans Service Office).



#### Introducing our yoga instructor

My name is Diana Robertson. I started practicing yoga in 2018 and it has been one of my strongest tools to healing. I've been teaching yoga since January 2021. My focus is foundational yoga. The core of my teaching is to offer the fundamentals of yoga to allow your body, mind and spirit to heal and align naturally. Anyone can learn this practice. It's simple and the healing benefits are so rewarding. I am excited to be able to bring this to our community and look forward to connecting with others who want to learn about yoga.



# THIS ISKALAPUYAN LAND

### Pittock Mansion opens 'This IS Kalapuyan Land'

Through most of July, visitors at Pittock Mansion will not only see panoramic views and early-20th century architecture, they also will see the "This IS Kalapuyan Land at Pittock Mansion" exhibition curated by Grand Ronde Tribal member and artist Steph Littlebird.

The exhibit features historical panels sharing accurate representations of Indigenous people's continued presence in the area, as well as contemporary Indigenous artwork.

The Pittock Mansion exhibit is a spinoff of a 2019 exhibit Littlebird created with Five Oaks Museum after a problematic exhibit about Kalapuyan people was shown at the Washington County Museum in 2008, according to the Pittock Mansion website.

Littlebird's exhibition and the modern Native artwork affirms Native people still exist and live on their traditional homelands. The Washington County Museum named the 2008 exhibit "This Kalapuya Land." Littlebird named the 2019 exhibit "This IS Kalapuyan Land."

Input from former Tribal historian David Lewis also was represented in the annotated panels. The 2019 exhibition closed early in 2020 due to the COVID-19 pandemic.

Littlebird resides in Las Vegas, but traveled to see the opening of the exhibit in early February.

"I am so excited to re-open this exhibition after it closed early due to the pandemic," Littlebird says. "This gives folks who learned about 'This IS Kalapuyan Land' after it closed a chance to see the panels I edited with David Lewis's help, and see a new collection of local Indigenous artwork."

"This IS Kalapuyan Land at Pittock Mansion" will be on display until Sunday, July 23, at 3229 N.W. Pittock Drive, Portland.

-By Kamiah Koch ■

## Chinuk Wawa Family Language Retreat





Spaces are limited; RSVP early

Meals will be provided

Where: Longhouse
When: June 16: 9am-5pm

RSVP to Dustin by phone, 971-264-4525 or by email, Dustin.Ryan@GrandRonde.org

For more information contact Dustin Ryan at Dustin.Ryan@GrandRonde.org or at 971-264-4525.

\*No prior language experience required \*Children under 13 must attend with an adult.

