

HEALTH & WELLNESS NEWS

OUR FAMILY DREAM TEAM!

Create and use successfully a Family Mission Statement!

MONDAY, JAN 9, 2023 AT NOON

Parents, join us on Zoom!

Zoom: <https://bit.ly/OurFamilyDreamTeam2023>

Call: (253)215-8782

Enter Meeting ID: 859 2727 2818

Anyone is welcome to attend!



KIM DEMARCHI,
Certified Parent Educator,
Family Coach & Speaker





GREAT CIRCLE RECOVERY

Methadone treatment center in Salem offering free kid care while you visit.

Opioid Addiction can happen to anyone. So can recovery.

Recovery starts here

503-983-9900

Take your life back



ACUPUNCTURE in GRAND RONDE

THURSDAYS

@ Grand Ronde Health and Wellness Center





Acupuncture can help with...

- pain
- headaches/migraines
- digestive issues
- women's health issues
- emotional pain & trauma
- diabetic neuropathy
- addictions
- and so much more!



Questions or to schedule:
CALL OR TEXT: 503-482-9370
EMAIL: info@yourdearbody.com



ACUPUNCTURE + NATURAL REMEDIES

Acupuncture in PORTLAND

For tribal members and employees

(acupuncture covered under Skookum and employee plans)





TUE, WED, & FRI

4233 S Corbett Ave
Portland, OR 97239
**3 blocks from CTGR Office!



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