



HEALTH & WELLNESS NEWS

Fentanyl facts

- It's impossible to tell if a pill bought from any place besides the pharmacy is real.
 - Counterfeit pills are made to look like prescription opioids or stimulants.
 - Don't be fooled — one pill can kill.
 - Illicit fentanyl is driving the recent increase in overdose deaths. Fentanyl-involved deaths are highest and fastest growing amongst youth.
- Watch for events the week of May 8 to increase your knowledge and capacity to respond. ■



HEALTH & WELLNESS CENTER



NEW SIGN AT THE HWC

THE DESIGNATED AREA IN FRONT OF THE CLINIC IS FOR **LOADING AND UNLOADING ONLY.**


GRAND RONDE HEALTH AND WELLNESS CENTER

FENTANYL AWARENESS DINNER

FRIDAY, MAY 12TH, 5-7PM
GR COMMUNITY CENTER

A DINNER AND DISCUSSION ON FENTANYL USE, ADDICTION TREATMENT, OVERDOSE, AND MORE...

RAFFLE PRIZES INCLUDE:
AN AIRFRYER, AIR PURIFIER, AND INSTANT POT



Questions? Call 503-879-1629

ACUPUNCTURE in GRAND RONDE

THURSDAYS

@ Grand Ronde Health and Wellness Center




Acupuncture can help with...

- pain
- headaches/migraines
- digestive issues
- women's health issues
- emotional pain & trauma
- diabetic neuropathy
- addictions
- and so much more!

Questions or to schedule:
CALL OR TEXT: 503-482-9370
EMAIL: info@yourdearbody.com




Acupuncture in PORTLAND

For tribal members and employees

(acupuncture covered under Skookum and employee plans)




TUE, WED, & FRI

4233 S Corbett Ave
Portland, OR 97239
**3 blocks from CTGR Office!

To schedule or ask questions:
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EMAIL info@yourdearbody.com